

Supplementary Table Questionnaires regarding life styles and systemic medical conditions

Items	Patients with positive response (%)
<i>Life styles</i>	
Habit of eating fresh fruits and vegetables daily	94.2%
Exercise more than 30 minutes daily	67.8%
Smoke tobacco	22.6%
Drink alcohol	22.5%
<i>Clinical history</i>	
Family history of diabetes	14%
Family history of hypertension	28.8%
Family history of hyperlipidemia	1.7%
History of coronary heart disease (including myocardial infarction, angina, and heart failure)	4.4%
History of cerebrovascular disease (including cerebral infarction and cerebral hemorrhage)	3.6%
History of kidney disease	0.8%
Hypertension in participants with a history of diabetes	21.2%
Hypertension in newly diagnosed diabetic participants	32.0%
Hypertension in all diabetic participants	53.2%
<i>Awareness of diabetes</i>	
Diabetic participants understood they had diabetes	28.1%
Diabetic participants did not know ocular complications resulted from diabetes	63.3%
Diabetic participants who never received blood glucose monitoring	41.8%
Never had routine blood pressure monitoring	13.5%