

Supplementary 5

Baseline characteristics	Lost to follow-up		Not lost to follow-up	
	Check-In group N (%)	Usual care group N (%)	Check-In group N (%)	Usual care group N (%)
Age, years [median (IQR)]	53 [48;57]	54 [49;57]	55 [50;59]	55 [50;59]
Men	81 (61)	61 (49)	212 (50)	221 (52)
Daily smoker	64 (48)	66 (54)	161 (38)	162 (39)
Binge drinking	29 (23)	16 (14)	81 (20)	78 (19)
Physical inactive	86 (66)	69 (57)	200 (48)	199 (47)
Obese	30 (24)	28 (25)	94 (23)	76 (18)
Contact with GP within the last year	114 (86)	112 (90)	366 (87)	383 (90)