

Supplemental Table 1. Baseline characteristics of CKD participants by absolute weight change (in pounds) (N=872)

	Weight gain	No intent to lose weight, no weight Δ	Intent to lose weight			Unintentional weight loss	
			no weight Δ	10 to 19 lbs loss	≥ 20 lbs loss	10 to 19 lbs loss	≥ 20 lbs loss
	N=118	N=389	N=172	N=51	N=44	N=55	N=43
	15.1%	39.8%	22.6%	7.4%	5.4%	5.0%	4.7%
Weight change (lb)	19.3 \pm 9.2	-0.2 \pm 2.9	-0.2 \pm 3.4	-12.5 \pm 2.3	-33.4 \pm 13.6	-12.4 \pm 2.8	-36.3 \pm 15.7
Weight change (%)	10.4 \pm 5.2	-0.1 \pm 1.7	-0.02 \pm 1.86	-7.0 \pm 1.7	-14.7 \pm 6.8	-7.1 \pm 1.6	-18.1 \pm 6.9
BMI 1 year ago (kg/m ²)	31.4 \pm 3.9	29.5 \pm 4.1	30.8 \pm 4.0	31.1 \pm 4.2	38.4 \pm 7.7	29.9 \pm 4.0	33.1 \pm 5.1
Current BMI (kg/m ²)	34.6 \pm 4.4	29.4 \pm 4.2	30.8 \pm 4.0	28.9 \pm 4.1	33.0 \pm 8.1	27.8 \pm 3.8	27.1 \pm 4.7
Age (year)	66.4 \pm 12.4	75.0 \pm 9.4	69.2 \pm 10.2	66.6 \pm 10.4	66.1 \pm 9.5	77.4 \pm 9.0	72.0 \pm 11.0
Male (%)	38.0	47.3	43.5	34.9	35.2	37.0	32.7
African American race (%)	10.9	6.8	6.1	11.0	15.2	15.3	20.6
Smoking (%)	55.2	48.6	51.2	41.3	45.0	40.6	39.8
Alcohol use (%)	48.9	54.0	51.5	51.2	47.6	35.4	35.0
\geq High school education (%)	68.1	61.3	74.8	75.0	64.7	49.0	46.6
Diabetes (%)	24.3	26.3	27.1	26.0	49.6	20.4	24.2
Hypertension (%)	75.9	77.4	75.0	62.1	91.6	78.0	71.6
Myocardial infarction (%)	16.4	17.6	14.3	21.6	18.2	7.8	15.7
Congestive heart failure (%)	15.0	14.0	6.1	17.5	26.3	10.5	25.1
Stroke (%)	10.4	11.8	8.9	12.9	24.8	11.8	8.9
Lung disease (%)	16.7	10.3	12.8	17.8	16.6	13.7	18.2
Cancer (%)	18.6	26.4	20.9	27.6	19.0	21.1	6.3
eGFR (mL/min/1.73 m ²)	46.6 \pm 11.0	48.0 \pm 10.7	48.0 \pm 8.9	49.8 \pm 6.9	46.6 \pm 12.3	45.3 \pm 12.0	42.7 \pm 15.5