

Construct	Operational definition	Items	Responses
Knowledge	Knowledge is an information, understanding or skill that you get from experience or education.	<ol style="list-style-type: none"> 1. Irritability 2. Depression 3. Restlessness 4. Poor concentration 5. Increased appetite 6. Weight gain 7. Light headedness 8. Night time awakening 9. Constipation 10. Diarrhea 11. Mouth ulcers 12. Urge to smoke 	<p>0 = No</p> <p>1 = Yes</p>
Attitude	Attitude is the tendency, based on trust and experience, to respond to smoking cessation intervention with specific methods and approaches.	<ol style="list-style-type: none"> 1. A patient's chance of quitting smoking increases if the healthcare provider advises him/her to quit. 2. Patients want you to advise them to stop using any tobacco products. <p>Healthcare providers like you should....</p> <ol style="list-style-type: none"> 3. get specific training on smoking cessation counselling techniques. 4. set a good example for their patients and public by not using any tobacco products. 5. routinely ask patients about tobacco use. 6. routinely ask parents/guardians about tobacco use during pediatric visits. 7. routinely advise patients who use any tobacco products to quit. 8. routinely assist patients/clients using any tobacco products to quit. 	<p>1 = strongly disagree</p> <p>2 = disagree</p> <p>3 = neither disagree/agree</p> <p>4 = agree</p> <p>5 = strongly agree</p>

Self-Efficacy	Self-efficacy is one's belief in one's ability to succeed in specific situations or accomplish a task in smoking cessation intervention. Self-efficacy in this study is referring to the confidence to provide smoking cessation intervention using 5A's brief intervention for smoking cessation.	<ol style="list-style-type: none"> 1. I know appropriate questions to ask my patients/clients. 2. I am able to motivate my patients who are interested to quit smoking. 3. I am able to assist patients to quit even if the patient thinks that it is difficult to give up. 4. I have the pharmacological therapy skills to assist patients to quit smoking. 5. I have the behavioral therapy skills to assist patients to quit smoking. 6. I can advise patients to consider smoking cessation. 7. I can provide counselling when time is limited. 8. I can counsel patients who are not interested in quitting. 9. I know how to prescribe medication (nicotine replacement therapy/bupropion) to treat tobacco dependency. 10. I can assess patient's different stages of readiness to quit smoking. 11. I can assess patient's level of nicotine dependency using the Fagerstrom test. 12. I can use smokerlyzer to determine patient's carbon monoxide level. 13. I can assist recent quitters to learn how to cope with situations or triggers that might lead them to relapse to using tobacco. 	<p>1 = certainly not</p> <p>2 = probably not</p> <p>3 = neutral</p> <p>4 = probably</p> <p>5 = certainly</p>
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