

Supplementary Table S1. Data on definition of dipping pattern, night-time period, interval of night-time blood pressure measurements and type of ambulatory blood pressure monitoring devices provided by the selected 14 studies.

Author (reference) Year publication	ABPM Device	Definition of Dipping	Definition Night-time period	Interval of night-time BP measurements
Loredo ⁽¹⁵⁾ 2001	Spacelabs 90207	MAP decrease > 10%	10 PM- 6 AM	30 min
Tsioufis ⁽¹⁶⁾ 2008	Spacelabs 90207	SBP/DBP decrease >10%	12 PM-6 AM	30 min
Sasaki ⁽¹⁷⁾ 2012	FM 800 or FB 250*	MAP decrease > 10%	10 PM- 6 AM	30 min
Onen ⁽¹⁸⁾ 2012	Spacelabs 90207	MAP decrease > 10%	10 PM-7 AM	30 min
Ishikawa ⁽¹⁹⁾ 2012	TM 2425	SBP/DBP decrease >10%	Diary	30 min
Lee ⁽²⁰⁾ 2014	Mobil-O-Graph	SBP decrease >10%	11 PM- 6AM	30 min
Seif ⁽²¹⁾ 2014	Spacelabs 90207	MAP decrease > 10%	10 PM- 6AM	30 mim
Sarinc Ulasli ⁽²²⁾ 2014	Mobil-O-Graph	BP decrease > 10%	n. a.	30 min
Sasaki ⁽²³⁾ 2014	FM 800 or FB 250	BP decrease > 10%	Diary	n.a
Correa ⁽²⁴⁾ 2017	Spacelabs 90207	MAP decrease > 10%	Diary	30 min
Ma ⁽²⁵⁾ 2017	Contec, CM 506 C	n.a.	10 PM -6 AM	60 min
Jenner ⁽²⁶⁾ 2017	Spacelabs 90207	n-a.	Diary	20 min
Genta Pereira ⁽²⁷⁾ 2018	Spacelabs 90207	SBP or DBP decrease > 10%	Diary	20 min
Sesizuka ⁽²⁸⁾ 2018	FM 800	SBP decrease >10%	Diary	30 min

ABPM=Ambulatory blood pressure monitoring; MAP=mean arterial pressure; SBP=systolic blood pressure; DBP=diastolic blood pressure.