



1 Supplementary Materials and Methods

2 NMR- and MS-Based Metabolomic Analysis of the Stool Samples

3 *Sample Preparation*

4 Stool samples for NMR and MS analyses were obtained by extraction of approx. 100 mg aliquot
5 with 1 mL of water (MS-LC grade). The mixture was then vortexed till completely homogenized and
6 centrifuged at 6.000 rpm. The supernatant was filtered through a syringe filter (Whatman 25 mm
7 GD/X PP, pore size 0.2 μ m). The filter was then rinsed with 0.5 mL H₂O. In the case of NMR samples,
8 1 mL of mixture methanol:dichloromethane (2:1) (MS-LC grade, biotech. grade) was added to the
9 collected filtrate. The mixture was vortexed and centrifuged at 14.000 rpm for 30 min (5 °C). The
10 upper hydrophilic phase was transferred to a fresh tube and evaporated on Speedvac (35 °C) and
11 stored at – 80 °C till analysis. The dried matter was re-dissolved in 450 μ L D₂O and 50 μ L phosphate
12 buffer (1.5 M KH₂PO₄ in D₂O containing 2 mM NaN₃ and 0.1% (w/v) trimethylsilyl propionic acid
13 (TSP), pH 7.4) and transferred to a 5-mm NMR tube.

14 In the case of MS samples, 200 μ L aliquot of water extract was transported to a fresh tube and
15 underwent derivatization following user's manual instruction in the EZ:fast kit (Phenomenex, USA).
16 In the workflow, it was necessary to optimize the pH of the extract by the addition of 1 μ L formic
17 acid to reach pH suitable for solid phase extraction.

18 *NMR Analysis*

19 The NMR spectra were recorded on a 600 MHz Bruker Avance III spectrometer (Bruker BioSpin,
20 Rheinstetten, Germany) equipped with a 5-mm TCI cryogenic probe head. All NMR experiments
21 were performed at 300 K. Standard ¹H NMR spectra were acquired using nuclear Overhauser effect
22 spectroscopy (NOESY) pulse sequence with following acquisition parameters: number of scans (NS)
23 = 256, 64k of data points (TD), spectral width (SW) of 20 ppm, relaxation delay (D1) of 4 s. The
24 resonance of water was suppressed by presaturation during the relaxation delay. J-resolved
25 experiment with presaturation (NS=4, SW=16 ppm, TD=8k, number of increments=40, SW=78.125 Hz
26 in the indirect dimension, and relaxation delay=2 s) was performed to facilitate the identification of
27 metabolites.

28 The raw spectral data were processed using TopSpin 3.6 software (Bruker BioSpin, Rheinstetten,
29 Germany). The free induction decays were multiplied by an exponential window function (LB = 0.3
30 Hz). The spectra were automatically phased, baseline corrected and referenced to TSP (0.0 ppm).
31 Next, the spectral baselines were adjusted, the spectra were binned and normalized, all procedures
32 using MATLAB software ('MATLAB version 9.2 (R2017a).

33 The calculated intensities were normalized by probabilistic quotient normalization [1] with a
34 group of samples from the patient as a reference. The metabolites' identification was carried out using
35 the Chenomx NMR Suite 7.7 database (Chenomx Inc., Edmonton, AB, Kanada). Signals of short-chain
36 fatty acids acetate (methyl group at 1.92 ppm), butyrate (methyl group at 0.90 ppm), and propionate
37 (methyl group at 1.06 ppm) were quantified using normalized intensities of corresponding signals.

38 *MS Analysis*

39 The analysis was conducted in SRM mode using TSQ Quantum Access Max mass spectrometry
 40 (Thermo Fisher Scientific, Inc., USA). The MS/MS parameters were optimized using direct infusion
 41 (10 mg/L in the mobile phase, 20 μ L/min) in positive ionization mode of serotonin, 5-
 42 hydroxytryptophan, tryptophan and kynurenine standards (AlfaAesar, UK). The parameters are
 43 shown in Table S1. The calibration curve was constructed in the concentration range from 10 to 1000
 44 pmol/mL. The capacity of the solid phase extraction column was tested by extraction of 50, 100 and
 45 200 mg of feces.

46 **Table S1.** SRM parameters.

Metabolites	parent ion	product ions	collision energy (V)	tube lens voltage (V)	retention time (min)
Tryptophan	333.0	245, 273	17, 12	68	9.1
5-hydroxytryptophan	435.1	201, 375	29, 12	69	11.6
Kynurenine	423.0	146, 260	33, 15	64	15.5
Serotonin	349.1	160, 203	30, 17	60	8.4

47 TSQ MS detector was equipped by HESI-II probe run under the following conditions: spray
 48 voltage +2250 V, vaporizer temperature 320 $^{\circ}$ C, sheath gas pressure 34 arbitrary units (AU), auxiliary
 49 gas pressure 15 AU, ion sweep gas pressure 11.2 AU, collision gas (Ar) pressure 1.0 mTorr, capillary
 50 temperature 320 $^{\circ}$ C. Skimmer offset voltage was not used. Data were processed by software
 51 ThermoXcalibur (Thermo Fisher Scientific, Inc., USA). The peaks area was normalized by the area of
 52 internal standard and raw stool sample weight.

53 **Quantification of Intestinal Microbiota by qPCR**

54 The amplifications were performed in 25 μ l reaction mixtures (Sybr green master mix, Bio-Rad)
 55 containing the same amount of gDNA template in each sample (40 ng). The sequences and origins of
 56 primers are shown in Table S2 [2-4]. Cycling parameters were as follows: 4 min at 94 $^{\circ}$ C, 35 cycles of
 57 10 s at 94 $^{\circ}$ C, 25 s at 60 $^{\circ}$ C, and 35 s at 72 $^{\circ}$ C, and a final extension for 7 min at 72 $^{\circ}$ C. Amplifications
 58 were carried out in duplicates. The specificities of all used primers and amplified products were
 59 checked by melting curve and by sequencing. The PCR fragments of corresponding genes were
 60 ligated into the pCR2.1-TOPO cloning vector (Life Technologies) with subsequent transformation
 61 into chemically competent *E. coli* cells (Neb 5-alpha *E. coli*, Bio Labs). To obtain their linear form,
 62 plasmids were cut with BamH1 restriction endonuclease (37 $^{\circ}$ C, 12 hours). Plasmids were then
 63 purified by PureLink Quick Plasmid Kit (Thermo Fisher Scientific Baltics, UAB, Vilnius, Lithuania).
 64 The experiments were performed three times from DNA isolated from 3 distinct parts of the stools.

65 **High Throughput Sequencing of Microbiota Composition**

66 Total extracted gDNA from stool samples was used for high throughput sequencing (Miseq
 67 platform, Illumina) of the bacterial V4 region of 16S rRNA gene and fungal ITS region. Two sets of
 68 specific primers with barcodes (Table S2) were used in PCR using KAPA 2G Robust Hot Start DNA
 69 Polymerase (Kapa Biosystems) were carried out with 25 and 27 cycles, respectively [5,6]. The PCR
 70 products were purified and normalized with the SequalPrepTM Normalization Plate Kit
 71 (ThermoFisher Scientific). Triplicates of the amplicons were pooled and ligated with sequencing
 72 adapters (TruSeq DNA PCR-free LT Sample Preparation Kit, Illumina), pooled in equimolar
 73 concentrations, and sequenced. The library was validated by a KAPA Library Quantification Kit
 74 (Illumina). The amplicons were sequenced on an Illumina MiSeq using a Miseq Reagent Kit v3
 75 (Illumina).

76 The amplicon sequencing data were processed with SEED v2.1 [7] applying standard procedures
 77 such as through quality control and data filtering, clustering analysis, and diversity determination.
 78 Pair-end reads were joined using fastq-join [8]. Chimeric sequences were detected using algorithm

79 UCHIME, deleted, and clustered using UPARSE at a 97% similarity level, both of which were
 80 conducted with USEARCH 8.1.1861 [9]. The most abundant sequences were chosen as one
 81 representative strain per cluster, and the closest hits at the genus level were identified using the RDP
 82 database for bacteria [10] or UNITE database for fungi [11]. The dataset obtained in this study was
 83 deposited in the NCBI Sequence Read Archive (raw demultiplexed sequencing data with sample
 84 annotations, PRJNA542274). Singletons were excluded from all analyses.

85 **Table S2.** Primers used in qPCR and for HTS.

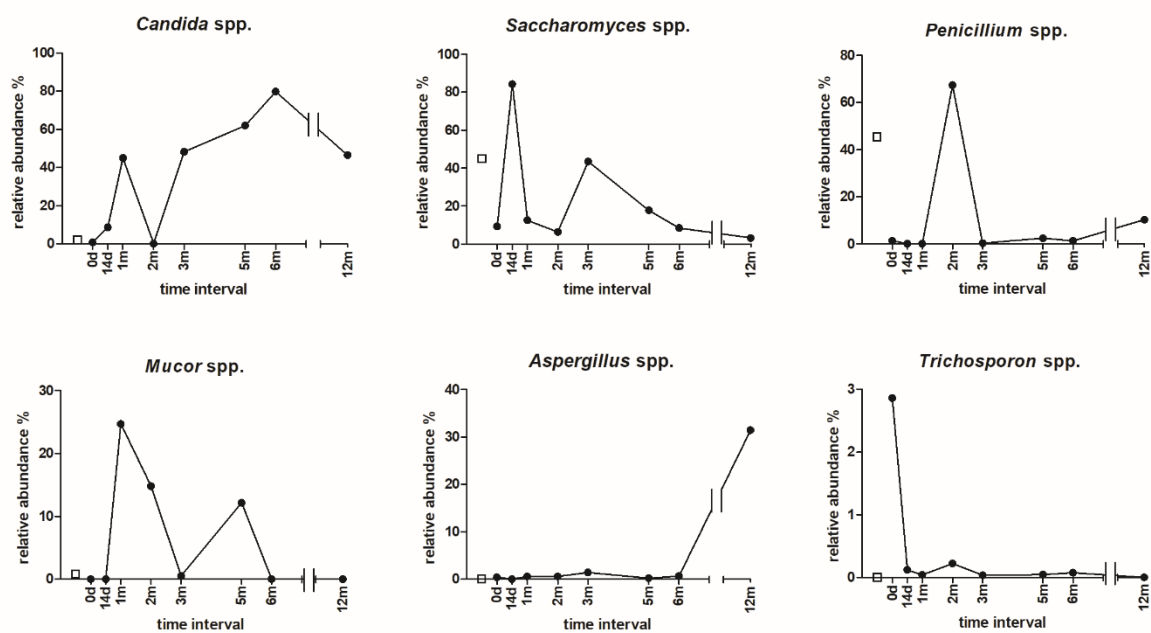
Name	Sequence (5'–3')	Target	References
BAC	CGGCAACGAGCGCAACCC	univ. bact. 16S	Denman and McSweeney 2006
BAC	CCATTGTAGCACGTGTGTAGCC	rRNA	
AM1129F	CAGCACGTGAAGGTGGGGAC	<i>A. muciniphila</i> 16S	Collado et al. 2007
AM1437R	CCTTGCGGTTGGCTTCAGAT	rRNA	
MS534F	CCGGGTATCTAATCCGGTTC	<i>M. smithii</i> 16S	Dridi et al. 2009
MS656R	CTCCCAGGGTAGAGGTGAAA	rRNA	
515F	xxxxxxxGTGCCAGCMGCCGCGGTAA	univ. bact. 16S	Caporoso et al. 2011
806R	xxxxxxxGGACTACHVGGGTWTCTAAT	rRNA	
gITS7	xxxxxxxGTGARTCATCGARTCTTTG	univ. fungal ITS	Ihrmark et al. 2012
gITS4	xxxxxxxTCCTCCGCTTATTGATATGC	DNA	

86 X represents a barcode base with linkers.

87 Supplementary Results

88 Taxonomic Composition of the Microbial Community

89 To determine the composition of microbiota in stool samples, isolated gDNA was used for the
 90 microbiome analysis by HTS. All sequences with mismatches in tags were removed from the dataset,
 91 and a total of 1,261,800 bacterial and 1,193,130 fungal sequences were retained after the removal of
 92 low-quality sequences (with mean Phred quality score threshold of 30) and sequences shorter than
 93 200 bases. It yielded 1,088,645 bacterial and 906,470 fungal sequences which were clustered to
 94 operational taxonomic units (OTUs) with 97% similarity threshold (166,165 bacterial and 1,063
 95 fungal chimeric sequences and 2,975 bacterial and 406 fungal singletons were excluded during this
 96 step). The 1,153 bacterial OTUs were classified into 8 phyla and 156 genera. The 754 fungal OTUs
 97 were classified into 5 phyla and 270 genera. Most of the OTUs were identified at the genus level;
 98 however, identification down to the species level was impossible owing to database limitations. The
 99 total number and proportional distribution of OTUs among different phyla are shown in Figure 3.

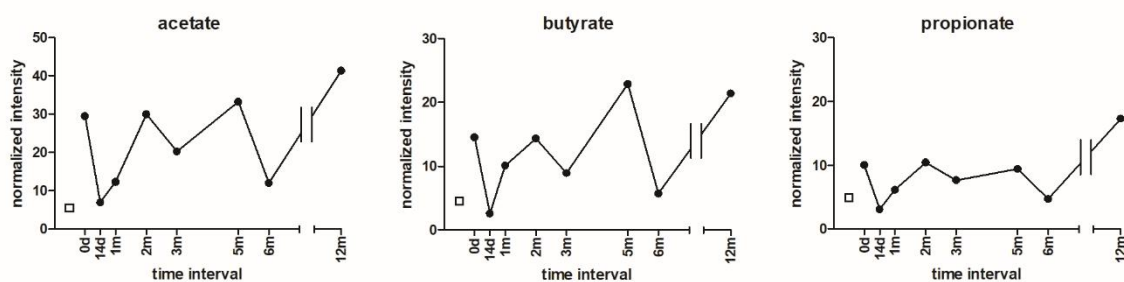


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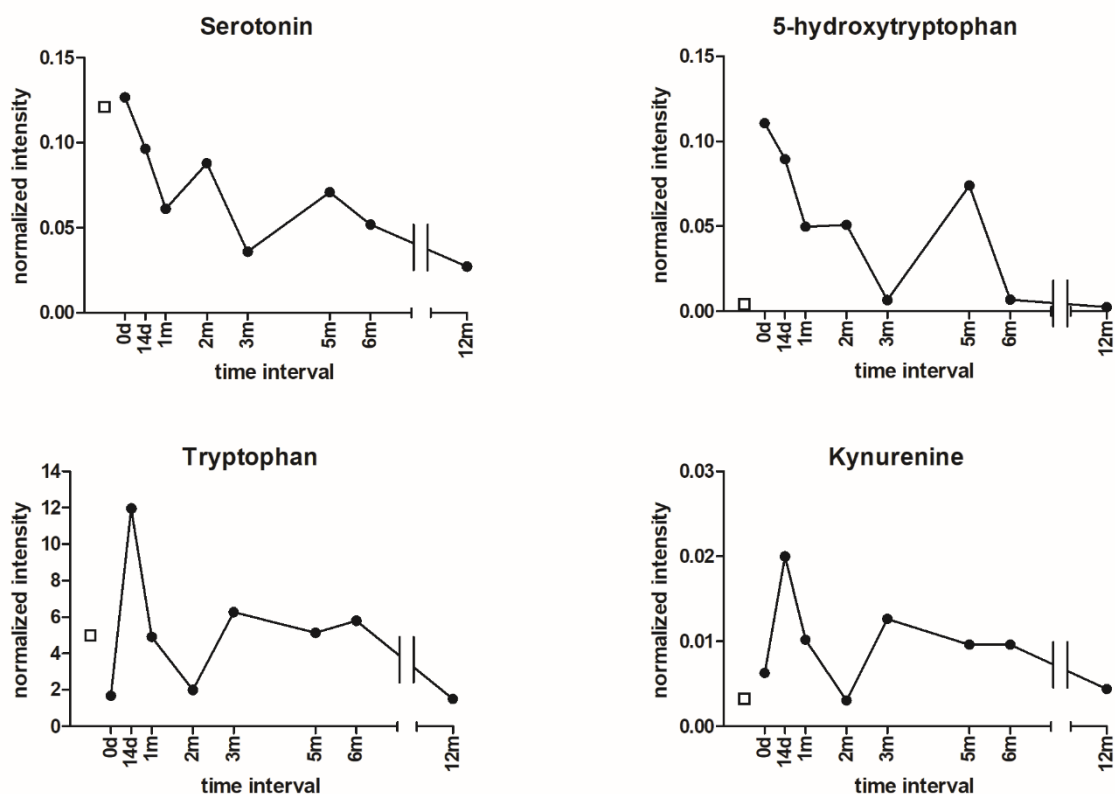
Figure 1. The relative abundance of assorted fungal species present in stool samples. Patient's values are represented by black circles, donor value is represented by the empty square.



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Figure 2. Acetate, butyrate, and propionate levels in stool samples.



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Figure 3. Serotonin, 5-hydroxytryptophan, kynurenine, and tryptophan levels in stool samples.

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