

Supplementary Materials: Monolithic Zirconia: An Update to Current Knowledge. Optical Properties, Wear, and Clinical Performance

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Table S1. Studies investigating optical properties of monolithic zirconia specimens/crowns. Studies are presented in ascending chronological order.

Aut hors.	Zirconia system	Test Method	Sample thickness	Results	
Kanchanasita et al 2014 [66]	-ZENO Translucent	CR measured with a spectrophotometer.	0.3, 0.6, 0.9, 1.2 and 1.5 mm	inCoris Lava Lava Plus Cercon Base Zeno Zr ZENO	
	-Lava Plus High Translucency				
	-inCoris TZI				0.3 0.7 0.68 0.69 0.76 0.75 0.76
	-Cercon Base				0.6 0.75 0.76 0.79 0.84 0.86 0.83
	-Zeno Zr				0.9 0.81 0.83 0.85 0.91 0.93 0.9
-Lava	1.2 0.85 0.88 0.91 0.97 0.97 0.96				
			1.5 0.88 0.92 0.93 0.99 0.98 0.98		
Matsuzaki et al 2015 [46]	-Zpex:Zpex-yellow=100:0	L*, a*, b* values and TP measured with a colorimeter	1.5mm	Arithmetic values cannot be extrapolated from the graphs provided in the article. The TP values of the monolithic specimens were significantly greater in the order of Zpex100>Zpex70>Zpex50>TZ3YB.	
	-Zpex:Zpex-Yellow=70:30				
	-Zpex:Zpex-Yellow=50:50				
	-TZ-3YB-E (opaque)				
Sulaiman et al 2015[63]	PSZ:	TP, and CR values measured with a reflection spectrophotometer	0.5, 0.7, 1.0, 1.2, 1.5, and 2.0 mm	Arithmetic values cannot be extrapolated from the data provided in the article. TP ranking from least to most translucent: BRX = PRT = ICE < ZEN < KAT < PRTA. CR ranking from least to most translucent: BRX < ICE = PRT = ZEN < KAT < PRTA. Both values were brand and thickness dependent.	
	-Prettau (PRT) Prettau				
	-Bruxzir (BRX) Anterior				
	-Zenostar (PRTA)				
	(ZEN) PSZ (Core):				
-Katana HT ICE Zircon (KAT)					

Harada et al 2016[57]	-Pretau Anterior -BruxZir -Katana HAT -Katana ST -Katana UT	Tt% measured by 0.5 and 1mm spectrophotometer at 555 nm wavelength		<u>0.5 mm group:</u> Prettau Anterior→31.88 BruxZir→28.82 Katana HT→28.49 Katana ST→31.67 Katana UT→33.73 E-max CAD LT→40.32	<u>1 mm group</u> Prettau Anterior→22.58 BruxZir→20.13 Katana HT→20.18 Katana ST→21.86 Katana UT→23.37 E-max CAD LT→27.05
Kim et al 2016 [60]	-BruxZir	Color difference ΔE_{00} and TP measured with a spectrophotometer	subgroups 0-10 with thickness from 2mm, to 1mm	Number of coloring liquid application (Group 1-5) and amount of thickness reduction in mm (Subgroup 1-10). TP values from the thicker to the thinnest subgroup: Group I: 2.76 -5.21 Group II:1.8: 2.72-5.04 Group III: 2.43-5.20 Group IV: 2.27-5.34 Group V: 2.29-5.19	
Kim et al 2016 [61]	Monolithic zirconia: -Rainbow Shade A05 -Rainbow Shade A2 -Rainbow High Shine A0 -Rainbow High Shine A1 -Rainbow High Shine A2 -Katana ML A Light -Katana ML A Dark -ST pre-shade A1 -ST pre-shade A2 -ST pre-shade A3	L*, a*, b* values and TP measured with a diffuse-reflected spectrophotometer	1.5mm		TP 1.53 0.61 1.66 1.68 2.31 8.04 7.88 0.79 0.72 0.56
Malkondu et al 2016[48]	-Ceramill Zolid Types of cement used:	L*, a* and b* and TP measured with a spectrophotometer	0.6 and 1mm	$\Delta L(0.6mm)$: RC=-4.77, RGI=-3.46, GI=-4.57 $\Delta L(1.0mm)$: RC=-1.86, RGI=-1.81, GI=-2.8 $\Delta a(0.6mm)$: RC=-0.78, RGI=-0.28, GI=0.38	

	-conventional glass ionomer (GI) cement		$\Delta a(1.0\text{mm}): RC = -1.41, RGI = -0.89, GI = -0.39$	
	-resin-modified glass ionomer (RGI) cement		$\Delta b(0.6\text{mm}): RC = -2.75, RGI = 0.42, GI = -0.69$	
	-resin cement (RC)		$\Delta b(1.0\text{mm}): RC = -3.78, RGI = -0.74, GI = -1.96$	
			$\Delta E(0.6\text{mm}): RC = 5.64, RGI = 3.53, GI = 4.7$	
			$\Delta E(1.0\text{mm}): RC = 5.06, RGI = 2.23, GI = 3.48$	
			TP(0.6mm): RC(from 17.60 to 14.89), RGI(from 17.14 to 14.05), GI(from 17.28 to 9.85)	
			TP(1.0mm): RC(from 12.44 to 9.87), RGI(from 12.84 to 10.56), GI(from 12.95 to 7.66)	
Tunsel et al 2016 [29]	-Prettau (MZ) -Colored ICE Zirkonia (CZ) -Non-colored ICE Zirkonia (Z)	CR measured with a 0.5mm spectrophotometer	CR Z 0.7482 CZ 0.7864 MZ 0.7964	
Vichi et al 2016[45]	Traditional zirconia: -IPS e.max ZIR-Cad -inCoris ZI -In-Ceram YZ Increased Translucency: -inCoris TZI - In-Ceram YZ HT	CR and TP measured with a 1mm spectrophotometer	CR: IPS e.max ZIR-Cad = 0.75±0.01 inCoris ZI = 0.74±0.02 In-Ceram YZ = 0.70±0.01 inCoris TZI = 0.68±0.01, In-Ceram YZ HT = 0.68±0.01	TP: IPS e.max ZIR-Cad = 11.48±0.53 inCoris ZI = 012.64± 0.93 In-Ceram YZ = 13.78±0.28 inCoris TZI = 14.05±0.31, In-Ceram YZ HT =14.44±0.34
Carrabba et al 2017 [32]	-Aadva ST -Aadva EI -Aadva NT -Katana UTML	CR measured with a 1mm spectrophotometer	CR ST 0.74 EI 0.69 NT 0.65 LD 0.56	
Elsaka et al 2017 [7]	-Ceramill Zolid FX Multilayer (CZF) -Prettau Anterior (PA) -Wieland Zenostar (ZT)	TP and CR measured with a 1mm spectrophotometer	TP CZF 19.41 PA 16.83 ZT 15.88	CR 0.56 0.74 0.76

Kim et al 2017 [28]	Rainbow Shade A2	L*, a* and b* and ΔE_{00} measured with a spectrophotometer	0.5, 1 and 1.5mm	Comparison of color coordinates between conventional and microwave sintering. Conventional : 0.5 mm: L*=72.15, a* = -1.81, b*=14.81, TP=11.52 1.0 mm: L* = 69.44, a* = -1.31, b* = 15.41, TP = 7.87 1.5 mm: L* = 68.90, a* = -1.20, b* = 14.33, TP = 5.31 Microwave: 0.5 mm: L*=72.60, a* = -1.65, b* = 15.35, TP = 11.43 1.0 mm: L* = 70.36, a* = -0.99, b* = 16.10, TP = 7.50 1.5 mm: L* = 68.57, a* = -0.93, b* = 11.95, TP = 5.28 ΔE_{00} values between conventional and microwave sintering <1 at all thicknesses
Shamseddine, & Majzoub 2017 [56]	-Katana UTML	TP measured from photographs under standardized shooting conditions	0.4, 0.6, 0.8 and 1mm	TP of different layers (DEL=Dentin, ENL=Enamel, FTL,STL=intermediate layers) DEL FTL 0.4 17.50 (0.86) 0.4 16.18 (0.98) 0.6 14.81 (0.83) 0.6 13.88 (0.98) 0.8 13.69 (1.80) 0.8 11.78 (2.37) 1 12.92 (0.64) 1 11.62 (1.33) STL ENL 0.4 15.39 (0.47) 0.4 15.28 (1.31) 0.6 13.10 (2.33) 0.6 13.49 (1.74) 0.8 12.30 (2.97) 0.8 12.32 (2.63) 1 11.46 (0.77) 1 12.65 (0.97)
Baldissara et al 2018 [47]	-Katana STML (UT) -Katana UTML(ST)	Tt measured using a photoradiometer in a dark chamber and CR measured with a spectrophotometer.	Crowns of 1 and 1.5mm	1.0mm: Tt test ($lx \cdot 10^3$): UT = 75 ± 0.5 ST = 68.4 ± 0.5 1.5mm: UT = 65.2 ± 1.6 L-DIS = 35.2 ± 0.9 CR analysis: UT = 0.76 ± 0.04 ST = 0.79 ± 0.03 UT = 0.81 ± 0.03 L-DIS = 0.84 ± 0.02
Camposilvan et al 2018 [58]	-Aadva ST -Aadva EI -Aadva NT -Katana UTML	Total transmittance (Tt%) and Contrast Ratio (CR) measured by a spectrophotometer	Full-contour molar-crowns 1.5mm, disks 1mm	CR Tt% ST 0.74 36.9 \pm 0.15 EI 0.70 38.4 \pm 0.07 NT 0.62 43.4 \pm 0.13

			ML	0.69	36.0±0.07	
Inokoshi et al 2018 [64]	Katana ST	TP measured with a 0.5mm				TP
	Katana UT	colorimeter	Katana ST			34.2±0.7
	Katana HT		Katana UT			36.7±1.8
	Zpex Smile		Katana HT			29.5±0.9
			Zpex Smile			
Kwon et al 2018 [62]	-5Y-ZP (Katana UTML)	L*a*b* values were 1mm				TP
	-3Y-TZP (Katana HT)	measured with a	Katana UTML			8.30
	-lithium disilicate (e.max CAD).	spectrophotometer and	Katana HT			6.96
		ΔE_{00} , TP were calculated	e.max CAD			9.28
Nassary et al 2018 [68]	Ceramill Zolid FX CopraSmile	Total transmittance (Tt%) 1mm				Translucency-t _c (%)
	DD cubeX2	was measured by a				
	NOVAZIR MaxT	spectrophotometer	Ceramill Zolid FX			38.3±0.3
	pritti multidisc ZrO ₂		CopraSmile			37.1±0.3
	StarCeram Z-Smile		DD cubeX2			37.3±0.3
	IPS e.max Press (control)		NOVAZIR MaxT			33.1±0.5
			pritti multidisc ZrO ₂			37.6±0.5
			StarCeram Z-Smile			33.6±0.2
		IPS e.max Press (control)			40.4±0.4	
Liebermann et al 2018 [17]	-Emax.CAD_HT (control)	Total transmittance (Tt%) in	-Bruxzir (0.5/1 mm)		Visible light	Blue light
	-Bruxzir	two different wavelength	-Cercon HT (0.4/1 mm)	E.max_HT 1 mm	44.72±0.005	23.50±0.002
	-Cercon HT	spectra (blue and visible	-Lava Frame (0.3/1 mm)	Lava Frame 0.3 mm	40.70±0.004	16.00±0.004
	-Lava Frame	light) and Contrast Ratio	-Lava Plus (0.3/1 mm)	Prettau 0.5 mm	33.54±0.005	12.50±0.003
	-Lava Plus	(CR) measured by a	-Prettau (0.5/1 mm)	Bruxzir 0.5 mm	39.59±0.008	18.20±0.007
	-Prettau	spectrophotometer	-Zenostar (0.4/1 mm)	Cercon_HT 0.4 mm	38.52±0.006	15.28±0.004
	-Zenostar		- Emax.CAD_HT (1mm)	Zenostar 0.4 mm	33.95±0.005	12.27±0.002
				Lava Plus 0.3 mm	41.15±0.006	16.00±0.003

				Bruxzir 1 mm	31.61±0.008	12.00±0.006	
				Lava Frame 1 mm	26.26±0.002	7.54±0.001	
				Lava Plus 1 mm	28.09±0.003	8.44±0.002	
				Prettau 1 mm	25.94±0.014	8.11±0.008	
				Zenostar 1 mm	19.64±0.003	4.80±0.001	
				Cercon_HT 1 mm	25.30±0.007	7.67±0.003	
Kulkarni et al 2018 [54]	-VITA VMK 95 (feldspathic porcelain) -IPS e.max CAD (lithium disilicate) -Dentsply Cercon (monolithic zirconia)	Specular reflection gloss measured by a gloss meter. L*a*b* values were measured with a spectrophotometer. The TP was calculated. The specimens were submitted to gastric acid treatment and toothbrush abrasion treatment.	1mm			Gloss (degrees)	
					IPS e.max	Porcelain	Zirconia
				Control	22.81±13.50	69.54±11.63	100.13±12.65
				Acid only	15.08±6.23	51.33±9.36	78.31±31.34
				Toothbrush only	16.05±5.45	55.30±13.99	95.39±7.74
				Acid + brush	10.99±5.93	60.60±6.98	95.68±18.61
Huh et al 2018 [59]	-Zenostar T0 -Zenostar sun -Zenostar sun chroma	The brightness L* was measured by a dental chroma meter The surfaces were evaluated after receiving grinding, smoothing + prepolishing and gloss polishing.	1mm, 3mm	-Arithmetic values cannot be extrapolated from the figures provided in the article -polishing led to a reduction in brightness			
Sen et al 2018 [24]	-Vita YZ HT White -Vita YZ HTColor -Prettau Zirkonzahn -Prettau Anterior Zirkonzahn	Specimens received liquid coloring. Specimens were assigned to groups depending on final sintering temperature	1mm			TP	
					colored	Non-colored	
				Vita YZ HT White			
				-1350°C	15.28±0.43	16.42±0.62	
				-1450°C	17.14±0.71	17.49±0.38	

dentifric for time equivalent
of 17 years.

Table S2: In-vitro studies investigating the wear properties of monolithic zirconia. Studies are presented in ascending chronological order.

A ut h or s.	Antagonist	Monolithic zirconia system / Other materials	Zirconia surface treatment	Test method	Results (antagonist wear)
Albashaireh et al.2010 [1]	-Lithium disilicate -Leucite glass -Fluorapatite glass -Nano-fluorapatite glass	IPS e.max ZirCAD	Polished	Chewing simulator, 300,000 cycles, 49 N, 1500 cycles between 5°- 55°C, water	Monolithic zirconia < other groups
Jung et al 2010 [102]	Enamel	Prettau Veneering glass-ceramic	Polished: SiC 1,200 grit Glazed: glaze system	Chewing simulator, 240,000 cycles, 49 N, 0.8Hz	Polished zirconia showed the lowest wear
Preis et al.2011 [109]	-Enamel -Steatite	-Zeno Zr Bridge veneering glass-ceramic, other zirconia materials	Polished: SiC 500, water-cooling	pin-on-block design wear tester, 50 N, 1.2 × 10 ⁵ cycles, 1.6 Hz, 600 cycles, 5–55°C	Antagonist wear against of monolithic zirconia was found to be comparable with, and even lower than that of veneering ceramics
Beuer et al 2012 [94]	Stainless steel	Zirluna Veneering glass-ceramic	-Polished: Polishing kit for ceramics -Glazed: glaze system	Chewing simulator, 1.2×10 ⁵ cycles, 50 N, 1.6 Hz, 320/120,000 cycles, 5–55°C	Polished zirconia showed the highest wear and glazed the less.

Kim et al.2012 [103]	-Enamel -Feldspathic ceramic	-Prettau -Lava -Rainbow Lithium disilicate, veneering glass-ceramic	Polished: SiC 1200 grit	Chewing simulator, 49 N, 5–55°C	Zirconia showed the lowest wear. Enamel wear was greater than that of feldspathic ceramic wear
Mitov et al 2012 [77]	Enamel	Everest ZH Veneering glass-ceramic	-Polished: commercial metallographic preparation system -Ground: red and green diamond bars -Glazed: 100µm Al ₂ O ₃ , commercial glazing agent	Chewing simulator, 1.2×10 ⁵ cycles, 50 N, 1.6 Hz, water	Polished zirconia showed the lowest wear
Preis et al 2012 [104]	Enamel Steatite	Cercon Lava	-Polished: polishing kit for ceramics -Polished and ground: diamond bur -Polished, ground and repolished	pin-on-block wear tester, 1.2×10 ⁵ cycles, 50 N, 1.2 Hz, 600 cycles, 5/55 °C, water	Polished, ground and repolished zirconia showed no wear
Preis et al 2012 [83]	Steatite	Cercon Veneering glass- ceramic	-As sintered -Glazed: glazed system -Sandblasted and glazed: 100 mm, Al ₂ O ₃ , 2.5 bar -Polished and ground -Polished, ground and repolished: polishing system	Chewing simulator, 1.2×10 ⁵ cycles, 50 N, 1.6 Hz, 600 cycles, 5–55°C	Monolithic zirconia less wear compared to veneered zirconia Polished, ground and repolished zirconia showed the lowest wear

Sabrah et al 2013 [81]	Synthetic hydroxyapatite	Diazir	-As machined: Glazed: zirconia glazing system -Ground: fine diamond bur, cooling water -Polished: polishing kit	pin-on-disk wear tester, 25,000 cycles, 1.2 Hz, 3-kg load, water	Glazed zirconia showed the highest wear
Stawarczyk et al 2013 [95]	Enamel	Zeno Zr Bridge transluzent Monolithic alloy, veneered zirconia	-Glazed: with ceramic or spray -Mechanically polished: up to 3 mm using diamond suspensions -Manually polished: hair brush and diamond paste	chewing simulator, 49Na, 1.67Hz, 1.2×10 ⁵ cycles, 5–55°C	Polished zirconia showed the lowest wear, similar to monolithic alloy
Amer et al 2014 [93]	Enamel	Crystal Zirconia Lithium disilicate, veneering glass-ceramic	-Grinded: diamond rotary cutting disk under water cooling -Polished: SiC 80 and 600 grit, water cooling -Glazed: glaze paste	Wear machine, 70N, 1.0 Hz, 50 000 cycles	Polished zirconia showed the lowest wear
Luangruangrong et al 2014 [80]	Glass ceramic	Diazir Leucite reinforced glass-ceramic, lithium disilicate glass ceramic	-Glazed: glazing system -As machined	pin-on-disk wear tester, 5,000 cycles, 1.2 Hz, 3 kg load	Glazed zirconia showed the highest wear
Park et al 2014 [97]	Enamel	Prettau Zeno ZirBlank BruxZir Veneering glass-ceramic	-Polished: no details -Glazed: glaze system	Chewing simulator, 240,000 cycles, 49 N, 0.8Hz, water	Monolithic zirconia showed higher wear compared to the glass-ceramic Glazed zirconia showed higher wear compared to polished zirconia

Sripetchdano and et al 2014 [86]	-Enamel	-Lava Lithium disilicate, composite resin	-Polished: SiC 400, 800, and 1200 grit running water, 2 min	Pin-on-disk wear tester, 25 N at 20 cycles per minute, 4800 cycles	Depth of enamel wear: monolithic zirconia and composite resin was significantly lower than that caused by glass ceramic and enamel.
Preis et al 2015 [76]	Steatite	Cercon ht Cercon base	-Ground: diamond bur Polished: 3-step intraoral polishing set	Chewing simulator, 25 N, 120,000 cycles, 20 mm/s, water	Wear was shown to have minor influence on roughness and no influence on phase transformation
Choi et al 2016 [105]	Enamel	Zirtooth Fulluster Leucite glass-ceramic, lithium disilicate, stainless steel	-As -received	Chewing simulator, 50 N, 100,000 cycles, 0.8Hz, 5°C-55°C ,water	Stainless steel and monolithic zirconia caused less primary tooth wear than leucite glass-ceramic and lithium disilicate glass-ceramic
Rupawala et al 2016 [106]	Enamel	Lava Lithium disilicate Veneering glass-ceramic	-Polished: polishing paste for zirconia -Glazed: glaze liquid	two-body wear tester, 49N, artificial saliva, 10.000 cycles	Polished zirconia showed the least amount of enamel wear compared to glazed monolithic zirconia. Lithium disilicate and glazed monolithic zirconia showed the highest enamel wear.
Stawarczyk et al 2016[107]	Enamel	Zenostar DD BioZX ² Ceramill Zolid InCorisTZI Conventional zirconia	-Polished: SiC grits 600-1000 water cooling	Chewing simulator, 1.2x10 ⁵ cycles, 50 N, 1.2 Hz, 600 cycles, 5/55 °C, water	Veneered conventional zirconia showed significantly higher material and antagonist wear than all monolithic polished and glazed groups. Glazed zirconia specimens showed higher material and antagonist wear than polished ones.
Kaizer et al 2017 [108]	Steatite	inCoris TZI	-Polished: 1 µm diamond suspension	Chewing simulator, 198 N, 1.2 million cycles, 1.6 Hz, water, 5 - 55 °C	Long-term sintering showed less wear compared to speed and super speed sintering. Cracks and phase transformation due to the wear process, indicate the susceptibility of zirconia ceramics to sliding contact fracture

Gundugollu et al 2018 [98]	Maxillary first premolars	-DentGallop -DentGallop veneered with glass ceramic	-Unpolished and unglazed monolithic zirconia -Polished and unglazed monolithic zirconia -Polished and glazed monolithic zirconia -Unpolished and unglazed layered zirconia -Polished and unglazed layered zirconia -Polished and glazed layered zirconia Iris ceramic finishing diamond points + Shofu polishing discs (coarse 55 µm, medium 40 µm, fine 24 µm, and superfine 8 µm)	Chewing simulator, 50 N, 250.000 cycles, 0.17 Hz , artificial saliva at 37°C	-Enamel presented more significant tooth wear when opposed to layered zirconia compared to monolithic zirconia. -Polished unglazed monolithic zirconia produced less wear to the antagonist compared to polished and glazed monolithic zirconia.
Ludovichetti et al 2018 [90]	All tested materials were used as abraders and antagonists.	-IPS e.max CAD -Vita Suprinity -Lava Ultimate -Vita Enamic -Lava Plus -bovine enamel	-Polished with silicon carbide abrasive papers (400-, 600-, 1200-grit papers)	ACTA wear machine, 15 N, 200.000 cycles, 1 Hz , distilled water at 37°C	-Zirconia, Lithium disilicate and zirconia-reinforced lithium silicate led to increased wear on the enamel and the materials tested -Zirconia did not damage the surface of the materials, apart from the enamel.
Sarıkaya etl al 2018 [91]	Steatite	-Bruxzir -Incoris TZI	Glazed	thermocycling for 10,000 cycles between 5 and 55 °C. Chewing simulator, 49 N, 1.250.000 cycles, 1.6	Incoris TZI presented increased wear compared to Bruxzir.

				Hz , medium not specified	
Ho et al 2018 [92]	Tetric EvoCeram (direct resin composite)	Lava Plus (High Translucent Zirconia) IPS e.max Press Low (Translucent Lithium Disilicate)	-Polished with 1200-grit abrasive paper -Coarse, medium and fine diamond-impregnated silicone polishers	Chewing simulator, 49N, 250.000 cycles, 40 mm/s	Lithium disilicate caused higher wear of resin composite compared to monolithic zirconia
D'Arcangelo et al 2018 [85]	Same as the tested material	-Aurocast8 (type 3 gold alloy) -IPS e.max CAD, IPS e.max Press (lithium disilicate) - Cerabien ZR Press (feldspathic porcelain) - Katana Zirconia ML (monolithic zirconia) -heat-cured composite resins (Ceram.X Universal, Enamel Plus Function, Enamel Plus HRi)	-Silicon-carbide silicon polishers and paper-abrasive cones -Diamond polishing paste with a goat hair brush	Chewing simulator, 49 N, 120.000 cycles, 1.6 Hz, medium not specified	Monolithic zirconia exhibited significantly reduced wear compared to all tested materials.
Habib et al 2019 [87]	Enamel	Monolithic zirconia (Zolid fx preshade) Lithium disilicate (IPS E.max) Porcelain fused to metal Composite resin (Nano hybrid filtek z250)	-Polished or glazed (according to manufacturer's instructions)	Chewing simulator, 49 N, 240.000 cycles, 0.8 Hz , water, 5 - 55 °C	-Monolithic zirconia and porcelain fused to metal demonstrated higher resistance to surface roughness compared to lithium disilicate and composite resin -Enamel showed no significant differences when worn against the tested materials -enamel against monolithic zirconia and porcelain fused to metal demonstrated increased height loss.

Bolaca et al 2019 [88]	Enamel of primary molars	-Monolithic zirconia (Zenostar® T) -lithium disilicate glass ceramic (IPS e.max CAD LT) -resin nanoceramic (Lava™ Ultimate CAD/CAM Restorative)	-Polished with abrasive paper polishing disks and brushes	Chewing simulator, 50 N, 100.000 cycles, 1.6 Hz, water, 5 - 55 °C	Monolithic zirconia led to the lowest antagonist wear compared to the materials tested.
Kaizer et al 2019 [101]	Steatite	-polished zirconia -polished graded zirconia -as-machined graded zirconia -as-machined glazed zirconia -glass-ceramic (IPS Empress)	Glass ceramic: Polished 15 µm, 6 µm, 3 µm, and 1 µm diamond impregnated pads Zirconia: -roughened with 240-grit sandpaper before sintering / 1 µm polishing after sintering -3 µm diamond impregnated pad -glazed with Zenostar Glaze -finished with a 3 µm diamond impregnated pad	oral wear simulator 50 N, 450.000 cycles, 1 Hz	Monolithic zirconia presented lower abrasiveness to the antagonist compared to the glass ceramic.
Kaizer et al 2019 [84]	Steatite	-Lava Plus -human third molars	-Polished after sintering -Polished prior to sintering and glass infiltrated -Glass infiltrated and sintered	Chewing simulator, 200 N, 1.25 million cycles, 2 Hz, water at room temperature	Crowns that were polished and glass infiltrated presented reduced wear on the crown and the antagonist.

Table S3. Commercial products listed in the studies included in the review, manufacturers and compositions.

Brand	Manufacturer	Composition (wt%)	Source
BruxZir	Glidewell laboratories, USA	3mol% Y-TZP (No other details can be found)	Reference [145]

Ceramill Zolid	Amann Girschbach AG, Austria	3 mol% Y-TZP: ZrO ₂ + HfO ₂ + Y ₂ O ₃ > 99%, Y ₂ O ₃ : 4.5–5.6%, HfO ₂ < 5%, Al ₂ O ₃ < 0.5%	Reference [146]
Cercon , Cercon base	DeguDent GmbH, Germany	3 mol% Y-TZP: ZrO ₂ (+HfO ₂) % main component, Y ₂ O ₃ 5 w%, Al ₂ O ₃ + SiO ₂ 1 %, HfO ₂ 2 %	Reference [147]
Cercon ht	DeguDent GmbH, Germany	3 mol% Y-TZP: ZrO ₂ , Y ₂ O ₃ 5 %, HfO ₂ < 3 %, Al ₂ O ₃ , SiO ₂ < 1 %	http://www.degudent.com/Communication_and_Service/Download/Cercon/Download_Cercon.php
CopraSmile	Dent To Be, Sweden	3 mol% Y-TZP: ZrO ₂ > 90 w; Y ₂ O ₃ 0.358-9.32, Al ₂ O ₃ 0.046-0.054, Fe ₂ O ₃ 0.015-0.142, Er ₂ O ₃ 0-0.626, Co ₃ O ₄ 0-0.009, other oxides 0-0.004	http://www.white-peaks-dental.com/en/downloads/e_Copran_Instructions-for-use_Zri_Supreme_Smile_Hyperion_Rev_14
Crystal Zirconia	Diamond, Crystal Zirconia, DLMS, USA	3 mol% Y-TZP: 5%Y ₂ O ₃ , 3% HfO ₂ , <1% Al ₂ O ₃	Reference [148]
DD Bio ZX²	Dental Direkt GmbH, Germany	3 mol% Y-TZP: ZrO ₂ + HfO ₂ + Y ₂ O ₃ > 99; Al ₂ O ₃ < 0.5; other oxides ≤ 1	Reference [146]
DD Cube X²	Dental Direkt GmbH, Germany	10% wt% Y-TZP: ZrO ₂ + HfO ₂ > 99 wt%; Al ₂ O ₃ < 0.01 wt%; other oxides ≤ 1. wt%	https://www.dentaldirekt.de/en/products/materials/zirconium-dioxide/white-zirconium-dioxide/dd-cubex2r
DentGallop	DentGallop, USA	4Y-TZP (ZrO ₂ +HfO ₂ +Y ₂ O ₃ > 99%, Y ₂ O ₃ >4 mol %)	Reference [98]
Diazir	Ivoclar Vivadent, Lichtenstein	3mol% Y-TZP (No other details could be found)	Reference [149]
Everest ZH	KaVo Dental GmbH, Germany	3mol% Y-TZP (No other details could be found)	Reference [77]
ICE Zirkon	Zirkonzahn, Italy	3mol% Y-TZP: ZrO ₂ , Y ₂ O ₃ 4–6%, Al ₂ O ₃ < 1% SiO ₂ < 0.02%, Fe ₂ O ₃ < 0.01% Na ₂ O < 0.04%	Reference [82]
ICE Zirkon Translucent	Zirkonzahn, Italy	3 mol% Y-TZP: 4%-6% Y ₂ O ₃ , <1% Al ₂ O ₃ , < 0.02% SiO ₂ , < 0.01% Fe ₂ O ₃ , < 0.04% Na ₂ O	References [82]
Incoris TZI	Dentsply Sirona, USA	3 mol% Y-TZP: ZrO ₂ +HfO ₂ +Y ₂ O ₃ ≥ 99.0%, Y ₂ O ₃ > 4.5 - ≤ 6.0%, HfO ₂ ≤ 5%, Al ₂ O ₃ ≤ 0.04%, Other oxides ≤ 1.1%	Reference [45]
Katana HT	KURARAY CO, LTD, Japan	~5.5 mol% Y-TZP: Al ₂ O ₃ =0.13 (0.10), Y ₂ O ₃ =10.91 (0.73), ZrO ₂ =86.50 (0.85), HfO ₂ =2.46 (0.26)	https://www.bego.com/fileadmin/user_downloads/Mediathek/Medical/en_Keramik/KATANA_Zirconia/me_800369_0000_pp_en.pdf

Katana ML	KURARAY CO, LTD, Japan	~5.5 mol% Y-TZP: Al ₂ O ₃ =0.16 (0.10), Y ₂ O ₃ =10.95 (0.29), ZrO ₂ =86.21 (0.59), HfO ₂ =2.41 (0.27)	https://www.bego.com/fileadmin/user_downloads/Mediathek/Medical/en_Keramik/KATANA_Zirconia/me_800369_0000_pp_en.pdf
Katana UTML	KURARAY CO, LTD, Japan	87–92% ZrO ₂ + HfO ₂ , 8–11% Y ₂ O ₃ , other oxides 0-2%	https://www.bego.com/fileadmin/user_downloads/Mediathek/Medical/en_Keramik/KATANA_Zirconia/me_800369_0000_pp_en.pdf
Lava, Lava Frame	3M ESPE, USA	3mol% Y-TZP (No other details could be found)	http://www.lava-elite.com/lava-classic-crowns-bridges.shtml
Lava Multi	3M ESPE, USA	3mol% Y-TZP (No other details could be found)	http://www.lava-elite.com/lava-classic-crowns-bridges.shtml
Lava Plus al	3M ESPE, USA	3mol% Y-TZP (No other details could be found) (lower Alumina content of 0.1% compared to Lava Frame)	http://www.lava-elite.com/lava-classic-crowns-bridges.shtml
Novazir Max T	Novadent, Germany	Y-TZP: ZrO ₂ + HfO ₂ 86.3% ~ 94.2% , Y ₂ O ₃ 5.8% ~ 9.7%, Fe ₂ O ₃ <0.5% , Al ₂ O ₃ ≤0.5%, Er ₂ O ₃ : <2% , Other oxides<0.5%	https://www.novadent.de/tl_files/novadent/Produkte/NOVAZIR/07062016_NOVAZIR_MaxT_Instructionforuse_englisch_Rev02.pdf
Prettau	Zirkonzahn, Italy	3mol% Y-TZP: ZrO ₂ = main component, Y ₂ O ₃ = 4 – 6 % , Al ₂ O ₃ < 1 % , SiO ₂ < 0.02 % , Fe ₂ O ₃ < 0.01 % , Na ₂ O< 0.04 %	Reference [150]
Priti multidisc ZrO₂	Pritidenta, Germany	~5mol% Y-TZP: ZrO ₂ /HfO ₂ 89.89 - 90.7 % , Y ₂ O ₃ 8.55 - 10.11 % , Al ₂ O ₃ < 0.2 % , Other oxides <0.7%	https://pritudenta.com/en/products/cadcam-materials/pritirmultidisc-zro2-monochrome-extra-translucent/
Rainbow	Genoss, Suwon, Korea	3mol% Y-TZP: ZrO ₂ , Y ₂ O ₃ 4 – 6%, HfO ₂ ≤5%, Al ₂ O ₃ ≤1%, Other oxides	Reference [55]
Rainbow High Shine	Genoss, Suwon, Korea	~5.5mol% Y-TZP: ZrO ₂ , Y ₂ O ₃ 9–11%, HfO ₂ 5%, Al ₂ O ₃ 1%, Other oxides	Reference [55]
StarCeram Z-Smile	H.C.Starck, Vietnam	~5mol% Y-TZP: ZrO ₂ /HfO ₂ /Y ₂ O ₃ >99%, Y ₂ O ₃ 8.5-9.6%, HfO ₂ <5%, Al ₂ O ₃ <0.1%, Other oxides <0.1%	Reference[68]
VITA YZ-HT	Vita Zahnfabrik, Bad Säckingen, Germany	3mol% Y-TZP: ZrO ₂ 90.4-94.5, + HfO ₂ + Y ₂ O ₃ 4 -6, HfO ₂ 1.5-2.5, Al ₂ O ₃ 0-0.3, Er ₂ O ₃ 0-0.5, Fe ₂ O ₃ 0-0.3	VITA_10160_10160E_YZ_TWD_EN_V02_screen_en.pdf (www.vita-zahnfabrik.com/en/)

Zenostar Zr, Zenostar T, Zenostar Sun, Zenostar Sun Chroma	Wieland Dental+ Technik GmbH & Co. KG, Germany	3mol% Y-TZP: $ZrO_2 + HfO_2 + Y_2O_3 > 99$; $4,5 < Y_2O_3 \leq 6$; $HfO_2 \leq 5$; $Al_2O_3 + \text{other oxides} \leq 1$	Reference [17]
Zeno Zr	Wieland Dental+ Technik GmbH & Co. KG, Germany	3mol% Y-TZP: ($ZrO_2 + HfO_2$) 94%, (Y_2O_3) 5%, (Al_2O_3) <1%, other oxides <1%)	Reference [151]
ZirBlank	Acucera, Korea	3mol% Y-TZP: $ZrO_2 \geq 94.20$ wt%, Y_2O_3 , $HfO_2 \leq 5.45$ wt%	Reference [94]
ZirLuna	ACF, Amberg, Germany	3mol% Y-TZP (No other details could be found)	Reference [94]
Zirtooth Fulluster	HASS, Gangneng, Korea	3mol% Y-TZP: $ZrO_2 + HfO_2 + Y_2O_3 = 99.6$, % $Y_2O_3 = 5.35$ %, $HfO_2 = 3$ %; $Al_2O_3 = 0.21$ %, other oxides =0.19%	Reference [111] https://www.slideshare.net/hasscorp/hassbio
Zolid fx Preshade	Amann Girschbach AG, Austria	$ZrO_2 + HfO_2 + Y_2O_3 \geq 99.0$, Y_2O_3 8,5 – 9,5, $HfO_2 \leq 5$, $Al_2O_3 \leq 0.5$, Other oxides ≤ 1	https://www.amanngirschbach.com/en/products/cadcam-material/ceramic/ceramill-zirconia/ceramill-zolid-fx-preshades/
Zerion	Straumann, Switzerland	$ZrO_2 + HfO_2 + Y_2O_3 \geq 99.0$ %, $6 > Y_2O_3 > 4.5$ %, $HfO_2 \leq 5$ %, $0.5 > Al_2O_3 > 0.05$ %, other oxides ≤ 0.5 %.	https://www.straumann.com/content/dam/media-center/straumann/en/documents/brochure/product-information/490.392-en_low.pdf
Zpex	Tosoh Corporation, Tokyo, Japan	3mol% Y-TZP: 5.2% Y_2O_3 , 0.05% Al_2O_3	http://www.rbhltd.com/wp-content/uploads/2019/05/Tosoh-Zirconia-Brochure.pdf
Zpex Smile	Tosoh Corporation, Tokyo, Japan	~5mol% Y-TZP: 9.35% Y_2O_3 , 0.05% Al_2O_3	http://www.rbhltd.com/wp-content/uploads/2019/05/Tosoh-Zirconia-Brochure.pdf

