Supplementary material BMJ Open

I-WOTCH course code:	Reviewer:	Review date:
----------------------	-----------	--------------

## Day 1 /Session 2 /Title: Pain Information 30mins Adherence: of the delivery as per protocol

No.	Item	Adherence	Comments
Intro	Did the facilitator(s) introduce the session?	Yes (2) Partially (1)	
		No (0)	
Step 1	Did the facilitator(s) play the DVD of the biomedical	Yes (2) Partially (1)	
	explanation about acute and chronic pain?	No (0)	
	Did the facilitator(s) ask the group Q1 and discuss,	Yes (2) Partially (1)	
	"What do you think about this explanation of pain? Is it missing anything?"	No (0)	
Step 2	Did the facilitator(s) present the bio-psycho-social	Yes (2) Partially (1)	
	explanation of pain?	No (0)	
	Did the facilitator(s) ask the group Q2 and discuss,	Yes (2) Partially (1)	
	"What do you think about this explanation of pain?"	No (0)	
Step 3	Did the facilitator(s) play the DVD of Experiences of	Yes (2) Partially (1)	
	living with opioid- treated long term pain?	No (0)	
	Did the facilitator(s) ask the group Q3 and discuss,	Yes (2) Partially (1)	
	"What do you think about Caroline's description of living with opioid-treated long-term pain?"	No (0)	
Summary	Did the facilitator(s) consolidate/embed the group's	Yes (2) Partially (1)	
	learning at the end of the session? e.g. reading the summary, putting the session in context	No (0)	
	Total adherence score (max 16)		
	Percentage adherence score		
	(Total adherence score */16x100)		

Instructions:
When at all possible please rate as 'Yes' or 'No' If 'partially' then write reason in comments box Questions need not be verbatim (unless specified) as long as content of session is covered.

Reviewer: \_\_\_\_\_ I-WOTCH course code: \_\_\_\_ Review date: \_\_\_\_\_ Comments: For use if sessions; go off track, include items which are not on checklist, contain surprising unforeseen aspects or the facilitation wasn't covered as intended. Also if there was no opportunity to demonstrate the skill listed.

Supplementary material

BMJ Open

Supplementary material BMJ Open

I-WOTCH course code:	Reviewer:	<b>Review date:</b>
----------------------	-----------	---------------------

## Day 1 /Session 2 /Title: Pain Information and Opioid Education

## **Competence** of the quality of delivery or 'skill' of the facilitators

	Item	Competence measure	Comments (use box below to expand)
1	Did the facilitator(s) create opportunities for discussion e.g. did they; encourage	Evident (2)	
	individuals to participate, ask open questions, give enough time for the group to	Partially evident (1)	
	answer (rather than answer their own questions)	Not evident (0)	
		Did not happen in this session (N/A)	
2	Did the facilitator encourage active participation across group members? e.g. did	Evident (2)	
	they encourage quieter members and manage dominant members?	Partially evident (1)	
		Not evident (0)	
		Did not happen in this session (N/A)	
3	Did the facilitator(s) encourage individual disclosure? e.g. did they ask different	Evident (2)	
	group members to comment or encourage the group to explore issues further	Partially evident (1)	
	(either individually or as a group)?	Not evident (0)	
		Did not happen in this session (N/A)	
4	Did the facilitator(s) validate participants' disclosures? e.g. Do other people find	Evident (2)	
	this/think that? I know how you feel. Sometimes people may feel differently about	Partially evident (1)	
	things.	Not evident (0)	
		Did not happen in this session (N/A)	
5	Did the facilitator(s) give encouraging feedback on participants reported	Evident (2)	
	behaviours? e.g. Did they give appraisal 'that's really good' or 'that's really good	Partially evident (1)	
	but I wonder if'	Not evident (0)	
		Did not happen in this session (N/A)	
6	Did the facilitator(s) foster a positive group climate? e.g. did they; use humour,	Evident (2)	
	say positive things about people 'that's a helpful comment' 'thank you for sharing	Partially evident (1)	
	that'	Not evident (0)	
		Did not happen in this session (N/A)	
7	Did the facilitator acknowledge and respond appropriately to admissions or	Evident (2)	
	statements of low self-efficacy? e.g. 'yes this can be difficult but' ideas or	Partially evident (1)	
	examples offered of how this may be done.	Not evident (0)	
		Did not happen in this session (N/A)	
8	Did the facilitator respond appropriately to disclosures of negative events?	Evident (2)	
		Partially evident (1)	
		Not evident (0)	
		Did not happen in this session (N/A)	

I-WOTCH course code: \_\_\_\_ Reviewer: \_\_\_\_\_ Reviewer: \_\_\_\_\_ Review date: \_\_\_\_\_

Total competence score (max 16)
Percentage competence score

Comments: For use if sessions; go off track, include items which are not on checklist, contain surprising unforeseen aspects or the facilitation wasn't covered as intended. Also if there was no opportunity to demonstrate the skill listed.

BMJ Open