# natureresearch

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Last undated by sutborie): 6	San 13, 2019

### Reporting Summary

Nature Research wishes to improve the reproducibility of the work that we publish. This form provides structure for consistency and transparency in reporting. For further information on Nature Research policies, see <u>Authors & Referees</u> and the <u>Editorial Policy Checklist</u>.

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For all statistical analyses, confirm that the following items are present in the figure legend, table legend, main text, or Methods	section.
n/a Confirmed	
The exact sample size (n) for each experimental group/condition, given as a discrete number and unit of measurement	
A statement on whether measurements were taken from distinct samples or whether the same sample was measured	repeatedly
The statistical test(s) used AND whether they are one- or two-sided Only common tests should be described solely by name; describe more complex techniques in the Methods section.	
A description of all covariates tested	
A description of any assumptions or corrections, such as tests of normality and adjustment for multiple comparisons	
A full description of the statistical parameters including central tendency (e.g. means) or other basic estimates (e.g. reg AND variation (e.g. standard deviation) or associated estimates of uncertainty (e.g. confidence intervals)	ression coefficient)
For null hypothesis testing, the test statistic (e.g. F, t, r) with confidence intervals, effect sizes, degrees of freedom and Give P values as exact values whenever suitable.	<sup>p</sup> value noted
For Bayesian analysis, information on the choice of priors and Markov chain Monte Carlo settings	
For hierarchical and complex designs, identification of the appropriate level for tests and full reporting of outcomes	
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#### Software and code

Policy information abou	t availability of computer code
Data collection	Illumina Genomestudio
Data analysis	R, plink1.9, ldsc, minimac3, shapeit2, bolt-lmm, haploreg, PASCAL
For manuscripts utilizing custo	m algorithms or software that are central to the research but not yet described in published literature, software must be made available to editors/reviewers

### Data

- Policy information about availability of data

  All manuscripts must include a data availability statement. This statement should provide the following information, where applicable:
   Accession codes, unique identifies, or web links for publicly available datasets
   A list of figures that have associated raw data
   A description of any retrictions on data availability

GWAS summary statistics of mLOY in the BB is available at RIKEN website (http://enger.riken.jp/en/). While individual-level genetic data is not accessible, all other data contained in the article and its supplementary information are available upon reasonable request.

### Field-specific reporting

Please select the one belov	w that is the best fit for your research	i. If you are not sure, read the appropriate sections before making your selection.
Life sciences	Behavioural & social sciences	Ecological, evolutionary & environmental sciences

## Life sciences study design

All	studies must dis	close on these points even when the disclosure is negative.
S	ample size	95380 male subjects in the BBJ whose array data was available were used. This number is the maximum number in the data set to maximize the statistical power.
-	lata exclusions	QC filterine for subjects and markers was conducted. Details were given in the main text.
	ata exclusions	(de memgros suspens una manters was consucced, sectors were given in the main text.)
R	eplication	Three data sets were used to finalize associations. Results in each data set were provided in Supplementary.
R	andomization	Male subjects in the BBJ with array intensity were recruited. Randomization was not conducted.
В	linding	Blinding was not possible since mosaic of chromosome Y cannot be detected in advance.

### Reporting for specific materials, systems and methods

Naterials & experimental systems	Methods	
a Involved in the study	n/a Involved in the study	-
Antibodies	ChIP-seq	
Eukaryotic cell lines	Flow cytometry	
Palaeontology	MRI-based neuroimaging	
Animals and other organisms		
Human research participants		
Clinical data		

numan research participants		
Policy information about studies involving human research participants		
Population characteristics	Biobank Japan participants were enrolled. Details were repeatedly reported in previous studies.	
Recruitment	The subjects were patients suffering from one of the 47 diseases predefined in the BBJ. Details were repeatedly reported in previous studies.	
Ethics oversight	IRB approval were obtained in each institution. Written informed consent was obtained from each participant.	

Note that full information on the approval of the study protocol must also be provided in the manuscript.