

CANNABIS AND ALCOHOL USE FOR SLEEP AID

Supplemental Materials

Table S1
Bivariate Correlation Coefficients of Study Variables

	<i>r</i>																								
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	
Baseline Variables																									
1. Past-Month Cannabis Sleep Aid	—																								
2. Past-Month Alcohol Sleep Aid	.23	—																							
3. Male Sex	.08	.08	—																						
4. Negative Mood	.16	.09	-.10	—																					
5. Poor Sleep Quality Rating	.15	-.03	-.08	.26	—																				
6. Sleep Duration	-.05	-.03	-.06	-.09	-.25	—																			
7. Sleep Onset Latency	.19	.02	-.05	.25	.33	-.15	—																		
8. Waking After Sleep Onset	-.01	-.04	-.14	.21	.17	.05	.20	—																	
9. Daytime Fatigue	.05	.00	-.10	.28	.20	-.00	.07	.21	—																
10. Past-Month Cannabis Frequency	.70	.02	.14	.08	.04	-.15	.02	-.01	-.07	—															
11. Negative Cannabis Consequences	.43	-.01	.24	.22	.07	-.12	.08	.01	.26	.57	—														
12. Past-Month Alcohol Quantity	.19	.06	.24	-.18	-.02	.00	-.04	-.05	-.13	.18	.14	—													
13. Negative Alcohol Consequences	.27	.07	.03	.13	.08	-.01	-.02	.02	.22	.25	.30	.38	—												
Daily Variables																									
14. Cannabis Sleep Aid	.28	.01	-.01	.08	.07	-.04	.06	.05	.06	.26	.22	.03	.07	—											
15. Alcohol Sleep Aid	.03	.07	.01	.05	.01	-.03	.05	.04	.06	.01	-.01	.02	.01	.02	—										
16. Negative Affect	.13	.10	-.06	.48	.14	-.06	.15	.07	.16	.07	.23	-.06	.17	.06	.02	—									
17. Poor Sleep Quality Rating	.03	.02	-.05	.06	.23	-.01	.14	.05	.10	-.04	.02	.01	.10	-.02	.02	.16	—								
18. Sleep Duration	.02	-.04	-.05	-.04	-.11	.25	-.04	.06	.03	-.03	-.08	.02	.00	.05	.02	-.10	-.40	—							
19. Sleep Onset Latency	-.03	.04	.03	.05	.10	-.00	.21	.05	.00	-.01	-.00	-.02	-.03	-.03	.03	.06	.17	-.08	—						
20. Wake-Time After Sleep Onset	.02	.03	-.03	.06	.05	.02	.13	.07	.06	-.01	-.00	-.13	-.05	-.03	.04	.01	.17	-.00	.06	—					
21. Daytime Fatigue	-.02	.05	-.10	.14	.16	.03	.11	.04	.19	-.03	.01	.01	.15	.01	.02	.23	.15	-.03	.05	.05	—				
22. Cannabis Frequency	.44	.01	.17	-.00	-.05	-.16	-.04	.02	-.03	.56	.41	.04	.05	.45	.01	.00	-.06	-.01	-.05	.01	-.04	—			
23. Negative Cannabis Consequences	.29	.04	.08	.01	-.05	-.00	-.02	.02	.05	.36	.28	.09	.09	.40	.01	.06	-.04	.05	-.03	-.01	.06	.46	—		
24. Alcohol Quantity	.11	.05	.07	-.02	-.03	.05	-.03	-.02	-.01	.15	.05	.21	.21	-.03	.10	-.05	.04	-.03	-.09	-.03	-.01	.13	.02	—	
25. Negative Alcohol Consequences	.09	.06	.03	.04	-.01	.01	-.02	-.03	.06	.06	.08	.10	.23	.00	.07	.03	.10	-.06	-.05	-.03	.03	.10	.13	.53	—

Note. *N*=217. Pearson's correlation coefficients are reported for two continuous variables; Spearman's coefficients (*r_s*) are reported for continuous and dichotomous variables; Phi coefficients (*r_φ*) are reported for two dichotomous variables. Significant correlation coefficients at *p*<.05 are highlighted in bold font.