

Topic guide for the medicine cabinet inspection



Key messages to deliver

- Keep the medicines in their original packaging and with their package leaflet
- Sort out the expired or unused drugs regularly and have the reflex CYCLAMED by reporting them to your pharmacy
- Do not keep any medications (unless otherwise stated) such as antibiotics, or those that quickly perish after opening (syrups, drops, eye drops, nasal solutions)
- Separate your treatment from those around you
- Do not reuse a drug that has been previously prescribed without the advice of your pharmacist or doctor
- Keep your medicine in one place of the house and out of reach of children

HOUSING

Take advantage of the visit to appreciate the risks of falling in the home, for example, the presence of carpets, unevenness, small steps and, if necessary, give advice at this level to prevent risks. Watch the patient's footwear and give advice if needed.

If you have proposed an adaptation, please specify.

Medicine cabinet

Is this the only home medicine cabinet? Yes No

Where it is?

Is the place suitable? Yes No
Why?

What is the format of the medicine cabinet?

- A cupboard
- A bag
- One drawer
- Other:

Who uses this medicine cabinet?

- The elderly person
- The couple
- Other people

If it is a cabinet used by several people, identify the treatments of each person

Are medicines stored in the refrigerator? Yes No

If Yes, is the place of storage in the refrigerator suitable? Yes No

In case of a negative answer, re-specify the storage rules.

The content of the cabinet

Are other types of products stored with the drugs? Yes No
If yes, specify

Have you identified potentially inappropriate and / or at-risk drugs (ie, completed antibiotic treatment, non-prescribed anti-inflammatory drug)? Yes No

In case of clearly identified problem and after discussion with the patient, remove the relevant medications from the cabinet. Inform possibly the prescriber.

If Yes, specify the nature of the problem and the number of specialties involved:

Have you identified any expired medicines? Yes No

Remove the medications concerned from the cabinet.

If Yes, specify the number of boxes:

Have you identified any expired medications within 6 months? Yes No

Discuss with the patient about a possible recovery. Suggest to indicate in a very visible way the expiry date on the box.

If Yes, specify the number of boxes:

Have you identified any storage problems (ie, opened vials, wafer without packaging ...)?

Yes No

Remove the medications concerned from the cabinet.

If Yes, specify the nature of the problem and the number of boxes:

Have you identified therapeutic redundancies? Yes No

If Yes, specify the specialties:

Have you identified different generics of the same proprietary medicinal product at the same dosage?

Yes No

Are they correctly identified and recognized by the older patient? Yes No

Are they correctly identified and recognized by the caregiver? Yes No

Have you identified specialties whose active ingredient (s) are identical but at different dosages?

Yes No

Time spent when visiting the cabinet: