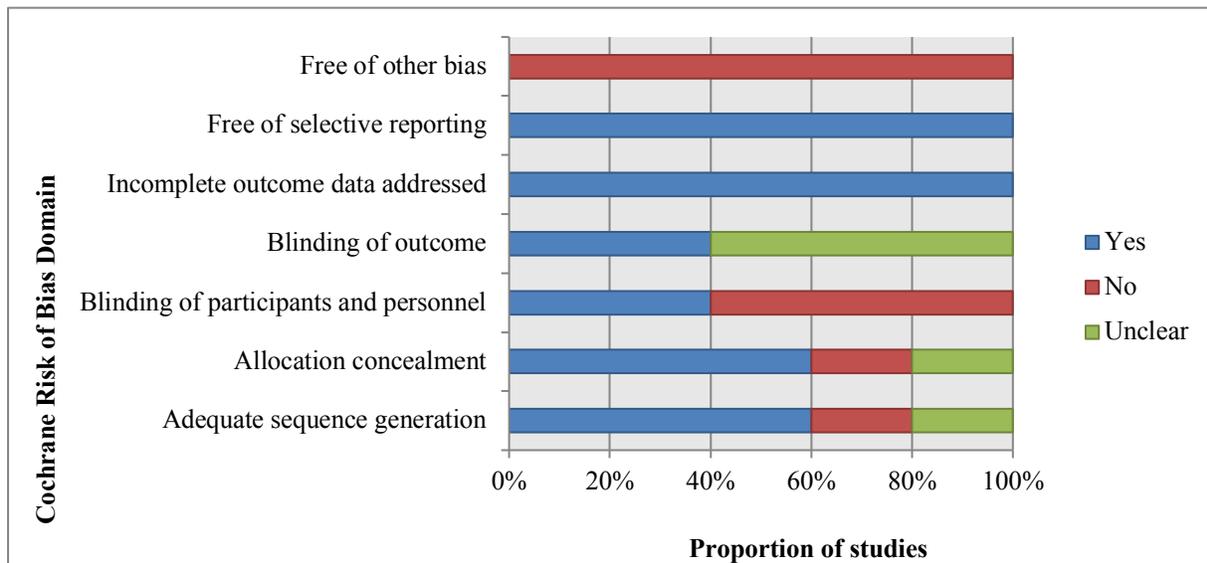


**Additional File 5. Supplementary figure 2 and supplementary table 7**  
**Supplementary Figure 2 – Quality assessment of trials**



**Supplementary Table 7 – Other biases in trials**

Type of bias	Frequency of appearance in trials	%
sampling bias	2	29%
selection bias	1	14%
Self-reported outcomes (desirability bias)	2	29%
recall bias	2	29%
<b>Total</b>	<b>7</b>	<b>100%</b>