

S1 Fig. Adherence of strains to Caco-2 cells

	Mean(Log CFU/ ml)	S.D	S.E	Statistical method used	P value	samples
<i>L.GG</i> Initial cells	9.205	0.006			**p<0.05, ***p<0.001 versus initial cell number	3
<i>L.GG</i> Adhered cells	7.049	0.036				3
<i>E. faecalis</i> BioE EF71 Initial cells	9.139	0.044				3
<i>E. faecalis</i> BioE EF71 Adhered cells	8.668	0.022				3
<i>L. fermentum</i> BioE LF11 Initial cells	8.687	0.011				3
<i>L. fermentum</i> BioE LF11 Adhered cells	7.198	0.033				3
<i>L. paracasei</i> BioE LP08 Initial cells	9.618	0.008				3
<i>L. paracasei</i> BioE LP08 Adhered cells	7.942	0.020				3
<i>L. plantarum</i> BioE LPL59 Initial cells	8.948	0.074				3
<i>L. plantarum</i> BioE LPL59 Adhered cells	8.404	0.008				3
<i>S. thermophilus</i> BioE ST107 Initial cells	9.321	0.018				3
<i>S. thermophilus</i> BioE ST107 Adhered cells	7.793	0.084				3