

Supplemental Material Legends

Supplementary Figure 1: Flow diagram of the ROADMAP and OFU studies and illustration of participant inclusion in the current study.

Supplementary Figure 2: Mediation analysis of risk for microalbuminuria development with inclusion of CXCL-16, TGF- β 1 and angiotensin-2.

A-C: Tested mediators: changes in baseline serum TGF- β 1 and angiotensin-2. Independent variable: changes in CXCL-16.

A: the first step was the demonstration that higher CXCL-16 levels had a measurable impact on microalbuminuria development after accounting for baseline risk covariates.

B1 and B2: second, we checked if mediator changes (TGF- β 1, angiotensin-2) correlated with higher risk for microalbuminuria development, after accounting for baseline risk covariates.

C1 and C2: subsequently, we calculated the influence of higher CXCL-16 levels on the tested mediators (TGF- β 1, angiotensin-2). Finally, we jointly calculated the influence of the mediator on microalbuminuria development, after accounting for baseline risk covariates, and the direct effects of the independent variable (CXCL-16).

This last step shows that higher serum TGF- β 1 partially mediates (20%, $p=0.003$ for the average causal mediation effect (ACME)) and angiotensin-2 partially mediates (9%, $p=0.007$ for the ACME) the original effect of CXCL-16 on microalbuminuria development and, consequently, CXCL-16 remains directly associated with microalbuminuria development in an independent manner (characterizing incomplete mediation).

D-F: Tested mediators: changes in baseline serum CXCL-16 and angiotensin-2. Independent variable: changes in TGF- β 1.

D: the first step was the demonstration that higher TGF- β 1 levels had a measurable impact on microalbuminuria development after accounting for baseline risk covariates.

E1 and E2: second, we checked if mediator changes (CXCL-16 and angiotensin-2) correlated with microalbuminuria development, after accounting for baseline risk covariates.

F1 and F2: third, we calculated the influence of higher CXCL-16 on the tested mediators (TGF- β 1, angiotensin-2). Finally, we jointly calculated the influence of the mediator on microalbuminuria development, after accounting for baseline risk covariates, and the direct effects of the independent variable (TGF- β 1).

This last step shows that higher serum CXCL-16 and angiotensin-2 levels don't mediate the original effect of TGF- β 1 on microalbuminuria development and, consequently, TGF- β 1 remains directly associated with microalbuminuria development in an independent manner.

G-I: Tested mediators: changes in baseline serum CXCL-16 and TGF- β 1. Independent variable: changes in angiotensin-2.

G: the first step was the demonstration that higher angiotensin-2 levels had a measurable impact on microalbuminuria development after accounting for baseline risk covariates.

H1 and H2: second, we checked if mediator changes (CXCL-16 and TGF- β 1) correlated with microalbuminuria development, after accounting for baseline risk covariates.

I1 and I2: third, we calculated the influence of higher angiotensin-2 on the tested mediators (CXCL-16 and TGF- β 1). Subsequently, we jointly calculated the influence of the mediator on microalbuminuria development, after accounting for baseline risk covariates, and the direct effects of the independent variable (angiotensin-2).

This last step shows that higher serum CXCL-16 partially mediates (10%, $p < 0.001$ for the ACME) and TGF- β 1 doesn't mediate (0%, $p < 0.001$ for the ACME) the original effect of angiotensin-2 on microalbuminuria development and, consequently, angiotensin-2 remains directly associated with microalbuminuria development in an independent manner (characterizing incomplete mediation).

Supplementary Figure 3: Multilevel mediation analysis of risk for microalbuminuria development with inclusion of the combination of the three markers (CXCL-16, TGF- β 1 and angiotensin-2)

Supplementary Table 1: Univariable association of individual clinical risk factors (top) and measured biomarkers (bottom) with new-onset microalbuminuria.

Supplementary Table 2a: Spearman correlation coefficients between selected serum biomarker levels

Supplementary Table 2b: Spearman correlation coefficients between selected serum biomarker concentrations and clinical risk factors

Supplementary Table 3: Clinical characteristics of the available datasets at baseline, split by presence or absence of olmesartan in the ROADMAP trial.

Supplementary Table 4: Odds ratio (OR) for developing microalbuminuria before and after bootstrapped multivariate regression analysis

Supplementary Table 5: Log-rank test of comparing the different quartiles of all 3 biomarkers associated with an increasing incidence of the composite outcome (de novo microalbuminuria).

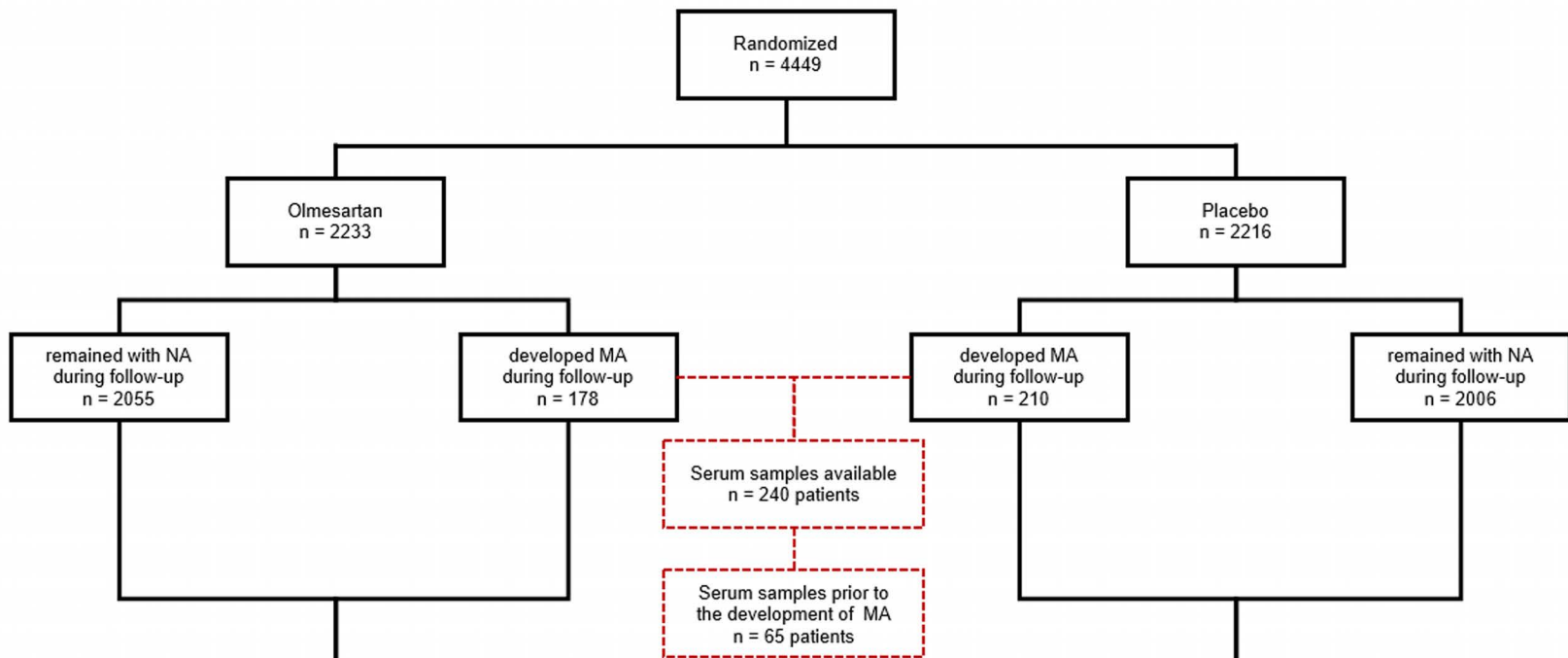
Supplementary Table 6: Calibration and sensitivity analysis of the risk prediction models.

Supplementary Table 7: Prediction performance analysis for individual and combined biomarkers

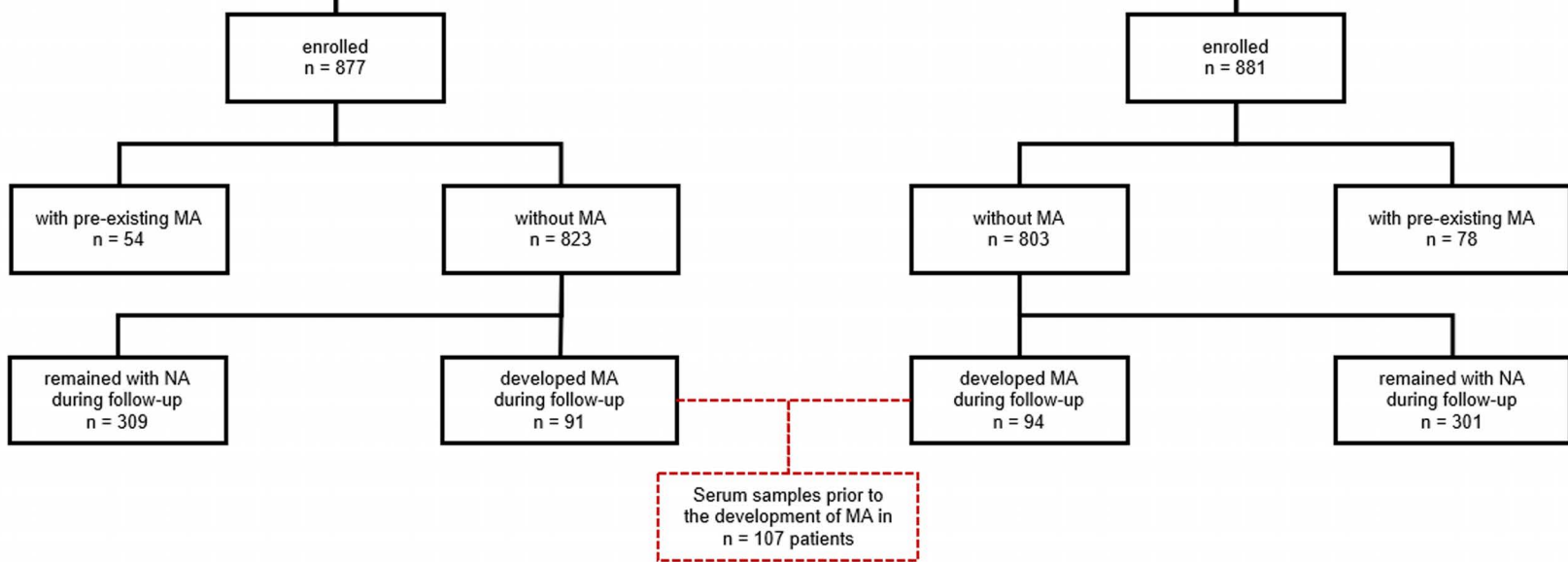
Supplementary Table 8: Biomarkers of interest. Relevant clinical studies in patients with early stage cardiovascular disease or cardiovascular risk factors. Supposed pathways and underlying molecular mechanisms.

Modified SROBE statement

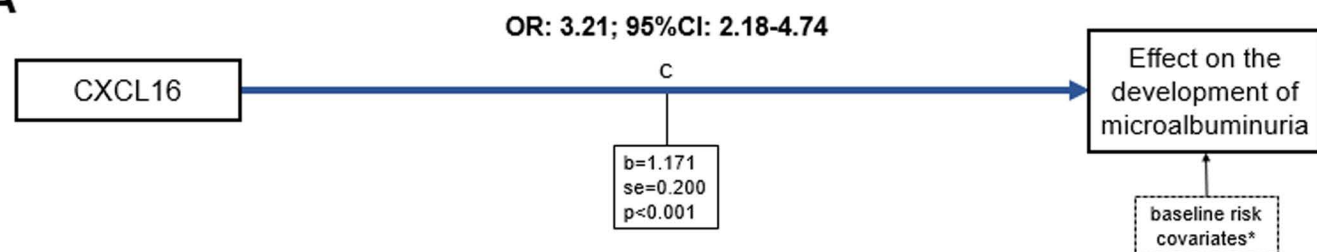
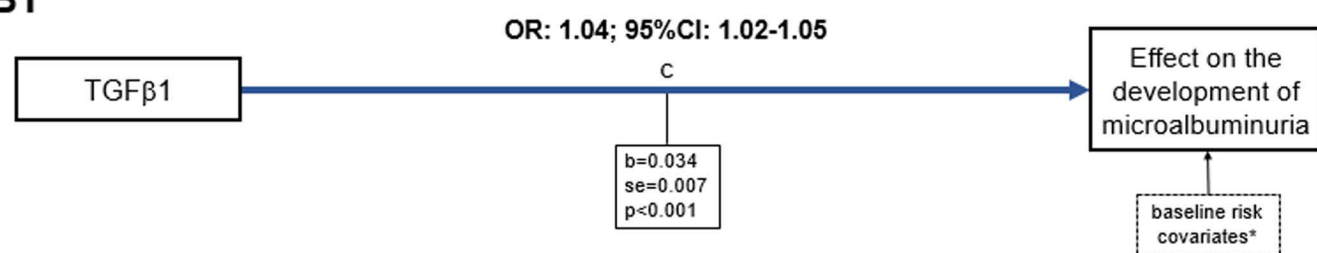
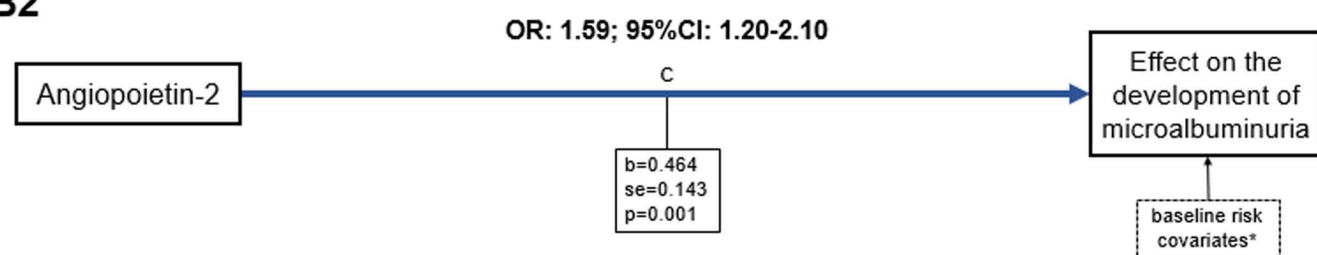
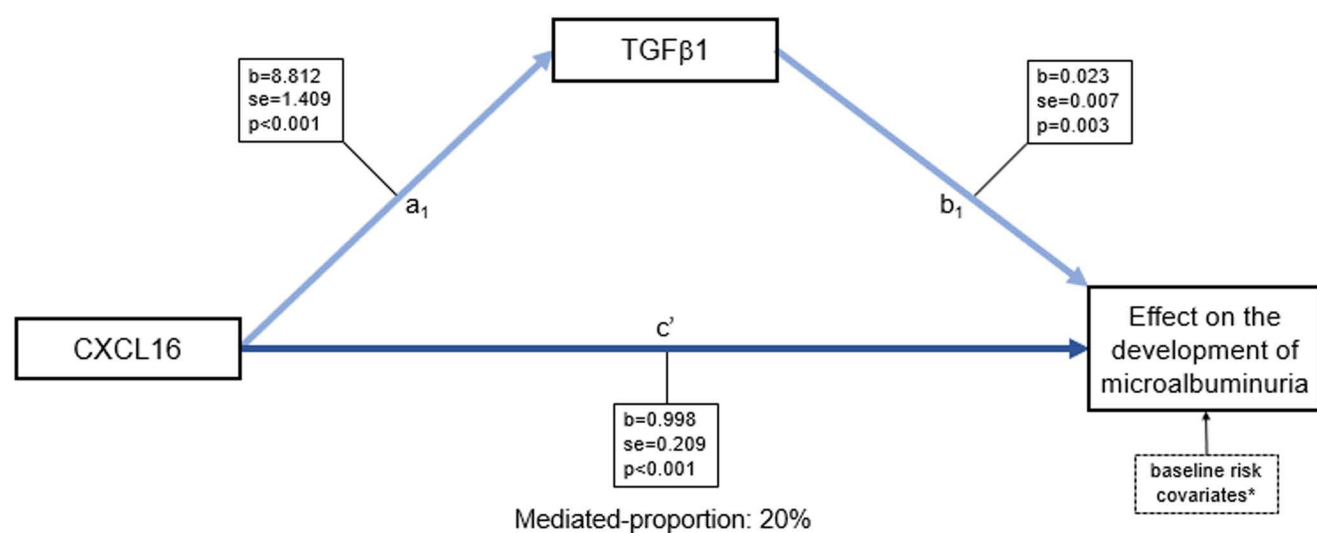
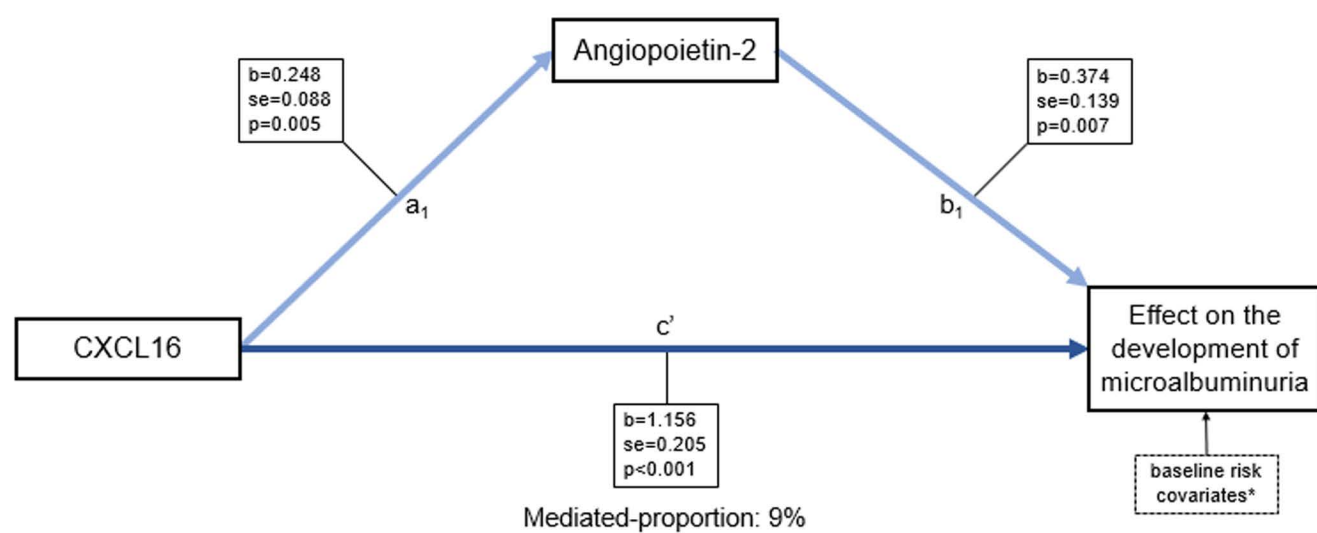
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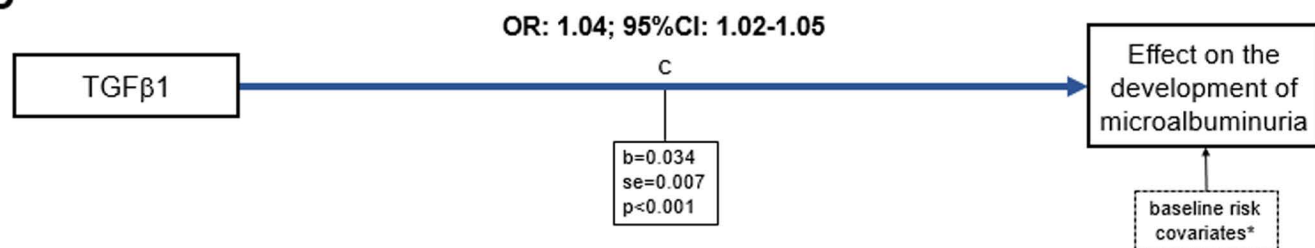
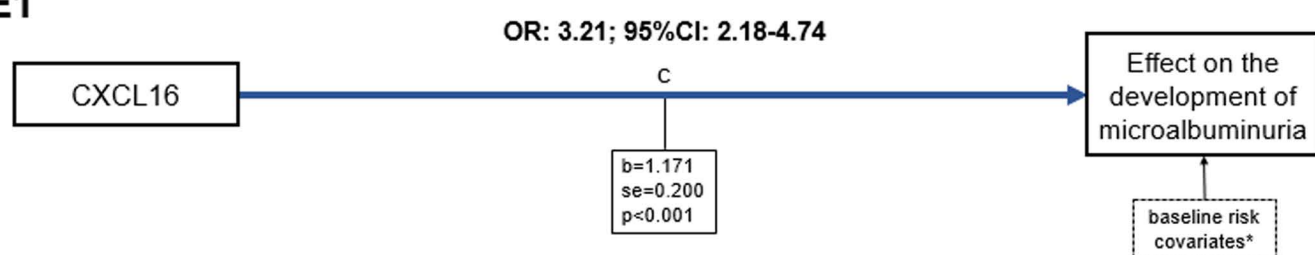
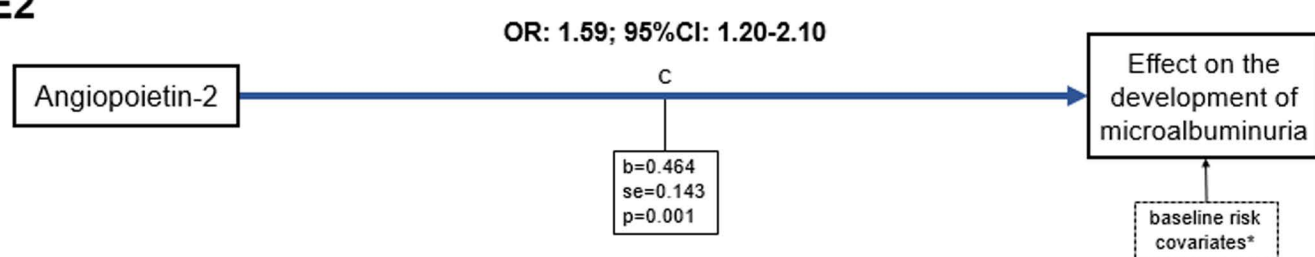
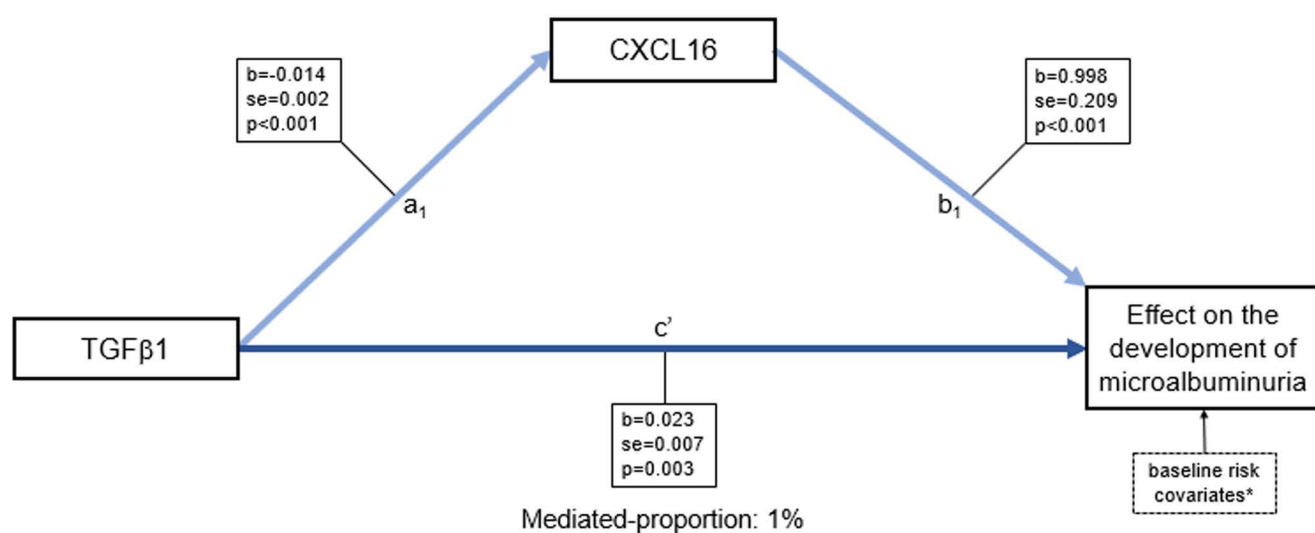
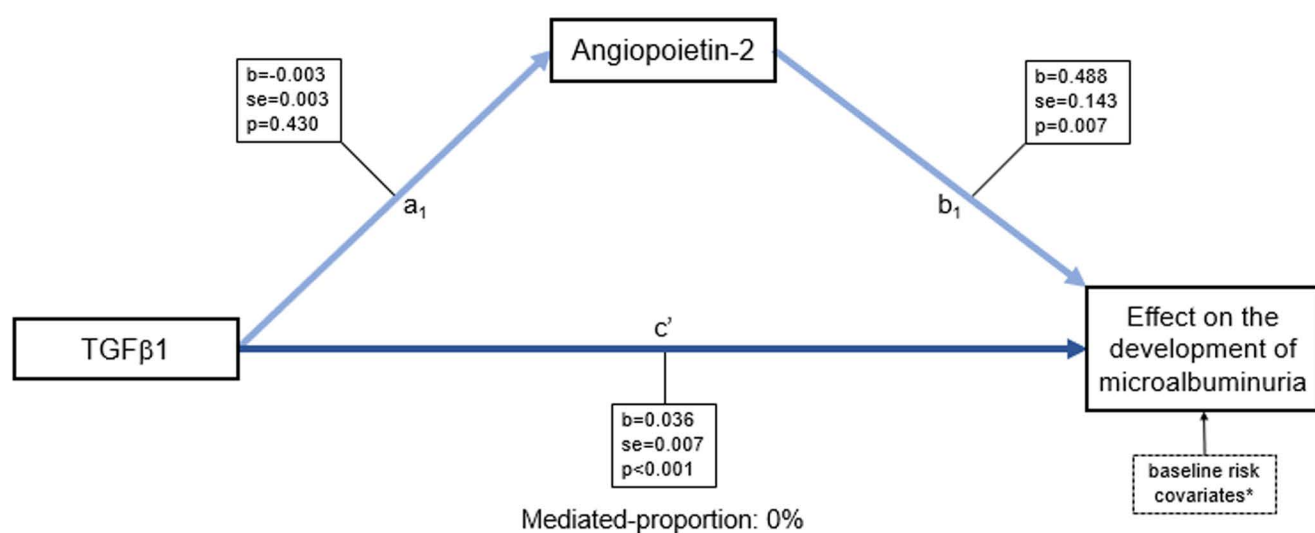


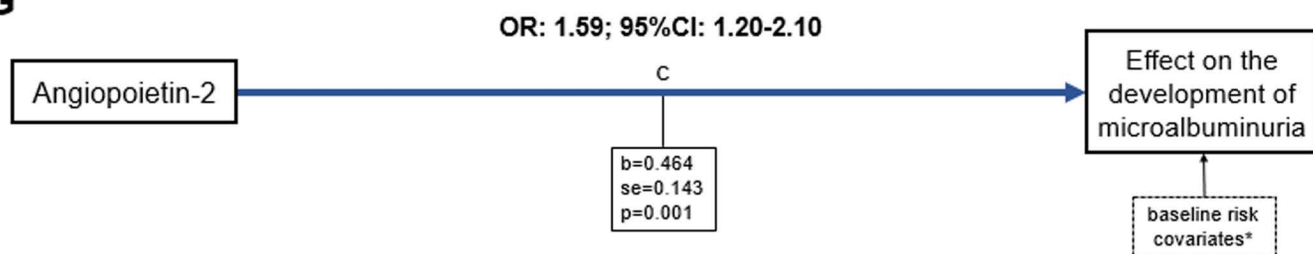
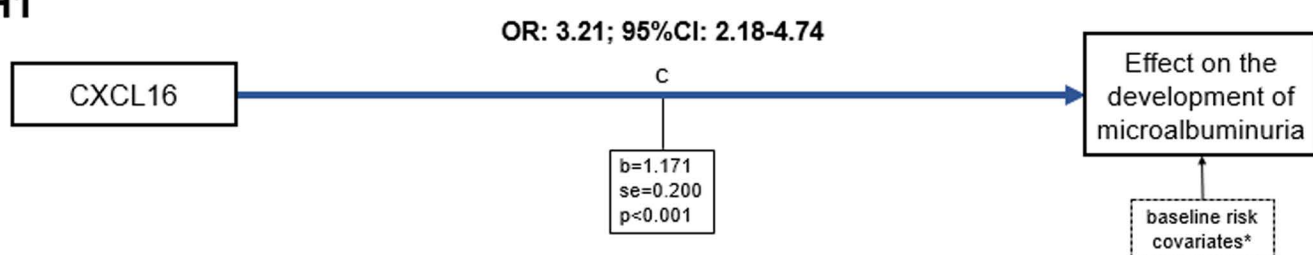
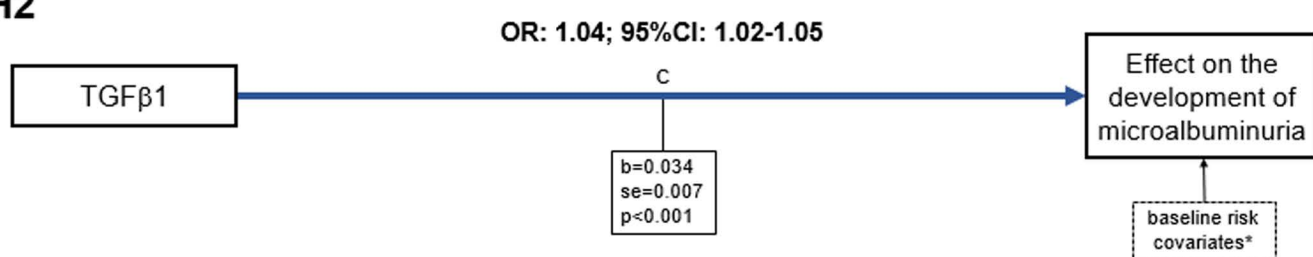
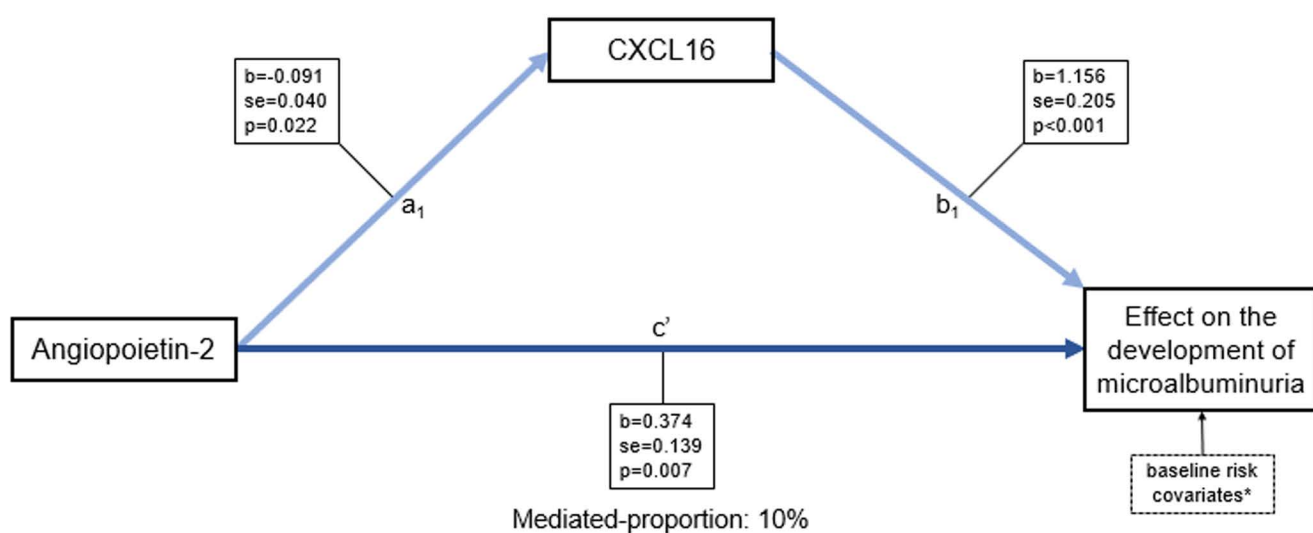
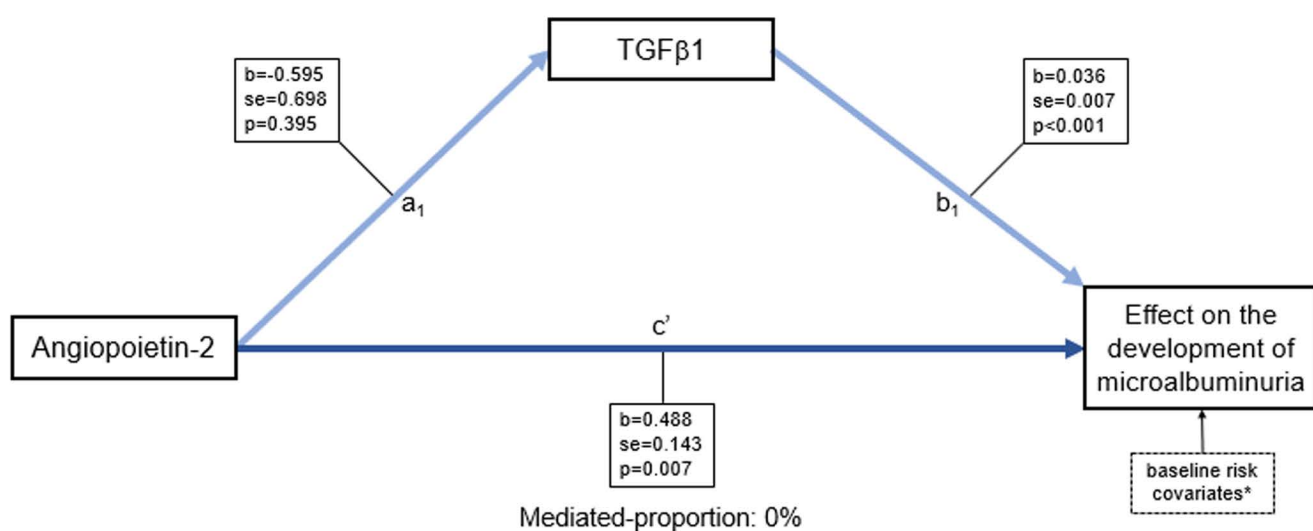
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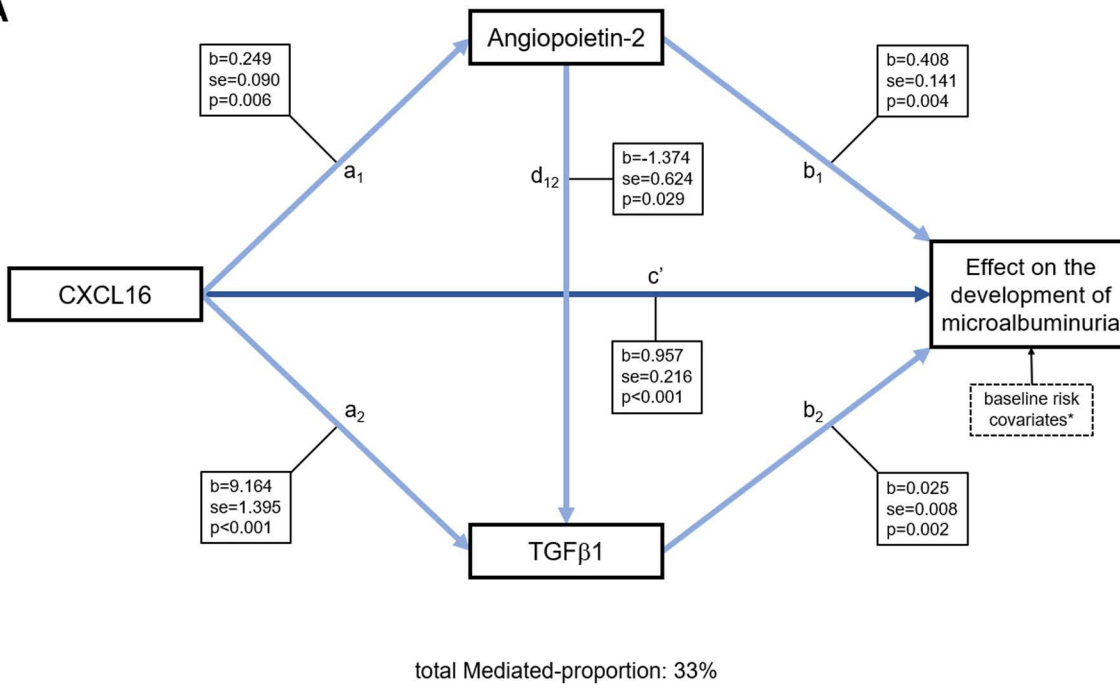
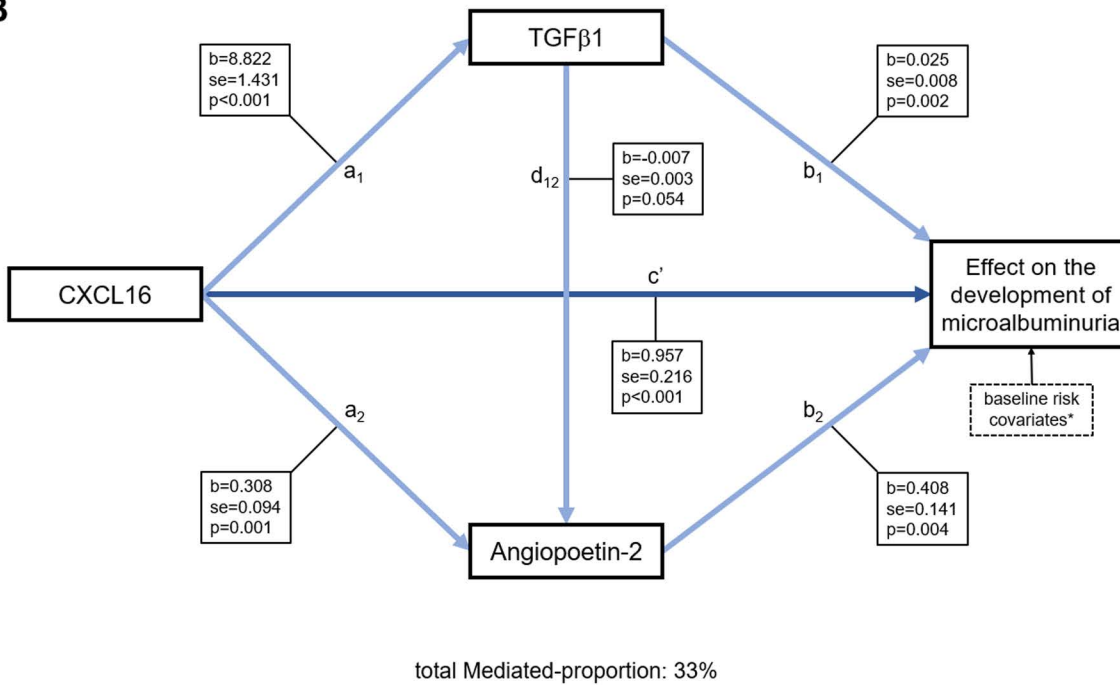


Supplementary Figure 1

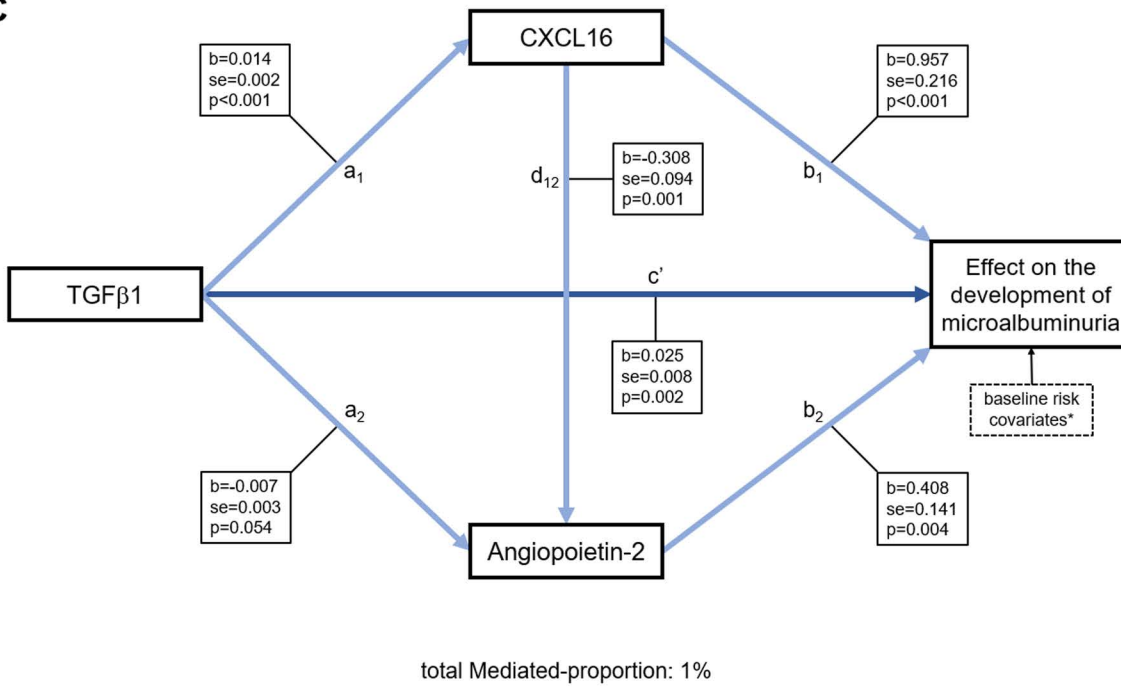
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D**E1****E2****F1****F2**

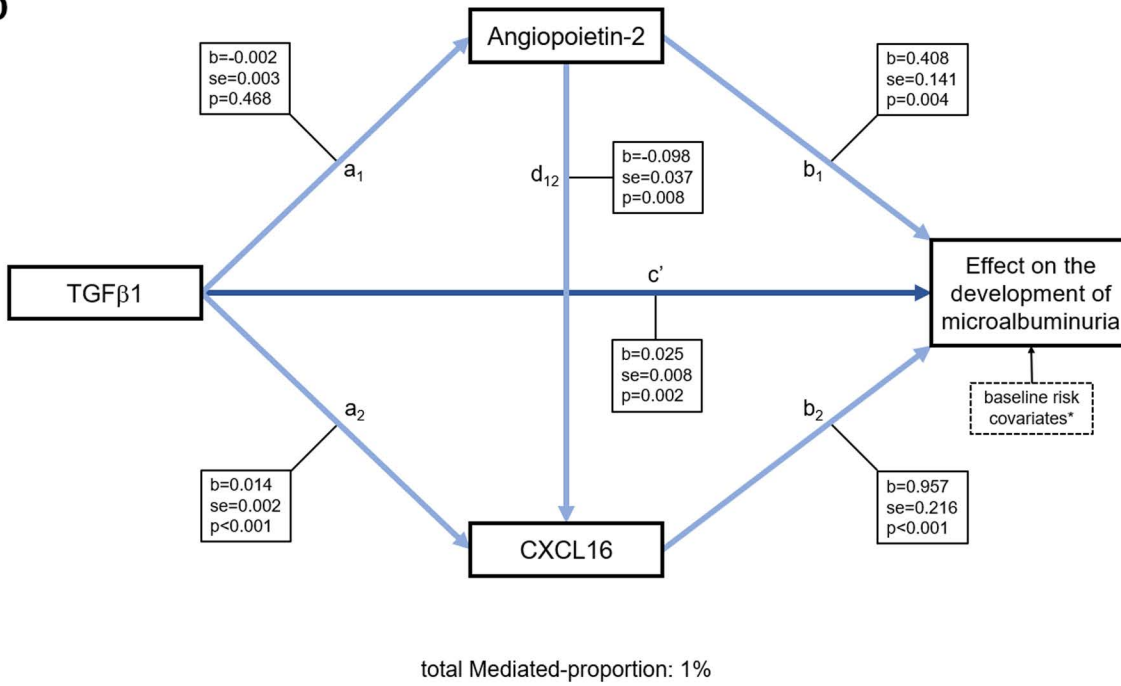
G**H1****H2****I1****I2**

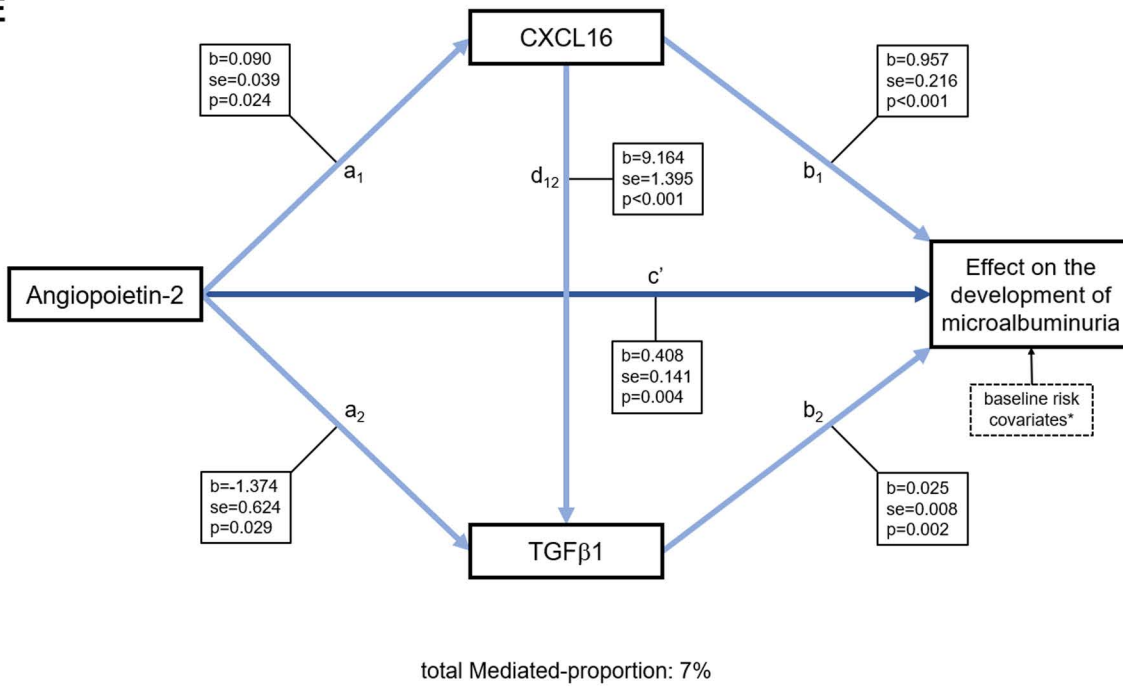
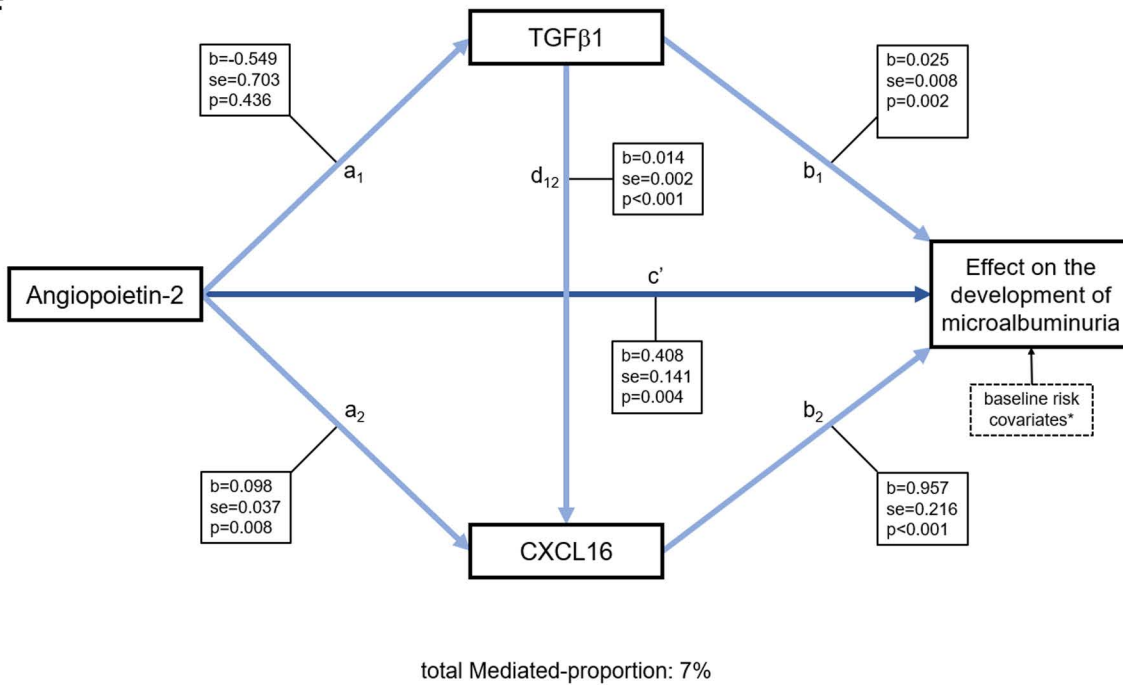
A**B**

C



D



E**F**

Supplementary Table 1. Univariable association of individual clinical risk factors (top) and measured biomarkers (bottom) with new-onset microalbuminuria.

Clinical Markers	AUC	95% CI	p
Age	0.529	0.469 - 0.589	0.343
Male sex	0.489	0.430 - 0.549	0.727
Tobacco smoking	0.502	0.442 - 0.561	0.959
Body-mass index	0.483	0.423 - 0.543	0.585
Systolic blood pressure	0.513	0.453 - 0.573	0.665
Diastolic blood pressure	0.475	0.415 - 0.535	0.412
Mean blood pressure	0.491	0.431 - 0.551	0.769
Estimated GFR	0.486	0.427 - 0.546	0.656
LDL cholesterol	0.485	0.425 - 0.545	0.621
HbA _{1c}	0.507	0.447 - 0.567	0.811
Urine albumin-to-creatinine ratio	0.554	0.495 - 0.614	0.075
Cardiovascular Disease	0.539	0.479 - 0.599	0.203
Duration of diabetes	0.545	0.485 - 0.604	0.143

AUC indicates area under the ROC curve; CI: 95% Confidence Interval;

Serum Biomarkers	AUC	95% CI	p	Bonferroni-Holm correction
S100AMRP8	0.514	0.454 - 0.574	0.651	>0.999
Endostatin	0.586	0.527 - 0.644	0.005	0.075
VAP-1	0.449	0.389 - 0.508	0.092	>0.999
CXCL-16	0.696	0.643 - 0.750	<0.001	<0.001
sTNF-RI	0.573	0.514 - 0.632	0.016	0.240
sTNF-RII	0.544	0.484 - 0.603	0.153	>0.999
sST2	0.562	0.503 - 0.621	0.042	0.630
sThrombomodulin	0.530	0.470 - 0.589	0.329	>0.999
VEGF	0.541	0.481 - 0.601	0.178	>0.999
RAGE	0.535	0.476 - 0.595	0.245	>0.999
VEGF-R1	0.559	0.499 - 0.618	0.054	0.810
TGF- β 1	0.669	0.612 - 0.726	<0.001	<0.001
Angiopoietin-2	0.658	0.602 - 0.714	<0.001	<0.001
Angiopoietin-1	0.484	0.425 - 0.544	0.611	>0.999
MCP-1	0.590	0.531 - 0.649	0.003	0.045

AUC indicates area under the ROC curve; CI: 95% Confidence Interval;

Supplementary Table 2a: Spearman correlation coefficients between selected serum biomarker levels

Biomarker	CXCL-16	TGF- β 1	Angiopoietin-2	Endostatin	sTNF-R1
CXCL-16	-	0.374**	0.290**	0.170**	0.265**
TGF- β 1	0.374**	-	0.067	0.060	-0.033
Angiopoietin-2	0.290**	0.067	-	0.303**	0.337**
Endostatin	0.170**	0.060	0.303**	-	0.519**
sTNF-R1	0.265**	-0.033	0.337**	0.519**	-

* $p < 0.05$; ** $p < 0.01$; CXCL16: C-X-C Motif Chemokine Ligand 16; TGF β -1: Transforming growth factor beta 1; sTNF-R1: soluble Tumor Necrosis Factor Receptor I.

Supplementary Table 2b. Spearman correlation coefficients between selected serum biomarker concentrations and clinical risk factors

Biomarker	MA	Age	Sex	BMI	Duration diabetes	Smoking status	Mean blood pressure	HbA _{1c}	eGFR	LDL	UACR	Cardiac complications
CXCL-16	0.343**	0.060	0.102	0.215**	0.079	-0.023	0.027	0.073	-0.129*	0.040	0.209**	0.092
TGF- β 1	0.294**	-0.077	0.129*	0.093	0.093	-0.084	0.057	0.114*	0.098	0.023	0.209**	0.061
Angiopoietin-2	0.275**	-0.002	0.107*	0.204**	0.020	0.123*	0.008	0.014	-0.014	-0.019	0.138**	0.093
Endostatin	0.147**	0.218**	0.024	0.093	0.087	-0.007	0.043	-0.103	-0.274**	0.069	-0.056	0.033
sTNF-RI	0.125*	0.182**	-0.024	0.207**	0.180**	0.052	0.046	-0.010	-0.246**	0.030	0.008	-0.017

* $p < 0.05$; ** $p < 0.01$; CXCL16: C-X-C Motif Chemokine Ligand 16; TGF β -1: Transforming growth factor beta 1; sTNF-RI: soluble Tumor Necrosis Factor Receptor I; MA: microalbuminuria; Cardiovascular disease was defined as history of coronary heart disease, myocardial infarction, stroke or transient ischemic attack, or peripheral vascular disease; eGFR: glomerular filtration rate (calculated with the use of the abbreviated Modification of Diet in Renal Disease formula); HbA_{1c}: Glycated hemoglobin; LDL: low density lipoprotein; UACR: urine albumin creatinine ratio.

Supplementary Table 3: Clinical characteristics of the available datasets at baseline, split by presence or absence of olmesartan in the ROADMAP trial.

Characteristics	Olmesartan (n=86)	Placebo (n=96)	P
Demographic characteristics			
Age			
Median - years (min-max)	58 (36-75)	59 (33-74)	0.431
Male sex - no. (%)	45 (46.9)	50 (46.5)	0.961
Tobacco smoking - no. (%)			
Non-smoker	57 (59.4)	49 (57.0)	0.866
Current-smoker	24 (25.0)	21 (24.4)	
Former-smoker	15 (15.6)	16 (18.6)	
Physical examination			
Body-mass index†	31.7 ± 4.8	32.2 ± 5.1	0.915
Mean arterial blood pressure - mmHg	100.2 ± 10.8	99.8 ± 10.5	0.808
Laboratory values			
Estimated GFR - ml/min/1.73 m ²	86.6 ± 18.4	86.3 ± 16.0	0.829
HbA _{1c} - %	8.1 ± 1.6	7.9 ± 1.6	0.323
LDL cholesterol - mmol/l	2.9 ± 1.0	3.3 ± 1.2	0.027
Urine albumin-to-creatinine ratio - mg/g	10.5 ± 6.8	10.6 ± 8.3	0.585
Medical history			
Cardiovascular disease – no. (%)	11 (11.5)	11 (12.8)	0.783
Duration of diabetes - months	85.1 ± 72.6	83.1 ± 71.2	0.673
Biomarkers			
CXCL-16 - ng/ml	2.65 ± 0.58	2.68 ± 0.64	0.701
TGF-β1 - ng/ml	31.50 ± 33.25	33.25 ± 14.97	0.511
Angiotensin-2 - ng/ml	2.12 ± 1.22	2.13 ± 1.02	0.782
Endostatin - ng/ml	116.7 ± 41.16	111.4 ± 37.52	0.324
sTNF-RI - ng/ml	1.53 ± 0.72	1.44 ± 0.62	0.352

Data are presented as mean (SD) for normally distributed values, median (min-max) for skewed continuous values and n (%) for categorical values; Cardiovascular disease was defined as history of coronary heart disease, myocardial infarction, stroke or transient ischemic attack, or peripheral vascular disease; eGFR: glomerular filtration rate (calculated with the use of the abbreviated Modification of Diet in Renal Disease formula); HbA_{1c}: Glycated hemoglobin; LDL: low density lipoprotein; †: The body-mass index is the weight in kilograms divided by the square of the height in meters.

Supplementary Table 4: Odds ratio (OR) for developing microalbuminuria before and after bootstrapped multivariate regression analysis

Variable	Multivariate			Bootstrap resampling				
	OR	95% CI	P	OR	BCa 95% CI ^a	P	b ^a	SE _b ^a
Age	1.000	0.968 - 1.033	0.988	1.000	-0.036 - 0.034	0.988	0.000	0.019
Sex	0.681	0.403 - 1.149	0.150	0.681	-0.962 - 0.137	0.150	-0.384	0.301
BMI	0.953	0.904 - 1.006	0.079	0.953	-0.108 - 0.001	0.079	-0.048	0.031
Smoking status	0.930	0.662 - 1.306	0.674	0.930	-0.438 - 0.283	0.674	-0.073	0.191
Mean arterial pressure	0.995	0.972 - 1.019	0.685	0.995	-0.030 - 0.018	0.685	-0.005	0.013
Estimated GFR	0.997	0.981 - 1.013	0.691	0.997	-0.022 - 0.015	0.691	-0.003	0.009
HbA _{1c}	0.938	0.797 - 1.103	0.436	0.938	-0.256 - 0.103	0.436	-0.064	0.095
LDL cholesterol	0.971	0.768 - 1.227	0.806	0.971	-0.275 - 0.214	0.806	-0.029	0.129
Urine albumin-to-creatinine ratio	0.996	0.963 - 1.030	0.817	0.996	-0.047 - 0.037	0.817	-0.004	0.020
Cardiovascular disease	1.516	0.703 - 3.271	0.288	1.516	-0.459 - 10.389	0.288	0.416	0.434
Duration of diabetes	1.001	0.997 - 1.004	0.633	1.001	-0.003 - 0.005	0.633	0.001	0.002
Duration of follow-up	0.992	0.977 - 1.006	0.248	0.992	-0.025 - 0.007	0.248	-0.009	0.008
CXCL-16	2.603	1.705 - 3.957	<0.001	2.603	0.472 - 10.626	<0.001	0.957	0.233
TGF-β1	1.026	1.010 - 1.042	0.001	1.026	0.007 - 0.049	0.001	0.025	0.009
Angiopietin-2	1.504	1.141 - 1.983	0.004	1.504	0.106 - 0.968	0.004	0.408	0.177

OR: odds ratio; CI: confidence interval; BCa CI: bias-corrected and accelerated (BCa) bootstrap interval; b: regression coefficients; SE_b: standard error; a: bootstrap results are based on 10,000 bootstrap samples; CXCL16: C-X-C Motif Chemokine Ligand 16; TGFβ-1: Transforming growth factor beta 1; sTNF-R1: soluble Tumor Necrosis Factor Receptor I. Cardiovascular disease was defined as history of coronary heart disease, myocardial infarction, stroke or transient ischemic attack, or peripheral vascular disease; eGFR: glomerular filtration rate (calculated with the use of the abbreviated Modification of Diet in Renal Disease formula); HbA_{1c}: Glycated hemoglobin; LDL: low density lipoprotein; UACR: urine albumin creatinine ratio.

Supplementary Table 5: Log-rank test of comparing the different quartiles of all 3 biomarkers associated with an increasing incidence of the composite outcome (de novo microalbuminuria).

Log-rank text (Mantel-Cox)	Q1	Q2	Q3	Q4
CXCL-16-quartiles				
Q1 (< 1.953 ng/ml)	-	<0.001	<0.001	<0.001
Q2: (1.953 - 2.390 ng/ml)	<0.001	-	0.493	0.038
Q3: (2.390 - 2.883 ng/ml)	<0.001	0.493	-	0.142
Q4: (> 2.883 ng/ml)	<0.001	0.038	0.142	-
TGF-β1-quartiles				
Q1 < 11.745 ng/ml)	-	<0.001	<0.001	<0.001
Q2: (11.745- 29.341 ng/ml)	<0.001	-	0.048	0.184
Q3: (29.341- 40.575 ng/ml)	<0.001	0.048	-	0.939
Q4: (> 40.575 ng/ml)	<0.001	0.184	0.939	-
Angiopoietin-2-quartiles				
Q1 (< 1.416 ng/ml)	-	0.017	<0.001	<0.001
Q2: (1.416 - 1.831 ng/ml)	0.017	-	0.035	0.079
Q3: (1.831 - 2.378 ng/ml)	<0.001	0.035	-	0.739
Q4: (> 2.378 ng/ml)	<0.001	0.079	0.739	-

Supplementary Table 6. Calibration and sensitivity analysis of the risk prediction models

Model	Omnibus Tests	Nagelkerke's R ²	Hosmer and Lemeshow Test
Model 1	0.096	0.068	0.031
Model 2	<0.001	0.235	0.027
Model 3	<0.001	0.267	0.016

Model 1: Age, Sex, BMI, Duration diabetes, Smoking status, Mean blood pressure, HbA_{1c}, eGFR, LDL, Time of follow-up, UACR, Cardiac Complications

Model 2: CXCL16, TGFβ1, Angiopoietin-2

Model 3: Model 1 + 2

Supplementary Table 7: Prediction performance analysis for individual and combined biomarkers

Models	AUC	95% CI	SEM	NRI	SEM	Z	P
Model 1	0.638	0.580 - 0.695	0.029	-	-	-	-
Model 1 plus each biomarker individually							
CXCL-16	0.715	0.662 - 0.767	0.027	0.238	0.059	4.002	<0.001
TGF- β 1	0.664	0.607 - 0.721	0.029	0.161	0.056	2.884	0.004
Angiopoietin-2	0.678	0.623 - 0.733	0.028	0.215	0.043	5.043	<0.001
Model 3	0.760 ^a	0.711 - 0.809	0.025	0.341	0.065	5.269	<0.001

^a P value for Delong test comparing biomarker plus clinical model to clinical model alone was <0,001; AUC: Area under the curve; SEM: Standard Error of the Mean; NRI: Net Reclassification Improvement; Z: z value (z statistic for NRI) and the corresponding p-Value (with alpha error set to 0.05).

Model 1: Age, Sex, BMI, Duration diabetes, Smoking status, Mean blood pressure, HbA_{1c}, eGFR, LDL, Time of follow-up, UACR, Cardiovascular disease

Model 2: CXCL16, TGF β 1, Angiopoietin2

Model 3: Model 1 + 2

Supplementary Table 8: Biomarkers of interest. Relevant clinical studies in patients with early stage cardiovascular disease or cardiovascular risk factors. Supposed pathways and underlying molecular mechanisms.

Biomarker	Primary Pathway	Secondary pathway	Molecular Mechanism	References
CXCL-16	Inflammation	Fibrosis	Chemokine-Ligand of the CXCR6 Scavenger Receptor for oxidized LDL	1-4
ANGP-2	Inflammation	Angiogenesis	Partial antagonist of Tie2	5-14
TGF-β1	Fibrosis	Inflammation	Strong pro-fibrotic growth factor	15-19
sVEGF-R1 (sFlt-1)	Angiogenesis	Inflammation	Antagonist of VEGF-A	20-28
C1qR1 (sCD93)	Inflammation	Apoptosis	C-Type lectin-like domain signaling Monocytes and endothelial cells	29-31
Endostatin	Angiogenesis	Fibrosis	Inhibitor of Angiogenesis C-terminal fragment of collagen XVIII	32-37
Galectin-3	Fibrosis	Inflammation	Lectin signaling	38-44
VAP-1	Inflammation	Oxidative stress	Leukocyte trafficking Amine Oxidase	45-49
sThrombomodulin	Inflammation	Coagulation	Cofactor for activating Protein C Binding of HMGB-1	50-58
MCP-1	Inflammation	Fibrosis	Chemokine-Ligand of the CCR2	59-65
sTNF-RII	Inflammation	Fibrosis	High affinity for the membrane-bound TNF. Restricted more to endothelial cells	66-74
sTNF-RI	Inflammation	Fibrosis	High affinity for the soluble form of TNFa	66-70,72-78
sST-2	Inflammation	Myocardial fibrosis	Decoy receptor of IL-33	79-86
Osteopontin	Inflammation	Calcification	Cell adhesion and migration Macrophage & Lymphocyte activation	87-90
S100A8	Inflammation	Angiogenesis	Leukocyte trafficking	91-95
RAGE	Inflammation	Oxidative stress	Multiligand cell surface molecule belonging to the IG superfamily	95-100
VEGF-A	Angiogenesis	Inflammation	Binds to VEGFR1 and VEGFR2	101-103
ANGP-1	Angiogenesis	Inflammation	Pure agonist of Tie2	102-105
Copeptin	Inflammation	Fluid homeostasis	V1 (V1a & V1b) and V2 receptor agonist	106-113

CXCL16: C-X-C Motif Chemokine Ligand 16; TGF β -1: Transforming growth factor beta 1; VEGF-R1: Vascular Endothelial Growth Factor-A Receptor 1; ANGP-2: Angiopoietin-2; C1qR1: Complement component C1q Receptor1; VAP-1: Vascular Adhesion Protein 1; MCP-1: Monocyte Chemotactic Protein 1; sTNF-RII: soluble Tumor Necrosis Factor Receptor II; sTNF-RI: soluble Tumor Necrosis Factor Receptor I; sST2: soluble ST2; S100A8/MRP8: S100 calcium binding protein A/Myeloid Related Protein 8; RAGE: Receptor for Advanced Glycation Endproducts; VEGF-A: Vascular Endothelial Growth Factor-A. C1qR1, Galectin-3, Osteopontin and Copeptin were measured but not included in the analysis due to the high proportion of missing values (>3% and >15%).

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Modified STROBE Statement—checklist of items that should be included in reports of observational studies (Cohort/Cross-sectional and case-control studies)

	Item No	Recommendation	Reported on Page No
Title and abstract	1	(a) Indicate the study's design with a commonly used term in the title or the abstract	Page 1-2
		(b) Provide in the abstract an informative and balanced summary of what was done and what was found	Page 2
Introduction			
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	Page 3
Objectives	3	State specific objectives, including any prespecified hypotheses	Page 3
Methods			
Study design	4	Present key elements of study design early in the paper	Page 4
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection	Page 4-5
Participants	6	(a) <i>Cohort study</i> —Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up (b) <i>Case-control study</i> —Give the eligibility criteria, and the sources and methods of case ascertainment and control selection. Give the rationale for the choice of cases and controls (c) <i>Cross-sectional study</i> —Give the eligibility criteria, and the sources and methods of selection of participants	Page 4-5
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable	Page 4-5
Data sources/measurement	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement).	Page 5-6 Supplementary Table 6
Bias	9	Describe any efforts to address potential sources of bias	Page 4-6 Page 9-12
Study size	10	Explain how the study size was arrived at (if applicable)	Page 4
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why	Page 4-6
Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding	Page 6-7
		(b) Describe any methods used to examine subgroups and interactions	Page 6-7
		(c) Explain how missing data were addressed	Page 6-7
		(d) <i>Cohort study</i> —If applicable, explain how loss to follow-up was addressed <i>Case-control study</i> —If applicable, explain how matching of cases and controls was addressed <i>Cross-sectional study</i> —If applicable, describe analytical methods taking account of sampling strategy	Page 4
		(e) Describe any sensitivity analyses	Page 6-7
Results			
Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for	Page 8

		eligibility, confirmed eligible, included in the study, completing follow-up, and analyzed	
		(c) Use of a flow diagram	Supplementary Figure 1
Descriptive data	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders	Page 8 Table 1
		(b) Indicate number of participants with missing data for each variable of interest	Page 4-6
		(c) <i>Cohort study</i> —Summarise follow-up time (eg, average and total amount)	Page 4
Outcome data	15*	<i>Cohort study</i> —Report numbers of outcome events or summary measures over time	-
		<i>Case-control study</i> —Report numbers in each exposure category, or summary measures of exposure	Page 8-10
		<i>Cross-sectional study</i> —Report numbers of outcome events or summary measures	-
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included	Page 8-10
Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses	Page 8-10
Discussion			
Key results	18	Summarise key results with reference to study objectives	Page 10-13
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias	Page 10-13
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence	Page 10-13
Generalisability	21	Discuss the generalisability (external validity) of the study results	Page 10-13

*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at <http://www.plosmedicine.org/>, Annals of Internal Medicine at <http://www.annals.org/>, and Epidemiology at <http://www.epidem.com/>). Information on the STROBE Initiative is available at www.strobe-statement.org.