

2-way ANOVA: treatment x exercise ($p < 0.05$)

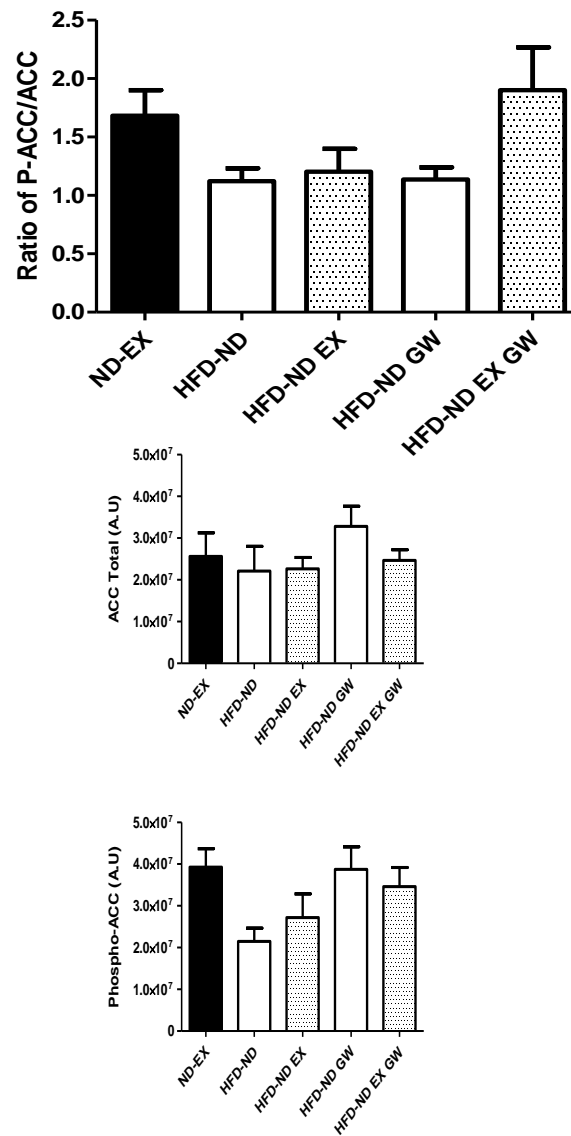


Figure 1. Phosphorylated (Ser79) ACC (P-ACC), total ACC and P-ACC to ACC protein concentrations ratio measured by Western-Blot in *vastus lateralis*.

Data are expressed as mean \pm s.d.

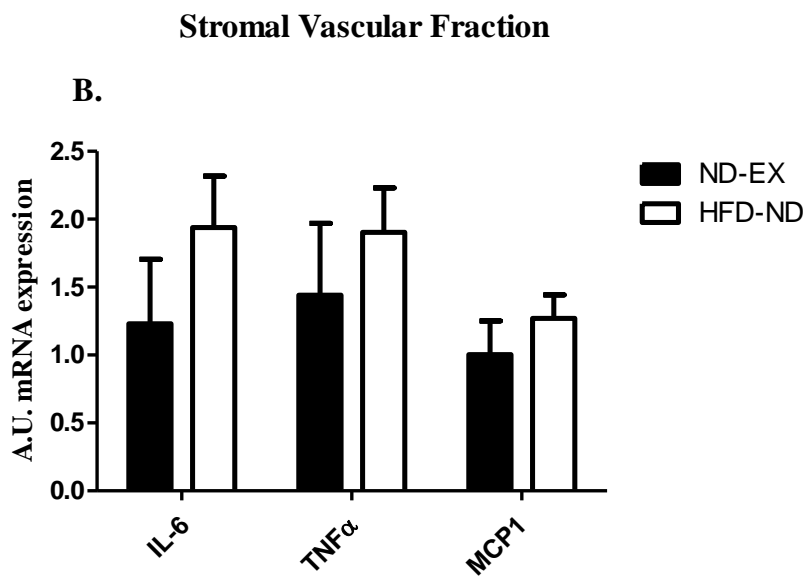
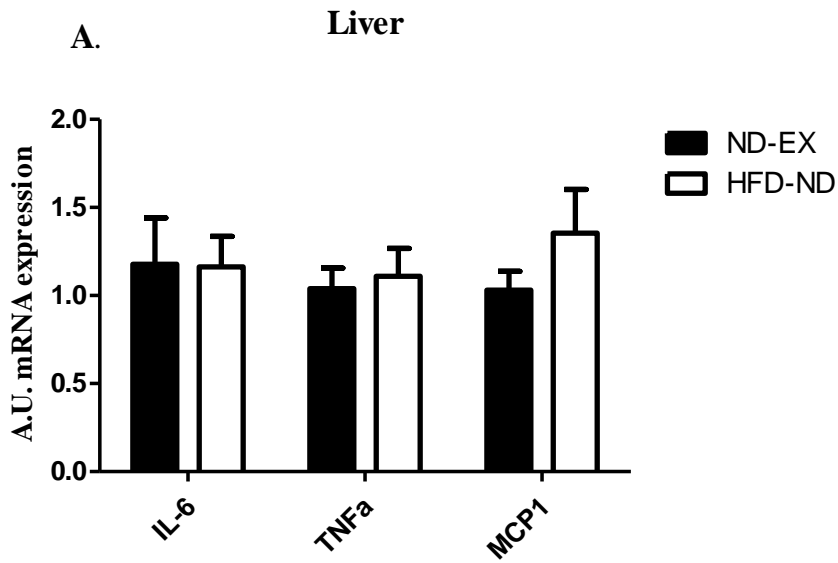


Figure S2: Pro-inflammatory cytokines mRNA levels in liver and stromal vascular fraction.

IL-6, *TNF- α* and *MCP-1* mRNA levels were determined in female mice exposed to a 12-wk HFD and returning to a Normal Diet (HFD-ND) with or without concomitant treatment (HFD-

ND-EX; HFD-ND-GW; HFD-ND-EX-GW). Expression is relative to *36B4*. Data are shown:

A) in the liver and B) in the stromal vascular fraction. Data are expressed as mean \pm s.d.

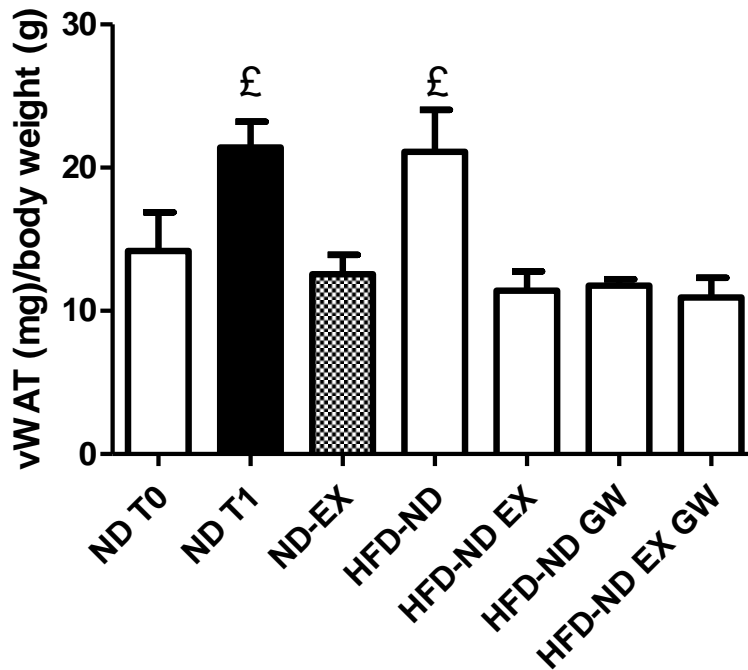


Figure S3: Visceral adipose tissue mass according to treatment groups.

Visceral white adipose tissue (vWAT) mass relative to body weight in all groups before (ND (T0)) and after treatments (ND (T1); ND-EX; HFD-ND; HFD-ND-EX; HFD-ND-GW; HFD-ND-EX-GW). Visceral WAT is expressed in milligram (mg) of tissue per gram of body weight.

Data are expressed as mean \pm s.d; £ $p < 0.05$ vs other groups.

Table S1: Luminex analysis of pro-inflammatory cytokines in plasma.

Results: pg/ml	IFN-gamma	IL1-beta	IL-6	IL-10	TNF-alpha
ND-EX	Und	Und	14.6 \pm 9.9	Und	Und
HFD-ND	2.67 \pm 0.98	22.3 \pm 38.8	29.0 \pm 48.8	6.11 \pm 7.01	7.98 \pm 8.68
HFD-ND EX	Und	48.0 \pm 39.9	70.1 \pm 53.6	34.7 \pm 35.6	18.9 \pm 3.99
HFD-ND GW	Und	16.7 \pm 6.31	23.0 \pm 20.4	5.95 \pm 4.63	7.44 \pm 2.38
HFD-ND EX GW	Und	Und	14.7 \pm 12.3	4.14 \pm 4.7	Und

Und: Undetermined