

Multimedia Appendix 5: Results of primary and secondary outcome MRRMs, run on square root transformed data

Table 1

MMRM planned contrast test of baseline to 12-month interaction, for square root transformed symptom measures

Outcome measure	Estimated Marginal Means (SE)		t^a	df	p	$d_{\text{interaction}}$ (95% CI) ^b	$d_{12\text{-month}}$ (95% CI) ^c
	Intervention	Control					
SCAS-P			-1.18	319.21	.237	-0.13 (-0.33, 0.08)	-0.11 (-0.33, 0.11)
Baseline	4.00 (0.10)	4.08 (0.10)					
12-month follow-up	3.42 (0.12)	3.65 (0.11)					
SCAS-C			1.17	296.14	.245	0.13 (-0.09, 0.34)	0.00 (-0.23, 0.24)
Baseline	5.13 (0.12)	5.29 (0.12)					
12-month follow-up	4.88 (0.14)	4.87 (0.14)					
SMFQ-P			-2.04	324.98	.043	-0.21 (-0.42, -0.01)	-0.17 (-0.39, 0.05)
Baseline	1.85 (0.09)	1.81 (0.09)					
12-month follow-up	1.34 (0.10)	1.58 (0.10)					
SMFQ-C			0.75	300.80	.454	0.08 (-0.13, 0.30)	0.03 (-0.20, 0.26)
Baseline	2.16 (0.10)	2.21 (0.09)					
12-month follow-up	2.25 (0.12)	2.19 (0.12)					

^a t statistic of the planned contrast test of baseline to 12-month interaction, estimated under the group \times measurement occasion mixed model.

^bCohen's d effect size of the baseline to 12-month interaction effect, calculated based on the t statistic of the planned contrast.

^cCohen's d effect size of the difference between groups at 12-month follow-up.