## **BWHS Hair Loss Questionnaire**

Welcome to the BWHS Hair Loss Questionnaire.

You have opened the BWHS Hair Loss Questionnaire. The purpose of this questionnaire is to collect information that will help to determine reasons for hair loss among African American women. There are different types of hair loss, such as loss at the top of the scalp (sometimes diagnosed as CCCA, central centrifugal cicatricial alopecia) and loss on the sides of the scalp. Some of the questions will ask you to select from the photos and drawings.

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|             | <u> </u>  |  |
|-------------|---|--|
| 1. Hav<br>● | ve you ever experienced any hair loss on the TOP of your scalp?  Yes No                                   |  |
| a.          | . Which of the photos below best matches the current hair pattern at the TOP of your scalp?               |  |
|             |   |  |
| b.          | . How severe would you consider your current hair loss on the TOP of your scalp to be?                    |  |
|             | <ul><li>Mild</li><li>Moderate</li><li>Severe</li></ul>  |  |
| c.          | . How old were you first noticed any hair loss on the TOP of your scalp?  Age:                            |  |
| d.          | . Which of the photos below best matches the most severe hair loss you ever had on the TOP of your scalp? |  |
|             |   |  |

| e. Has the hair loss           | on the TOP of       | the scalp got   | ten worse ov  | er time?         |               |               |             |
|--------------------------------|---------------------|-----------------|---------------|------------------|---------------|---------------|-------------|
| O Yes                          | O No                | O Do            | on't know     |                  |               |               |             |
| f. Did a doctor eve alopecia)? | r diagnose the      | hair loss at th | e TOP of yo   | ur scalp as CC   | CA (central o | centrifugal ( | cicatricial |
| O Yes                          | O No                | O Do            | on't know     |                  |               |               |             |
| g. Did your doctor             | base the diagn      | osis of CCCA    | on a biopsy   | (cells taken fro | om your scal  | p)?           |             |
| O Yes                          | O No                | O Do            | on't know     |                  |               |               |             |
| mother. (If the family         | member is de        | ceased, please  | e use your be | st recollection. |               |               | Don't know  |
| Your mother                    |                     |                 | 0             | •                | 0             | 0             | 0           |
| Mother's mother                |                     |                 |               |                  |               |               | •           |
| Father's mother                | $\circ$             | $\circ$         | $\circ$       |                  | $\circ$       | $\circ$       | •           |
| 3. Have you experienced        | hair loss on pa     | rts of your sc  | alp other tha | n the TOP?       |               |               |             |
| Yes                            | No                  |                 |               |                  |               |               |             |
| Part of scalp                  | Age hair loss began |                 |               |                  |               |               |             |
| Back                           |                     |                 |               |                  |               |               |             |
| Sides                          |                     |                 |               |                  |               |               |             |
| Front                          |                     |                 |               |                  |               |               |             |
| All over your                  | scalp               |                 |               |                  |               |               |             |
|                                |                     | exit            | next          |                  |               |               |             |

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|---------|--|--|----------------------|----------------------------|------------------------|------------|--------------|--|--|--|--|--|
| Page 1  | 4. Which of the photos best match the current hair pattern of your father, your mother's father an father's father. (If the family member is deceased, please use your best recollection.)                   |  |                      |                            |                        |            |              |  |  |  |  |  |
| r uge 1 |  |  | 000                  |                            | (A)                    | 96         | Don'<br>know |  |  |  |  |  |
|         | Your father  | 0  | 0                    | 0                          | 0                      |            | 0 0          |  |  |  |  |  |
|         | Mother's father  |  |                      | 0                          | 0                      |            | 0 0          |  |  |  |  |  |
|         | Father's father  | 0  |                      | $\circ$                    |                        |            | 0 0          |  |  |  |  |  |
|         | 5. The following are treatments sometimes used for hair loss. If you have tried any of the treatment options listed below for the hair loss on the TOP of your scalp, please indicate what the response was. |  |                      |                            |                        |            |              |  |  |  |  |  |
|         |  | Prior Treatment  |                      | Treatment appeared to help | Treatment did not help | Don't know | Did not use  |  |  |  |  |  |
|         | (a).   | Antibiotic taken as a pr   | ill                  |                            |                        |            |              |  |  |  |  |  |
|         | (b).   | lotion)  |                      |                            |                        |            |              |  |  |  |  |  |
|         | (c).   | Topical Minoxidil (e.g.  | ., Rogaine)          |                            |                        |            |              |  |  |  |  |  |
|         | (d).   | or lotion)   |                      | $\circ$                    |                        |            |              |  |  |  |  |  |
|         | (e).   | Antifungal taken by me   | outh                 |                            |                        |            |              |  |  |  |  |  |
|         | (f).   | lotion or foam)  |                      | •                          | $\bigcirc$             | $\circ$    | $\circ$      |  |  |  |  |  |
|         | (g).   | Prednisone)  |                      |                            |                        |            |              |  |  |  |  |  |
|         | (h).   | ,  | •                    |                            |                        |            |              |  |  |  |  |  |
|         | (i).   | Over-the-counter self-t  | reatment             |                            |                        |            |              |  |  |  |  |  |
|         | 6. Hav   | ve you ever used a chem Yes No                                     | ical relaxer (lye, r | o lye, texturiz            | zer, Jheri curl        | )?         |              |  |  |  |  |  |
|         | 7. If y  | 7. If you currently use a relaxer, how often do you get touch-ups? |                      |                            |                        |            |              |  |  |  |  |  |
|         | a.   | Relaxer ("lye")  | At least every       |                            | week(s)                |            |              |  |  |  |  |  |
|         | b.   | Relaxer ("no-lye")   | At least every       |                            | week(s)                |            |              |  |  |  |  |  |
|         | c.   | Jheri Curl   | At least every       |                            | week(s)                |            |              |  |  |  |  |  |
|         | d.   | Texturizer   | At least every       |                            | week(s)                |            |              |  |  |  |  |  |

e. Other

At least every week(s)

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|    | a. If you are using a m   | oisturizer, which are you u                                | er, which are you using: (Mark all that apply) |                                    |  |  |
|----|---------------------------|--|--|------------------------------------|--|--|
|    | Oil                       | Lotion   | Cream  | Ointment or grease (like Vaseline) |  |  |
| 9. |                           | llowing conditions have you ove' in error, you need to unc |  |                                    |  |  |
|    | □ Facial hair             |  | ☐ Rashes from re                               | elaxers                            |  |  |
|    | Irregular periods         |  | Rashes from o                                  | ther hair care products            |  |  |
|    | ☐ Difficulty getting pre  | egnant   | ☐ Thick (keloid)                               | scars                              |  |  |
|    | ✓ Vaginal yeast infection | ons  | Eczema (atopi                                  | c dermatitis)                      |  |  |
|    | ■ Ring worm infection     | (fungal)   | Diabetes Type                                  | I (requires insulin)               |  |  |
|    | ■ Bacterial infections of | of the skin (e.g. impetigo)                                | Diabetes Type                                  | II (diet or oral pill controlled)  |  |  |
|    | ■ Fungal infection of the | he scalp   | ☐ Thyroid proble                               | ems                                |  |  |
|    | ■ Seborrheic dermatitis   | s/scaling on your scalp                                    | ■ None of the ab                               | oove                               |  |  |
|    | Rashes from shampo        | 0  |  |                                    |  |  |

|            |                                 | week(s)            |  |
|------------|---------------------------------|--------------------|--|
| b.         | Hot comb/press (no chemical     | At least every     |  |
|            | process)                        | week(s)            |  |
| c.         | Hair dye                        | At least every     |  |
|            | Tian aye                        | week(s)            |  |
| А          | Braids (hair alone)             | At least every     |  |
| u.         | Braids (nan dione)              | week(s)            |  |
| <u> </u>   | Braided with extensions         | At least every     |  |
| ٠.         | Dialaca With Citations          | week(s)            |  |
| f          | Hair weaves or tracks, glued    | At least every     |  |
| 1.         | Time Weares of tracing, Brack   | week(s)            |  |
| σ.         | Hair weaves or tracks, sewed in | At least every     |  |
| <i>O</i> - |                                 | week(s)            |  |
| h.         | Other (please specify):         | At least every     |  |
|            |                                 | week(s)            |  |
|            |                                 | previous exit next |  |

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|-------------|--|-------------------------------------|---------------------|------------------------|--|--|
| 11.         | How often do you shampoo your hair?  | Every 5                             | days                |                        |  |  |
| 12.         | Where do you usually do each of the followin   | g? (Mark all that apply)<br>at Home | )<br>at Salon       | Do Not Use Th          |  |  |
|             | Relax your hair  |                                     |                     |                        |  |  |
|             | Color your hair  |                                     |                     |                        |  |  |
|             | Shampoo your hair  | •                                   |                     |                        |  |  |
| 13.         | Thinking of your usual drying/styling routing  | e, how do you usually dr            | y your hair? (Mark  | all that apply)        |  |  |
|             | Hood or bonnet dryer at home   | Handhel                             | d blow dryer        |                        |  |  |
|             | Hood or bonnet dryer at the salon  | None (ai                            | r dry)              |                        |  |  |
| 14.         | Please list any changes you have made to your hair care practices or products because of your hair loss. (Please specific as possible) |                                     |                     |                        |  |  |
| 14.         |  | r hair care practices or            | products because of | your hair loss. (Pleas |  |  |
|             |  | r hair care practices or            | products because of | your hair loss. (Pleas |  |  |
|             | as specific as possible)  Have you ever worn a wig?  | r hair care practices or            | products because of | your hair loss. (Pleas |  |  |
|             | Have you ever worn a wig?  Yes No  | r hair care practices or            | products because of | your hair loss. (Pleas |  |  |

| •     | e. What type of wig have you worn     | (Check all that apply)  |  |
|-------|---------------------------------------|-------------------------|--|
|       | <ul><li>Wig with human hair</li></ul> | Wig with synthetic hair |  |
|       | Other type (please specify):          |                         |  |
| 16. W | hat do you think might account for y  | our hair loss?          |  |
|       |                                       | previous exit next      |  |