

<b>Supplementary Table 1:</b> Cortisol and cortisone concentrations in breastmilk in 4-hour intervals.		
	Cortisol (nmol/L)	Cortisone (nmol/L)
0:00-4:00	4.1±5.5	15.1±11.8
4:00-8:00	11.6±8.7	29.7±12.8
8:00-12:00	8.2±6.5	27.9±8.6
12:00-16:00	4.4±2.9	21.3±6.8
16:00-20:00	2.1±1.4	13.0±6.1
20:00-24:00	2.1±3.9	10.4±9.2
Values represent mean±SD		