

Online Resource 3. Final factor loadings for dairy products derived from the MrOS population

Food	Western	Prudent
Butter	0.41	-0.11
Cheese	0.37	-0.07
Cheese dishes	0.42	0.11
Ice cream	0.42	-0.09
Yogurt, frozen yogurt	-0.13	0.30
Nonfat milk	-0.19	0.17
1% milk	0.03	0.02
2% milk	0.19	-0.10
Whole milk	0.22	-0.10

## Dietary patterns and longitudinal change in bone mineral density in older men

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