

**Supplementary Table S1.**  $^{13}\text{C}$  nuclear magnetic resonance chemical shifts ( $\delta$ , ppm) of carvacrol, a mixture of carvacrol and polycaprolactone (50/50, w/w), and shift variation ( $\Delta\delta$ )

CAR: PCL CAR $^{13}\text{C}$ NMR ( $\text{CDCl}_3$ ) $\delta$ (ppm)	(50/50, w/w) $^{13}\text{C}$ NMR ( $\text{CDCl}_3$ ) $\delta$ (ppm)	Shift Variation ( $\Delta\delta$ )	Carbon No.
153.57	153.93	+0.36	1
148.43	148.10	-0.33	5
130.80	130.66	-0.14	3
120.84	121.03	+0.19	2
118.78	118.30	-0.48	4
113.02	112.90	-0.12	6
33.64	33.58	-0.06	8
23.94	23.93	-0.01	9 and 10
15.25	15.31	+0.06	7

CAR, carvacrol; NMR, nuclear magnetic resonance; PCL, polycaprolactone; THY, thymol.