

Supplementary Table S3. *Carvacrol and thymol concentrations and integral values for calibration curves, below the ^1H nuclear magnetic resonance calibration plots for thymol and carvacrol are shown*

CAR Concentration (% w/w Refer to PCL)	CAR Integral (7.06 ppm) Value	THY Concentration (% w/w Refer to PCL)	THY Integral (7.08 ppm) Value
1.96	0.56	1.64	0.46
3.84	1.05	3.22	0.83
5.66	1.57	4.76	1.48
7.41	2.16	6.25	1.78
9.09	2.80	7.69	2.24
10.71	3.19	9.09	2.66
12.28	3.90	10.45	3.11
13.79	4.37	11.76	3.52
15.25	4.98	13.04	3.98
16.67	5.58	14.28	4.44
18.03	5.90	15.49	4.89
19.35	6.25	16.67	5.30
20.63	6.75	17.81	5.82