Key	Stain: Myosin, Titin, α-actinin						
M = Good Myosin		Hand muscles			Foot muscles		
m = Bad Myosin		P0	P2	P4	P0	P2	P4
T = Good Titin	MTA	76% ± 1%	84% ± 17%	93% ± 6%	55% ± 23%	27% ± 28%	17% ± 3%
t = Bad Titin	mta	10% ± 5%	9% ± 13%	2% ± 4%	17% ± 9%	38% ± 32%	34% ± 12%
A = Good α-actinin	mTA	12% ± 6%	3% ± 4%	3% ± 3%	12% ± 6%	6% ± 8%	23% ± 15%
a = Bad α-actinin	mtA	1% ± 1%	3% ± 3%	2% ± 3%	0	25% ± 21%	25% ± 18%
	mTa	0	0	0	0	0	0
	Mta	0	0	0	0	0	0
	MtA	1% ± 1%	1% ± 2%	0	16% ± 13%	4% ± 3%	1% ± 2%
	МТа	0	0	0	0	0	0