

Supplemental TABLE 1 Search strategy

Search no.	OVID Medline until 27 March 2019	Search results
1	COGNITION DISORDERS/ or COGNITION/	143284
2	cognitive decline.mp.	18881
3	Dementia/ or Alzheimer Disease/	125301
4	Dementia, Vascular/	4694
5	MEMORY, SHORT-TERM/ or MEMORY/ or MEMORY, EPISODIC/ or MEMORY DISORDERS/ or MEMORY, LONG-TERM/	101942
6	cognitive impairment.mp.	50485
7	Diet, Mediterranean/	2827
8	DASH.mp.	5919
9	MIND.mp.	52691
10	DIET/	149340
11	Dietary Approaches To Stop Hypertension/	57
12	Mediterranean-DASH Intervention for Neurodegenerative Delay.mp.	8
13	8 and 10	255
14	9 and 10	161
15	1 or 2 or 3 or 4 or 5 or 6	357876
16	7 or 11 or 12 or 13 or 14	3256
17	15 and 16	196
18	Limit to English language and limit to publication types that are no commentaries, editorials, letters, news, or newspaper articles	163