natureresearch

| Corresponding author(s): | Takashi Hishida | |
|----------------------------|-----------------|--|
| Last updated by author(s): | Sep 18, 2019 | |

Reporting Summary

Nature Research wishes to improve the reproducibility of the work that we publish. This form provides structure for consistency and transparency in reporting. For further information on Nature Research policies, see Authors & Referees and the Editorial Policy Checklist.

| Statistics | | | | | | |
|---|--|--|--|--|--|--|
| For all statistical analy | ses, confirm that the following items are present in the figure legend, table legend, main text, or Methods section. | | | | | |
| n/a Confirmed | | | | | | |
| ☐ ☐ The exact sai | mple size (n) for each experimental group/condition, given as a discrete number and unit of measurement | | | | | |
| A statement | on whether measurements were taken from distinct samples or whether the same sample was measured repeatedly | | | | | |
| The statistica Only common | The statistical test(s) used AND whether they are one- or two-sided Only common tests should be described solely by name; describe more complex techniques in the Methods section. | | | | | |
| A description | A description of all covariates tested | | | | | |
| A description | A description of any assumptions or corrections, such as tests of normality and adjustment for multiple comparisons | | | | | |
| A full descrip | A full description of the statistical parameters including central tendency (e.g. means) or other basic estimates (e.g. regression coefficient) AND variation (e.g. standard deviation) or associated estimates of uncertainty (e.g. confidence intervals) | | | | | |
| For null hypothesis testing, the test statistic (e.g. <i>F</i> , <i>t</i> , <i>r</i>) with confidence intervals, effect sizes, degrees of freedom and <i>P</i> value noted <i>Give P values as exact values whenever suitable.</i> | | | | | | |
| For Bayesian | For Bayesian analysis, information on the choice of priors and Markov chain Monte Carlo settings | | | | | |
| For hierarchical and complex designs, identification of the appropriate level for tests and full reporting of outcomes | | | | | | |
| Estimates of effect sizes (e.g. Cohen's <i>d</i> , Pearson's <i>r</i>), indicating how they were calculated | | | | | | |
| | Our web collection on <u>statistics for biologists</u> contains articles on many of the points above. | | | | | |
| Software and | code | | | | | |
| Policy information abo | out <u>availability of computer code</u> | | | | | |
| Data collection | Image Lab (Bio-Rad), ImageQuant LAS4000 (GE), Imagereader (Fujifilm) | | | | | |
| Data analysis | Microsoft Excel, ImageJ (NIH), ImageGauge (GE) | | | | | |
| For manuscripts utilizing custom algorithms or software that are central to the research but not yet described in published literature, software must be made available to editors/reviewers. We strongly encourage code deposition in a community repository (e.g. GitHub). See the Nature Research guidelines for submitting code & software for further information. | | | | | | |
| Data | | | | | | |
| Policy information abo | out <u>availability of data</u> | | | | | |
| Accession codes, u A list of figures that | include a <u>data availability statement</u> . This statement should provide the following information, where applicable: nique identifiers, or web links for publicly available datasets have associated raw data y restrictions on data availability | | | | | |
| The data that support the findings of this study are available within the paper and its supplementary information files. The source data reported in this study has been deposited in the Dryad repository. | | | | | | |
| | | | | | | |
| Field-specific reporting | | | | | | |
| Please select the one | pelow that is the best fit for your research. If you are not sure, read the appropriate sections before making your selection. | | | | | |
| ✓ Life sciences | Behavioural & social sciences | | | | | |

Life sciences study design

| All studies must disclose on these points even when the disclosure is negative. | | | |
|---|---|--|--|
| Sample size | Sample-size was determined based on that generally employed in the field and our previous studies. | | |
| Data exclusions | No data were excluded unless experiments clearly failed. | | |
| Replication | The data were essentially based on at least three independent experiments and could be replicated successfully. | | |
| Randomization | Not applicable in this study | | |
| Blinding | Not applicable in this study | | |

Reporting for specific materials, systems and methods

We require information from authors about some types of materials, experimental systems and methods used in many studies. Here, indicate whether each material, system or method listed is relevant to your study. If you are not sure if a list item applies to your research, read the appropriate section before selecting a response.

| Mat | | | thods |
|-------------|-----------------------------|-------------|------------------------|
| n/a | Involved in the study | n/a | Involved in the study |
| \boxtimes | Antibodies | \boxtimes | ChIP-seq |
| \boxtimes | Eukaryotic cell lines | \boxtimes | Flow cytometry |
| \boxtimes | Palaeontology | \boxtimes | MRI-based neuroimaging |
| \boxtimes | Animals and other organisms | | |
| \boxtimes | Human research participants | | |
| \boxtimes | Clinical data | | |