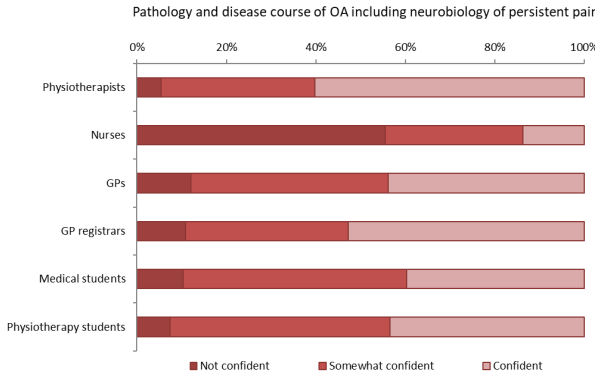
Pathology and disease course of OA including neurobiology of persistent pair
0%
20%
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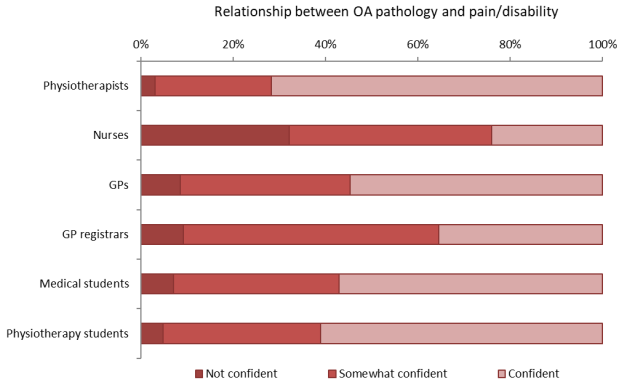
Physiotherapists
Nurses
GPs
GP registrars
Medical students
Physiotherapy students
Not confident
Somewhat confident
Confident


Relationship between OA pathology and pain/disability
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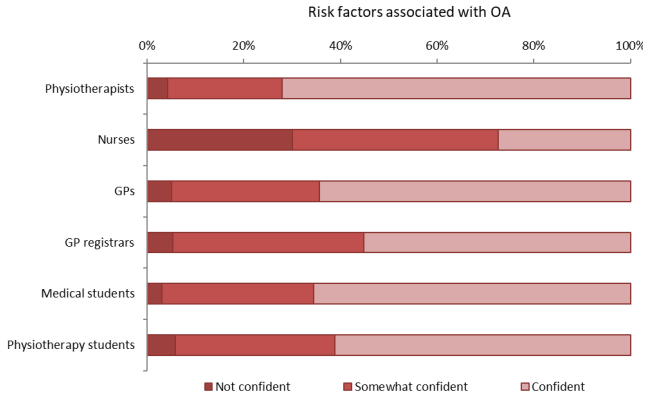
Physiotherapists
Nurses
GPs
GP registrars
Medical students
Physiotherapy students
Not confident
Somewhat confident
Confident


Risk factors associated with OA
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Physiotherapists
Nurses
GPs
GP registrars
Medical students
Physiotherapy students
Not confident
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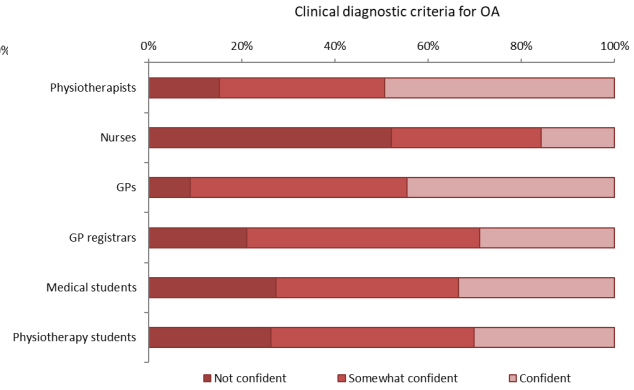
Confident


Clinical diagnostic criteria for OA
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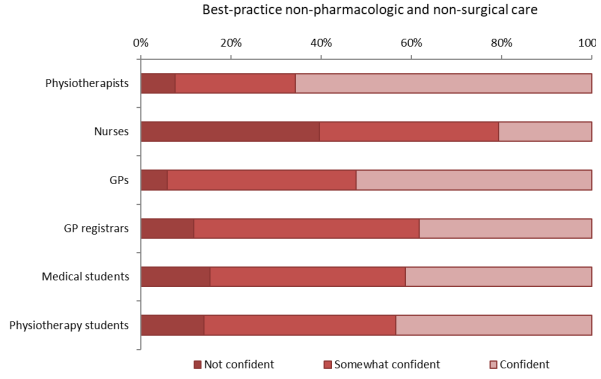
Physiotherapists
Nurses
GPs
GP registrars
Medical students
Physiotherapy students
Not confident
Somewhat confident
Confident


Best-practice non-pharmacologic and non-surgical care
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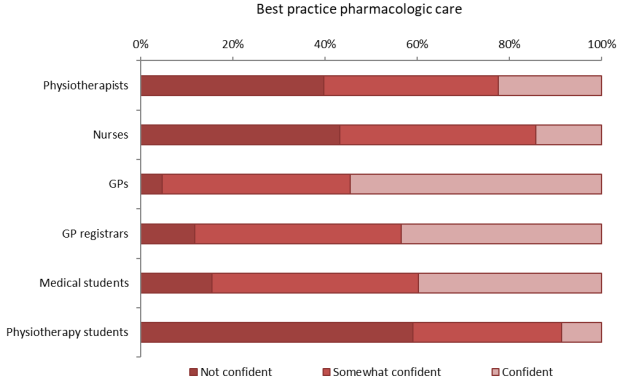
Physiotherapists
Nurses
GPs
GP registrars
Medical students
Physiotherapy students
Not confident
Somewhat confident
Confident


Best practice pharmacologic care
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Physiotherapists
Nurses
GPs
GP registrars
Medical students
Physiotherapy students
Not confident
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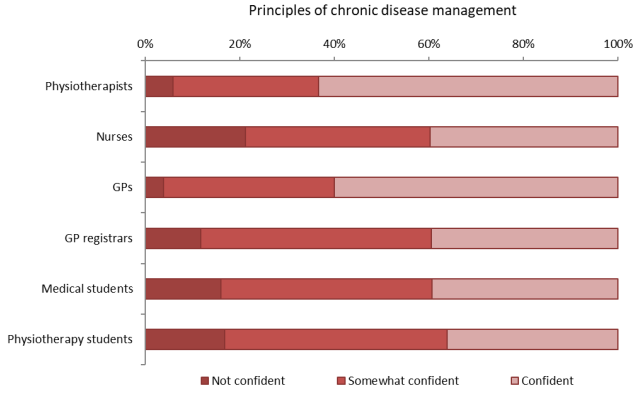
Confident


Principles of chronic disease management
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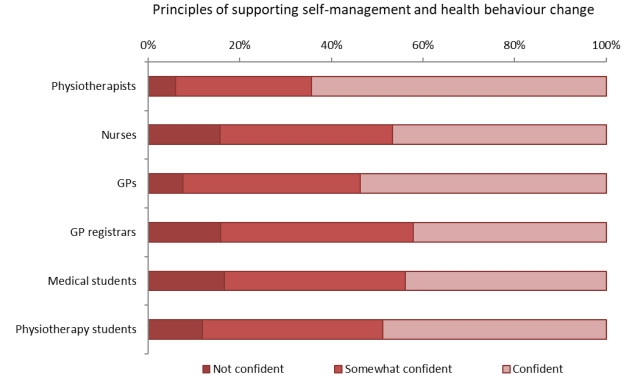
Physiotherapists
Nurses
GPs
GP registrars
Medical students
Physiotherapy students
Not confident
Somewhat confident
Confident


Principles of supporting self-management and health behaviour change
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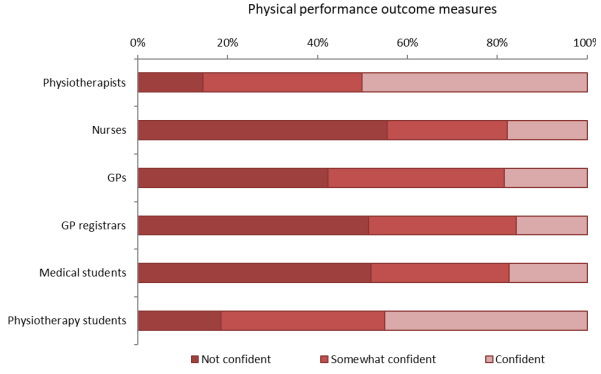
Physiotherapists
Nurses
GPs
GP registrars
Medical students
Physiotherapy students
Not confident
Somewhat confident
Confident


Physical performance outcome measures
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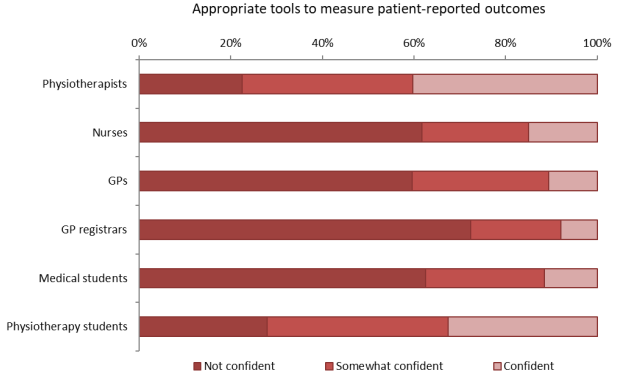
Physiotherapists
Nurses
GPs
GP registrars
Medical students
Physiotherapy students
Not confident
Somewhat confident
Confident


Appropriate tools to measure patient-reported outcomes
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Physiotherapists
Nurses
GPs
GP registrars
Medical students
Physiotherapy students
Not confident
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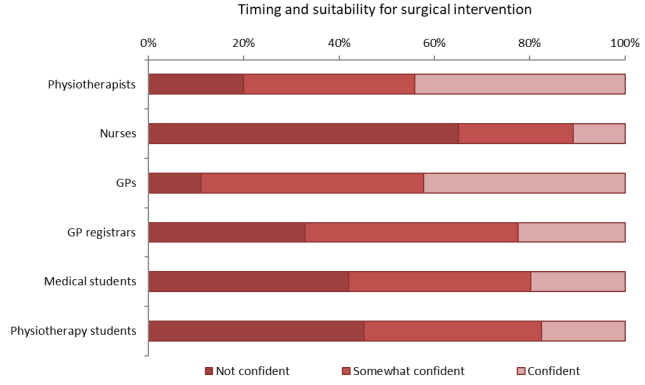
Timing and suitability for surgical intervention
0%
20%
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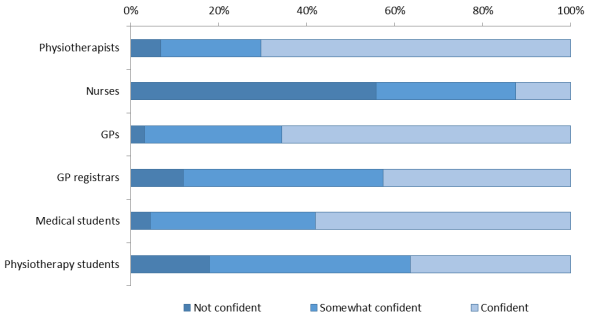
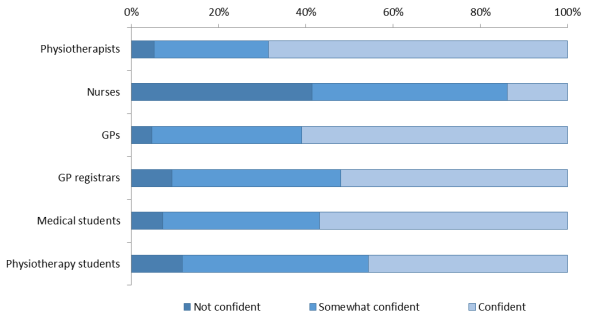
100%
Physiotherapists
Nurses
GPs
GP registrars
Medical students
Physiotherapy students
Not confident
Somewhat confident
Confident

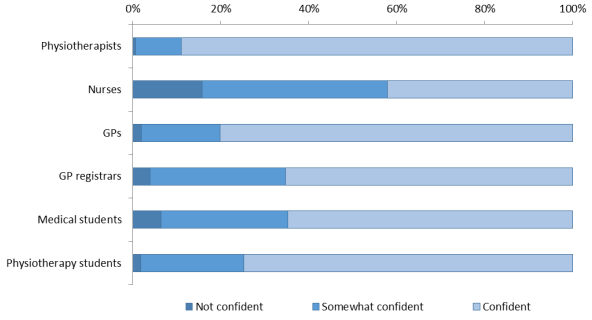
Clinically assess a person complaining of joint pain



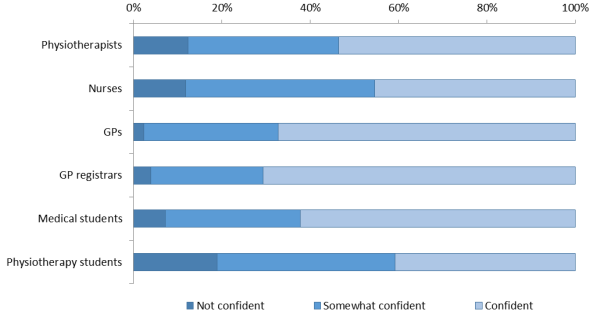
Discuss and provide education about the disease of OA (pathology, risks, disease course)



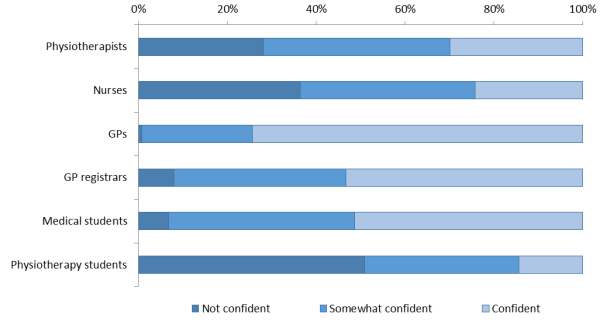
Discuss and provide education about the role of exercise and physical activity



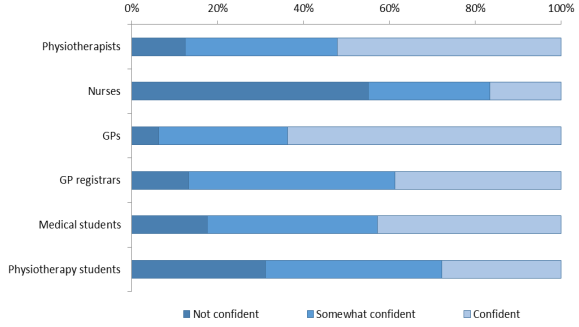
Discuss and provide education about the role of nutrition management and weight loss



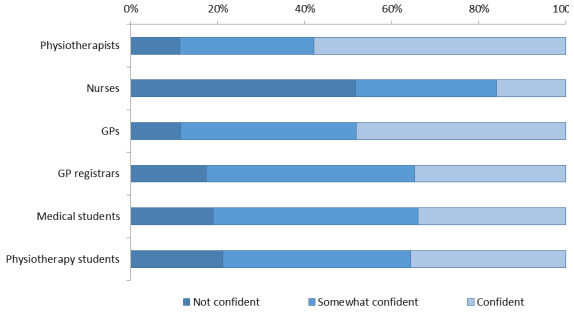
Discuss and provide education about the role of medicines



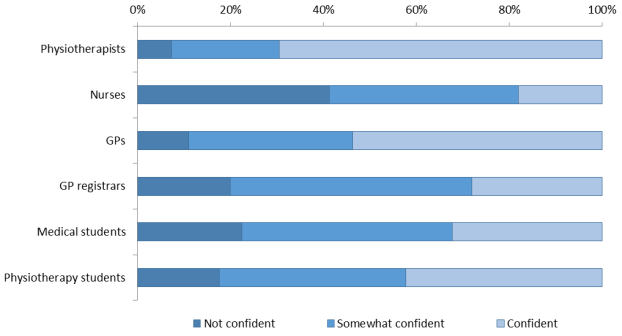
Discuss and provide education about the role of surgery



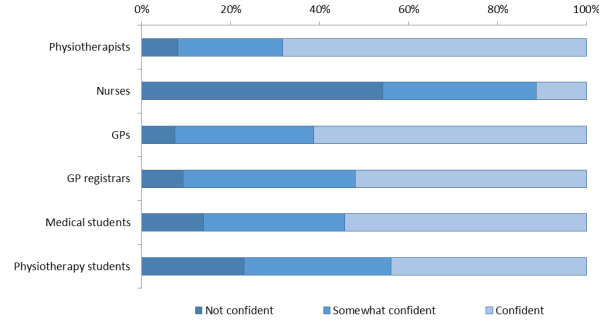
Discuss and provide education about how to practically manage pain, based on a contempora understanding of pain neurobiology



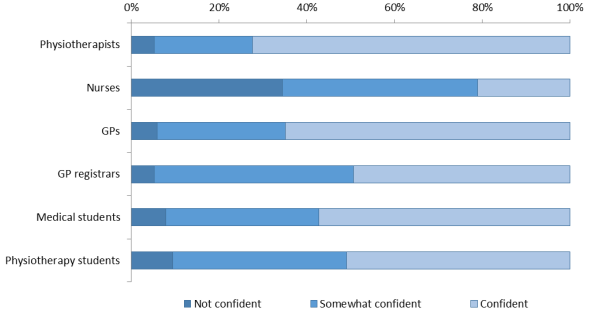
Pathology and disease course of OA including neurobiology of persistent pain



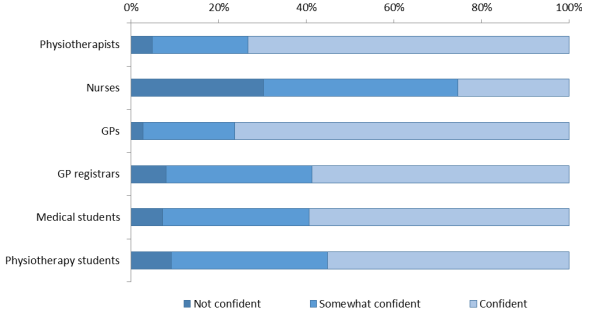
Explain why a diagnostic test, imaging, procedure or surgery is not indicated for diagnosis or management



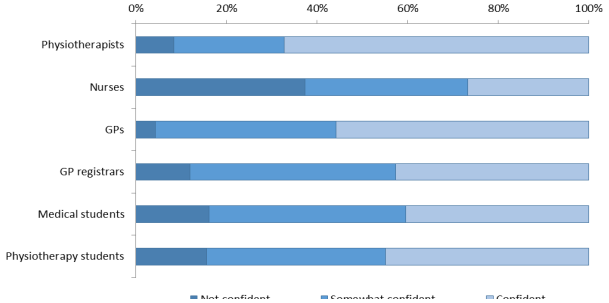
Discuss a patient's beliefs about OA and therapeutic options



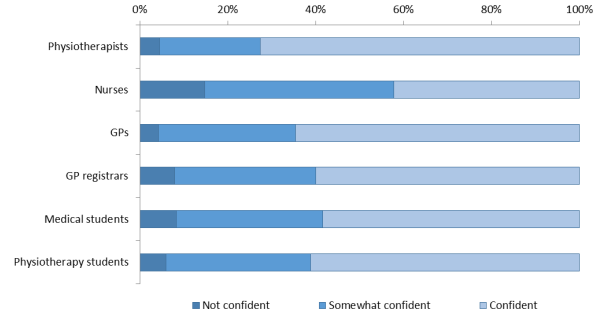
Engage in shared decision-making regarding therapeutic options



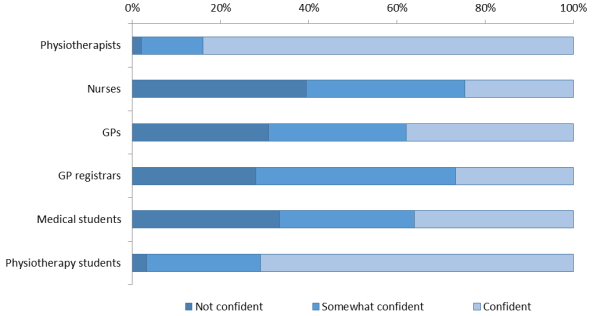
Develop an evidence-based management plan with non-pharmacologic and non-surgical care options



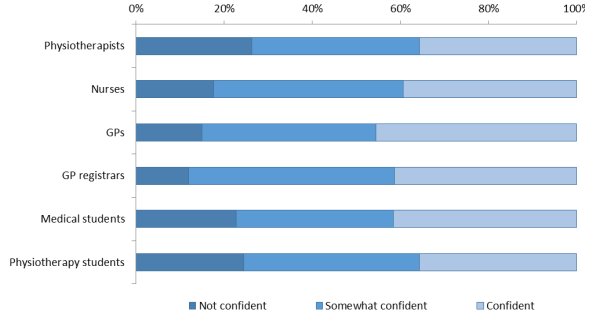
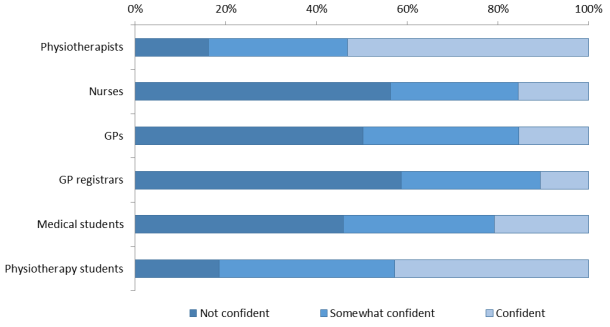
Support postive health behaviour change



Develop a physical activity plan that considers pain, disability and beliefs



Engage in a discussion with overweight or obese patients about a nutritional/weight loss program and develop such a program



Measure the impact of OA using standard outcome measures