

APPENDIX 1: General Wishes Statements

| Item # | Wish statements |
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| 1. | <p>I cherish my life regardless of its quality. I would want any and all medical treatments that might prolong my life, even if the result is a quality of life that others regard as very poor. This means that I want all treatments:</p> <ul style="list-style-type: none"> • Even if treatment would prolong my life by only hours or days • Even if their chance of success is very low • Regardless of the cost of treatment • Regardless of the burden of treatment on me or others |
| 2. | <p>I cherish my life regardless of its quality. I would want all medical treatments that are likely to prolong my life, unless my family and loved ones would consider the burden to them to be unbearable. This means that I want all treatments:</p> <ul style="list-style-type: none"> • Even if the result is a quality of life that others regard as very poor • Even if treatment would prolong my life by only hours or days |
| 3. | <p>I cherish my life, so long as my quality of life is acceptable. I want only those medical treatments that are likely to be successful in preserving what I consider a good quality of life. This means that if my quality of life is likely to be poor, I would rather live a shorter period of time than undergo medical treatments that prolong my life. For me, an unacceptably poor quality of life means:</p> <ul style="list-style-type: none"> • (list of conditions/experiences drawn from user’s responses to the program)¹ |
| 4. | <p>I cherish my life, so long as my quality of life is acceptable <i>and efforts to prolong it do not impose on my family and loved ones a burden they consider to be unbearable</i>. I want only those medical treatments that would not impose such a burden and are likely to preserve what I consider a good quality of life – even if this means I would live a shorter period of time. For me, an unacceptably poor quality of life means:</p> <ul style="list-style-type: none"> • (list of conditions/experiences drawn from user’s responses to the program)¹ |
| 5. | <p>I do not want any medical treatments that would prolong my life, unless the purpose of the treatments is to help other people, such as:</p> <ul style="list-style-type: none"> • To make organ donation possible • To use my body for research or education • To allow family or friends to say goodbye to me |

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| 6. | <p>I do not want any medical treatments that would prolong my life, even if the treatments would:</p> <ul style="list-style-type: none">• Return me to my current state of health• Decrease my discomfort• Have a high probability of success• Impose minimal burden on me or on others• Benefit others (such as organ donation, research or education) |
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¹ Statements #3 and #4 are populated with bullet points drawn from the user's responses to the quality of life section that is completed earlier in the program.