

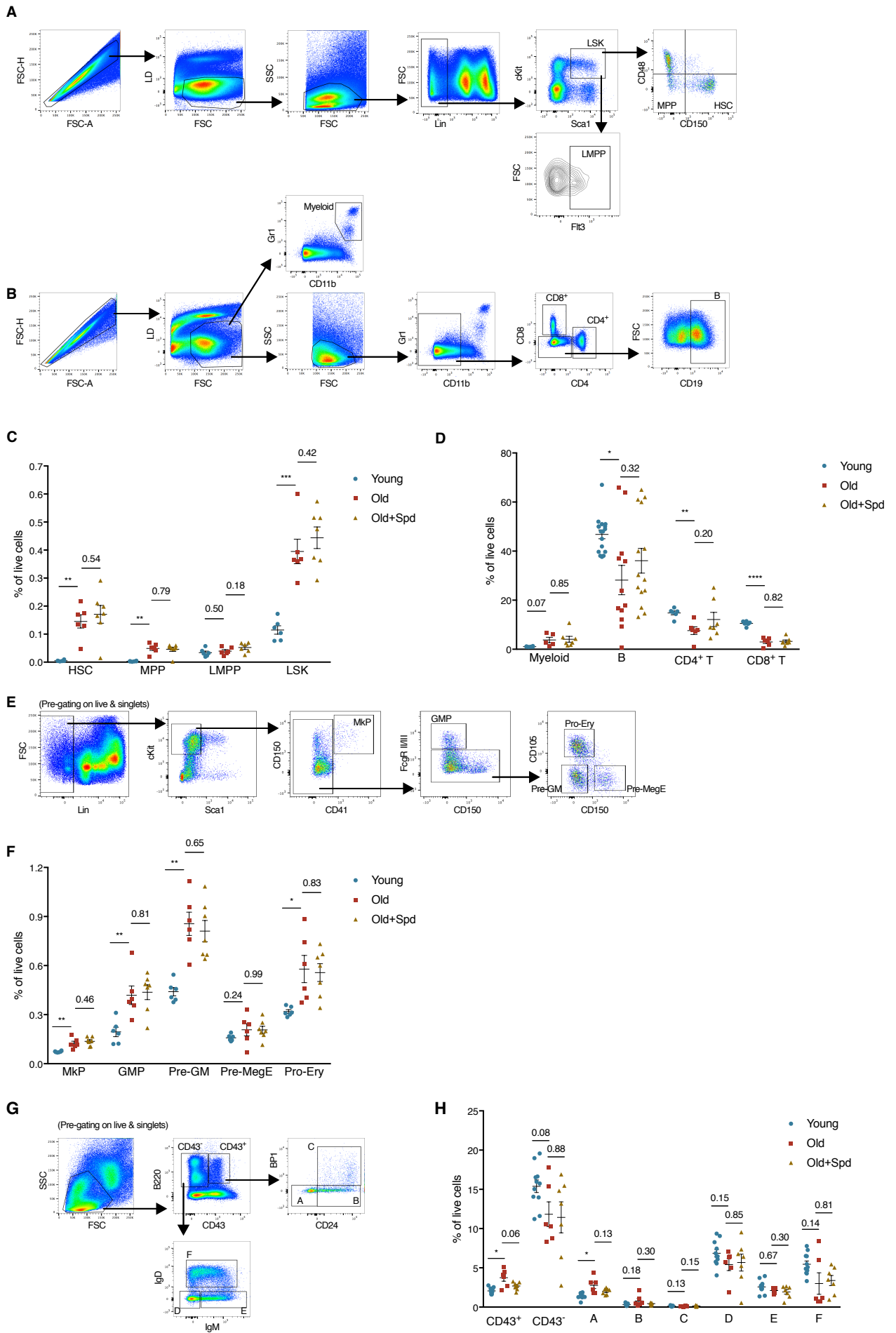
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**Supplemental Information**

**Polyamines Control eIF5A Hypusination,  
TFEB Translation, and Autophagy  
to Reverse B Cell Senescence**

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**Figure S1. Related to Figure 1. 6-week Treatment with Spermidine does not Affect Hematopoiesis in Old Mice.**



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Various hematopoietic cell types in bone marrow and spleen from young (12 weeks), old (22-24 months), and old mice continuously administered with spermidine in drinking water for 6 weeks as in Figure 1A were assessed by flow cytometry.

(A) Gating strategy for hematopoietic stem cells (HSCs), multipotent progenitors (MPPs), lymphoid-biased multipotent progenitors (LMPPs), and Lin<sup>-</sup>Sca1<sup>+</sup>cKit<sup>+</sup> cells (LSKs, enriched of hematopoietic stem and progenitor cells) in bone marrow.

(B) Gating strategy for myeloid cells, B cells, CD4<sup>+</sup> T cells, and CD8<sup>+</sup> T cells in spleen.

(C) Expanded phenotypic HSCs, MPPs, and LSKs in bone marrow from old mice. The abundance of indicated cell types as % of total live cells is shown. n = 6-7 mice.

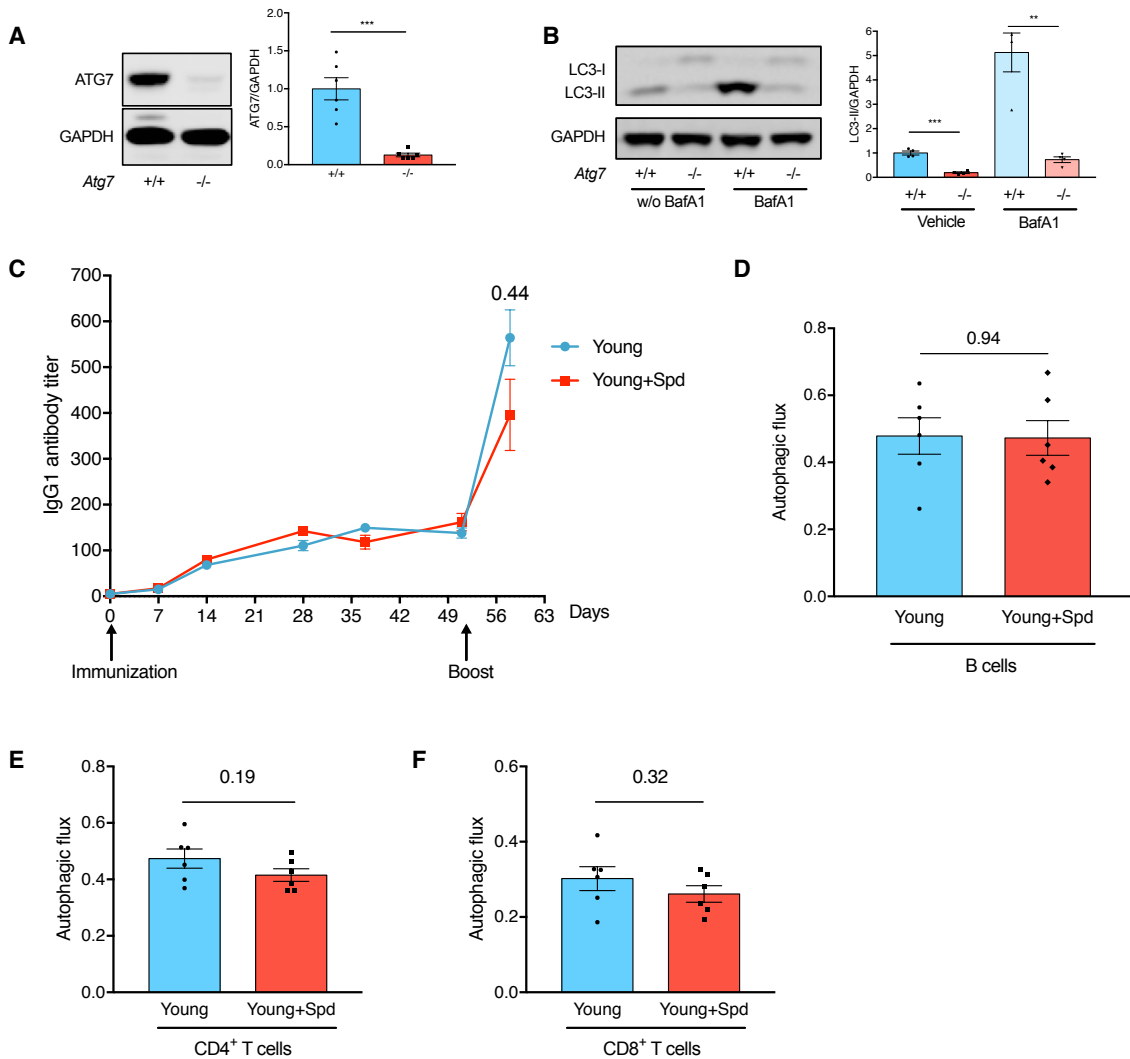
(D) Spleen lineages are lymphopenic in old mice. n = 6-17 mice as indicated by dots, combined from 2 independent experiments.

(E/F) Expanded myeloid progenitors in bone marrow from old mice. (E) Gating strategy for megakaryocyte progenitors (MkPs), granulocyte-macrophage progenitors (GMPs), pre-granulocyte/macrophages (Pre-GMs), pre-megakaryocytes/erythrocytes (pre-MegEs), and pro-erythroblast cells (Pro-Erys). (F) The abundance of indicated cell types is shown. n = 6-7 mice.

(G/H) Accumulated pro-B cells in old mice. (G) Gating strategy for Hardy fractions A-F. (H) The abundance of indicated cell types is shown. n = 7-11 mice, pooled from 2 independent experiments.

Each dot represents one mouse. Data represented as mean ± SEM. Welch's t-test. \*P≤0.05, \*\*P≤0.01, \*\*\*P≤0.001, \*\*\*\*P≤0.0001.

**Figure S2. Related to Figure 2. Spermidine does not Improve B Cell Responses in Young Mice.**



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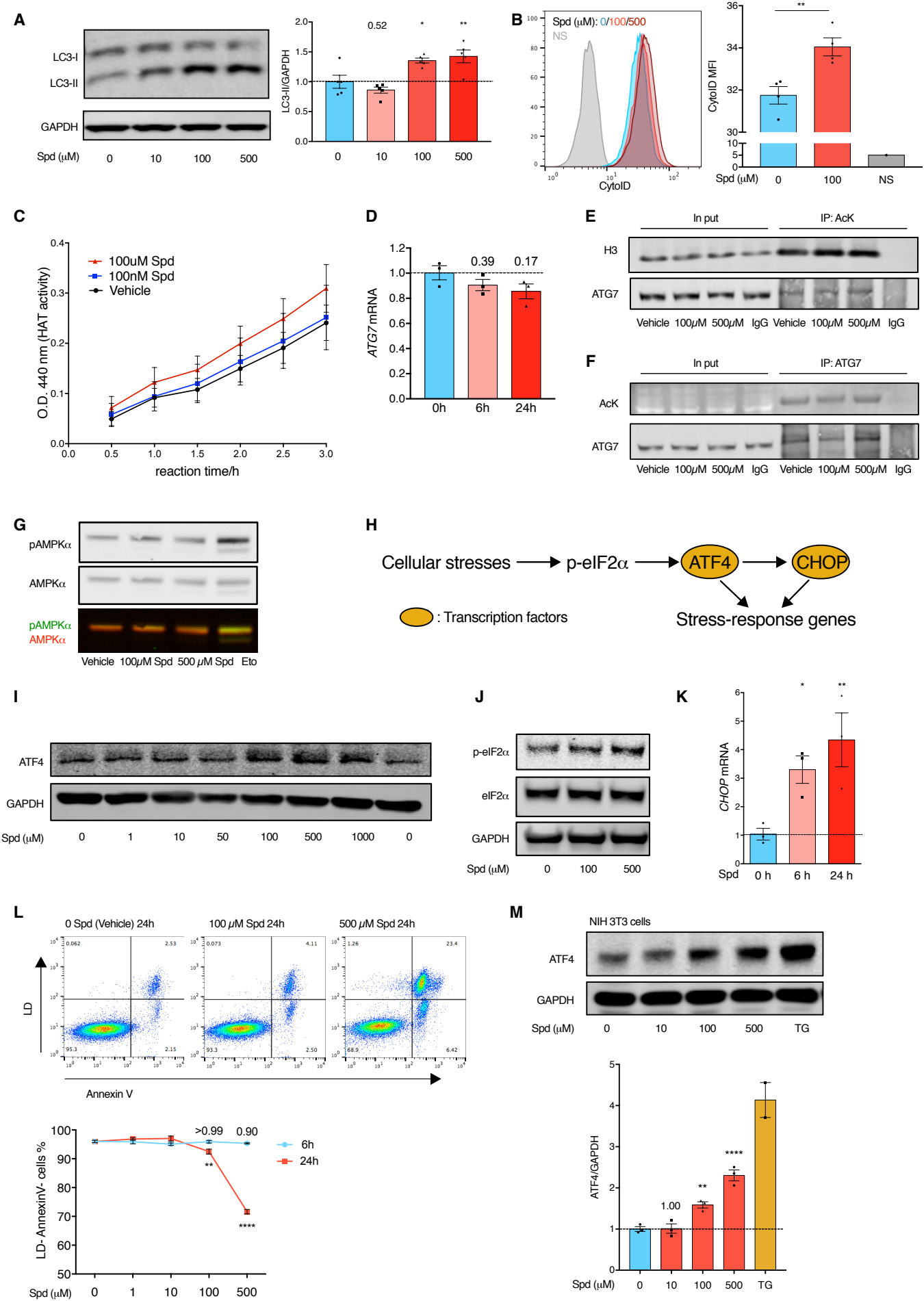
(A/B) Confirmation of reduced ATG7 expression and autophagy in B cells purified from B cell-specific *Atg7*-knockout mice. (A) B cells were purified from *Mb1-Cre<sup>-</sup>, Atg7<sup>fllox/fllox</sup> (+/+)* and *Mb1-Cre<sup>+</sup>, Atg7<sup>fllox/fllox</sup> (-/-)* mice and the expression of ATG7 was assessed by Western blot. n = 6 mice. (B) Purified B cells in (A) were cultured with 10 nM BafA1 for 2 h for LC3-II measurement by Western blot. n = 4 mice.

(C-F) Spermidine does not improve IgG1 responses in young mice. (C) Young adult mice were immunized and boosted with NP-CGG. Spermidine administration and serum NP-specific IgG1 measurement were processed as in Figure 2D. n = 11 (D7), 19 (D14), 12 (D28), 9 (D37), 15 (D51) and 6 (D58) mice, combined from 3 independent experiments. (D) Autophagic flux of splenic B cells ( $B220^+CD19^+$ ) (D),  $CD4^+$  T cells (E), and  $CD8^+$  T cells (F) from mice culled on D58 in (C) was measured by LC3-II flow cytometry staining as in Figure 1A. n = 6 mice.

Data represented as mean  $\pm$  SEM. One-tailed Welch's t-test (A/B). Two-tailed Student's t-test (C-F).

\*\* $P \leq 0.01$ , \*\*\* $P \leq 0.001$ .

**Figure S3. Related to Figure 3. Spermidine does not Directly Inhibit HAT Activities and High-dose Spermidine Induces Cellular Stress.**



**Figure S3. Related to Figure 3. Spermidine does not Directly Inhibit HAT Activities and High-dose Spermidine Induces Cellular Stress.**

(A/B) Spermidine induces autophagy *in vitro*. (A) Jurkat cells were treated with spermidine as indicated for 6 h. Autophagy was assessed by LC3-II Western blot. n = 5. (B) Autophagosome/autolysosome-specific staining of CytolD was measured by flow cytometry. n = 4.

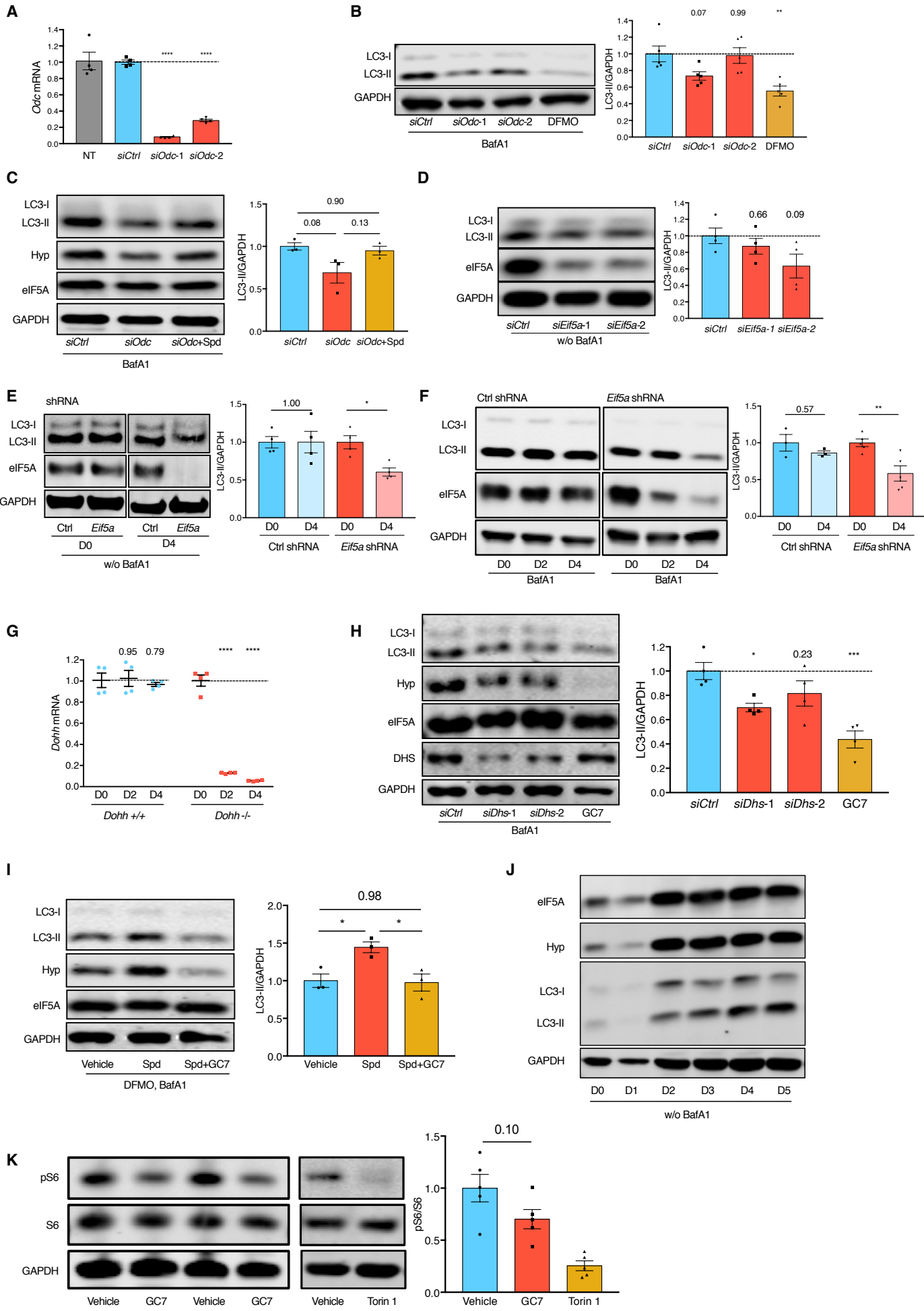
(C-F) Spermidine does not inhibit HAT activity in Jurkat cells. (C) Jurkat nuclear extract was prepared using the Nuclear/Cytosol Fractionation Kit, incubated with spermidine of indicated concentrations (starting from 0 h) and the relative HAT activity was measured using the HAT Activity Colorimetric Assay Kit. n = 3. (D) Jurkat cells were treated with 100  $\mu$ M spermidine for 6 h or 24 h. *ATG7* mRNA was measured by quantitative PCR (qPCR) with *GAPDH* used as the reference gene. n = 3. (E/F) Jurkat cells were treated with spermidine for 6 h and cellular proteins with acetylated lysine residues were pulled down (IP: AcK) and assessed for H3 and ATG7 acetylation (E). To assess ATG7 acetylation in an alternative way, ATG7 was pulled down (IP: ATG7) and acetylation measured with an antibody against AcK (F).

(G) Spermidine does not affect AMPK activity. Jurkat cells were treated with spermidine or etoposide (Eto) for 6 h. AMPK activity was assessed by AMPK $\alpha$  phosphorylation. Representative of 3 independent repeats.

(H-M) High-dose spermidine induces cellular stress. (H) Schematic overview of the integrated stress response eIF2 $\alpha$ -ATF4-CHOP pathway. Multiple cellular stresses induce the phosphorylation of eIF2 $\alpha$ . Phosphorylated eIF2 $\alpha$  facilitates the synthesis of the transcription factor ATF4, which then induces the expression of CHOP. ATF4 and CHOP induce the expression of multiple stress-response genes including chaperones, apoptosis, and autophagy. (I/J) Jurkat cells were treated with spermidine for 6 h. The expression of cellular stress markers ATF4 (I) and phosphorylation of eIF2 $\alpha$  (J) were assessed by Western blot. Representative of 3 independent repeats. (K) Jurkat cells were treated with 100  $\mu$ M spermidine. The expression of *CHOP* was assessed by qPCR with *GAPDH* as the reference gene. n = 3. (L) Jurkat cells were treated with spermidine of indicated concentrations for 6 h or 24 h. Cell viability and apoptosis were assessed by Live-Dead (LD) and Annexin V flow cytometry staining. n = 3. (M) NIH 3T3 cells were treated with spermidine or thapsigargin (TG) for 6 h. The expression of ATF4 was assessed by Western blot. n = 3.

Data represented as mean  $\pm$  SEM. One-way ANOVA with post hoc Dunnett's test (A/D/K/M). Student's t-test (B). Two-way ANOVA with post hoc Dunnett's test (L). \* $P \leq 0.05$ , \*\* $P \leq 0.01$ , \*\*\*\* $P \leq 0.0001$ .

**Figure S4. Related to Figure 3. Spermidine Maintains Cellular Autophagy by Hypusinating eIF5A.**





**Figure S4. Related to Figure 3. Spermidine Maintains Cellular Autophagy by Hypusinating eIF5A.**

(A) NIH 3T3 cells were transfected with non-targeting siRNA (*siCtrl*) or siRNA targeting two different regions of *Odc* mRNA (*siOdc-1/2*) for 3 days. The expression of *Odc* was assessed by qPCR with *Gapdh* as the reference gene. n = 4. NT, non-treatment. *siOdc-1* was used in all other figures unless specified otherwise.

(B-D) NIH 3T3 cells were transfected with *siOdc-1/2* with/without 10  $\mu$ M spermidine for 3 days (B/C), transfected with *siEif5a-1/2* for 3 days (D), or treated with DFMO for 24 h (B). LC3-II was measured by Western blot. n = 3-5.

(E/F) The knockdown of *Eif5a* was induced by 100  $\mu$ M IPTG in NIH 3T3 cells expressing IPTG-inducible *Eif5a* shRNA. The expression of LC3-II on indicated days post IPTG induction was measured by Western blot (E, without BafA1; F, with BafA1). n = 3-5.

(G) The expression of *Dohh* on indicated days post 4-OHT induced deletion was assessed by qPCR with *Gapdh* as the reference gene. n = 4.

(H) NIH 3T3 cells were transfected with *siCtrl* or siRNA targeting two different regions of *Dhs* mRNA (*siDhs-1/2*) for 3 days or treated with 100  $\mu$ M GC7 for 24 h. n = 4. *siDhs-1* was used in all other figures unless specified otherwise.

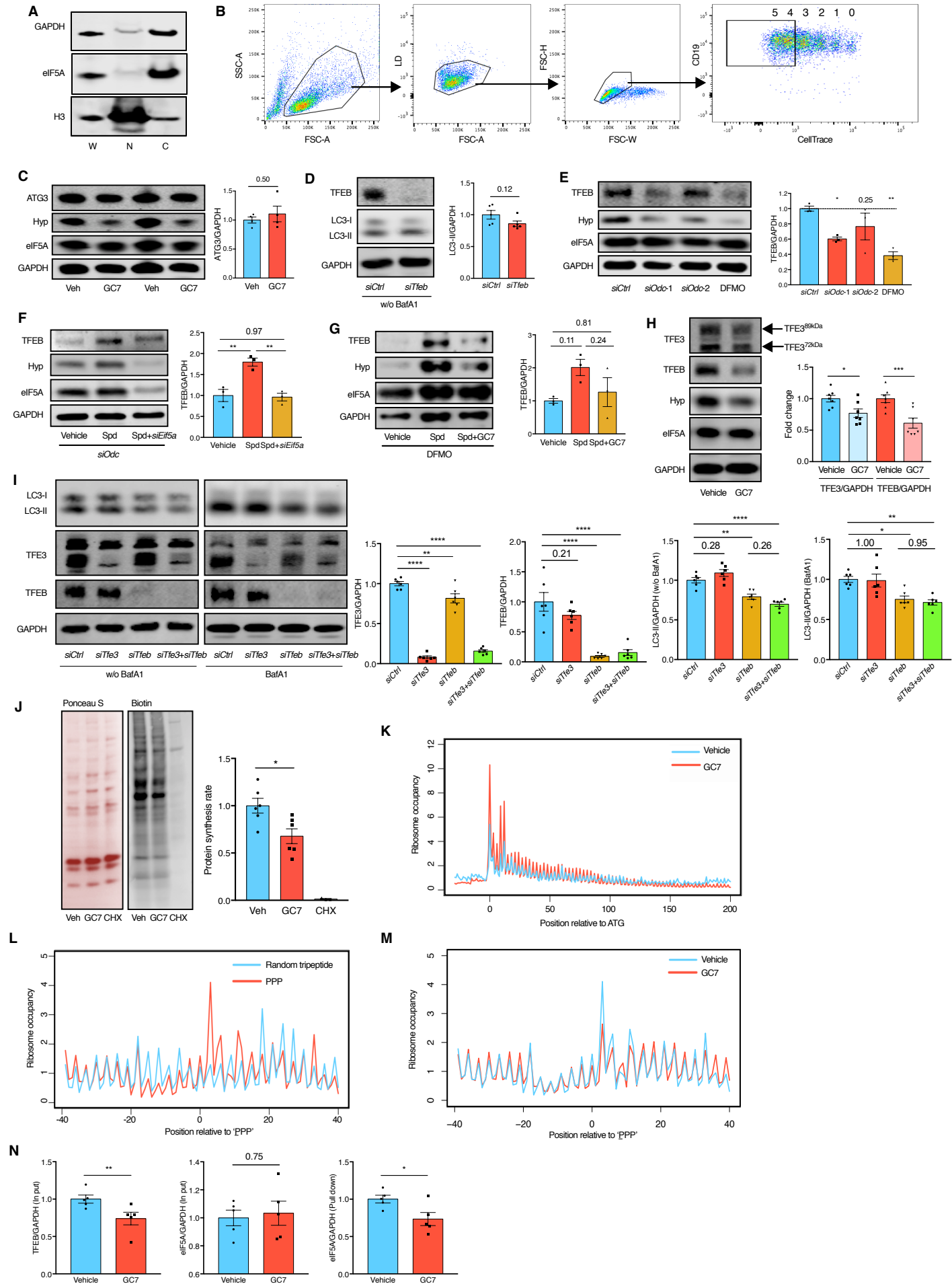
(I) Spermidine-depleted NIH 3T3 cells by DFMO treatment were rescued with 10  $\mu$ M spermidine alone or spermidine together with GC7 for 24 h. LC3-II was measured by Western blot. n = 3.

(J) Purified murine B cells were cultured with LPS for indicated days as in Figure 3H. The expression of overall eIF5A, hypusinated eIF5A, and LC3-II (without BafA1 treatment) was assessed by Western blot. Representative of 4 independent repeats.

(K) GC7 inhibits autophagy in an mTOR-independent manner (not via activating mTOR). LPS-activated murine B cells were treated with GC7 for 24 h as in Figure 3I, or with the mTOR inhibitor Torin 1 for 2 h. The expression of S6 and its phosphorylation (Ser235/236) downstream of mTOR were assessed by Western blot. n = 5.

BafA1 was added 2 h before harvest where indicated for autophagy measurement. Data represented as mean  $\pm$  SEM. One-way ANOVA with post hoc Dunnett's test (A/B/D/H), or with post hoc Tukey's test (C/I). Two-way ANOVA with post hoc Sidak's test (E/F) or Dunnett's test (G), Student's t-test (K). \* $P \leq 0.05$ , \*\* $P \leq 0.01$ , \*\*\* $P \leq 0.001$ , \*\*\*\* $P \leq 0.0001$ .

**Figure S5. Related to Figure 4 and Figure 5. Hypusinated eIF5A Regulates TFEB Expression and Overall Protein Synthesis.**



**Figure S5. Related to Figure 4 and Figure 5. Hypusinated eIF5A Regulates TFEB Expression and Overall Protein Synthesis.**

(A) An aliquot of protein samples for MS in Figure 4A was assessed by Western blot for cell fractionation efficiency. W: whole cell lysate; N: nuclear fraction; C: cytoplasmic fraction.

(B) Gating strategy for the FACS sorting in Figure 4B. Live B cells (CD19<sup>+</sup>) that divided four times or more were collected.

(C) Murine B cells were treated with 10  $\mu$ M GC7 for 24 h as in Figure 3I. The expression of ATG3 was assessed by Western blot. n = 4 mice.

(D) NIH 3T3 cells were transfected with *siTfeb* for 3 days. LC3-II expression was measured by Western blot. n = 5.

(E) NIH 3T3 cells were transfected with *siOdc-1/2* for 3 days or treated with 1 mM DFMO for 24 h. TFEB expression was measured by Western blot. n = 3.

(F) Spermidine-depleted NIH 3T3 cells by *siOdc* transfection were rescued with spermidine alone or in combination with *siEif5a* for 3 days. n = 3.

(G) DFMO-treated NIH 3T3 cells were treated (rescued) with spermidine alone or spermidine together with GC7 for 24 h. n = 3.

(H) Murine B cells were treated with GC7 as in (C). The expression of TFE3 and TFEB was assessed by Western blot. n = 7 mice.

(I) NIH 3T3 cells were transfected with *siTfe3*, *siTfeb*, or both together for 3 days. The expression of TFE3, TFEB, and LC3-II was assessed by Western blot. n = 6.

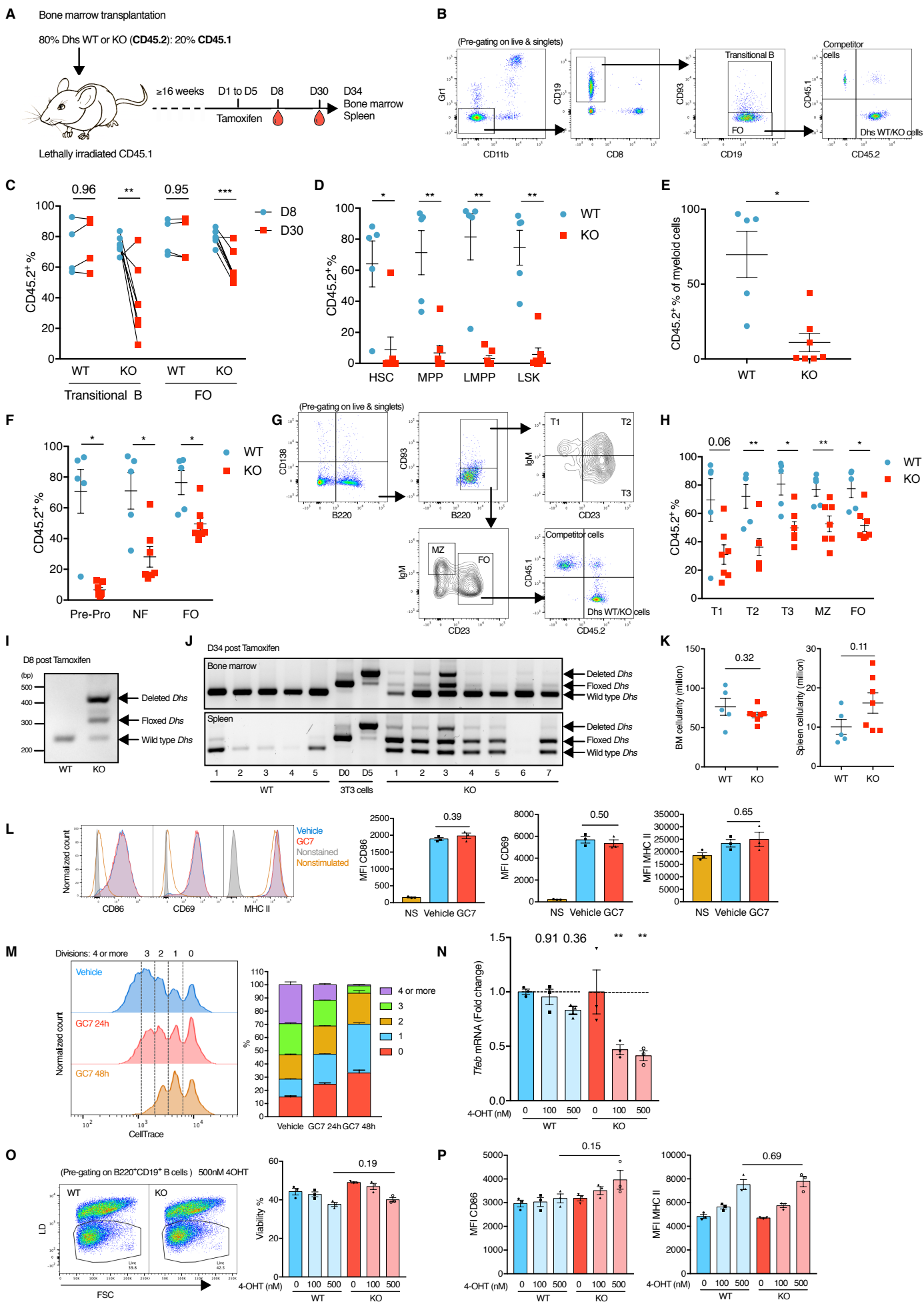
(J) Murine B cells were treated with GC7 as in (C). Nascent proteins were labeled with AHA for 4 h, conjugated to biotin by click reaction and directly assessed by Western blot with IRDye-conjugated streptavidin. Ponceau S staining of total proteins was used as the loading control. Cycloheximide (CHX) was added 30 min before adding AHA to inhibit translation as the positive control. n = 6 mice.

(K-M) Murine B cells were treated with GC7 as in (C) and processed for ribosome profiling. (K) Ribosome occupancy of all genes is aligned at the start codon and normalized to a mean value of 1 for each gene. (L/M) Ribosome occupancy of all genes expressing PPP motifs of the Vehicle sample (L) or GC7 and Vehicle samples (M) is aligned at the underlined Pro on the P site of the ribosome and normalized to a mean value of 1 for each gene.

(N) Quantification of Figure 5B. n = 5 mice.

Data represented as mean  $\pm$  SEM. Student's t-test (C/D/J/N). One-way ANOVA with post hoc Dunnett's test (E/I TFE3, TFEB), Tukey's test (F/G/I LC3-II), or Sidak's test (H). \*P $\leq$ 0.05, \*\*P $\leq$ 0.01, \*\*\*P $\leq$ 0.001, \*\*\*\*P $\leq$ 0.0001.

**Figure S6. Related to Figure 6. Hypusination of eIF5A is Essential for Hematopoiesis and B Cell Activation.**



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(A-K) Competitive bone marrow chimeric mice were generated by transplanting bone marrow cells from tamoxifen-inducible CD45.2<sup>+</sup> *Dhs* knockout mice (WT: *CAG-Cre/Esr1*<sup>+</sup>, *Dhs*<sup>+/+</sup>; KO: *CAG-Cre/Esr1*<sup>+</sup>, *Dhs*<sup>ff</sup>), and wild type CD45.1<sup>+</sup> competitors into CD45.1<sup>+</sup> recipient mice (A). After ≥ 16 weeks of long-term reconstitution, tamoxifen was administered by oral gavage for 5 consecutive days, followed with lineage contribution assessment. (B/C) The contribution of CD45.2<sup>+</sup> cells to transitional (CD19<sup>+</sup>CD93<sup>+</sup>) and mature follicular (FO) B cells (CD19<sup>+</sup>CD93<sup>-</sup>) in peripheral blood on day 8 and day 30 post tamoxifen induction was assessed by flow cytometry. (D-H) The contribution of CD45.2<sup>+</sup> cells to bone marrow hematopoietic stem and progenitor cells (D), spleen myeloid cells (CD11b<sup>+</sup>Gr1<sup>+</sup>) (E), bone marrow pre-pro B cells (Hardy fraction A), newly formed B cells (NF, fraction E), follicular B cells (FO, fraction F) (F), and spleen transitional B cells (T1-3), marginal zone B cells (MZ), follicular B cells (G/H) was assessed by flow cytometry on day 34 post tamoxifen induction. (I/J) *Dhs* deletion efficiency was tested by PCR. DNA was extracted from pooled peripheral blood of the chimeric mice on day 8 post tamoxifen administration (I) or from bone marrow and spleen on day 34 post tamoxifen administration (J). 4-OHT-induced *Dhs* deletion (D0/D5) in 3T3 cells derived from *CAG-Cre/Esr1*<sup>+</sup>, *Dhs*<sup>ff</sup> mouse embryonic fibroblasts was used as positive control. (K) The cellularity of bone marrow (tibia and femur of both sides) and spleen of WT and KO *Dhs* chimeric mice. n = 4-7 mice.

(L) Wild type murine B cells were stimulated with LPS for 1 day with or without 10 μM GC7. The expression of early activation markers CD86, CD69, and MHC II was assessed by flow cytometry. NS, nonstimulated. n = 3 mice.

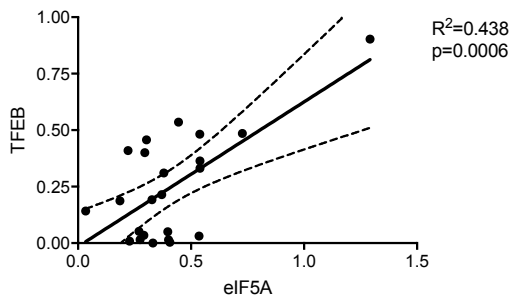
(M) Wild type murine B cells were stained with CellTrace and cultured with LPS for 3 days. GC7 was added 24 h or 48 h before harvest for cell proliferation analysis (left). The percentage of cells that divided for the indicated times is quantified (right). n = 6 mice.

(N-P) The knockout of *Tfeb* in B cells was induced as in Figure 6A for 4 days. (N) The *Tfeb* knockout efficiency was assessed by qPCR with *Gapdh* as the reference gene. (O) The viability of B cells was assessed by flow cytometry. (P) Quantification of Figure 6C. n = 3 mice.

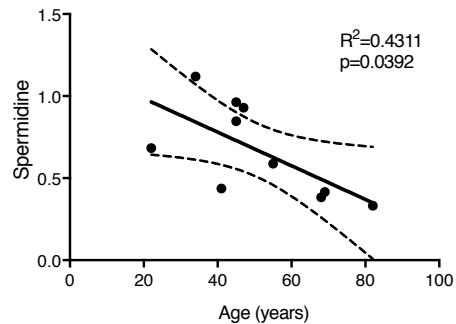
Data represented as mean ± SEM. Two-way ANOVA with post hoc Sidak's test for transitional B cells and follicular B cells separately (C) or with post hoc Dunnett's test (N). Welch's t-test (D/E/F/H). Student's t-test (K/L/O/P). \*P≤0.05, \*\*P≤0.01, \*\*\*P≤0.001.

**Figure S7. Related to Figure 7. Spermidine does not Improve Young Human B Cell Responses.**

**A**

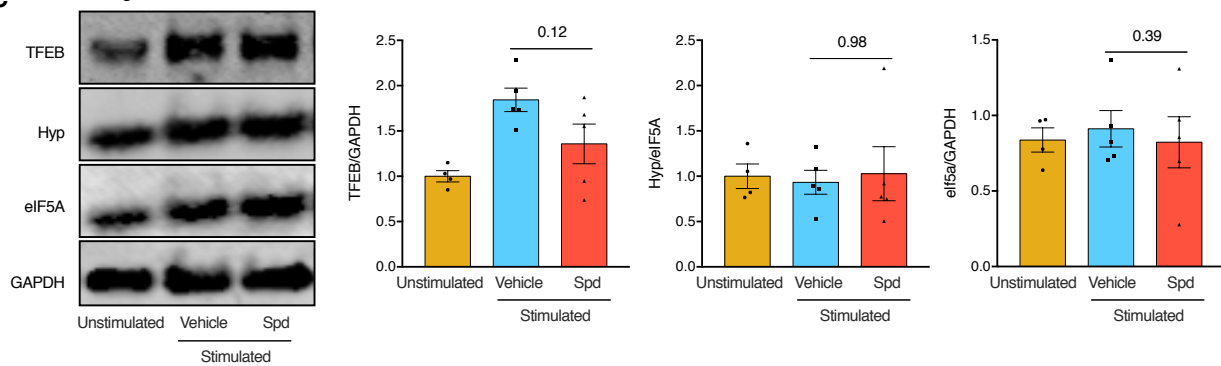


**B**

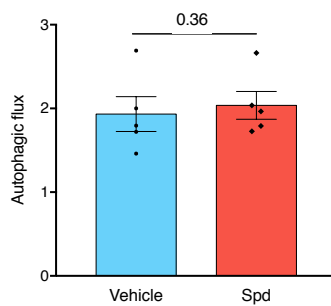


**C**

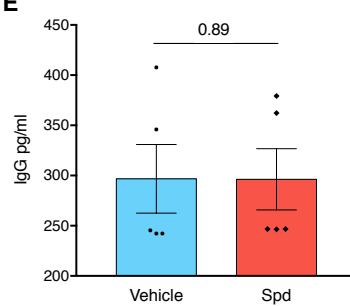
Young human B cells



**D**



**E**



**Figure S7. Related to Figure 7. Spermidine does not Improve Young Human B Cell Responses.**

(A) Correlative analysis between the expression of TFEB and eIF5A (both normalized to GAPDH) in samples of Figure 7A. n = 23 donors.

(B) Spermidine content of PBMCs collected from healthy donors was measured by GC-MS. n = 10 donors.

(C-E) Sorted B cells from young human donors (<65 years) were stimulated by anti-IgM and CD40L for 7 days with 10  $\mu$ M spermidine where indicated. (C) The expression of TFEB, overall eIF5A and hypusinated eIF5A was assessed by Western blot. (D) The autophagic flux was measured by flow cytometry staining of LC3-II as in Figure 1A. (E) Supernatant IgG was assessed by ELISA. n = 5 donors. Data represented as mean  $\pm$  SEM.

Linear regression with 95% confidence intervals (A/B). The goodness of fit is assessed by  $R^2$ , and the P value of the slope (whether significantly non-zero) is calculated by F test (A/B). Paired Student's t-test (C-E).