

## Appendix I: Critical appraisal tool

Questions:	Yes	No	Unsure	N/A	Comments
<b>Did the study address a clearly focused issue?</b>					
<b>Did the authors use an appropriate method to answer their question?</b>					
- Did it address the study question?					
<b>Were the subjects recruited in an acceptable way?</b>					
- Selection bias?					
- Is the sample representative?					
<b>Was the study population clearly specified and defined?</b>					
<b>Were the measures accurately measured to reduce bias?</b>					
- Measurement or classification bias?					
- Did they use subjective or objective measurements?					
- Do the measures truly reflect what you want them to?					
<b>Were the data collected in a way that addressed the research issue?</b>					
- Is the setting for data collection justified?					
- Is it clear how data were collected?					
- Are the methods chosen justified?					
- Are the methods made explicit?					
<b>Did the study have enough participants to minimise the play of chance?</b>					
- Is the result precise enough to make a decision?					
- Is there a power calculation?					
- Is the number justified?					
<b>How are the results presented and what is the main result?</b>					
- Are they presented clearly i.e. as a measurement?					
- Is the result meaningful?					
<b>Was the data analysis sufficiently rigorous?</b>					
<b>Is there a clear statement of findings?</b>					
- Are findings explicit?					
- Is there adequate discussion of the evidence?					
- Is credibility of findings discussed?					
- Are findings discussed related to original research questions?					
<b>Are the results generalisable?</b>					

## Appendix 2: List of articles unavailable through inter-library loans/translator not available

- 1) MAHAKA HT and CHAKOMBERA E, 2008. Knowledge, attitudes and practices on infant feeding options among HIV positive mothers. Central African Journal of Medicine, 54(9-12), pp. 51-53.
- 2) AGU, U. and AGU, M., 2011. Knowledge and practice of exclusive breastfeeding among mothers in a rural population in south eastern Nigeria. Tropical Journal of Medical Research, 15(2), pp. 39-44.
- 3) WREN, H. and CHAMBERS, L., 2011. Breastfeeding in Cambodia: mother knowledge, attitudes and practices. World health & population, 13(1), pp. 17-29.

- 4) SINGH, D., VERMA, M., KATOCH, V. and SINGH, T., 1993. Impact of health education pamphlets on maternal knowledge. Indian Journal of Maternal and Child Health, 4(4), pp. 105-107.
- 5) ALI, I., RABBANI, M, W., SHEIKH, M, A., 2010. Patterns of feeding in children under eighteen month of age in Multan; a hospital based study – Children Hospital and Institute of Child Health-Department of pediatrics. Index Medicus for the Eastern Mediterranean Region – IMEMR. Medical Forum Monthly 2010; 21 (12): 37-40
- 6) Croatian article excluded due to no translator: MUJKIĆ, A. and VULETIĆ, G., 2004. Knowledge and attitudes towards breastfeeding among nursing women. Acta Medica Croatica, 58, pp. 37-41.