

PNAS

www.pnas.org

Supplementary Information for

Association of *EGLN1* gene with high aerobic capacity of Peruvian Quechua at high altitude

Tom D. Brutsaert^{1*}, Melissa Kiyamu², Gianpietro Elias Revollendo¹, Jenna L. Isherwood³, Frank S. Lee⁴, Maria Rivera-Ch.², Fabiola Leon-Velarde², Sudipta Ghosh⁵, Abigail W. Bigham³.

Corresponding author

Tom D Brutsaert

Email: tbrutsa@syr.edu

This PDF file includes:

Supplementary Text, Materials and Methods
Figures S1 to S3
Tables S1 to S9
Dataset S1

Supplementary Information Text

MATERIALS AND METHODS:

Study design and sub-group structure of the genetic sample.

The overall sampling structure comprised four study sub-groups defined by ancestry (Quechua vs non-Hispanic White), by altitude of birth (sea level vs. above 3,000 meters), and in the case of one group, by migration status (highland migrants to sea-level). These groups included: (1) Quechua-High Altitude Residents (HAR, n=195) who were recruited and tested in Cerro de Pasco, Peru at 4,338 m above sea-level; (2) Quechua-Migrants (M, n=111) who were born and raised above 3,000 m but migrated permanently to sea-level (Lima) at some point during their lives; (3) Quechua-Born at Sea level (BSL, n=123), who were recruited and tested in Lima, Peru at sea-level; and (4) Syracuse non-Hispanic whites (n=94) who were recruited from undergraduate and graduate courses at Syracuse University and tested in Syracuse, NY, USA, at ~140 m. All participants were classified as Quechua-Andean or non-Hispanic white based on self-identified ancestry that was later verified through PCA and population structure analysis performed on genome-wide SNP data generated using the Affymetrix (Santa Clara, CA) Axiom Biobanking Array. Roughly equal numbers of healthy males and non-pregnant, non-lactating females were recruited between the ages of 18-35. For the Quechua-HAR sample, individuals involved in mining activities or those who presented with chronic mountain sickness were excluded from the study. For the Quechua-M, the mean age at migration to sea-level was about 15 years, but there was a wide range with the earliest migrants arriving to Lima at several months of age and the latest migrants arriving as adults. All Quechua-M had been at sea-level for at least two months prior to study participation. Many of the Syracuse sample were recruited from the Exercise Science Department at Syracuse University, and these participants were generally involved in sport and aerobically fit. In contrast, many of the Andean participants described themselves as not physically active or involved in recreational sport. All participants provided written informed consent in their native language for study procedures approved by the *Syracuse University Office of Research Integrity and Protections*, and the *Research Ethics Committee of the Universidad Peruana Cayetano Heredia (UPCH)*, Lima, Peru. The study also was approved by *The University of Michigan Institutional Review Board*.

General subject characteristics.

Standard anthropometry was used to obtain height, weight, and skin-fold measurements. Body fat percentage (% Body Fat) was calculated from biceps, triceps, subscapular, and suprailiac skinfolds using the equations of Durnin and Wommersley (1). Hemoglobin concentration [Hb] was measured on venous blood obtained by forearm venipuncture using a Hemocue blood hemoglobin analyzer (Angelholm, Sweden). Many additional physiological traits were measured on study participants, but only the exercise testing is described in detail as other traits were not relevant to the analyses presented in this paper.

Exercise Testing.

Exercise testing was conducted in Cerro de Pasco, Peru, (for Quechua-HAR), at UPCH in Lima, Peru (for Quechua-M and Quechua-BSL), or at Syracuse University for Syracuse participants. Our goal was to measure the VO_2 max in hypoxia. Thus, Quechua-HAR were tested under ambient conditions in their native high-altitude environment (4,338 m), while the three sea-level resident groups (Quechua-M, Quechua-BSL, and Syracuse) were tested under simulated altitude conditions at sea-level (normobaric hypoxia). To simulate the altitude of Cerro de Pasco, Peru the fractional concentration of O_2 (F_{iO_2}) was lowered to approximately 0.126 using a Hypoxic generator (New York, NY). The generator delivered a constant flow of air to a large reservoir bag, which was then delivered to the participant via the in-port of a 1-way low resistance Hans Rudolph breathing valve.

VO₂max was measured on a mechanically braked Monarch (Langley, WA) 818e research ergometer (Peru participants) or on a Lode (Groningen, Netherlands) Excaliber X (Syracuse participants). After a 3-minute resting period, participants started cycling at 60 watts (W) external work. They remained at this work load for nine minutes as a warm-up/stabilizing period, and thereafter resistance was incremented by 30 W every three minutes until subject volitional fatigue. Participants were given verbal encouragement, and VO₂max was defined as the highest level of oxygen consumption averaged over the final minute of the test concomitant with a respiratory exchange ratio (RER) greater than 1.10 and a maximal heart rate within 10% of the age-predicted maximum.

During VO₂ testing, expired ventilation (VE, l·min⁻¹) as well as the fractional concentrations of O₂ and CO₂ in expired air were processed by a Parvo Medics True Max metabolic measuring system (Sandy, Utah) to produce 1-minute interval calculations of VO₂. For altitude simulation testing a precise measure of the F_iO₂ was made just prior to the beginning of VO₂ measurement as this value typically fluctuated by several tenths of a percent. This final value was used in the calculation of VO₂. Gas analyzers were calibrated with standard gases before each exercise test. A heated pneumotach was used to measure the VE. It was calibrated prior to each test with a 3-liter calibration syringe. Heart rate (HR) was continuously monitored via telemetry (Polar Electric, Oy, Sweden) interfaced with the metabolic measuring system.

Determination of a final sample for genetic analysis.

A total of n=748 participants were recruited for exercise testing, with Quechua-HAR=298, Quechua-M=150, Quechua-BSL=152, and Syracuse=148. Given the large role of participant motivation during maximal exercise testing, participants were only retained in the final sample if they met objective criteria for a true VO₂max i.e., a respiratory exchange ratio greater than or equal to 1.1 and a maximal heart rate within 10% of the age-predicted maximum. Applying these criteria resulted in the exclusion of about 20% of all participants to yield a sample of n=570. Having only 80% of participants reach a true VO₂max when testing non-athlete populations is typical, and the success rate was similar between Quechua and Syracuse participants. Of the remaining “true VO₂max” participants, 47 additional samples were excluded to yield a final genetic sample of n=523. These included 19 Quechua participants who were excluded after later genetic analysis revealed that they were third degree relatives or higher with another participant (we retained the relative with the higher genotyping call rate) (2); eight samples who were excluded as they failed best practices guidelines for the Affymetrix Axiom Biobanking Array (six Quechua and two Syracuse); three Syracuse samples who did not provide DNA; and 17 Syracuse samples did not have available DNA at the time of genotyping.

Variant Genotyping.

Microarray genotype data were generated using the Affymetrix (Santa Clara, CA) Axiom Biobanking Array featuring approximately 610,000 markers. All DNA available at the time of genotyping was assayed. The Biobanking Array contains 29 markers in and around (50KB upstream and downstream) *EGLN1*. Of the 29 *EGLN1* markers analyzed, 14 were monomorphic in our sample and five had minor allele frequencies (MAFs) less than 1% and thus were removed from association analysis (SI Appendix, Table S8). Four of the remaining *EGLN1* markers did not meet Affy best practices for QC and were also removed from association analysis. In addition, we manually genotyped two *EGLN1* SNPs (rs479200, rs480902) using PCR and restriction enzyme digestion and tetra-primer amplification refractory mutation system-PCR (ARMS-PCR), respectively, in our final sample of 523 participants. This left a final selection of 8 *EGLN1* SNPs for genetic analysis. The two manually genotyped SNPs were selected based on the analysis of whole genome sequence data obtained from 10 high altitude-adapted Andeans (3). These SNPs exhibited substantial differences in MAF compared to Mexican controls from the 1,000 Genomes Phase 3 (Table 2) and resided in transcriptionally active regions according to ENCODE data obtained from the UCSC Genome Browser. SNPs were phased using FastPHASE (4). Haploview was used for r² calculations of LD (5). In our replication cohort of 67 Peruvian Quechua high-

altitude residents, the most significant SNP identified in our association models (rs1769793) was manually genotyped using PCR and restriction enzyme digestion. Primers and restriction enzymes for these three SNPs are provided in SI Appendix, Table S9.

Genome-wide association analysis.

For GWAS, we tested 215,512 autosomal genomic variants for associations with VO₂Max. Each of these variants passed initial QC filtering of the full array data (628,679 variants) including genotyping rate > 95%, minor allele frequency (MAF) > 0.05, and Affy best practices QC. SNP associations with VO₂max were performed using standard linear regression in Plink version 1.9 (<https://www.cog-genomics.org/plink2/>). Genome-wide significance was assessed by applying the false discovery rate of Benjamini and Hochberg as well as genomic control. Sex, group, age, and height were included as covariates. In the Andes, a particular concern is admixture (population stratification), which can lead to spurious genotype-phenotype association i.e., false positives (6). We controlled for stratification by introducing into all statistical models the first principle component (PC) of a principal component analysis (PCA) performed using genotype data from the Affymetrix Axiom Biobanking array. Peruvian Quechua and Syracuse data were combined with publicly available genotype data from three HapMap populations including 60 Yorubans from Ibadan, Nigeria, 90 East Asians including 45 Han Chinese from Beijing and 45 Japanese from Tokyo, and 60 CEPH Europeans with northern and western European ancestry. SNPs with call rates greater than 95% and with r^2 values below 0.8 were retained in the analysis (n = 383,916). PCA was performed in Plink version 1.9 (7). The first three PCA plots are provided in SI Appendix, Fig. S1.

A priori ANCOVA.

SNP association testing was performed using the GLM procedure of IBM SPSS Statistics Software, version 23.0. VO₂max is a multifactorial complex phenotype. Before testing for association with *EGLN1* SNPs we identified the major covariates and covariate interactions that explained the majority of the variance in the absolute VO₂max (l·min⁻¹). These included sex (i.e., VO₂max is generally higher in males than females), age (i.e., VO₂max decreases with age), weight (i.e., absolute VO₂max is larger in larger individuals), and the sub-group designation. [Hb] was not associated with VO₂max (controlling for sex), and thus not included as a covariate in association models. An alternative method to control for body-weight is to express VO₂max as a ratio standard i.e., the relative VO₂max (ml·min⁻¹·kg⁻¹). However, ratio standards are problematic as they can introduce bias and so we controlled for size/weight statistically, an approach that is favored by most methodologists (8). The study-group designation was used as a covariate to control for differences between study groups related to acclimatization status, developmental exposure to high altitude, and differences in the level of physical activity between groups. In the Andes, a particular concern is admixture (population stratification), which can lead to spurious genotype-phenotype association i.e., false positives (6). We controlled for stratification by introducing into all statistical models the first five principle components (PCs) of a PCA performed using genotype data (n= 383,916 markers) from the Affymetrix Axiom Biobanking array in Plink version 1.9 (7). We then observed the change (if any) on the SNP model coefficients.

In model building, we used the conventional p-value cutoff of p<0.05 for covariate and interaction effects. Once a final model was determined, including interactions, a specific *EGLN1* SNP marker was introduced into the model. For SNP associations, we applied a Bonferroni correction for multiple testing with a p-value cutoff of p<0.004 ($\alpha= 0.05$, 12 tests). If the main SNP effect was significant at p<0.004, we also examined interactions with other factors in the model and retained the interaction effect using the conventional p-value cutoff of p<0.05. Finally, after detecting a significant *EGLN1* SNP association, we corrected for the possibility of population stratification by introducing the first five principle components from the PCA into the model and observing the change (if any) on the model coefficients.

1000 Genomes comparison populations.

Comparison data from the 1000 Genomes Phase 3 were used to construct Fig. 1b and d, and supplemental Fig 3 (<https://www.ncbi.nlm.nih.gov/variation/tools/1000genomes/>). The Comparison populations are GBR, British in England and Scotland; ACB, African Caribbeans in Barbados; ASW, Americans of African ancestry in southwestern USA; BEB, Bengali from Bangladesh; CDX, Chinese Dai in Xishuangbanna, China; CEU, Utah residents with Northern and Western European ancestry; CHB, Han Chinese in Beijing, China; CHS, Southern Han Chinese; CLM, Colombians from Medellin, Colombia; ESN, Esan in Nigeria; FIN, Finnish in Finland; GWD, Gambian; GIH, Gujarati Indian from Houston, Texas, USA; IBS, Iberian population in Spain; ITU, Indian Telugu from the UK; JPT, Japanese in Tokyo, Japan; KHV, Kinh in Ho Chi Minh City, Vietnam; LWK, Luhya in Webuye, Kenya; MSL, Mende in Sierra Leone; MXL, Mexican ancestry from Los Angeles, USA; PEL, Peruvians from Lima, Peru; PJI, Punjabi from Lahore, Pakistan; PUR, Puerto Ricans from Puerto Rico; STU, Sri Lankan Tamil; TSI, Toscani in Italy; YRI, Yoruba in Ibadan, Nigeria.

The replication sample.

We replicated the association results for rs1769793 using data from a previously recruited Quechua cohort from Cerro de Pasco, Peru. These data were collected in 2001-2 from 67 male and female Quechua by the same investigators using the same exercise testing equipment and protocol (9-11). In general, the participants from the earlier study were more physically active and more were sampled from nearby surrounding rural areas rather than directly from the city of Cerro de Pasco.

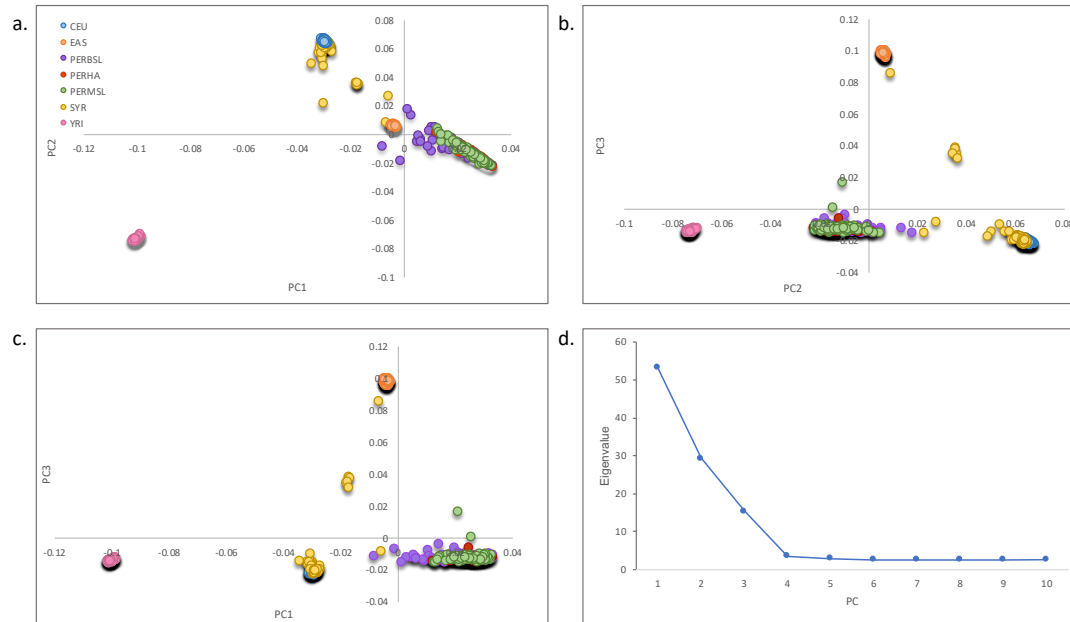


Fig. S1. The first three principal components (PCs) calculated for 523 Peruvian Quechua (PERBSL, PERHA, and PERMSL) and Syracuse (SYR) participants recruited as part of this effort as well as CEPH Europeans (CEU), East Asians including Han Chinese from Beijing and Japanese from Tokyo (EAS), and Yorubans from Ibadan Nigeria (YRI). (a) PC1 versus PC2.(b) PC2 versus PC3. (c) PC1 versus PC3. PCA was calculated in Plink v.1.9 using 383,916 autosomal SNPS genotyped on the Affymetrix biobanking array. SNPs with call rates < 95%, $r^2 > 0.8$, those that failed Affy best practices QC, and monomorphic SNPs were excluded from the analysis. Population labels in (a) apply to panels (b) and (c). (d) Scree Plot depicting the Eigenvalues for PCs one through ten.

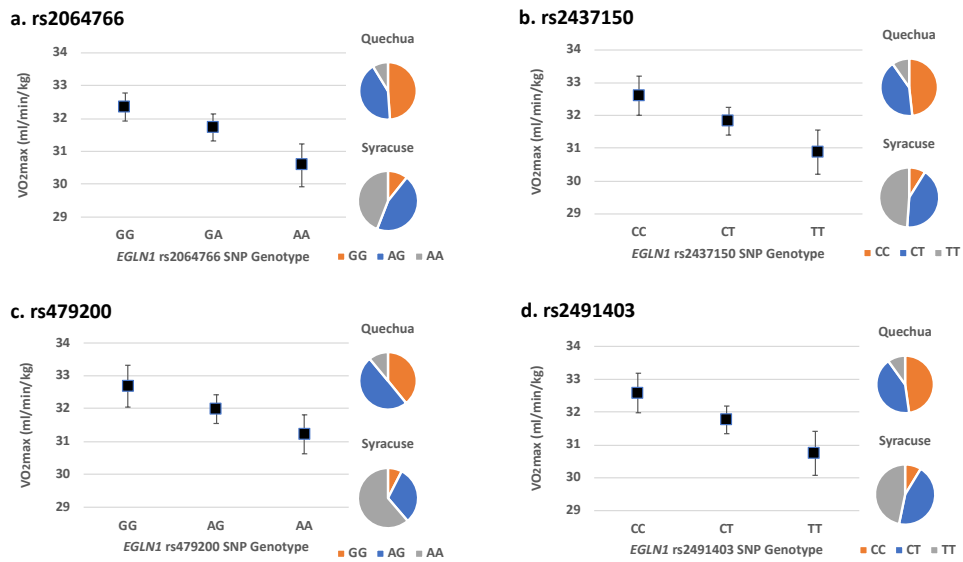
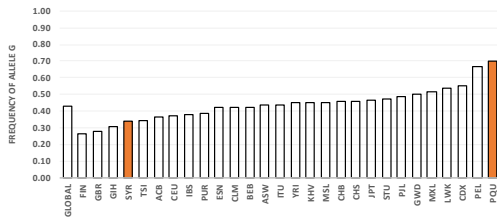
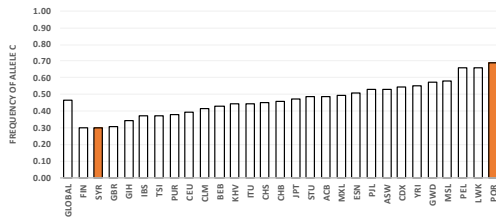


Fig. S2. Marginal mean values of VO_{2max} ($ml \cdot min^{-1} \cdot kg^{-1}$) and genotype frequencies for Quechua and Syracuse samples for four additional *EGLN1* SNP markers that were associated with VO_{2max} (a-d). The high VO_{2max} genotype (TT) is given in orange, the heterozygote genotype (CT) in blue, and the low VO_{2max} genotype (CC) in grey. The four SNPs shown in panels a-d show similar patterns of association as that described for rs1769793 in Fig. 1. That is, allele frequency differences between Quechua and Syracuse samples were similar to that for rs1769793, and the high frequency genotype in Quechua was always the high VO_{2max} genotypic category. Error bars are standard error of the mean (SEM).

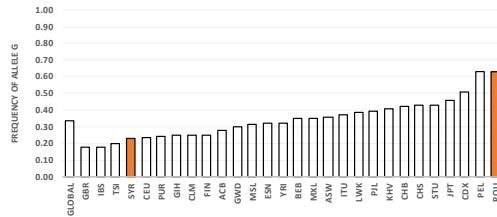
a. rs2064766



b. rs2437150



c. rs479200



d. rs2491403

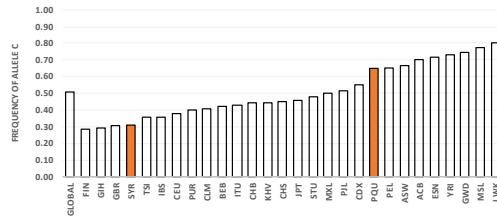


Fig. S3. Worldwide frequency of the putative adaptive allele at four additional *EGLN1* SNP loci (panels a-d) in Peruvian Quechua (PQU) and Syracuse (SYR) samples compared to allele frequency data from the 1000-genomes browser. At three of these loci (panels a, b, and c) Quechua had the highest frequency worldwide for the putative adaptive allele. SNPs represented in panels **a-d** correspond to the same panels in Supplemental Fig. 3. Allele frequency data come from the 1000-genomes browser. Global is the global mean frequency of the putative adaptive allele. Comparison populations are GBR, British in England and Scotland; ACB, African Caribbeans in Barbados; ASW, Americans of African ancestry in southwestern USA; BEB, Bengali from Bangladesh; CDX, Chinese Dai in Xishuangbanna, China; CEU, Utah residents with Northern and Western European ancestry; CHB, Han Chinese in Beijing, China; CHS, Southern Han Chinese; CLM, Colombians from Medellin, Colombia; ESN, Esan in Nigeria; FIN, Finnish in Finland; GWD, Gambian; GIH, Gujarati Indian from Houston, Texas, USA; IBS, Iberian population in Spain; ITU, Indian Telugu from the UK; JPT, Japanese in Tokyo, Japan; KHV, Kinh in Ho Chi Minh City, Vietnam; LWK, Luhya in Webuye, Kenya; MSL, Mende in Sierra Leone; MXL, Mexican ancestry from Los Angeles, USA; PEL, Peruvians from Lima, Peru; PHL, Punjabi from Lahore, Pakistan; PUR, Puerto Ricans from Puerto Rico; STU, Sri Lankan Tamil; TSI, Toscani in Italy; YRI, Yoruba in Ibadan, Nigeria.

<insert page break here>

Table S1. Sample characteristics by sub-group.

| | <u>Born at high altitude</u> | | | | <u>Born at sea level</u> | | | |
|------------------------------------|---|------------------------|--|------------------------|--|------------------------|--|-------------------------|
| | <i>Quechua-HAR</i> n=195 (m=106/f=89) | | <i>Quechua-M</i> n=111 (m=58/f=53) | | <i>Quechua-BSL</i> n=123 (m=62/f=61) | | <i>Syracuse</i> n=94 (m=48/f=46) | |
| | Mean | S.E. | Mean | S.E. | Mean | S.E. | Mean | S.E. |
| Age, yrs | 24.0 | ± 0.3 ^{B,D} | 25.5 | ± 0.5 ^{A,D} | 24.5 | ± 0.4 ^D | 21.8 | ± 0.4 ^{A,B,C} |
| Mean age at migration to sea level | N/A | | 15.6 | ± 0.6 | N/A | | N/A | |
| Weight, kg | 59.0 | ± 0.6 ^{C,D} | 61.8 | ± 0.9 ^{C,D} | 66.6 | ± 1.0 ^{A,B} | 68.8 | ± 1.1 ^{A,B} |
| Ht, cm | 158.2 | ± 0.6 ^{C,D} | 158.5 | ± 0.7 ^{C,D} | 161.5 | ± 0.8 ^{A,B,D} | 172.2 | ± 0.9 ^{A,B,C} |
| Hemoglobin, g/dl | 17.9 | ± 0.1 ^{B,C,D} | 13.9 | ± 0.1 ^A | 13.9 | ± 0.1 ^A | 13.7 | ± 0.1 ^A |
| % Body Fat | 23.9 | ± 0.6 ^C | 26.0 | ± 0.7 ^D | 27.5 | ± 0.6 ^{A,D} | 23.1 | ± 0.8 ^{B,C} |
| VO ₂ max, l/min | 2.02 | ± 0.04 ^{C,D} | 1.92 | ± 0.04 ^D | 1.86 | ± 0.04 ^{A,D} | 2.42 | ± 0.06 ^{A,B,C} |
| VO ₂ max, ml/kg/min | 34.2 | ± 0.5 ^{B,C} | 31.0 | ± 0.6 ^{A,C,D} | 28.0 | ± 0.5 ^{B,D} | 35.0 | ± 0.6 ^{B,C} |

^ASignificantly different from Quechua-HAR, P<0.05.

^BSignificantly different from Quechua-M, P<0.05.

^CSignificantly different from Quechua-BSL, P<0.05.

^DSignificantly different from Syracuse, P<0.05.

Table S2. ANCOVA model showing association of *EGLN1* SNP (rs1769793) with dependent variable VO₂max in hypoxia.

| Source | Type III Sum of Squares | df | Mean Square | F | Sig. | R ² |
|------------------------------------|-------------------------|----------|-------------|------------|-----------------|----------------|
| Corrected Model | 125.6 | 22 | 5.71 | 70.9 | <0.00001 | 0.762 |
| Intercept | 0.5 | 1 | 0.49 | 6.1 | 0.014 | 0.012 |
| age | 0.3 | 1 | 0.31 | 3.8 | 0.051 | 0.008 |
| Weight | 10.1 | 1 | 10.07 | 125.0 | <0.00001 | 0.204 |
| Sex | 36.9 | 1 | 36.87 | 457.8 | <0.00001 | 0.484 |
| Study sub-group | 5.2 | 3 | 1.73 | 21.4 | <0.00001 | 0.116 |
| PC1 | 0.1 | 1 | 0.14 | 1.7 | 0.196 | 0.003 |
| PC2 | 0.1 | 1 | 0.08 | 1.0 | 0.329 | 0.002 |
| PC3 | 0.1 | 1 | 0.12 | 1.5 | 0.224 | 0.003 |
| PC4 | 0.1 | 1 | 0.15 | 1.8 | 0.176 | 0.004 |
| PC5 | 0.0 | 1 | 0.00 | 0.0 | 0.849 | 0 |
| Sex*study sub-group | 1.2 | 3 | 0.39 | 4.9 | 0.196 | 0.029 |
| <i>EGLN1</i> SNP rs176973 | 1.4 | 2 | 0.68 | 8.5 | 0.000241 | 0.034 |
| rs1769793*group interaction | 1.2 | 6 | 0.20 | 2.4 | 0.024 | 0.029 |
| Error | 39.3 | 488 | 0.08 | | | |
| Total | 2273.6 | 511 | | | | |
| Corrected Total | 164.9 | 510 | | | | |
| Model R-Squared = .762 | | | | | | |

*PCs are principle components used to assess admixture in the sample and control for stratification, as described in the text. Inclusion/exclusion of PCs had no qualitative effect on SNP associations, but are presented in the complete model for theoretical reasons.

Table S3. ANCOVA model showing association of *EGLN1* SNP (rs2064766) with dependent variable VO₂max in hypoxia

| Source | Type III Sum of Squares | df | Mean Square | F | Sig. | R ² |
|-----------------------------------|-------------------------|----------|-------------|------------|--------------|----------------|
| Corrected Model | 125.9 | 16 | 7.87 | 93.8 | P<0.001 | 0.748 |
| Intercept | 0.7 | 1 | 0.74 | 8.9 | 0.003 | 0.017 |
| age | 0.3 | 1 | 0.34 | 4.1 | 0.044 | 0.008 |
| Weight | 10.5 | 1 | 10.46 | 124.7 | P<0.001 | 0.198 |
| Sex | 38.1 | 1 | 38.14 | 454.5 | P<0.001 | 0.474 |
| Study sub-group | 5.4 | 3 | 1.79 | 21.4 | P<0.001 | 0.113 |
| PC1 | 0.3 | 1 | 0.29 | 3.5 | 0.063 | 0.007 |
| PC2 | 0.2 | 1 | 0.19 | 2.3 | 0.133 | 0.004 |
| PC3 | 0.3 | 1 | 0.34 | 4.1 | 0.044 | 0.008 |
| PC4 | 0.3 | 1 | 0.32 | 3.8 | 0.051 | 0.008 |
| PC5 | 0.0 | 1 | 0.02 | 0.3 | 0.605 | 0.001 |
| Sex*study sub-group | 1.1 | 3 | 0.38 | 4.5 | 0.004 | 0.026 |
| <i>EGLN1</i> SNP rs2064766 | 0.7 | 2 | 0.36 | 4.3 | 0.014 | 0.017 |
| Error | 42.4 | 505 | 0.08 | | | |
| Total | 2333.4 | 522 | | | | |
| Corrected Total | 168.3 | 521 | | | | |
| Model R-Squared = .748 | | | | | | |

*PCs are principle components used to assess admixture in the sample and control for stratification, as described in the text. Inclusion/exclusion of PCs had no qualitative effect on SNP associations, but are presented in the complete model for theoretical reasons.

Table S4. ANCOVA model showing association of *EGLN1* SNP (rs2437150) with dependent variable VO₂max in hypoxia

| Source | Type III Sum of Squares | df | Mean Square | F | Sig. | R ² |
|------------------------------------|-------------------------|----------|-------------|------------|--------------|----------------|
| Corrected Model | 126.6 | 22 | 5.76 | 70.9 | P<0.001 | 0.759 |
| Intercept | 0.4 | 1 | 0.37 | 4.6 | 0.033 | 0.009 |
| age | 0.2 | 1 | 0.24 | 3.0 | 0.084 | 0.006 |
| Weight | 9.6 | 1 | 9.57 | 117.8 | P<0.001 | 0.192 |
| Sex | 39.1 | 1 | 39.15 | 481.8 | P<0.001 | 0.493 |
| Study sub-group | 3.5 | 3 | 1.18 | 14.5 | P<0.001 | 0.081 |
| PC1* | 0.1 | 1 | 0.08 | 0.9 | 0.338 | 0.002 |
| PC2 | 0.0 | 1 | 0.03 | 0.3 | 0.575 | 0.001 |
| PC3 | 0.1 | 1 | 0.10 | 1.2 | 0.279 | 0.002 |
| PC4 | 0.1 | 1 | 0.12 | 1.5 | 0.228 | 0.003 |
| PC5 | 0.0 | 1 | 0.03 | 0.4 | 0.551 | 0.001 |
| Sex*study sub-group | 0.9 | 3 | 0.31 | 3.8 | 0.01 | 0.023 |
| <i>EGLN1</i> SNP rs2437150 | 0.5 | 2 | 0.23 | 2.8 | 0.059 | 0.011 |
| rs2437150*group interaction | 1.2 | 6 | 0.19 | 2.4 | 0.029 | 0.028 |
| Error | 40.3 | 496 | 0.08 | | | |
| Total | 2314.7 | 519 | | | | |
| Corrected Total | 166.9 | 518 | | | | |
| Model R-Squared = .759 | | | | | | |

*PCs are principle components used to assess admixture in the sample and control for stratification, as described in the text. Inclusion/exclusion of PCs had no qualitative effect on SNP associations, but are presented in the complete model for theoretical reasons.

Table S5. ANCOVA model showing association of *EGLN1* SNP (rs2491403) with dependent variable VO₂max in hypoxia

| Source | Type III Sum of Squares | df | Mean Square | F | Sig. | R ² |
|------------------------------------|-------------------------|----------|-------------|------------|--------------|----------------|
| Corrected Model | 126.3 | 22 | 5.75 | 68.7 | P<0.001 | 0.754 |
| Intercept | 0.6 | 1 | 0.56 | 6.7 | 0.01 | 0.013 |
| age | 0.3 | 1 | 0.31 | 3.7 | 0.055 | 0.007 |
| Weight | 9.7 | 1 | 9.71 | 116.2 | P<0.001 | 0.191 |
| Sex | 37.7 | 1 | 37.73 | 451.3 | P<0.001 | 0.478 |
| Study sub-group | 4.0 | 3 | 1.32 | 15.8 | P<0.001 | 0.088 |
| PC1* | 0.2 | 1 | 0.18 | 2.2 | 0.142 | 0.004 |
| PC2 | 0.1 | 1 | 0.10 | 1.2 | 0.278 | 0.002 |
| PC3 | 0.2 | 1 | 0.20 | 2.4 | 0.123 | 0.005 |
| PC4 | 0.2 | 1 | 0.24 | 2.9 | 0.09 | 0.006 |
| PC5 | 0.0 | 1 | 0.03 | 0.3 | 0.56 | 0.001 |
| Sex*study sub-group | 1.0 | 3 | 0.34 | 4.1 | 0.007 | 0.024 |
| <i>EGLN1</i> SNP rs2491403 | 0.6 | 2 | 0.28 | 3.3 | 0.037 | 0.013 |
| rs2491403*group interaction | 1.1 | 6 | 0.18 | 2.2 | 0.045 | 0.026 |
| Error | 41.2 | 493 | 0.08 | | | |
| Total | 2307.4 | 516 | | | | |
| Corrected Total | 167.6 | 515 | | | | |

Model R-Squared = .754

*PCs are principle components used to assess admixture in the sample and control for stratification, as described in the text. Inclusion/exclusion of PCs had no qualitative effect on SNP associations, but are presented in the complete model for theoretical reasons.

Table S6. ANCOVA model showing association of *EGLN1* SNP (rs479200) with dependent variable VO₂max in hypoxia

| Source | Type III Sum of Squares | df | Mean Square | F | Sig. | R ² |
|-----------------------------------|-------------------------|----------|-------------|------------|--------------|----------------|
| Corrected Model | 126.1 | 22 | 5.73 | 70.3 | P<0.001 | 0.757 |
| Intercept | 0.6 | 1 | 0.55 | 6.8 | 0.01 | 0.013 |
| age | 0.3 | 1 | 0.33 | 4.0 | 0.045 | 0.008 |
| Weight | 10.3 | 1 | 10.25 | 125.8 | P<0.001 | 0.202 |
| Sex | 37.6 | 1 | 37.60 | 461.2 | P<0.001 | 0.481 |
| Study sub-group | 4.9 | 3 | 1.62 | 19.9 | P<0.001 | 0.107 |
| PC1* | 0.2 | 1 | 0.17 | 2.0 | 0.155 | 0.004 |
| PC2 | 0.1 | 1 | 0.10 | 1.2 | 0.28 | 0.002 |
| PC3 | 0.2 | 1 | 0.17 | 2.1 | 0.147 | 0.004 |
| PC4 | 0.2 | 1 | 0.22 | 2.7 | 0.099 | 0.005 |
| PC5 | 0.0 | 1 | 0.02 | 0.2 | 0.618 | 0.001 |
| Sex*study sub-group | 1.1 | 3 | 0.36 | 4.4 | 0.005 | 0.026 |
| <i>EGLN1</i> SNP rs479200 | 0.5 | 2 | 0.24 | 2.9 | 0.056 | 0.012 |
| rs479200*group interaction | 1.3 | 6 | 0.21 | 2.6 | 0.019 | 0.03 |
| Error | 40.5 | 497 | 0.08 | | | |
| Total | 2323.1 | 520 | | | | |
| Corrected Total | 166.6 | 519 | | | | |

Model R-Squared = .757

*PCs are principle components used to assess admixture in the sample and control for stratification, as described in the text. Inclusion/exclusion of PCs had no qualitative effect on SNP associations, but are presented in the complete model for theoretical reasons.

Table S7. Replication sample, ANCOVA model showing association of *EGLN1* SNP (rs1769793) with dependent variable VO₂max in hypoxia

| Source | Type III Sum of Squares | df | Mean Square | F | Sig. | R ² |
|-----------------------------------|-------------------------|----------|-------------|------------|--------------|----------------|
| Corrected Model | 31.1 | 5 | 6.21 | 68.0 | P<0.001 | 0.848 |
| Intercept | 1.7 | 1 | 1.66 | 18.2 | P<0.001 | 0.230 |
| age | 1.0 | 1 | 0.98 | 10.7 | 0.002 | 0.150 |
| Weight | 0.7 | 1 | 0.72 | 7.9 | P<0.001 | 0.115 |
| Sex | 14.6 | 1 | 14.64 | 160.6 | 0.007 | 0.725 |
| <i>EGLN1</i> SNP rs1769793 | 0.66 | 2 | 0.33 | 3.6 | 0.033 | 0.106 |
| Error | 5.6 | 61 | 0.09 | | | |
| Total | 389.4 | 67 | | | | |
| Corrected Total | 36.6 | 66 | | | | |

Model R-Squared = .848

Table S8. *EGLN1* markers assayed using the Affymetrix (Santa Clara, CA) Axiom Biobanking Array.

| rsID | CHR | HG19 | Alleles | Minor allele ^a | MAF Quechua | MAF Syracuse | MAF Combined | <i>n</i> Quechua | <i>n</i> Syracuse | Notes |
|-------------|-----|-----------|---------|---------------------------|-------------|--------------|--------------|------------------|-------------------|----------------------------|
| rs115887846 | 1 | 231460282 | A/C | C | 0.09 | 0.45 | 0.32 | 448 | 40 | Failed Affy best practices |
| rs2064766 | 1 | 231468953 | A/G | A | 0.30 | 0.67 | 0.63 | 858 | 186 | |
| rs116427277 | 1 | 231471477 | C/G | C | 0.00 | 0.00 | 0.00 | 858 | 188 | Monomorphic |
| rs146418424 | 1 | 231471540 | A/G | G | 0.00 | 0.00 | 0.00 | 858 | 188 | Monomorphic |
| rs75215445 | 1 | 231471673 | C/G | C | 0.00 | 0.00 | 0.00 | 858 | 188 | Monomorphic |
| rs200258755 | 1 | 231472291 | C/G | G | 0.00 | 0.00 | 0.00 | 858 | 188 | Monomorphic |
| rs111580847 | 1 | 231472519 | T/C | C | 0.00 | 0.00 | 0.00 | 858 | 188 | Monomorphic |
| rs145329289 | 1 | 231472520 | A/C | A | 0.00 | 0.00 | 0.00 | 858 | 188 | Monomorphic |
| rs144793875 | 1 | 231472537 | C/G | G | 0.00 | 0.01 | 0.00 | 858 | 188 | MAF<0.01 |
| rs73116365 | 1 | 231472916 | A/G | A | 0.00 | 0.00 | 0.00 | 858 | 188 | Monomorphic |
| rs145173936 | 1 | 231473415 | A/G | G | 0.00 | 0.00 | 0.00 | 858 | 188 | Monomorphic |
| 1.231473476 | 1 | 231473476 | D/I | I | 0.02 | 0.00 | 0.02 | 832 | 180 | Failed Affy best practices |
| rs143523668 | 1 | 231474181 | C/G | G | 0.00 | 0.00 | 0.00 | 856 | 188 | Monomorphic |
| rs117192083 | 1 | 231474294 | A/G | G | 0.00 | 0.00 | 0.00 | 858 | 188 | MAF<0.01 |
| rs142478304 | 1 | 231488403 | A/G | G | 0.00 | 0.00 | 0.00 | 858 | 188 | MAF<0.01 |
| rs2437150 | 1 | 231488524 | T/C | T | 0.31 | 0.70 | 0.66 | 858 | 180 | |
| rs78209580 | 1 | 231488541 | A/G | A | 0.02 | 0.19 | 0.11 | 822 | 156 | Failed Affy best practices |
| rs62617126 | 1 | 231488952 | A/T | T | 0.00 | 0.00 | 0.00 | 858 | 188 | Monomorphic |
| rs192060983 | 1 | 231489081 | A/G | G | 0.00 | 0.00 | 0.00 | 858 | 188 | Monomorphic |
| rs147839743 | 1 | 231502179 | A/G | A | 0.00 | 0.00 | 0.00 | 858 | 188 | Monomorphic |
| 1.231506357 | 1 | 231506357 | D/I | D | 0.00 | 0.00 | 0.00 | 858 | 188 | Monomorphic |
| rs2491403 | 1 | 231511185 | T/C | T | 0.31 | 0.69 | 0.66 | 848 | 184 | |
| rs2749713 | 1 | 231537921 | T/C | C | 0.31 | 0.71 | 0.67 | 828 | 178 | |

| | | | | | | | | | | |
|------------|---|-----------|-----|---|------|------|------|-----|-----|----------------------------|
| rs2491419 | 1 | 231554649 | T/C | C | 0.02 | 0.08 | 0.06 | 798 | 174 | Failed Affy best practices |
| rs75538505 | 1 | 231557060 | T/C | C | 0.00 | 0.00 | 0.00 | 858 | 188 | Monomorphic |
| rs61750991 | 1 | 231557164 | C/G | G | 0.00 | 0.03 | 0.02 | 854 | 188 | MAF<0.01 |
| rs74892794 | 1 | 231583056 | T/C | T | 0.00 | 0.02 | 0.01 | 858 | 188 | MAF<0.01 |
| rs1769793 | 1 | 231601099 | T/C | C | 0.45 | 0.77 | 0.84 | 844 | 178 | |
| rs12030600 | 1 | 231605379 | A/G | A | 0.14 | 0.08 | 0.18 | 858 | 188 | |

^aMinor Allele defined in Peruvian Quechua

Chr = Chromosome

MAF = Minor Allele Frequency

Table S9. PCR Primers and Restriction Enzymes

| SNP | Forward (5' to 3') | Reverse (5' to 3') | Inner Forward (5' to 3')^a | Inner Reverse (5' to 3')^a | Restriction Enzyme |
|------------|---|--|---|---|---------------------------|
| rs1769793 | caacctaaatgccgctgac | tcaacaaaagccacactcaca agaaatcggatggaaaggagg | NA | NA | BsmAI |
| rs479200 | ctcccgaactctgaatgcctt ctggggtaatttcactggagtt | t gctctgggatacaatgatgaac aat | NA cagcacttctggctacattaatgtg atg | NA tctccaagtgatctccagtgact aat | HpyCH4IV NA |
| rs480902 | gtg | aat | atg | aat | NA |
| rs12097901 | gtgcatggcgcagtaacgg | gaatgctgcttctcagcctag | NA | NA | BsmAI |
| rs18699651 | gtgcatggcgcagtaacgg | gaatgctgcttctcagcctag | NA | NA | BsrBI |

^aInner Forward and Inner Reverse primers were used for Tetra- amplification refractory mutation system (ARMS) PCR. Tetra-ARMS PCR uses four primers and does not require restriction enzyme digestion for sample genotyping.

Dataset S1. GWAS results for filtered Affymetrix Biobanking array SNPs tested for association with VO₂Max. See Excel sheet.

References

1. Durnin JV & Womersley J (1974) Body fat assessed from total body density and its estimation from skinfold thickness: measurements on 481 men and women aged from 16 to 72 years. *Br J Nutr* 32(1):77-97.
2. Manichaikul A, *et al.* (2012) Analysis of family- and population-based samples in cohort genome-wide association studies. *Hum Genet* 131(2):275-287.
3. Zhou D, *et al.* (2013) Whole-genome sequencing uncovers the genetic basis of chronic mountain sickness in Andean highlanders. *Am J Hum Genet* 93(3):452-462.
4. Scheet P & Stephens M (2006) A fast and flexible statistical model for large-scale population genotype data: applications to inferring missing genotypes and haplotypic phase. *Am J Hum Genet* 78(4):629-644.
5. Barrett JC, Fry B, Maller J, & Daly MJ (2005) Haploview: analysis and visualization of LD and haplotype maps. *Bioinformatics* 21(2):263-265.
6. Kittles RA, *et al.* (2002) CYP3A4-V and prostate cancer in African Americans: causal or confounding association because of population stratification? *Hum Genet* 110(6):553-560.
7. Purcell S, *et al.* (2007) PLINK: a tool set for whole-genome association and population-based linkage analyses. *Am J Hum Genet* 81(3):559-575.
8. Nevill AM, Ramsbottom R, & Williams C (1992) Scaling physiological measurements for individuals of different body size. *Eur J Appl Physiol* 65(2):110-117.
9. Bigham AW, *et al.* (2008) Angiotensin-converting enzyme genotype and arterial oxygen saturation at high altitude in Peruvian Quechua. *High Alt Med Biol* 9(2):167-178.
10. Brutsaert T, *et al.* (2003) Spanish genetic admixture is associated with larger VO₂max decrement from sea level to 4,338 m in Peruvian Quechua. *J. Appl. Physiol.* 95:519-528.
11. Brutsaert TD, *et al.* (2005) Ancestry explains the blunted ventilatory response to sustained hypoxia and lower exercise ventilation of Quechua altitude natives. *Am J Physiol Regul Integr Comp Physiol*.