

Topic guide – people with ID

To be supplemented with visual information and prompts

- What do you think about the medication you take for mental health?
- Do you talk about psychotropic medication with the psychiatrist?
 - What has this been like?
 - Do they ask what has been good about taking medication?
 - Do they ask what has been bad about medication?
- Who is involved in decisions about psychotropic medication?
 - Do you want to be involved?
 - Are you involved?
 - If not, why?
 - Is anyone else involved (e.g. carer, family member)?
 - How are they involved?
 - What do you think about them being involved?
- Do you feel that you have a choice about medication?
 - Does the psychiatrist ask you what you want to do with medication?
 - Have they listened to your views?
- What if you were worried about your medication?
 - What if you had a problem with your medication?
- What should the doctor think about when they are prescribing medication for you?
 - What is important to you?
 - What do you want to know about the medicine?
- What would make it easier to talk to the doctor about medication?

Topic guide – family carers

- What has been your experience when psychotropic medication has been prescribed for your relative?
- Who is involved in decisions about psychotropic medication?
 - How is your relative involved in the decision?
 - Are you involved?
 - Who else is involved?
 - Is/was your level of involvement what you would like?
- Is medication reviewed after it has been prescribed?
 - How?
 - What was the review like?
 - Are you involved in this?
 - Is the review effective?
- How were/are decisions to continue, stop, or change medication made?
 - Have you and your relative been given a choice about medication?
- Do you discuss medication with the psychiatrist at appointments?
 - Do you think that you know enough about the medications?
 - How would you know if medication is working or not working?
 - Do you have a method for recording the positive and negative effects of medication (e.g. rating scales)?
 - What if there is a problem with medication?
- What should be thought about when medication is reviewed?
- What might make it easier for you or your relative to give your views about medication?

Topic guide – paid carers

- What has been your experience when psychotropic medication has been prescribed for the people you support?
- Who is involved in decisions about psychotropic medication?
 - How is the person you support involved in the decision?
 - Are you involved?
 - Should you be involved?
- Is medication reviewed after it has been prescribed?
 - How?
 - What happens in the review?
 - Are you involved in this?
 - Is the review effective?
- Who makes decisions to continue, stop, or change medication?
 - How are these decisions made?
 - Have you and the person you support been given a choice about medication?
- Do you discuss medication with the psychiatrist at appointments?
 - How able do you feel to contribute to this discussion?
 - Do you think that you know enough about the medications?
 - How would you know if medication is working or not working?
 - Do you have a method for recording the positive and negative effects of medication (e.g. rating scales)?
 - What if there is a problem with medication?
- What should be thought about when medication is reviewed?
- What might make it easier for you or the person you support to give your views about medication?