Supplementary Information

 silicic melt generated from different crustal sediments. Organic C removal efficiency would be 25 even lower if more reduced slab conditions are used, *i.e.*, the $fO₂$ conditions used give the highest CO² dissolution capacity and graphite/diamond saturation. Supplementary Fig. 1 demonstrates that even after considering a wide range of silicate melt compositions, our conclusion that graphitized organic C is likely to remain in the subducting slab remains unchanged.

Factors affecting shape and magnitude of oxygen increase and carbon isotope excursion

 In supplementary Fig. 2a,b we explore the effects of variable release efficiency of carbonates and graphitized organic carbon at sub-arc depths. For carbonate release efficiency we 32 vary $\alpha_{\rm carb}$ from 1.0 to 0.6 (supplementary Fig. 2a), corresponding to 100% to 60% of subducted carbonates being released at arcs, with the remainder being released later at ocean islands. 34 Decreasing $\alpha_{\rm carb}$ (decreasing the fraction of carbonates released at arcs) decreases the magnitude of the C isotope excursion in carbonates. This covers the plausible range of values suggested by Fig. 2, save for the coldest subduction zones, in which there will be negligible carbonate as well 37 as organic C release. We vary α_{org} from 0.0 to 0.4 (supplementary Fig. 2b), which corresponds to 0% to 40% of subducted organic C being released at arcs, with the remainder being released later 39 at ocean islands. Increasing α_{org} from 0.0 to 0.4 (releasing more organic C at arcs) decreases the magnitude of the C isotope excursion in carbonates. This covers the plausible range of organic C release efficiency suggested by calculations shown in Fig. 2 and supplementary Fig. 1. In supplementary Fig 2c we investigate how changing the fraction of C that remains in

the crustal reservoir versus that being subducted affects the model output. In the model, the

44 fraction of C that remains in the crustal reservoir is controlled by the parameter χ . In

supplementary Fig. 1c we vary χ from 0.8 to 0.4, which represent 80% to 40% of carbonates and

organic C produced being subducted into the mantle. Decreasing the amount of C that gets

47 subducted into the mantle decreases the magnitude of the C isotope excursion in carbonates.

48 Supplementary Fig. 2c demonstrates that if 80% of carbonates are subducted the model closely 49 reproduces the magnitude of the observed C isotope excursion.

50 In supplementary Fig. 2d we investigate the effect of varying the length of time required 51 for organic C to be released at ocean islands. We investigate delay times of 200-500 Myr based 52 upon the reasoning that subducted crust would travel ~10,000 km (down ~3000km, horizontally 53 along core-mantle boundary ~3000 km, then up 3000 km) on its path from subduction to release 54 at ocean islands at rates of \sim 2-10 cm/yr. This covers most of the range suggested for mantle 55 convection velocities. These values assume that subducted crust does not accumulate at the core-56 mantle boundary for significant time periods, which has been shown by modeling studies of 57 mantle convection³². Increasing the delay time of organic C release at ocean island volcanoes 58 causes the C isotope excursion in carbonates to become more long-lived.

59 In supplementary Fig. 2e we show how varying the magnitude of increases in mid-ocean 60 ridge $CO₂$ emissions affects the magnitude of the C isotope excursion. When the magnitudes of $61 \quad CO_2$ emission increases are small, then larger magnitudes of CO_2 emission increases result in 62 larger C isotope excursions. However, when the change to $CO₂$ emissions are greater than about 63 100-fold then any further increase in the magnitude of $CO₂$ increase does not result in a larger C 64 isotope excursion (See Supp. Fig. 2e). This is most likely due to forcing model changes by 65 changing CO₂ at mid-ocean ridges, which have δ^{13} C fixed at -5‰. When the increase of CO₂ 66 emissions at mid-ocean ridges are large, they will play a more prominent role in controlling $67 \delta^{13}$ C_{carb} and will cap the magnitude of the C isotope excursion. In the current model design, the C 68 isotope excursion does not reach the peak values observed in the geologic record, except when 69 the amount of C subducted is high (Supp. Fig. 2c). This could be an artifact of forcing model

 changes by only increasing CO² emissions at mid-ocean ridges. Additionally, we cannot rule out that small changes to *f*org could have contributed the overall magnitude of the modeled C isotope excursion.

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Adjusting CO² emissions to present-day estimates

 We would like to emphasize that some of the ranges of values discussed above may be highly uncertain, and the equations used may be simplistic (Eq. 5). However, tighter constraints and added model complexity are unlikely to change the general behavior of the model. Rather, they would have small effects on the magnitudes of the behavior observed in the present model. To be clear, the goal of the present study is not to accurately reproduce the precisely recorded pCO_2 record for more recent time periods (*i.e.*, refs. ^{56, 57}). Many of the parameters for the time period we are investigating are poorly constrained so it may be unwarranted to attempt to more precisely reproduce the natural data with models of added complexity. Here, we seek only to demonstrate that with the new suggestions in this contribution that the present model can drive increased atmospheric oxygen and a positive carbon isotope excursion which are of the same orders of magnitude as the natural data. Future studies may investigate how adding more complexities to the surface carbon cycle affect model behavior, but that is beyond the scope of the present study.

 However, as a test of the robustness of the present model, we increased the MORB 89 emissions a second time to 10^{16} g C/Myr (3 order of magnitude increase), close to present-day 90 estimates⁴¹. In Fig. 5 increased oxygen and the carbon isotope excursion are driven by increasing MOR CO2 emissions by 3 orders of magnitude. Using geodynamic mantle convection models 92 coupled with mantle melting, Fuentes et al.¹⁴ demonstrate that an abrupt transition from sluggish

Supplementary Figure 1 Amount of subducted C retained in slab during the partial

 melting of graphite-saturated lithologies of different compositions. Dashed black curve shows how much C will be retained in the subducting slab when a sediment melt with 113 intermediate SiO₂ and high alkali contents is produced (Calculated with model of Duncan and 114 Dasgupta²⁷) (Same as average curve in Fig. 2c). Solid black curve is calculated with the same 115 composition, but using the solubility model of Eguchi and Dasgupta⁵⁵. Blue and orange curves show much C will be retained in the subducting slab when sediment melts with high and low SiO₂ contents, respectively, are produced (Calculated with model of Eguchi and Dasgupta⁵⁵). Melt compositions given in Supplementary Table 4.

Supplementary Figure 2 Variables affecting magnitude and shape of carbon isotope

excursion. a, This figure is generated with the same initial conditions and parameters used in

122 Fig. 5, except we vary α_{carb} to illustrate the effect differences in the release efficiency of

123 carbonate C at arcs has on model carbon isotope evolution. **b**, Same as (**a**) except we vary α_{org} to illustrate the effect differences in the release efficiency of organic C at arcs has on model carbon isotope evolution. **c**, Same as (**a**) except we vary χ to illustrate the effect differences in subduction efficiency of C has on model carbon isotope evolution. **d**, Same as (**a**) except we vary τ _{OIB} to illustrate the effect differences in the delay time for the release of organic C at OIBs has on model carbon isotope evolution. **e,** same as (**a**) except we vary the magnitude of the increase 129 in MOR CO₂ emissions. Note that at large magnitudes of CO_2 increase the magnitude of C isotope excursions becomes insensitive the magnitude of the change in CO² emissions, *i.e.* the 131 curves for 100-fold and 1000-fold increase in CO₂ emissions create the same magnitude of C isotope excursion.

134 **Supplementary Figure 3 Increasing CO² Emissions to present day** Same as Fig. 5 of main 135 text, but with a second increase in MOR emissions from 10^{16} g/Myr to 10^{19} g/Myr which is close 136 to present estimates⁴¹. Note that if CO_2 emissions are set close to present-day estimates, then O_2

144 **Supplementary Table 1** Initial conditions and parameters used in model run to generate Fig. 5

145 At the start of the model, all C is held in the primitive mantle reservoir with other reservoirs

146 holding no C. Very quickly the other C reservoirs stabilize at a steady-state value in response to the initial volcanic CO_2 fluxes (Fig. 5c,d and Supp. Fig. 3c,d)

the initial volcanic $CO₂$ fluxes (Fig. 5c,d and Supp. Fig. 3c,d)

149 **Supplementary Table 2** C isotopes of arc CO₂ emissions and f_{org} of sediments used to generate

150 Fig. 2a

151 $\overline{\delta^{13}C}$ is the mean of all $\delta^{13}C$ measured at individual volcanoes from a particular arc (Data from

152 Ref. ^{22).} σ is one standard deviation of the mean δ^{13} C for a particular arc. *f*_{org} of subducting

153 sediments is the ratio of organic carbon to carbonates for a specific arc (Data from Ref. 48). Arcs 154 marked as orange dots in Fig. 2a, indicating significant upper plate carbonate assimilation are NE

155 Japan and Aegean arcs.

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Supplementary Table 3 δ^{13} C data for intraplate ocean island volcanoes used in Fig. 3

Aubaud et al. $(2006)^{21}$ Pitcairn vesicle

- 159 Values marked in bold are least degassed samples for a particular dataset, which are marked with stars in Fig. 3 stars in Fig. 3
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163 **Supplementary Table 4** Sediment partial melt compositions used in Supp. Fig. 1.

Oxide	Dobson et al., 198960	Tsuno & Dasgupta, 2012 ⁶¹	rr - - - - - - - Duncan & Dasgupta, 2017^{27}
SiO ₂	77.70	59.67	68.77
TiO ₂	0.07	0.62	0.56
Al_2O_3	13.00	12.45	15.71
FeO	0.38	6.09	0.99
MnO	0.04	0.17	0.50
MgO	0.05	2.46	0.19
CaO	0.52	8.01	1.47
Na ₂ O	4.08	2.23	4.19
K_2O	4.19	1.97	7.33

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