



Additional file 5: Figure S4. Funnel plots for meta-analysis of inulin-type fructans on FBG (A), HbA1c (B), FINS (C), and HOMA-IR (D). FBG, fasting blood glucose; FINS, fasting insulin; HbA1c, glycosylated hemoglobin; HOMA-IR, homeostasis model assessment-insulin resistance