

Supplemental Figure 1: Impact of miR-*Control***, miR-***Ulk2* and miR-*Ulk1* on target **proteins.** Data obtained from control and ULK deficient TA muscles, 1 week after electroporation. **A)** Representative Immunoblots for ULK2 using two different ULK2 primary antibodies failed to detect changes in ULK2 protein in muscles transfected with miR-*Ulk2* vs. miR-*Control.* **B)** Representative immunoblots of ULK2 and FLAG in muscles transfected with wild type [WT]-ULK2 containing N-terminal FLAG tags and miR-*Control* and contralateral muscles transfected with WT-ULK2 and miR-*Ulk2*. **C)** Quantification of FLAG expression in miR-*Control* and miR-*Ulk2* muscles (as described in B) demonstrating that miR-*Ulk2* is effective at reducing ULK2 protein (N=5). **D)** Representative immunoblot of ULK1 in muscles transfected with miR-*Ulk1* and miR-*Control*. **E)** Quantification of ULK1 as described in D (N=6). Data are means ± SEM; *P<0.05, ***P<0.001.



Supplemental Figure 2: Fiber diameter distribution and quantification of LC3-I and LC3-II proteins in muscles with ULK deficiency under normal or starvation conditions. Data obtained from control and ULK deficient TA muscles, 1 week after electroporation. A) Fiber diameter distribution in control and ULK2 deficient muscles of mice with normal food access or after 48h of starvation (N=6-9). B) Fiber diameter distribution in control and ULK1 deficient muscles of mice with normal food access or after 48h of starvation in control muscles under basal and starvation conditions were undistinguishable from ULK (ULK1 or ULK2) deficient muscles. C) Quantification of LC3-I and LC3-II levels (pertinent to data shown in Fig. 3A) in control and ULK2 deficient muscles of mice with normal food access (*left*) or after 24h of starvation (*right*) (N=7). Percent changes for each protein in relation to miR-*Control* mean are shown. D) Quantification of LC3-I and LC3-II levels (pertinent to data shown in Fig. 3D) in control and ULK1 deficient muscles of mice with normal food access (*left*) or after 24h of starvation (*right*) (N=6-8). Percent changes for each protein in relation to miR-*Control* mean are shown. D ata are means ± SEM.



Supplemental Figure 3: Impact of a second independent miRNA targeting either *Ulk2* or *Ulk1* on autophagy markers in skeletal muscle. Data obtained from control and ULK deficient TA muscles in mice with normal food access, 1 week after electroporation. A) Relative *Ulk2* mRNA in control and ULK2 deficient muscle electroporated with either Mmi541282 (miR282 – referred to as miR-*Ulk2*) and Mmi541280 (miR280 – referred to as miR-*Ulk2*) and Mmi541280 (miR280 – referred to as miR-*Ulk2* #2). Both miRs led to 50% or greater reduction in *Ulk2* mRNA (N=5). B) Representative immunoblots of LC3, adaptor proteins, and ubiquitinated proteins in control and ULK2 deficient muscles electroporated with miR-*Ulk2* #2. Results recapitulate findings observed with miR-*Ulk2* shown in Fig. 3A. C) Relative *Ulk1* mRNA in control and ULK1 deficient muscles electroporated with either Mmi525866 (miR866 – referred to as miR-*Ulk1*) and Mmi525867 (miR867 – referred to as miR-*Ulk1* #2). Both miRs led to 50% or greater reduction in *Ulk1* mRNA (N=5). D) Representative immunoblots of LC3, adaptor proteins, and ubiquitinated proteins of LC3, adaptor proteins, and ubiquitinated proteins and ULK1 mRNA (N=5). D) Representative immunoblots of LC3, adaptor proteins, and ubiquitinated proteins in control and ULK1 deficient muscles electroporated with either Mmi525866 (miR866 – referred to as miR-*Ulk1*) and Mmi525867 (miR867 – referred to as miR-*Ulk1* #2). Both miRs led to 50% or greater reduction in *Ulk1* mRNA (N=5). D) Representative immunoblots of LC3, adaptor proteins, and ubiquitinated proteins in control and ULK1 deficient muscles electroporated with miR-*Ulk1* #2. Results recapitulate findings observed with miR-*Ulk1* shown in Fig. 3D. Data are means \pm SEM; *P<0.05, **P<0.01.



Supplemental Figure 4: Immunoblots of putative ULK1 targets in muscles with ULK2 or ULK1 deficiency. Data obtained from control and ULK deficient TA muscles, 1 week after electroporation. **A)** Representative immunoblots of Atg13, pAtg13 (S318), Atg14, pAtg14 (S29) in control and ULK2 deficient muscles. **B)** Quantification of proteins shown in A (N=7-8). **C)** Relative *Atg13* and *Atg14* mRNA in control and ULK2 deficient muscle (N=5) **D)** Representative immunoblots of Atg13, pAtg13 (S318), Atg14, pAtg14 (S29) in control and ULK1 deficient muscles. **E)** Quantification of proteins shown in C (N=5-8). **F)** Relative *Atg13* and *Atg14* mRNA in control and ULK1 deficient muscle (N=4). Data are means ± SEM; *P<0.05.



Supplemental Figure 5: Quantification of LC3, protein adaptors and ubiquitinated proteins after 4 weeks of ULK2 or ULK1 deficiency in skeletal muscle. Data obtained from control and ULK deficient TA muscles, 4 weeks after electroporation. A) Representative immunoblots of LC3, autophagy adaptors (p62 and NBR1), and ubiquitinated proteins in control and ULK2 deficient muscles. B) Quantification of proteins shown in A (N=5). C) Representative immunoblots of LC3, autophagy adaptors (p62 and NBR1), and NBR1), and ubiquitinated proteins in control and ULK2 deficient muscles. B) Quantification of proteins shown in A (N=5). C) Representative immunoblots of LC3, autophagy adaptors (p62 and NBR1), and ubiquitinated proteins in control and ULK1 deficient muscles. D) Quantification of proteins shown in C (N=6). Data are means \pm SEM; *P<0.05.



Supplemental Figure 6: Immunoblots of p62 and p-p62 (Ser 405) after 4 weeks of ULK2 or ULK1 deficiency. Data obtained from control and ULK deficient TA muscles, 4 weeks after electroporation. A) Representative immunoblots and quantification of p62 and p-p62 (S405) in control and ULK2 deficient muscles (N=5). B) Representative immunoblots and quantification of p62 and p-p62 (S405) in control and ULK1 deficient muscles (N=6). Data are means ± SEM; *P<0.05. Exact P values denoting statistical trends (P<0.1) are shown when applicable.