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Reporting Summary

Nature Research wishes to improve the reproducibility of the work that we publish. This form provides structure for consistency and transparency in reporting. For further information on Nature Research policies, see <u>Authors & Referees</u> and the <u>Editorial Policy Checklist</u>.

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For	all statistical analy	ses, confirm that the following items are present in the figure legend, table legend, main text, or Methods section.					
n/a	Confirmed						
	The exact sar	sact sample size (n) for each experimental group/condition, given as a discrete number and unit of measurement					
	A statement	statement on whether measurements were taken from distinct samples or whether the same sample was measured repeatedly					
	The statistical test(s) used AND whether they are one- or two-sided Only common tests should be described solely by name; describe more complex techniques in the Methods section.						
\boxtimes	A description of all covariates tested						
	A description of any assumptions or corrections, such as tests of normality and adjustment for multiple comparisons						
	A full description of the statistical parameters including central tendency (e.g. means) or other basic estimates (e.g. regression coefficient) AND variation (e.g. standard deviation) or associated estimates of uncertainty (e.g. confidence intervals)						
	For null hypothesis testing, the test statistic (e.g. <i>F</i> , <i>t</i> , <i>r</i>) with confidence intervals, effect sizes, degrees of freedom and <i>P</i> value noted <i>Give P values as exact values whenever suitable.</i>						
\boxtimes	For Bayesian analysis, information on the choice of priors and Markov chain Monte Carlo settings						
\boxtimes	For hierarchical and complex designs, identification of the appropriate level for tests and full reporting of outcomes						
\square Estimates of effect sizes (e.g. Cohen's d , Pearson's r), indicating how they were calculated							
Our web collection on <u>statistics for biologists</u> contains articles on many of the points above.							
Software and code							
Poli	cy information abo	out availability of computer code					
Da	ata collection	μCT SCAN: Skyscan 1172. ImageJ (NIH) software, SPSS					
Data analysis		μCT images were reconstructed and analyzed using NRecon v1.6 and CTAn v1.9 (Skyscan US, San Jose, CA). We analyzed endplate-related parameters using 3-dimensional model visualization software, CTVol v2.0 (Skyscan US). All data analyses were performed using SPSS, version 15.0, software (IBM Corp.). ImageJ (NIH) software was used for quantitative analysis of histology.					
		tom algorithms or software that are central to the research but not yet described in published literature, software must be made available to editors/reviewers.					

Data

Policy information about availability of data

All manuscripts must include a <u>data availability statement</u>. This statement should provide the following information, where applicable:

- Accession codes, unique identifiers, or web links for publicly available datasets
- A list of figures that have associated raw data
- A description of any restrictions on data availability

"Statistics" of "Materials and Methods"

Field-specific reporting					
Please select the o	ne below tha	at is the best fit for your research. If you are not sure, read the appropriate sections before making your selection.			
X Life sciences		Behavioural & social sciences			
For a reference copy of t	the document w	ith all sections, see <u>nature.com/documents/nr-reporting-summary-flat.pdf</u>			
Life scier	nces s	tudy design			
All studies must dis	sclose on the	se points even when the disclosure is negative.			
Sample size	Figure legen	e legends and supplementary materials			
Data exclusions	All inclusion,	inclusion/ exclusion criteria were pre-established and no samples or animals were excluded from the analysis			
Replication	"Statistics" o	of "Materials and Methods",			
Randomization	The experim	ents were randomized.			
Blinding		nents were randomized, and the investigators were blinded to allocation during experiments and outcome assessment. All ests were performed by the same investigator, who was blinded to the study groups.			
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Reportin	g for s	specific materials, systems and methods			
		ors about some types of materials, experimental systems and methods used in many studies. Here, indicate whether each material, to your study. If you are not sure if a list item applies to your research, read the appropriate section before selecting a response.			
•					
Materials & exp		<u> </u>			
n/a Involved in th	•	n/a Involved in the study 			
Eukaryotic		Flow cytometry			
Palaeontol		MRI-based neuroimaging			
	nd other organ	—,—			
Human research participants					
Clinical dat	ta				
·					
Antibodies					
Antibodies used	The supplier name and catalog number are Included in "Histochemistry", "immunohistochemistry", "histomorphometr "western blot" of "Methods"				
Validation	validation statements on the manufacturer's website				
Animals and other organisms					
Policy information about <u>studies involving animals</u> ; <u>ARRIVE guidelines</u> recommended for reporting animal research					
Laboratory anima					
Wild animals		We purchased C57BL/6J (WT) male mice from Charles River Laboratories (Wilmington, MA). The detailed information are			

All the relevant parameters are included in "Mice" of "Methods" and figure legends

All mice were maintained at the animal facility of The Johns Hopkins University School of Medicine. All experimental protocols

(M018M264) were approved by the Animal Care and Use Committee of The Johns Hopkins University, Baltimore, MD.

Note that full information on the approval of the study protocol must also be provided in the manuscript.

included in the "Methods"

Field-collected samples

Ethics oversight