## **Supplementary Table 1.** Criteria for the RA model construction

Index	Changes		
Posture	Apathetic, activities decrease and slowly, joint deformation and		
	cannot be loaded		
Body temperature	Body temperature is gradually increased		
Weight	Body weight is gradually increased after sensitization, but the rate		
	of increase is gradually slow down		
Diet	Diet reduced after each sensitization and then gradually restored		
Joint diameter	Joint diameter is swollen obviously at the day of sensitization,		
	and then restores to about twice the original		

## Supplementary Table 2. Methods of probe implantation

Steps	Processes		
1 step	Rotatingly insert No. 5 injection needle to the place of drug delivery		
2 step	Send a tear tube from the needle into the place of drug delivery		
3 step	Pull out the needle and make the tear tube stay at the articular cavity		
4 step	Microdialysis probe was inserted into the tear tube along the center of the		
	tear tube		
5 step	Tear the tear tube to both sides and pull it out simultaneously		
6 step	Make sure that the probe was stayed in the articular cavity		

Supplementary Table 3. The concentration of sinomenine in different groups at 14 h

Time	Sinomenine concentration (ng/mL; $\bar{x} \pm s$ , n=4)					
	ST 36 group	GB 34 group	Knee-joint group	Oral group		
0.5 h	110.07±22.68	98.5±24.42	147.32±10.12	208.85±25.12		
1 h	239.26±32.72	215.85±34.79	292.84±20.30	472.10±33.74		
2 h	433.55±34.09	336.77±33.99	490.89±62.10	988.20±51.39		
3 h	560.93±45.01	440.84±46.53	583.52±51.32	1132.75±55.67		
4 h	622.37±29.33	536.32±30.96	624.94±27.46	1198.26±46.32		
5 h	695.40±35.32	586.12±29.99	560.79±50.71	890.02±45.66		
6 h	709.73±49.70	622.07±28.87	394.04±38.57	621.20±21.77		
7 h	677.09±38.83	582.81±30.71	355.57±41.20	369.08±24.11		
8 h	659.99±18.88	561.02±29.90	417.10±54.10	279.05±24.67		
9 h	645.95±33.36	488.70±28.39	372.40±27.23	253.81±49.07		
10 h	624.08±42.21	494.60±35.70	428.10±61.98	242.55±29.90		
11 h	570.22±33.10	431.27±28.86	383.57±49.88	206.32±23.49		
12 h	545.99±51.76	396.25±59.52	415.53±60.20	193.73±40.01		
13 h	488.94±34.43	378.99±32.65	329.09±32.21	160.81±25.65		
14 h	469.23±24.45	344.32±29.87	305.43±35.65	150.99±25.89		

**Supplementary Figure 1.** The drug package of sinomenine. The drug package was directly attached to the administration site

