

# **SUPPLEMENTAL MATERIAL**

**Table S1. Baseline characteristics of participants in the Singapore Chinese Health Study.**

<b>Characteristic</b>	<b>Values</b>
N	30,517
Deaths unrelated to ESRD, n (%)	7,731 (25.3)
SBP (mmHg), mean $\pm$ SD	136.7 $\pm$ 22.4
DBP (mmHg), mean $\pm$ SD	80.3 $\pm$ 11.1
PP (mmHg), mean $\pm$ SD	56.4 $\pm$ 16.5
MAP (mmHg), mean $\pm$ SD	99.1 $\pm$ 13.7
Age (y), mean $\pm$ SD	63.0 $\pm$ 7.8
Men, n (%)	13,504 (44.3)
Cantonese, n (%)	15,393 (50.4)
Secondary school or higher education level, n (%)	9,874 (32.4)
BMI (kg/m <sup>2</sup> ), mean $\pm$ SD	23.2 $\pm$ 3.5
Ever smokers, n (%)	9,770 (32.0)
Daily alcohol drinkers, n (%)	887 (2.9)
Coffee consumption, n (%)	
0 to <1 cup/day	9,230 (30.3)
1 cup/day	10,880 (35.7)
$\geq$ 2 cups/day	10,407 (34.1)
Sleep, n (%)	
<5 hours/day	2,943 (9.6)
6-8 hours/day	25,620 (84.0)
$\geq$ 9 hours/day	1,954 (6.4)
Total protein intake*, mean $\pm$ SD	59.4 $\pm$ 10.0
Red meat intake*, mean $\pm$ SD	30.3 $\pm$ 18.8
Current daily incense users, n (%)	22,826 (74.8)
Physical activity <sup>†</sup> , n (%)	10,763 (35.3)
History of diabetes, n (%)	4,434 (14.5)
History of cardiovascular disease, n (%)	3,287 (10.8)
Antihypertensive medication use, n (%)	10,911 (35.8)

\* Red meat and total protein were reported as gram/day.

<sup>†</sup> Physical activity defined as at least 0.5h/week of moderate activity, vigorous activity or strenuous sports.

**Table S2. Pearson correlation coefficients between blood pressure indices in the Singapore Chinese Health Study.\***

	SBP	DBP	PP	MAP
SBP	-	-	-	-
DBP	0.66	-	-	-
PP	0.84	0.28	-	-
MAP	0.88	0.86	0.60	-

\* All *P* values for correlation <0.001.