

Table 1. Assessment schedule.

Assessment	Baseline	Preintervention observation (weeks)														Intervention (weeks)					Postintervention observation (weeks)	
		1	2	3	4	5	6	• • ^a	X-5	X-4	X-3	X-2	X-1	X _b	Baseline	1	2	3	4	5	1	2
Maximum walking speed (MWS) on the 10-m walk test	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Mean step length and average step rate at MWS															✓	✓	✓	✓	✓	✓	✓	✓
Single-leg support time expressed as a percentage of the gait cycle at MWS															✓					✓		✓
Maximum distance walked within the span of 6 min (6-min walk test)															✓					✓		✓
Functional ambulation category															✓	✓	✓	✓	✓	✓	✓	✓
Berg Balance Scale score															✓					✓		✓
Leg score on Fugl-Meyer Assessment															✓					✓		✓

^a • • : shows the transition of time.

^bX: represents the day when the recovery of MWS is determined to be stagnant. Therefore, X-1 is the day before the day determined to be stagnant, and so on for X-2, X-3, etc.