

Self-evaluation on Acceptability on GlycoLeap Application during Pregnancy

1. How often did you log into glycoLeap?
 - a) Less than once a week;
 - b) About once a week;
 - c) About 2-3 times a week;
 - d) About 4-5 times a week;
 - e) Every day.
2. How often did you upload photos into glycoLeap?
 - a) Everyday;
 - b) Once a wekk;
 - c) About 2-3 times a week;
 - d) About 4-5 times a week;
 - e) Irregular.
3. How easy was it to upload a food picture to glycoLeap?
 - a) Very difficult
 - b) Somehow difficult
 - c) Somehow easy
 - d) Very easy
4. Have you used some application like glycoLeap to monitor your diet before?
 - a) No
 - b) Yes

If Yes, what was/were those application(s) that you have used before? Which one do you think is better?

5. How easy was it to interpret the food coach's comments or feedback?
 - a) Very difficult
 - b) Somehow difficult
 - c) Somehow easy
 - d) Very easy
6. Do you think it is acceptably fast to receive a food coach's comments or feedback during the daytime 8am-8pm?
 - a) Yes
 - b) No

If No, why?
7. Have you made any changes to your diet after using glycoLeap?
 - a) No
 - b) Yes

If Yes, in what way that you tried to change?

8. Have you ever viewed your steps counts in the GlycoLeap mobile app?
 - a) Never
 - b) Yes, but not often
 - c) Yes, very often
9. Are you satisfied with the food imaging coaching on GlycoLeap?
 - a) Not satisfied
 - b) Slightly satisfied.
 - c) Quite satisfied.
 - d) Very satisfied.
10. Do you think it is useful to supervise your own diet through glycoleap?
 - a) No
 - b) Yes, but not much
 - c) Yes, significantly
11. Do you find it easier to manage your food choices during pregnancy after using GlycoLeap?
 - a) No
 - b) Yes, but not much
 - c) Yes, significantly
12. Have you ever talked to your family or friends about glycoleap?
 - a) No
 - b) Yes
13. How will you recommend GlycoLeap to your friends or family?
 - a) Will not recommend
 - b) Probably will recommend
 - c) Quite likely to recommend
 - d) Will highly recommend
14. Will you be willing to pay for such service like GlycoLeap in the future?
 - a) No
 - b) Yes
15. Do you think you have enough support from your husband via using GlycoLeap?
 - a) No
 - b) Yes

If No, why?
16. Do you think there has been a significant help in changing your diet with your husband's involvement via using GlycoLeap?
 - a) No
 - b) Yes

If No, why?
