

## Supplementary Material 2: Initial encounter assessment template used by patient navigators

<b>Study ID</b>
<b>Family physician</b>
<b>Current pediatric specialists</b>
<b>Pending adult specialists- list or summary</b>
<b>Other services (including mental health)</b>
<b>Community agencies currently involved in care</b>
<b>Medical status</b> -medical diagnoses and medical history summary -psychiatric/mental health diagnoses -neurodevelopmental diagnoses -past surgical history -medication summary -laboratory frequencies, investigations -medical devices, required assistance (oxygen, CPAP) -special adaptations required in adult care centre -funding/medical costs
<b>Functional status</b> -communication -activities of daily living -mobility

### Modified SSHADES Psychosocial Assessment:

<b>Strengths</b> <i>*tell me about the things you are good at</i> <i>*what would others say you are good at</i> <i>*what do you think are your best qualities?</i>
<b>School and Employment</b> <i>*is client currently in school</i> <i>*how much school has client missed due to illness</i> <i>*how does illness affect schooling</i> <i>*what are client's thoughts about school? (shy, lots of friends, bullied, conflict?)</i> <i>*school achievement</i> <i>*participation in school activities and/or sport</i> <i>*goals after school</i> <i>*does participant have a SIN number</i> <i>*past employment</i> <i>*employment goals</i>
<b>Home and Environment</b> <b>Housing and Immediate family</b> <i>*housing security/safety</i> <i>*who resides in the home</i> <i>*who frequents the home</i> <i>*future housing plans</i> <i>*court orders/custody documents- impact on medical planning</i>  <b>Supports</b>

<p><i>*relationship function</i></p> <p><i>*family supports</i></p> <p><i>*peer supports</i></p> <p><i>*spirituality/religion</i></p> <p><i>*professional supports</i></p> <p><i>*who do you turn to when condition worsens</i></p> <p><b>Finances</b></p> <p><i>*income sources</i></p> <p><i>*monthly income</i></p> <p><i>*health insurance and extended health coverage</i></p> <p><i>*food security</i></p> <p><i>*does participant have a bank account (sole or joint? Must be sole to receive AB Works unless trusteeship)</i></p> <p><i>*does participant have photo ID</i></p> <p><b>Transportation</b></p> <p><i>*how do you get around?</i></p> <p><i>*is transportation a barrier to obtaining medical care OR adhering to medical plan?</i></p>
<p><b>Activities</b></p> <p><i>*organized activities</i></p> <p><i>*informal leisure</i></p> <p><i>*solo versus social activities</i></p> <p><i>*financial barriers to participating in activities</i></p>
<p><b>Drugs/Substance Use</b></p> <p><i>*use harm-reduction approach</i></p> <p><i>*is there anyone in your life who has issue with substance abuse?</i></p> <p><i>*participant's history of substance use/abuse, including legal, illicit and prescription</i></p> <p><i>*does participant have insight into how substances impact general health and his/her particular medical condition(s)</i></p> <p><i>*do you know where to get information on substance abuse?</i></p> <p><i>*complete AADIS if appropriate</i></p>
<p><b>Emotions/Depression</b></p> <p><i>*how is your mood</i></p> <p><i>*self-harm, suicidal ideation</i></p> <p><i>*coping and adjustment to illness</i></p> <p><i>*relationship between mental health and condition</i></p>
<p><b>Sexuality</b></p> <p><i>*relationship status and history</i></p> <p><i>*gender identity and sexual orientation</i></p> <p><i>*reproductive sexual health</i></p> <p><i>*do you know where to get information on safe sex and sexual health</i></p>
<p><b>Safety</b></p> <p><i>*how safe do you feel at school/home/work</i></p> <p><i>*domestic violence history</i></p> <p><i>*neighbourhood and community safety</i></p> <p><i>*history of involvement with legal system</i></p> <p><i>*do safety concerns affect medical care or adherence to medical plan?</i></p>

Transition Plan:

<b>TRAQ Summary</b> -notify study staff if not completed
<b>Preparation</b> -summary -goals (patient-specific) -actions (navigator)
<b>Self-management</b> -summary -goals -actions
<b>Systems brokering</b> -summary -goals -actions
<b>Social determinants of health</b> -summary -goals -actions
<b>Navigator prospective estimate of case complexity at assessment: low/med/high</b>