

SUPPLEMENTARY INFORMATION

**Controllability Governs the Balance Between Pavlovian and Instrumental Action
Selection**

Dorfman, et al.

Supplementary Methods

The Bayesian model used in this study was derived as follows. The generative model of an uncontrollable environment assumed by the Pavlovian system is given by:

$$\begin{aligned}\theta_s &\sim \text{Beta}\left(\theta_0 \frac{\eta_0}{2}, (1 - \theta_0) \frac{\eta_0}{2}\right) \\ r|s &\sim \text{Bernouli}(\theta_s)\end{aligned}\quad (1)$$

where θ_s is the reward probability for stimulus s , θ_0 is the mean of the prior, η_0 is a parameter controlling the dispersion of the prior, and r is the reward outcome on a particular trial (all reward outcomes are assumed to be independently and identically distributed). The generative model of a controllable environment assumed by the instrumental system is essentially the same, except conditioned on action, a :

$$\begin{aligned}\theta_{sa} &\sim \text{Beta}\left(\theta_0 \frac{\eta_0}{2}, (1 - \theta_0) \frac{\eta_0}{2}\right) \\ r|s, a &\sim \text{Bernouli}(\theta_{sa})\end{aligned}\quad (2)$$

For both systems, the posterior conditional on the stimulus-action-reward history \mathcal{D} is a Beta distribution with the same functional form as the prior, shown here for the Pavlovian system:

$$\begin{aligned}P(\theta_s|\mathcal{D}, m = \text{uncontrollable}) &= \text{Beta}(\hat{\theta}_s \frac{\eta_s}{2}, (1 - \hat{\theta}_s) \frac{\eta_s}{2}) \\ \hat{\theta}_s &= \frac{\eta_0 + N_s}{\eta_s} \\ \eta_s &= \eta_0 + T_s\end{aligned}\quad (3)$$

where m indexes the assumed environment (uncontrollable for the Pavlovian system, controllable for the instrumental system), N_s is the number of times stimulus s was paired with reward, and T_s is the number of times stimulus s was presented. The equations for the instrumental system are identical except for conditioning on both stimuli and actions. Through simple algebraic manipulation, the update for the posterior mean $\hat{\theta}_s$ can be expressed as a recursive learning rule (Eq. 2 in the main text).

The posterior over generative models is given by:

$$P(m = \text{uncontrollable}|\mathcal{D}) \propto P(\mathcal{D}|m = \text{uncontrollable})P(m = \text{uncontrollable}). \quad (4)$$

The marginal likelihood is an integral over the latent parameters:

$$\begin{aligned}P(\mathcal{D}|m = \text{uncontrollable}) &= \int P(\mathcal{D}|m = \text{uncontrollable}, \theta_s)P(\theta_s)d\theta_s \\ &= \frac{B(\hat{\theta}_s \frac{\eta_s}{2}, (1 - \hat{\theta}_s) \frac{\eta_s}{2})}{B(\theta_0 \frac{\eta_0}{2}, (1 - \theta_0) \frac{\eta_0}{2})}\end{aligned}\quad (5)$$

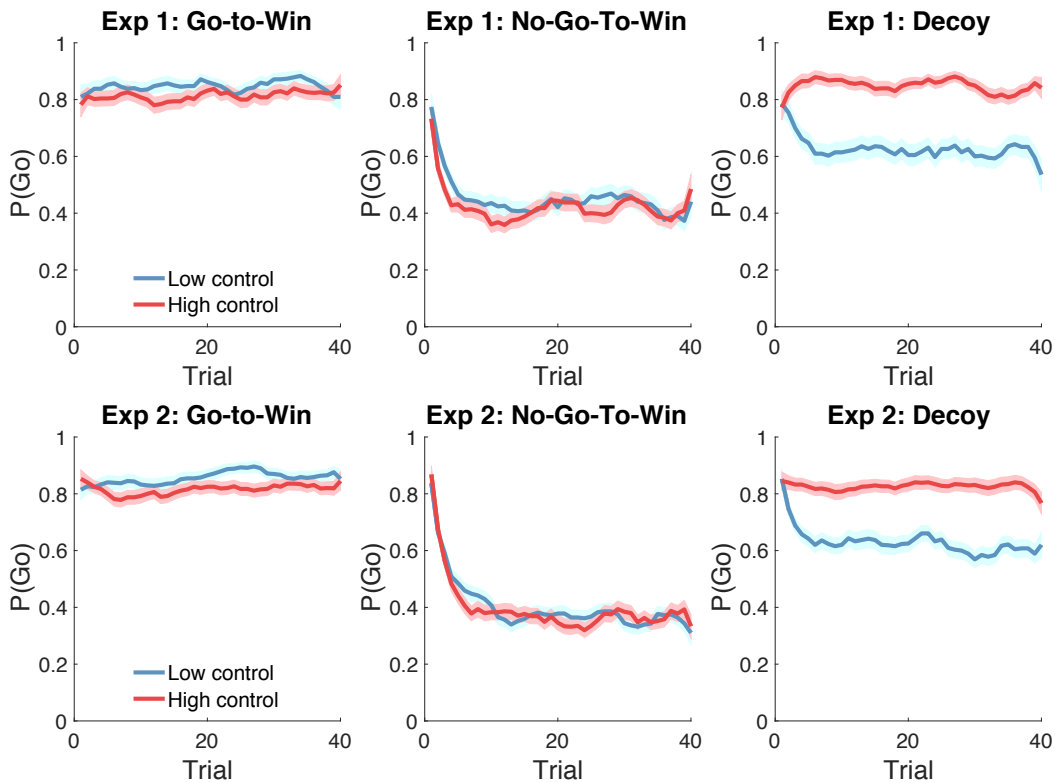
where B denotes the beta function. The beta function can be expressed recursively:

$$B(x + 1, y) = B(x, y) \frac{x}{x+y} \quad (6)$$

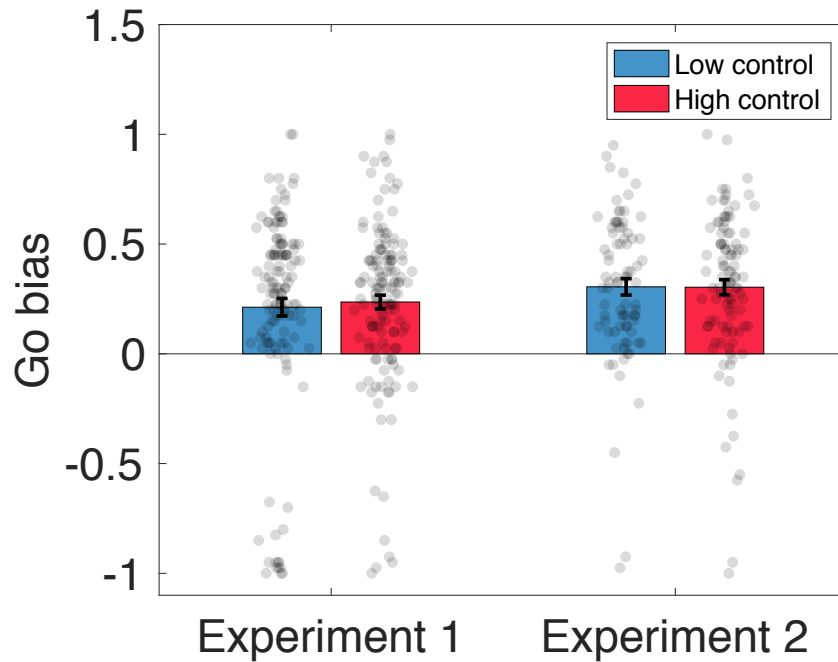
$$B(x, y + 1) = B(x, y) \frac{y}{x+y}$$

Applying these recursions to the log posterior odds over m , one obtains the update rule for L in the main text (Eq. 6).

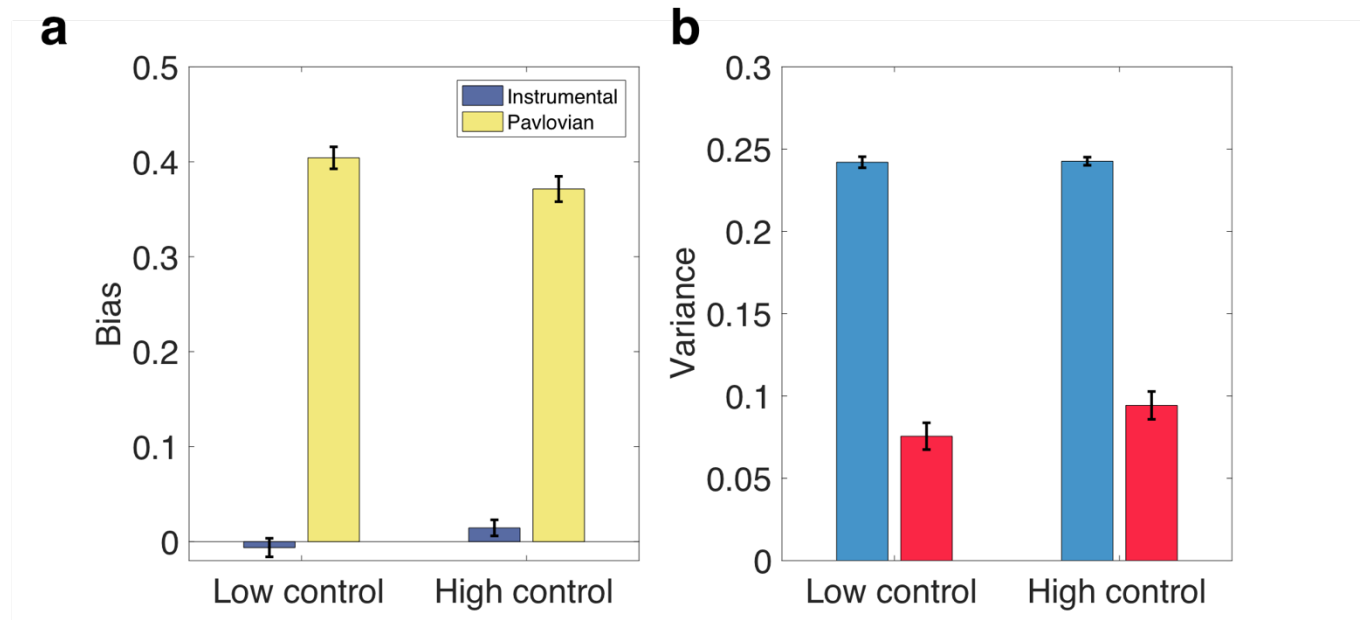
Supplementary Figures



Supplementary Figure 1. Probability of Go response across trials for each experimental condition and stimulus, smoothed with a 5-trial moving average. Error bars show standard error of the mean.



Supplementary Figure 2. Go bias for Experiment 1 (N = 271) and Experiment 2 (N = 183) when no subjects are excluded. For both experiments, there is a strong Go bias but no effect of controllability. Error bars show standard error of the mean.



Supplementary Figure 3. Bias-variance analysis for purely Pavlovian ($w = 1$) and purely instrumental ($w = 0$) agents. Error bars show standard error of the mean.

Supplementary Table

	Inverse temperature	Prior mean (instrumental)	Prior confidence (instrumental)	Prior mean (Pavlovian)	Prior confidence (Pavlovian)
Experiment 1	11.3949	0.3774	33.3939	0.4848	34.4666
Experiment 2	10.4635	0.2189	31.5312	0.4628	29.4448

Supplementary Table 1. Average parameter estimates for the adaptive model.