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## 2 **Supplementary Information for**

### 3 **Solidification and superlubricity with molecular alkane films**

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#### 7 **This PDF file includes:**

8     Supplementary text

9     Figs. S1 to S3

10    References for SI reference citations

## 11 Supporting Information Text

12 **Oscillatory Forces.** In this section we discuss in further detail the oscillatory structural forces as reported in Fig.1 of the main  
13 text. In agreement with previous SFA literature, the measured repulsive force maxima of the innermost oscillations were found  
14 to vary depending on the approach rate of the surfaces, with faster approaches resulting in higher measured forces. This is due  
15 to elastic deformation of the glue behind the mica pieces before drainage of the confined liquid occurs. As a result of this small  
16 flattening of the curved surfaces, values of  $F_N/R$  are overestimated for values  $> 2 \text{ mN m}^{-1}$  which for dodecane is typically  
17 when  $D < 2 \text{ nm}$ . The adhesive minima are unaffected by this, and hence used to obtain the decay length of the oscillatory  
18 envelope. The attractive van der Waals force is negligible compared to the structural forces, hence we fit the force profiles with  
19 a simple damped cosine wave:

$$20 \quad F_N/R = Ae^{-D/\lambda_o} \cos(\omega D + \phi) \quad [1]$$

21 with  $\lambda_o = 0.51 \text{ nm}$  and  $2\pi/\omega = 0.49 \text{ nm}$ . Normal forces between macroscopic particles or surfaces across simple molecular  
22 liquids are expected to follow an exponentially decaying oscillatory function with parameters  $\lambda_o$  and  $2\pi/\omega$  determined solely  
23 by the radial distribution function in the bulk fluid (1). Indeed, we find that these parameters are insensitive to the relative  
24 orientation of the mica sheets, or even the confining material itself provided it is sufficiently smooth. Figure S1 shows the  
25 measured minima of the oscillatory forces for aligned and misaligned mica surfaces, and also compares to experiments where  
26 the mica surfaces were coated with molecularly smooth amorphous OTE (octadecyltriethoxysilane) monolayers. It is clear  
27 from Figure S1 that the magnitude and location of the adhesive minima are similar, within the scatter of the experiment,  
28 in each case. We note that an earlier careful study of the adhesion between mica surfaces as a function of their twist angle  
29 was performed by McGuiggan and Israelachvili(2), and there it was found that a striking increase of adhesion was found at  
30 angles very close to  $\theta = 0^\circ$  in water and electrolytes. However in air there was no such effect. Those authors did not study  
31 hydrocarbon films, and it appears that the enhancement of adhesion at commensurate orientation in their experiments may be  
32 particular to aqueous systems.

33 **Friction across dodecane confined between OTE monolayers.** In the main text we provide evidence for a strong effect of the  
34 twist angle between the two confining mica sheets on the friction measured across the confined dodecane film. This led to the  
35 hypothesis (also supported by various simulation studies in the literature, as referred to in the main text) that the solidified  
36 dodecane film lies in commensurate orientation with one mica surface (if the mica crystals are out of registry) or both mica  
37 surfaces (if the two mica surfaces are aligned). This explains the high friction coefficient, and solidification at larger film  
38 thicknesses, when the two mica sheets are in crystallographic alignment; and ultra-low friction when the two mica sheets  
39 are misaligned. In order to test this hypothesis we carried out friction experiments with the mica surfaces coated in an  
40 atomically-smooth amorphous OTE monolayer; see Figure S2.

41 In contrast to experiments with bare crystalline mica surfaces, we found no effect of twist angle on friction forces measured  
42 between the smooth OTE monolayers across the dodecane film confined to a single molecular layer. Figure S2 shows a  
43 representative example of the transition from viscous (liquid-like) to elastic (solid-like) shear response upon confining the  
44 dodecane film from two to one molecular layer. Both the friction coefficient and magnitude of friction forces are extremely  
45 similar irrespective of the twist angle of the underlying mica substrates. As noted above, the oscillatory structural forces are  
46 identical within our resolution with and without OTE layers; thus direct comparison of mica and OTE-coated-mica on the  
47 friction can be attributed to their surface structure rather than an indirect effect on the layering. The test experiment with  
48 OTE-coated mica – where crystalline structure is not present on the surfaces – supports the hypothesis that laterally-ordered  
49 domains in the dodecane can align with the crystalline structure on one or both mica surfaces, depending on their relative  
50 orientation, and this determines the resulting friction.

51 We also note that, due to the hydrophobic nature of the OTE monolayers the friction forces were largely unaffected by ambient  
52 lab humidity, and were reproducible between different experiments. As we show in the main text, this is not the case for mica  
53 surfaces, which show a dramatic effect of adsorbed water at the surfaces. Although  $\text{P}_2\text{O}_5$  is frequently used in the measurement  
54 chamber, it only prevents the liquid from getting wetter and unlikely to dry it. In particular, once water is adsorbed at the  
55 hydrophilic surfaces before immersion in the alkane it is very unlikely to then go into the bulk liquid. Crucially, the result of  
56 this is that the presence of small amounts of water adsorbed from ambient lab air can cause enormous increases in friction even  
57 when using liquids which are themselves as dry as possible. The origin of this high friction in the presence of adsorbed water is  
58 not clear but may be related to the formation of nm-sized crystallites of  $\text{K}_2\text{CO}_3$  or  $\text{KHCO}_3$  through reaction of mica surface  
59  $\text{K}^+$  ions with dissolved carbonaceous gases catalysed by water(3).

60 **Notes on method of mica surface preparation.** Importantly, the ultra-low friction behaviour reported here for misaligned  
61 surfaces can be achieved using mica cleaved and cut with Pt wire using standard procedures with careful consideration of  
62 laminar flow(4), and without the need for prior re-cleaving of the mica surfaces. However a low humidity in the lab is required  
63 (in our experiments  $\text{RH} < 20\%$ ) for the duration of surface preparation, which must be kept as short as possible before mounting  
64 lenses in the dry measurement chamber. Without such precautions or prior re-cleaving, friction coefficients for dodecane  
65 confined between mica surfaces are typically in the range  $0.1 < \mu < 2$ .

66 **Notes on method of determining the film thickness,  $D$ , in cases of an asymmetric 3-layer interferometer.** In many of the present  
67 experiments the mica sheets were re-cleaved with tape using the method of Frantz and Salmeron(5). In this case the thickness  
68 of the two mica sheets can be unequal. The optical cavity for FECO measurement of  $D$  is then asymmetric. However, for the

69 present experiments where the range of  $D$  of interest is  $0 < D < 10$  nm and the refractive index of the fluid (dodecane) and  
70 mica are similar, the error in calculating  $D$  using the analytic equation for a *symmetric* interferometer(6) is negligible and this  
71 is what we have done in the present experiments. Here, we explain this further and justify our method by presenting a full  
72 multilayer matrix method fit using an asymmetric mica( $T_1$ )-liquid-mica( $T_2$ ) stack, and find that in the range of separations  
73 relevant to this study ( $< 100$  nm), there is little difference between the symmetrical analytical equation and asymmetrical  
74 multilayer matrix method, most particularly for the degree of asymmetry and gap refractive index studied here.

75 **Extent of asymmetry.** We begin by note that the asymmetry in experiments performed in this way is mild. When re-cleaving  
76 the mica surface using Kapton tape, the exfoliated mica surface remains attached to the tape and its approximate thickness can  
77 be inferred from its colour. We typically find that the exfoliated mica layers from both lenses are of similar colour, indicating  
78 that the remaining mica pieces on both lenses are of comparable thickness.

79 **Previous work informing our methodology.** While the work of Israelachvili(6) (and later further described by Tadmor,  
80 Chen and Israelachvili(7)) established the widely-used analytical method to determine liquid layer thickness in a symmetrical  
81 three layer interferometer (s3LI), there has been a considerable effort to both improve the accuracy of the analytical method,  
82 and to also determine gap separations for other optical stacks beyond the s3LI.

83 The multilayer matrix method, outlined with reference to surface force measurements by Clarkson(8) can be used to determine  
84 the transmitted spectrum of an arbitrary optical stack. Each individual layer has a corresponding optical matrix that depends  
85 on the layer thickness, complex refractive index, wavelength, incident angle (for the crossed cylinder geometry of the SFB, this  
86 is taken as  $0^\circ$ ), dielectric permittivity and magnetic permeability. The total transmission spectrum can then be determined  
87 from the matrix product of all the layers in the stack. Further details are given by Balabajew(9). Recent work has utilised the  
88 multi matrix method to perform contact-free calibration, for systems where an air-contact calibration could result in irreversible  
89 substrate damage(9), and to determine separation in an asymmetric “three mirror” interferometer(10). However, rather than  
90 an analytical relationship between fringe position and gap thickness, the MMM requires a brute force process of generating  
91 many transmission spectra to best match the experimental data, which had previously limited its use as a direct fitting method.  
92 Horn and Smith(11) derived equations for asymmetric interferometers where the substrates are of different thickness, with  
93 different refractive index, or both. In order to determine the gap thickness, the estimated thickness asymmetry is estimated  
94 and then refined via an iterative process. They found that this process yields excellent agreement with numerical solutions  
95 found via the multilayer matrix method.

96 It was noted by Israelachvili that the thickness obtained via contact calibration of a three layer interferometer does not yield  
97 the true mica thickness but rather an effective “optical” thickness, due to phase change at the mica-silver interface, and a  
98 correction factor was introduced to accommodate this. Farrell, Bailey and Chapman(12) extended this work, and explicitly  
99 calculated the different gap thicknesses if phase changes were included or neglected.

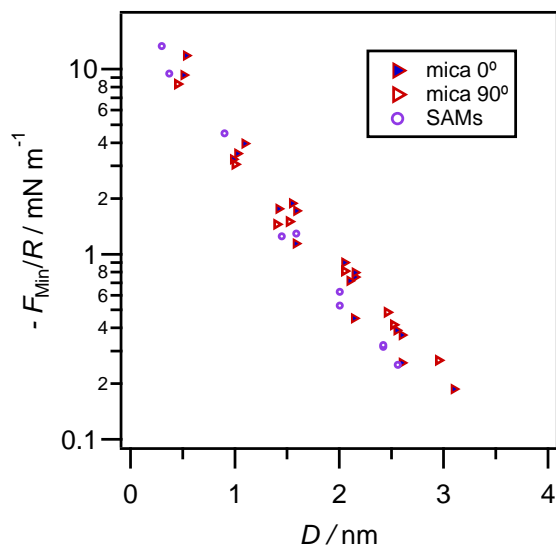
100 **Direct comparison of MMM to symmetric analytic method.** We now proceed to explore the suitability of using the  
101 analytical relationship for a symmetrical interferometer to study a potentially asymmetric system. Figure S3a shows the  
102 contact calibration for a dataset used in this study. We assign the left hand fringe to be the  $p$ -fringe and note it is of odd  
103 order due to its shape. The transmission spectrum was recorded at several distances and the separation was determined using  
104 both the analytical relationship and using the MMM (figure S3b) as follows: Optical properties of silver(13) and mica(14) are  
105 obtained from the literature. The contact calibration thickness  $T$  is used to constrain the thickness of the two mica layers, such  
106 that  $T = T_1 + T_2$ . Using the separations obtained from the analytical symmetrical relationship as a first estimate, we refine  
107 both the gap separation and asymmetry  $r = (T_1/(T_1 + T_2))$  for the away-from-contact data by comparison to MMM-generated  
108 spectra and minimisation of their sum-squared residuals. Clarkson(8) noted an oscillatory movement of fringe position with  
109 asymmetry for a fixed separation, such that a given  $p$  and  $p - 1$  fringe position can correspond to multiple asymmetries and  
110 separations. We also note this when fitting experimental spectra, and show that multiple asymmetries yield near-equally good  
111 fits to the data, but crucially also result in the same fitted separation. Nevertheless a global fit of multiple separations reveals  
112 that  $r = 0.5865$  yields the best overall fit, so we take this value throughout. Despite this fitted asymmetry, there is good  
113 agreement between the separations determined by fitting the whole spectrum with an asymmetric stack, and those determined  
114 analytically from the  $p$ -fringe position, assuming a symmetric stack. Indeed, the agreement is excellent and differs by no more  
115 than a few Angstroms even at separations in excess of 70 nm (figure S3e, solid points).

116 While this agreement is gratifying, one might naively find it surprising. We therefore also make some general observations about  
117 the applicability of the symmetrical analytical expression for asymmetric systems. Figure S3d shows the transmission peak  
118 positions for different separations for a symmetric and asymmetric three layer interferometer of the same thickness and optical  
119 properties as the one used in the example above. We note that, for the same fringe order, the behaviour of the symmetric  
120 (pink) and asymmetric (blue) fringes are notably different. Why should this then yield the same fitted separation? Clarkson(8)  
121 notes “the curve for the odd fringe... has opposite curvature to the curve for the odd fringe for the symmetrical case, and  
122 similarly for the even fringes”. Similarly Horn and Smith also note(11) that the curvature of even and odd fringes can change in  
123 asymmetric systems. Indeed, as shown in figure S3e, fitting the MMM symmetric interferometer (pink dots) with the analytical  
124 method requires the  $p$ -fringe to be even, but using the analytical method to fit the MMM asymmetric interferometer (blue dots)  
125 for an even  $p$ -fringe results in poor agreement between the MMM thickness and the fitted thickness. On the other hand, by  
126 assuming the  $p$ -fringe to be odd (figure S3e, blue line, as implied from figure S3a.), we find excellent agreement between the  
127 two fits, confirming the applicability of the symmetric analytical form for asymmetric systems. In the limiting case of complete  
128 asymmetry, i.e. a two layer interferometer, all fringes regardless of order are “even” in that separation always depends on  
129 the refractive index of the medium, so it is necessary to use a different analytical expression. However, for the case of small

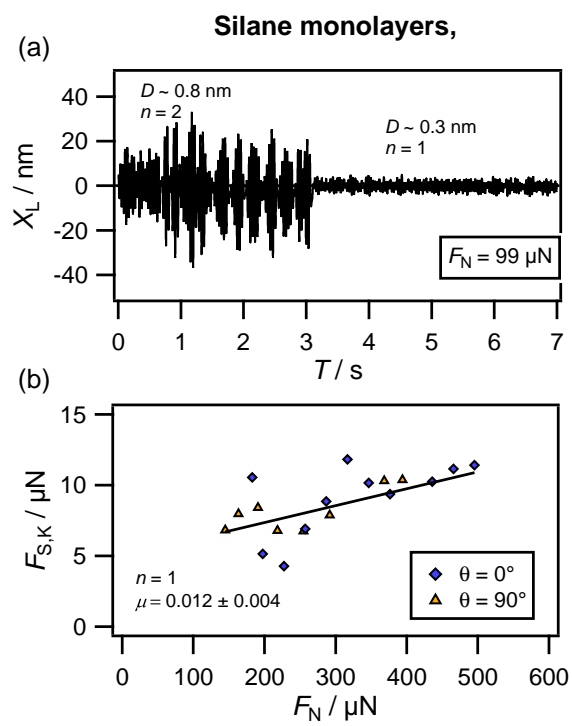
130 asymmetry (aided by the relatively small refractive index mismatch between mica and dodecane as opposed to, say, mica and  
131 water or mica and air) as shown here, using the relationship for the symmetric interferometer remains appropriate.

132 **Note on the observed 'quantized friction'.** Our measurements of friction as a function of load suggest that the friction across  
133 dodecane is load dependent but also quantized with respect to the number of confined molecular layers: see examples in Fig.2  
134 (d),(i) in the main text. Such *quantized friction* has been demonstrated in the past for non-polar liquid(15) and for ionic  
135 liquid(16). We note that the change in contact area with applied normal load in the present experiments is weak and is not  
136 sufficient to account for the increase in friction with load, i.e., the shear stress also increases with load. The friction coefficients  
137 measured here appear to be approximately constant within each experiment, i.e. not varying with the number of confined  
138 layers, and only the *adhesion contribution* to the friction force varies with film thickness. This latter aspect is expected from  
139 the oscillatory nature of the force profiles: the adhesive contribution to friction increasing with decreasing film thickness, in  
140 discrete steps as each layer of liquid is squeezed from the film, resulting in step-changes in friction.

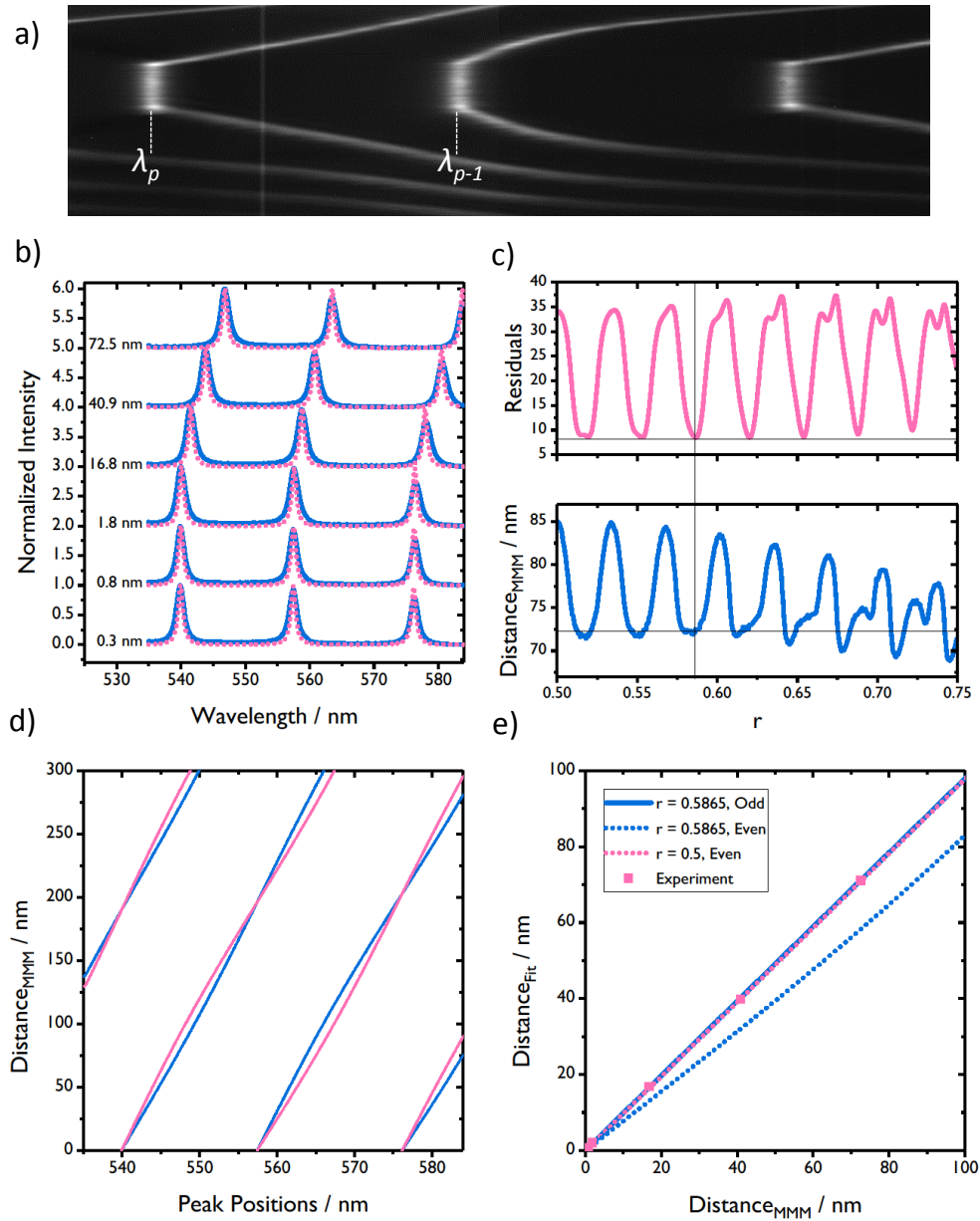
141 **Requests for data and further details.** Raw data and further details of protocols are available upon reasonable request to the  
142 authors.



**Fig. S1.** Adhesive minima measured on retraction of aligned mica surfaces ( $\theta = 0$  deg), misaligned mica surfaces ( $\theta = 90$  deg) and smooth Self-Assembled Monolayers (SAMs) of OTE across molecularly confined dodecane films.



**Fig. S2.** (a) Variation of the lateral force, FL, transmitted between OTE monolayers across dodecane films of thickness  $n$  molecular layers due to ambient vibrations as a function of time, during the transition from  $n = 2$  to  $n = 1$ . (b) Variation of kinetic shear force,  $F_{S,K}$ , with normal force,  $F_N$ , for different mica alignments.



**Fig. S3.** a) Transmission spectrum for crystallographically mis-aligned mica at contact.  $p$  and  $p-1$  fringes are indicated, of apparent odd and even order respectively. b) Transmission spectra traces at various surface separations (blue solid) and corresponding MMM fits for an asymmetry of 0.5865 (pink dotted) with gap separation of fit also shown. c) Example fitting residuals and corresponding gap separation for most distant trace from b). Solid line indicates global residual minimum and corresponding distance. Note that other values of  $r$  produce similarly good fits, but result in essentially the same gap separation. d) Numerically modelled transmission spectrum peak positions for different separations, for the same  $T$  as a), but for symmetric mica layers (pink) and asymmetric ( $r=0.5865$ , blue). e) Distances obtained from analytical fit of d), as function of MMM distance. Pink dotted line corresponds to the symmetric mica case, which is of even fringe order. Blue solid line is for asymmetric mica, assuming odd fringe order (as implied by a)). Pink squares correspond to distances obtained using analytical fit and MMM shown in b), demonstrating excellent agreement between the two methods.

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