

1 Ketogenic diet induces skeletal muscle atrophy via reducing muscle protein synthesis and  
2 possibly activating proteolysis in mice

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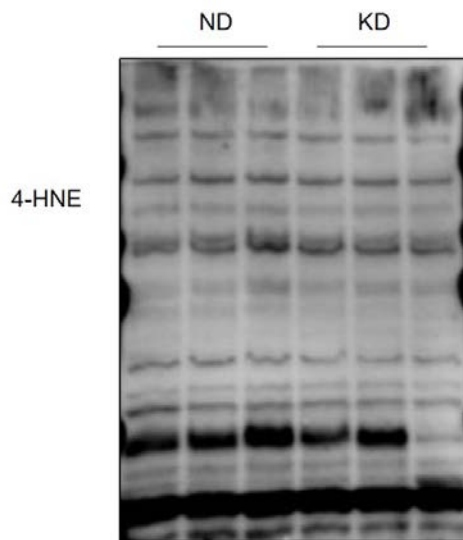
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15 **Supplementary information**



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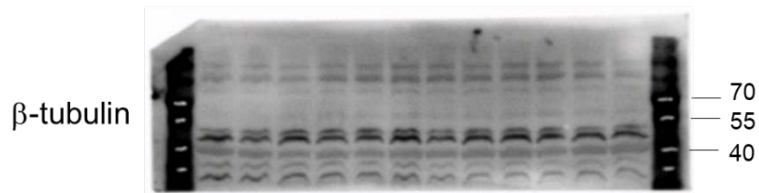
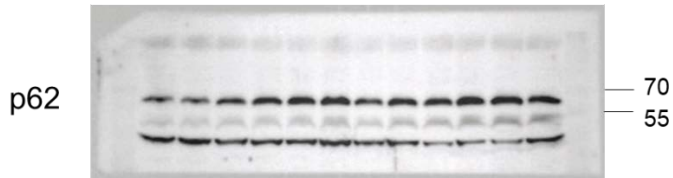
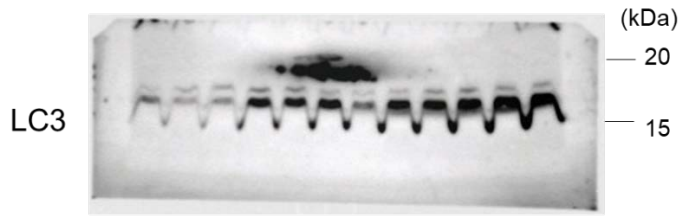
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18 **Supplemental Figure 1. Lipid peroxide did not accumulate under a ketogenic diet.**

19 Levels of 4-hydroxy-2-nonenal (HNE)-conjugated cytosolic protein (indicator of lipid  
20 peroxidation) in gastrocnemius muscles of mice fed with normal (ND) or ketogenic (KD)  
21 diets for seven days. Proteins extracted from muscle were immunoblotted using anti-4HNE  
22 (Japanese Institute for the Control of Aging, Fukuroi, Japan).

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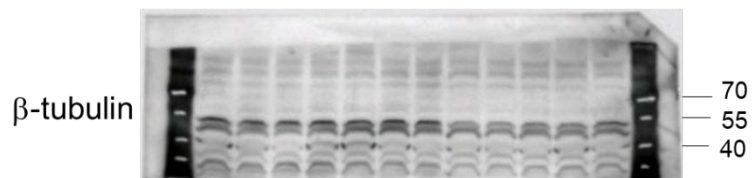
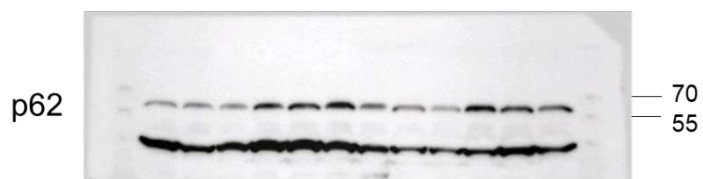
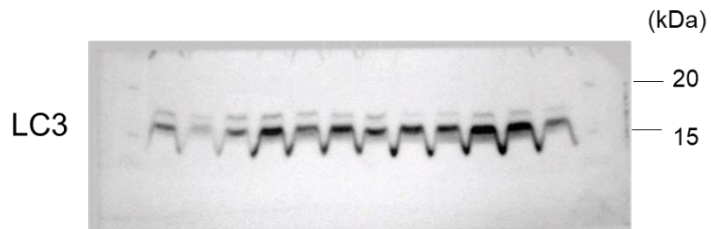
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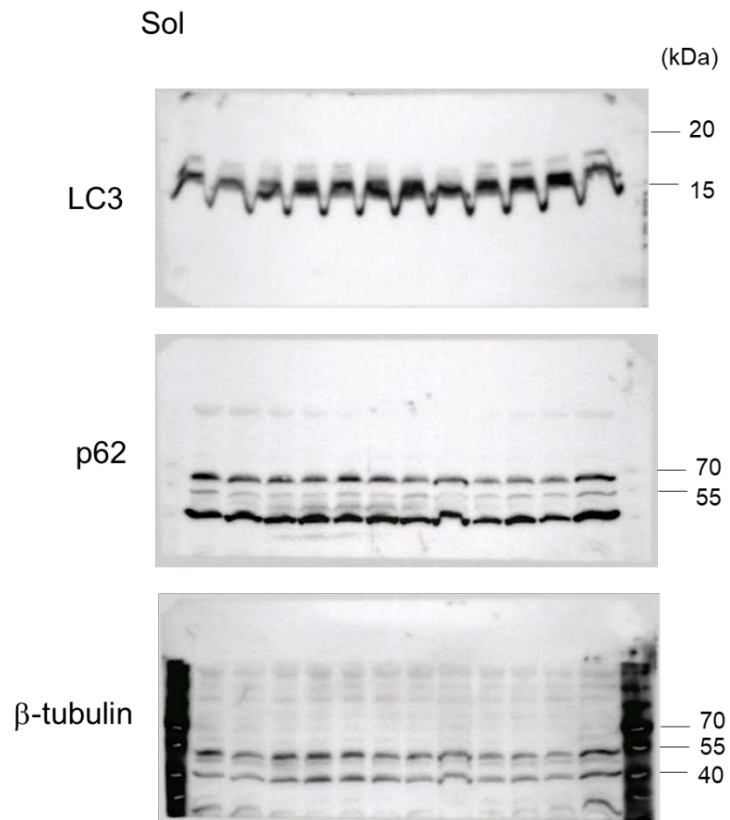


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32 **Supplemental Figure 2. Full-size blots on polyacrylamide gels.**

33 Actual images of gel blots of LC3, p62 and  $\beta$ -tubulin shown in Figure 8. Images vary in size  
34 because membrane was cut to blot several proteins.

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36 **Supplemental Table 1. Primer sequences for real-time RT-PCR.**

Gene	Forward primer sequence (5' to 3')	Reverse primer sequence (5' to 3')
<i>Cpt1b</i>	TGAGACACATCTACCTGTCTGG	CCATGGAGATGTCCACCTTGC
<i>Pdk4</i>	CACATGCTCTTCGAACTCTTCAAG	TGATTGTAAGGTCTTCTTTTCCCAAG
<i>Mafbx</i>	GGAAGCTTTCAACAGACTGGA	CTCAGGGATGTGAGCTGTGA
<i>Murf1</i>	ACGAGAAGAAGAGCGAGCTG	CTTGCCACTTGAGAGGAAGG
<i>Foxo3</i>	ACGAGTGGATGGTGCGCTGTGTGC	TCATTCTGAACGCGCATGAAGCG
<i>Foxo1</i>	TCACCAAGGCCATCGAGAGCTC	CCTCTGGATTGAGCATCCACCAAG
<i>Lc3b</i>	CGTCCTGGACAAGACCAAGT	ATTGCTGTCCCGAATGTCTC
<i>Klf15</i>	CCAGGCTGCAGCAAGATGTACAC	TGCCTTGACAACTCATCTGAGCGG
<i>Sod1</i>	GGAAGCATGGCGATGAAA	AAATGAGGTCCTGCACTGGTA
<i>Gclc</i>	ATTGTTATGGCTTTGAGTGCTGC	CCTCCCGTGTTCTATCATCTACAG
<i>Hmox1</i>	CGCCTTCCTGCTCAACATT	TGTGTTCCCTCTGTCAGCATCAC
<i>Cat</i>	GGTAACTGGGATCTTGTGGGAAAC	CTGTGGGTTTCTCTTCTGGCTATG
<i>Igf1</i>	TGGATGCTCTTCAGTTCGTG	GTCTTGGGCATGTCAGTGTG
<i>Myod1</i>	TGAGCAAAGTTAATGAGGCCTTCG	TGCAGACCTTCGATGTAGCGGAT
<i>Eif4e1</i>	AGGACGGTGGCTGATCACA	TCTCTAGCCAGAAGCGATCGA
<i>Colla2</i>	CAGAACATCACCTACCACTGCAA	TTCAACATCGTTGGAACCCTG
<i>Actb</i>	CACACCTTCTACAATGAGCTGC	CATGATCTGGGTCACTTTTCA

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39 **Supplemental Table 2. Two-way ANOVA of body weight, calorie intake, grip strength,**  
 40 **and LC3 band intensity in mice fed with ketogenic diet (KD) or normal diet.**

Factor		<i>F</i>	<i>P</i>
Body weight decrease	KD	58.40	< 0.001
	Days	81.69	< 0.001
	KD × days	40.44	< 0.001
Calorie intake	KD	3.21	0.089
	Days	13.89	< 0.001
	KD × days	9.72	< 0.001
Grip strength	KD	21.77	< 0.001
	Days	31.93	< 0.001
	KD × days	5.46	0.034
LC3 band intensity in Ga muscle	KD	56.30	< 0.001
	Colchicine	54.72	< 0.001
	KD × colchicine	0.98	0.35
LC3 band intensity in TA muscle	KD	5.94	0.041
	Colchicine	1.40	0.27

	KD × colchicine	0.022	0.89
LC3 band intensity in	KD	3.45	0.10
Sol muscle			
	Colchicine	1.11	0.32
	KD × colchicine	1.11	0.32

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41 Ga, gastrocnemius; Sol, soleus; TA, tibialis anterior.