


Appendix 1: Educational Posters






**DONT BE THE WEAK LINK**

**GIVE YOURSELF AND YOUR TEAM THE HEALTHY EDGE!**

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- Wash or Sanitize before entering training room
- Shower if you have been active
- Disinfect equipment and surfaces before and after use

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**IT ONLY TAKES  
ONE OF US...**

**TO TAKE DOWN THE TEAM**

**13% OF HEALTHY  
ATHLETES ARE CARRYING  
MRSA EVERYDAY!**

- Wash or sanitize hands often
- Disinfect equipment after every use
- Cover cuts during play
- Share the win, not your water bottle