

First Author	Date Published	Social group	Title	n	Sex	Country	Type of study	Age	Age group	Sport	Theme
Ali	2011	peers	Weight-related behavior among adolescents: the role of peer effects	3898	both girls & boys	US	longitudinal (Add Health)	grades 7-12	adolescent	general	Reasons for participation
Alley	2005	peers	Peer attitudes towards adolescent participants in male- and female-oriented sports	69	both girls & boys	US (South Carolina)	cross-sectional	high school	adolescent	ballet, tennis, karate	Social Norms
Amado	2015	parents	Incidence of Parental Support and Pressure on Their Children's Motivational Processes towards Sport Practice Regarding Gender	321	both girls & boys	Spain	cross-sectional	10 to 16	adolescent	general	Parent support
Anderson	2011	peers & parents	Ethnic, gender, and BMI differences in athletic identity in children and adolescents	2007	both boys and girls	United States	cross-sectional	4th/5th, 7th/8th grade	child & adolescent	general	Parent support
Baar	2011	peers	Machiavellianism in children in Dutch elementary schools and sports clubs: Prevalence and stability according to context, sport type, and gender	1425	both girls & boys	Netherlands	cross-sectional	10 to 12 years	child	martial arts, contact, noncontact (school vs club)	Teammates
Bassett-Gunter	2017	parents	Parent Support for Children's Physical Activity: A Qualitative Investigation of Barriers and Strategies	21	both girls & boys	Canada	cross-sectional	parents of 5 to 11 year olds	child	general	Parent support
Basterfield	2016	peers & parents	Can't play, won't play: longitudinal changes in perceived barriers to participation in sports clubs across	500	both girls & boys	England	longitudinal (Gateshead Millennium)	9 and 12	child & adolescent	general	Reasons/ barriers

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Baxter-Jones	2003	parents	Parental influence on sport participation in elite young athletes	282	both boys and girls	England	longitudinal and interdisciplinary	8 to 17 years old	child & adolescent	soccer, gymnastics, tennis, swimming	Parent support
Bean	2014	family	Understanding how organized youth sport maybe harming individual players within the family unit: a literature review	N/A	both boys and girls	Canada	review	6 to 18	child & adolescent	general PA	Reasons/barriers
Berntsson	2014	parents	Swedish parents' activities together with their children and children's health: a study of children aged 2-17 years	1461	both boys & girls	United States	cross-sectional	2 to 17 years old	child & adolescent	general PA	Parent support
Beunen	1999	family	Genetic determinants of sports participation and daily physical activity	N/A	both girls & boys	Worldwide	review			general PA	Sporting family
Bigelow	1989	peers	Sport-involved children's friendship expectations	80	both girls & boys	Canada	cross-sectional	9 to 12	child	ringette, minor hockey	Friendships
Boomsma	1989	family	Resemblances of parents and twins in sports participation and heart rate	180	both girls & boys	Netherlands	cross-sectional	14 to 20	adolescent	general PA	Sporting family
Bosselut	2012	peers	Reciprocity of the relationship between role ambiguity and group cohesion in youth interdependent sport	162	both girls & boys	Canada	longitudinal	12 to 18	adolescent	indoor soccer, volleyball, basketball, hockey	Teammates
Boufous	2004	parents	Parental safety concerns--a barrier to sport and physical activity in children?	5876	both boys and girls	Australia	cross-sectional	5 to 12 years old	child	general	Reasons for participation

Breiger	2015	peers	Winning, motivational climate, and young athletes' competitive experiences: Some notable sex differences	99	both girls & boys	US	cross-sectional	10 to 14	adolescent	basketball	Motivational climate
Brophy	2011	parents	Parental factors associated with walking to school and participation in organised activities at age 5: analysis of the Millennium Cohort Study	17,561	both girl & boys	United Kingdom	longitudinal (Millenium)	5 years old	child	general	Parent support
Bruner	2014	peers	Social identity and prosocial and antisocial behavior in youth sport	426	both girls & boys	Canada	logitudinal	high school	adolescent	basketball, soccer, ice hockey, american football, rugby, lacrosse	Teammates
Bruner	2017	peers	Examining social identity and intrateam moral behaviours in competitive youth ice hockey using stimulated recall	23	both girls & boys	Canada	qualitative	11 to 17	adolescent	ice hockey	Teammates
Buchanan	1976	peers	Academic and Athletic Ability as Popularity Factors in Elementary School Children	802	both boys and girls	US (Georgia)	cross-sectional	grades 4-6	child	general	Social Norms
Burke	1976	peers & parents	Locus of Control and Other Psycho-Social Parameters in Successful American Age-Group Swimmers	89	both girls & boys	US	cross-sectional	14 to 18	adolescent	swimming	Reasons for participation
Busey	2007	parents	A survey of inner city youth and their parents about participation in sports	138	both boys and girls	United States	cross-sectional	10 years old	child	general	Reasons for participation

Caglar	2017	peers & parents	Roles of Perceived Motivational Climates Created by Coach, Peer, and Parent on Dispositional Flow in Young Athletes	220	both girls & boys	Turkey	cross-sectional	14-17	adolescent	basketball, soccer, volleyball, and handball	Motivational climate
Camporesi	2016	parents	Ethics, genetic testing, and athletic talent: children's best interests, and the right to an open (athletic) future	none	both girls and boys	United Kingdom	Review	n/a		n/a	Sporting family
Casey	2009	peers & parents	Using a socioecological approach to examine participation in sport and physical activity among rural adolescent girls	34	girls	Australia	qualitative	Grade 7 (12 to 13 years)	adolescent	general	Multiple
Chan	2012	peers & parents	Influences of coaches, parents, and peers on the motivational patterns of child and adolescent athletes	408	both girls & boys	China	cross-sectional	9 to 18 years	child & adolescent	swimming	Motivational climate
Chen	2014	parents	An exploratory study on the relationship between parents' passion for sport/exercise and children's self- and task-perceptions in sport/exercise	312	both girls & boys	Taiwan	cross-sectional	5-6 grade and parents	child	general	Motivational climate
Ciairano	2007	peers	Sport, stress, self-efficacy and aggression towards peers: Unravelling the role of the coach	159	both girls & boys	Italy	cross-sectional	11 to 18	adolescent	general	Teammates
Clarke	2016	family	A Phenomenological Interpretation of the Parent-Child Relationship in Elite Youth Football	8	both boys and girls	England	qualitative	12 to 17	adolescent	soccer	Reasons for participation

Coleman	2008	peers & parents	Girls and young women's participation in physical activity: psychological and social influences	75	girls	UK	qualitative	15 to 19 years	adolescent	general	Reasons/barr iers
Cumming	2006	parents	Estimated maturity status and perceptions of adult autonomy support in youth soccer players	113	both girls & boys	United States	cross-sectional	9 to 15 years old	child & adolescent	soccer	Motivational climate
Danioni	2017	parents	Transmitting Sport Values: The Importance of Parental Involvement in Children's Sport Activity	172	both boys and girls	Italy	cross-sectional	13 to 19 years old	adolescent	volleyball, basketball, soccer, and rugby	Reasons for participation
De Lepeleere	2013	parents	What practices do parents perceive as effective or ineffective in promoting a healthy diet, physical activity, and less sitting in children: parent focus groups	21	both girls & boys	Belgium	cross-sectional	34 to 50 years old of 6 to 12 year kids	child	general	Reasons for participation
Deflandre	2001	peers & parents	Physical activity and sport involvement in French high school students	48	both boys and girls	France	cross-sectional	16 to 19	adolescent	general	Reasons for participation
Deflandre	2001	peers & parents	Determinants of physical activity and physical and sports activities in French school children	80	both boys and girls	France	cross-sectional	11 to 16	adolescent	general	Sporting family
Denault	2009	peers & parents	Predictors of Adolescent Participation in Organized Activities: A Five-Year Longitudinal Study	272	both boys and girls	Canada	longitudinal	Grades 6 to 10	adolescent	general	Reasons for participation

Dollman	2010	parents	Changing associations of Australian parents' physical activity with their children's sport participation: 1985 to 2004	818	both boys and girls	Australia	cross-sectional	9 to 15 years old	child & adolescent	general	Sporting family
Drenowatz	2014	parents	Parental characteristics have a larger effect on children's health behaviour than their body weight	1118	both girls & boys	Germany	cross-sectional	2nd graders	child	club	Sporting family
Duncan	2005	peers & parents	Personal, Family, and Peer Correlates of General and Sport Physical Activity among African American, Latino, and White Girls	372	girls	United States	cross-sectional	10,12,14 year old	adolescent	general	Reasons/barriers
Ebbeck	1994	parents	Psychosocial predictors of goal orientations in youth soccer	166	both boys and girls	US	cross-sectional	10 to 14	adolescent	soccer	Motivational climate
Eime	2013	peers & parents	Family support and ease of access link socio-economic status and sports club membership in adolescent girls: a mediation study	732	girls	Australia	cross-sectional	11 to 20 years old	adolescent	general	Parent support
Eime	2010	peers & parents	Transition in participation in sport and unstructured physical activity for rural living adolescent girls	27	girls	Australia	qualitative	16 to 17 years old	adolescent	general	Multiple
Erkelenz	2014	parents	Parental Activity as Influence on Children's BMI Percentiles and Physical Activity	1615	both boys and girls	Germany	cross-sectional	71 +- 0.6 years old		general	Parent support

Evans	2016	peers	Bullying Victimization and Perpetration Among Adolescent Sport Teammates	359	both boys and girls	Canada	cross-sectional	13 to 17	adolescent	general	Teammates
Fernandez	2015	parents	Parental modeling, education and children's sports and TV time: the ENERGY-project	5729	both boys and girls	Europe	cross-sectional	10 to 12 years old	child	general	Parent support
Gadzic	2009	peers	Participation in Sports and Sociometric Status of Adolescents	359	both boys and girls	Serbia	cross-sectional	16 to 19	adolescent	general	Social Norms
Gavin	2016	peers & parents	Adolescents' Perception of the Psychosocial Factors affecting Sustained Engagement in Sports and Physical Activity	16	both girls & boys	Canada	qualitative	15 to 17	adolescent	general	Reasons/barriers
Gould	2006	parents	Understanding the role parents play in tennis success: a national survey of junior tennis coaches	132	both girls & boys	United States	cross-sectional			tennis	Parent support
Guest	2008	peers	Reconsidering Teamwork: Popular and Local Meanings for a Common Ideal Associated with Positive Youth Development		both girls & boys	US (Chicago) / Angola	qualitative			general	Teammates
Gustafsson	2016	parents	Profiles of perfectionism, parental climate, and burnout among competitive junior athletes	237	both girls & boys	Sweden	cross-sectional	16 to 19 years old	adolescent	team and individual sports	Motivational climate
Hellstedt	2005	family	Invisible players: a family systems model		both girls and boys		REVIEW				Parent support
Hennessy	2007	parents	Personal predictors of spectator aggression at little league baseball games	128	both boys and girls	US (NY)	cross-sectional	parents of 8 to 15 year olds	child & adolescent	baseball	Parent support

Hines	1989	peers & parents	Sports competition and its influence on self-esteem development	201	both girls and boys	US	cross-sectional	?		basketball	Multiple
Hoigaard	2007	peers	Perceived social loafing and anticipated effort reduction among young football (soccer) players: an achievement goal perspective	170	boys only	Norway	cross-sectional	15 to 20	adolescent	soccer	Motivational climate
Holland	1994	peers	Athletic Participation and the Social Status of Adolescent Males and Females	422	both girls & boys	US	cross-sectional	high school	adolescent	general	Social Norms
Hopwood	2015	siblings	Sibling dynamics and sport expertise	229	both girls & boys	Australia & CANADA	cross-sectional			general	Sporting family
Hosseini	2013	parents	Qualitative Iranian study of parents' roles in adolescent girls' physical activity habit development	16	girls	Iran	qualitative	10 to 19	adolescent	general	Parent support
Imtiaz	2016	peers	Examining Young Recreational Male Soccer Players' Experience in Adult- and Peer-Led Structures	27	boys only	Canada	experimental	10 to 12	child	soccer	Teammates
Jackson	2014	peers	I think they believe in me: the predictive effects of teammate- and classmate-focused relation-inferred self-efficacy in sport and physical activity settings	457	both girls & boys	Australia	cross-sectional	12 to 18	adolescent	water polo; general	Teammates
Jakobsson	2014	peers	What makes teenagers continue? A salutogenic approach to understanding youth participation in Swedish club sports	18	both girls & boys	Sweden	qualitative	15 to 19	adolescent	general	Reasons for participation

Joesaar	2011	peers	Peer influence on young athletes' need satisfaction, intrinsic motivation and persistence in sport: A 12-month prospective study	424	both girls & boys	Estonia	cross-sectional	12 to 15	adolescent	general	Motivational climate
Joesaar	2012	peers	Youth athletes' perception of autonomy support from the coach, peer motivational climate and intrinsic motivation in sport setting: One-year effects	362	both girls & boys	Estonia	longitudinal	11 to 16	adolescent	general	Motivational climate
Kane	1998	peers	The female athletic role as a status determinant within the social systems of high school adolescents	232	girls	US	cross-sectional	high school	adolescent	general	Social Norms
Keresztes	2008	peers & parents	Social influences in sports activity among adolescents	548	both boys and girls	Hungary	cross-sectional	10 to 15	adolescent	general	Reasons/barr iers
Kipp	2013	peers	Social influences, psychological need satisfaction, and well-being among female adolescent gymnasts	303	both girls & boys	US	cross-sectional	10 to 17	adolescent	gymnasts	Motivational climate
Kipp	2015	peers	Social predictors of psychological need satisfaction and well-being among female adolescent gymnasts: A longitudinal analysis	174	girls	US	longitudinal	10 to 17	adolescent	gymnasts	Motivational climate
Kirk	1997	parents	The economic impact on families of children's participation in junior sport	220	both girls & boys	Australia	cross-sectional /qualitative	9 to 17	child & adolescent	general	Parent support

Knight	2016	parents	Influences on parental involvement in youth sport	70	both boys and girls	US & UK	qualitative	parents		general	Parent support
Kobel	2015	parents	Correlates of habitual physical activity and organized sports in German primary school children	1714	both boys and girls	Germany	cross-sectional	6 to 7	child	general	Sporting family
Landers	1969	siblings	Sibling-Sex-Status and Ordinal Position Effects on Females' Sport Participation and Interests	202	girls	US	cross-sectional			general	Family structure
Le Bars	2009	peers & parents	Personal and contextual determinants of elite young athletes' persistence or dropping out over time	82	both girls & boys	France	cross-sectional	15 to 18	adolescent	judo	Motivational climate
Lee	2010	parents	Correlates of children and parents being physically active together	5177	both boys and girls	US	cross-sectional (Youth Media Campaign Longitudinal Survey)	9 to 13	child & adolescent	general	Sporting family
Light	2009	peers & parents	Children's Reasons for Joining Sport Clubs and Staying in Them: A Case Study of a Sydney Soccer Club	20	both girls & boys	Australia	qualitative	9 to 12	child	soccer	Reasons for participation
Longhurst	1987	peers	Participation motivation of Australian children involved in organized sport	326	both girls & boys	Australia	cross-sectional	8 to 18	child & adolescent	general	Reasons for participation
Maia	2014	family	Familial resemblance of physical activity levels in the Portuguese population	10644	both girls & boys	Portugal	cross-sectional			general PA	Sporting family

Mathur	2006	peers	Relations of Friends' Activities to Friendship Quality	105	both boys and girls	US	cross-sectional	4th & 8th graders	child & adolescent	general	Friendships
McCarthy	2008	peers & parents	Understanding enjoyment in youth sport: A developmental perspective	152	both boys and girls	England	cross-sectional	8 to 15	child & adolescent	general	Motivational climate
McDonough	2005	peers	Sport participation motivation in young adolescent girls: the role of friendship quality and self-concept	227	girls	Canada	cross-sectional	11 to 14 years old	adolescent	team sports	Friendships
McHale	1999	family	Family context and gender role socialization in middle childhood: comparing girls to boys and sisters to brothers	200	both boys and girls	US (Pennsylvania)	cross-sectional	1st = 4th/5th 2nd = 1to3	child	general	Social Norms
McMillan	2016	parents	Family Structure as a Correlate of Organized Sport Participation among Youth	21201	both boys and girls	Canada	cross-sectional	grades 6-10	child & adolescent	general	Family structure
McPherson	1980	peers & parents	The social system of age group swimming: the perceptions of swimmers, parents and coaches	1090	both girls & boys	Canada	cross-sectional	11 to 16	adolescent	swimming	Parent support
Nash	1993	siblings	The Influence of Older Siblings on the Sex-Typed Toy Play of Young Children	60	both girls & boys	US	cross-sectional	2 to 5	child	general	Social Norms
Nathan	2013	peers	We wouldn't of made friends if we didn't come to Football United: the impacts of a football program on young people's peer, prosocial and cross-cultural relationships	142	both girls & boys	Australia	quasi-experimental	11 to 17	adolescent	football	Teammates

Ommundsen	2005	peers	Peer relationships in adolescent competitive soccer: associations to perceived motivational climate, achievement goals and perfectionism	1719	both girls & boys	Norway	cross-sectional	12 to 19	adolescent	soccer	Motivational climate
Ommundsen	2006	parents	Parental and coach support or pressure on psychosocial outcomes of pediatric athletes in soccer	677	both boys and girls	Norway	cross-sectional	10 to 14 years old	adolescent	soccer	Parent support
Park	2014	parents	Parents' perspectives and young athletes' perceptions of social support	20	both boys and girls	Korea	qualitative	11 to 14	adolescent	tennis	Parent support
Poulin	2013	peers	Friendships with Co-Participants in Organized Activities: Prevalence, Quality, Friends' Characteristics, and Associations with Adolescents' Adjustment	281	both girls & boys	Canada	cross-sectional	8th graders	adolescent	general	Friendships
Power	1994	parents	Parenting practices and age-group swimming: a correlational study	44	both boys & girls	United States	cross-sectional	6 to 14	child & adolescent	Age-group swimming	Parent support
Quarmby	2011	parents	Associations between children's physical activities, sedentary behaviours and family structure: a sequential mixed methods approach	381	both girls & boys	United Kingdom	cross-sectional	11 to 14	adolescent	general	Family structure
Riley	2011	peers	Perceived coach-athlete and peer relationships of young athletes and self-determined motivation for sport	211	both girls & boys	US	cross-sectional	12 to 15	adolescent	basketball	Motivational climate

Sanchez-Miguel	2013	parents	The Importance of Parents' Behavior in their Children's Enjoyment and Amotivation in Sports	723	both girls & boys	Spain	cross-sectional	Players 11-16, Parents 36-49	adolescent	Basketball, handball, football, and volleyball	Motivational climate
Sanz-arazuri	2012	parents	Parental predictors of physical inactivity in spanish adolescents	11,259	both girls & boys	Spain	cross-sectional/q ualitative	12 to 16	adolescent	Physical Activity (generally)	Sporting family
Schaefer	2011	peers	The contribution of extracurricular activities to adolescent friendships: new insights through social network analysis	67,124	both girls & boys	US	longitudinal (Add Health) & cross-sectional	7th to 12th grade	adolescent	general	Friendships
Shields	2007	peers	Predictors of poor sportspersonship in youth sports: personal attitudes and social influences	676	both boys and girls	US	cross-sectional	5th to 8th grades	child & adolescent	basketball, soccer, football, hockey, baseball, lacrosse	Teammates
Smith	2010	peers	Peer motivational climate and burnout perceptions of adolescent athletes	206	both girls & boys	Sweden	cross-sectional	16 to 19	adolescent	general	Motivational climate
Snyder	1976	peers & parents	Correlates of sport participation among adolescent girls	230	both boys and girls	US (ohio)	cross-sectional	high school	adolescent	gymnastics, basketball, track	Multiple
Stern	1990	peers	Young children in recreational sports. Participation motivation	314	boys	US (arkansas)	cross-sectional	6 to 10	child	general	Reasons for participation
Stuij	2015	family	Habitus and Social Class: A Case Study on Socialisation into Sports and Exercise	93	both boys and girls	Netherlands	qualitative	9 to 11	child	general	Sporting family
Stuntz	2003	peers	Influence of social goal orientations and peers on unsportsmanlike play	406	both boys and girls	US	cross-sectional	11 to 15	adolescent	general	Motivational climate
Stuntz	2009	peers	Achievement goal orientations and motivational	303	girls	US	cross-sectional	11 to 14 years old	adolescent	general	Motivational climate

outcomes in youth sport: The role of social orientations

Sukys	2014	parents	Do parents' exercise habits predict 13-18-year-old adolescents' involvement in sport?	2,335	both girls & boys	Lithuania	cross-sectional	13-18	adolescent	Sports participation (generally)	Sporting family
te Velde	2014	peers & parents	Parents and friends both matter: simultaneous and interactive influences of parents and friends on European schoolchildren's energy balance-related behaviours - the ENERGY cross-sectional study	7811	both boys and girls	Europe	cross-sectional	10 to 12 years	child	none	Multiple
Toftegaard_stockel	2011	parents	Parental, socio and cultural factors associated with adolescents' sports participation in four Danish municipalities	6,356	both girls & boys	Denmark	cross-sectional	12 to 16	adolescent	Sports participation (generally)	Sporting family
Vazou	2006	peers	Predicting young athletes' motivational indices as a function of their perceptions of the coach- and peer-created climate	493	both boys and girls	England	cross-sectional	12 to 17	adolescent	general	Motivational climate
Vazou	2010	peers	Variations in the perceptions of peer and coach motivational climate	486	both boys and girls	England	cross-sectional	12 to 16	adolescent	general	Motivational climate
Vazou	2005	peers	Peer motivational climate in youth sport: A qualitative inquiry	30	both boys and girls	England	qualitative	12 to 16	adolescent	general	Motivational climate
Visek	2015	peers & parents	The fun integration theory: toward sustaining children and adolescents sport participation	236	both boys and girls	United States	cross-sectional	9 to 19 years	child & adolescent	soccer	Multiple

White	2004	parents	Perceived parental beliefs about the causes of success in sport: relationship to athletes' achievement goals and personal beliefs	183	both boys & girls	United States	cross-sectional	11 to 18	adolescent	Team Sports	Motivational climate
Whiteman	2007	siblings	Explaining Sibling Similarities: Perceptions of Sibling Influences	191	both boys and girls	US	cross-sectional	13 to 18	adolescent	general	Sporting family
Yungblut et al	2012	peers	Views of adolescent female youth on physical activity during early adolescence	35	girls	Canada	qualitative	12 to 18	adolescent	general	Social Norms
Zahra et al	2015	parents	He's probably more Mr. sport than me--a qualitative exploration of mothers' perceptions of fathers' role in their children's physical activity	37	both girls & boys	UK	cross-sectional	Not specified		general	Parent support