

Table S1: Dropout analysis.

Characteristics of ADDITION-PRO participants included and not included in the present study.

	Not included	Included	P
N	756	1326	
Age (y)	66 (7)	66 (7)	0.587
Men (%)	54.1 (50.5;57.7)	53.0 (50.3;55.7)	0.633
Current smokers (%)	20.0 (17.2;23.0)	15.8 (13.9;17.9)	0.017
Glucose tolerance status (%)			
NGT	27.6 (24.5;31.0)	53.0 (50.3;55.7)	<0.001
Pre-diabetes	21.2 (18.3;24.3)	35.6 (33.0;38.2)	<0.001
Screen detected diabetes	4.2 (2.9;5.9)	11.4 (9.7;13.2)	<0.001
Known diabetes	45.6 (42.0;49.3)	-	-
BMI (kg/m ²)	28.8 (4.9)	27.1 (4.5)	<0.001
Systolic blood pressure (mmHg)	134 (18)	133 (17)	0.806
Diastolic blood pressure (mmHg)	82 (11)	81 (10)	0.017
Fasting plasma glucose (mmol/L)	6.0 (0.9)	6.0 (0.8)	0.455
2-hour plasma glucose (mmol/L)	7.0 (2.5)	6.8 (2.3)	0.064
Fasting serum insulin (pmol/L)	40 (26;61)	37 (25;55)	0.083
2-hour serum insulin (pmol/L)	221 (122;378)	184 (110;313)	0.002
ISI ₀₋₁₂₀	33.2 (24.3;48.2)	36.9 (25.9;48.8)	0.118

Data are the means (SD), medians (interquartile range) or percentages (95% CI). P: p-value for test of difference

between groups. *Abbreviations:* Normal glucose tolerance (NGT); insulin sensitivity index (ISI₀₋₁₂₀).