

## **CILP-2 is a Novel Secreted Protein and Associated with Insulin Resistance**

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**Supplementary Table S1** Simple and multiple regression analyses of variables associated with circulating CILP-2 levels in the study population.

	Simple		Multiple	
	<i>r</i>	<i>P</i>	<i>b</i>	<i>P</i>
Age (yr)	0.025	0.662	-----	-----
BMI (kg/m <sup>2</sup> )	0.041	0.482	-----	-----
WHR	0.341	< 0.001	0.827	< 0.001
FAT (%)	0.034	0.555	-----	-----
SBP (mmHg)	0.079	0.171	-----	-----
DBP (mmHg)	0.098	0.089	-----	-----
TG (mmol/L)	0.265	< 0.001	-----	-----
TC (mmol/L)	0.100	0.083	-----	-----
HDL-C (mmol/L)	-0.138	< 0.05	-----	-----
LDL-C (mmol/L)	0.011	0.851	-----	-----
FBG (mmol/L)	0.202	< 0.001	-----	-----
2h-BG (mmol/L)	0.296	< 0.001	-----	-----
HbA1c (%)	0.150	< 0.01	-----	-----
FFA (μmol/L)	0.102	0.079	-----	-----
FIns (mU/L)	0.246	< 0.001	-----	-----
2h-Ins (mU/L)	0.181	< 0.01	-----	-----
HOMA-IR	0.396	< 0.001	0.033	< 0.001

CILP-2 and TG were skewed and logarithmically transformed to obtain a normal distribution.

In multiple linear stepwise regression analysis, values included for analysis were age, BMI, WHR, FAT(%), SBP, DBP, TC, TG, HDL-C, LDL-C, FFA, FBG, 2h-BG, HbA1c(%), FIns, 2h-Ins and HOMA-IR. BMI, body mass index; WHR, waist-to-hip ratio; FAT (%), visceral fat percentage; SBP, systolic blood pressure; DBP, diastolic blood pressure; TG, triglyceride; TC, total cholesterol; HDL-C, high-density lipoprotein cholesterol; LDL-C, low-density lipoprotein cholesterol; FBG, fasting blood glucose; 2h-BG, 2-h blood glucose after glucose overload; FFA, free fatty acids; FIns, fasting insulin; 2h-Ins, 2-h plasma insulin after glucose overload; HOMA-IR, HOMA-insulin resistance index.

**Supplementary Table S2** Association of circulating CILP-2 with IGT and T2DM in fully adjusted models.

Model adjust	IGT			T2DM		
	OR	95%CI	<i>P</i>	OR	95%CI	<i>P</i>
Age	1.015	1.007-1.022	<0.001	1.020	1.013-1.028	< 0.001
Age, Sex	1.015	1.007-1.022	< 0.001	1.020	1.013-1.028	< 0.001
Age, Sex, BMI	1.015	1.008-1.023	< 0.001	1.020	1.013-1.028	< 0.001
Age, Sex, BMI, FAT(%)	1.015	1.008-1.023	< 0.001	1.021	1.013-1.028	< 0.001
Age, Sex, BMI, FAT(%), WHR	1.015	1.007-1.022	< 0.001	1.020	1.013-1.028	< 0.001
Age, Sex, BMI, FAT(%), WHR SBP, DBP	1.015	1.007-1.022	< 0.001	1.020	1.012-1.028	< 0.001
Age, Sex, BMI, FAT(%), WHR SBP, DBP, Lipid profile	1.160	1.008-1.241	< 0.001	1.210	1.013-1.291	< 0.001

Results of binary logistic regression analysis are presented as the odds ratio (OR) of being in IGT and T2DM status with an increase in circulating CILP-2. IGT, impaired glucose tolerance; T2DM, type 2 diabetes mellitus; IR, insulin resistance; BMI, body mass index; WHR, waist-to-hip; FAT (%), visceral fat percentage; SBP, systolic blood pressure; DBP, diastolic blood pressure; CI, confidence interval; lipid profile, including TC, FFA, TG, LDL-C and HDL-C.

**Supplementary Table S3** Clinical characteristics pre- and post-treatment with exenatide in T2DM patients.

Item	Pre-treatment	Post-treatment
BMI (kg/m <sup>2</sup> )	24.6 ± 3.1	23.3 ± 2.7
WHR	0.89 ± 0.06	0.88 ± 0.06
FAT (%)	29.4 ± 5.5	28.6 ± 4.8
SBP (mmHg)	131.1 ± 10.1	129.0 ± 10.6
DBP (mmHg)	78.1 ± 8.0	79.4 ± 6.3
TG (mmol/L)	2.00 ± 1.02	1.87 ± 0.99
TC (mmol/L)	4.85 ± 1.08	5.05 ± 1.31
HDL-C (mmol/L)	1.30 ± 0.27	1.44 ± 0.49
LDL-C (mmol/L)	2.67 ± 0.94	2.87 ± 1.07
FFA (umol/L)	0.63 ± 0.21	0.53 ± 0.19*
FBG (mmol/L)	9.94 ± 2.27	8.08 ± 1.50**
PBG (mmol/L)	17.2 ± 4.4	14.0 ± 4.9*
FIns (mU/L)	13.8 ± 12.7	14.0 ± 16.2
HOMA-IR	6.12 ± 5.71	5.02 ± 6.08*

BMI, body mass index; WHR, waist-to-hip ratio; FAT (%), visceral fat percentage; SBP, systolic blood pressure; DBP, diastolic blood pressure; TG, triglyceride; TC, total cholesterol; HDL-C, high-density lipoprotein cholesterol; LDL-C, low-density lipoprotein cholesterol; FFA, free fatty acids; FBG, fasting blood glucose; PBG, postprandial plasma glucose; FIns, fasting insulin; HOMA-IR, HOMA-insulin resistance index. Values were given as mean ± SD (n=30). \**P* < 0.05, \*\**P* < 0.01 compared with pre-treatment.

**Supplementary Table S4** Clinical features of T2DM patients with CILP-2 expression

analysis.

<b>Variable</b>	<b>Controls (n=10)</b>	<b>T2DM (n=10)</b>
Age (year)	56.9 ± 8.2	58.2 ± 8.0
BMI (kg/m <sup>2</sup> )	23.6 ± 1.6	24.6 ± 2.3
WHR	0.84 ± 0.06	0.89 ± 0.08*
FAT (%)	29.8 ± 6.8	33.0 ± 5.5
SBP (mmHg)	118.4 ± 8.4	130.6 ± 11.4*
DBP (mmHg)	77.4 ± 5.7	80.1 ± 5.67
TG (mmol/L)	1.21 ± 0.41	1.92 ± 0.31**
TC (mmol/L)	4.64 ± 0.59	4.85 ± 0.49
HDL-C (mmol/L)	1.35 ± 0.44	1.24 ± 0.36
LDL-C (mmol/L)	2.58 ± 0.39	2.63 ± 0.39
FBG (mmol/L)	5.37 ± 0.33	9.16 ± 2.09**
PBG (mmol/L)	6.74 ± 0.91	15.3 ± 3.6**
FIns (mU/L)	8.16 ± 4.12	10.1 ± 5.5
HOMA-IR	1.92 ± 1.31	4.25 ± 1.78**
HbA1c	5.71 ± 0.32	7.89 ± 0.42**

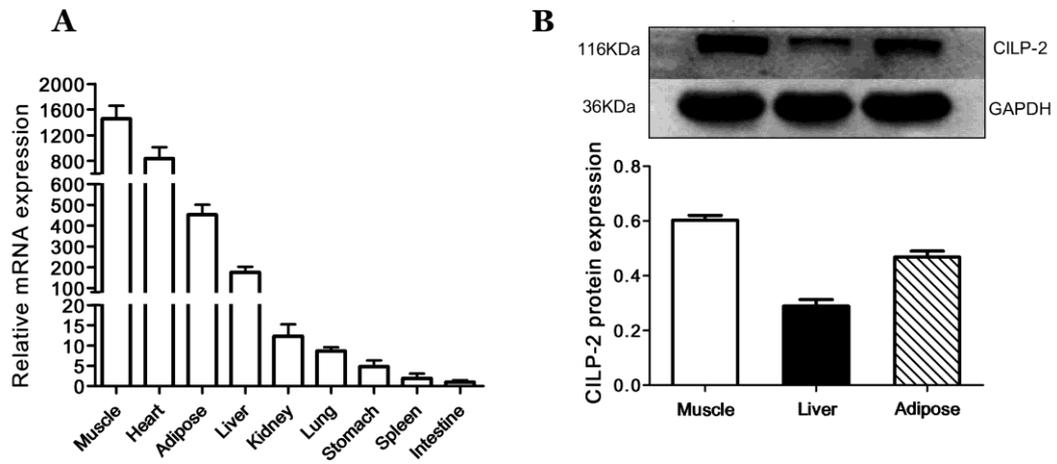
BMI, body mass index; WHR, waist-to-hip ratio; FAT(%), visceral fat percentage; SBP, systolic blood pressure; DBP, diastolic blood pressure; TG, triglyceride; TC, total cholesterol; HDL-C, high-density lipoprotein cholesterol; LDL-C, low-density lipoprotein cholesterol; FBG, fasting blood glucose; PBG, postprandial plasma glucose; FIns, fasting insulin; HOMA-IR, HOMA-insulin resistance index. Values were given as mean ± SD. \**P* < 0.05, \*\**P* < 0.01 compared with controls.

**Supplementary Table S5** Characteristics of the specific primers used for RT-PCR analysis.

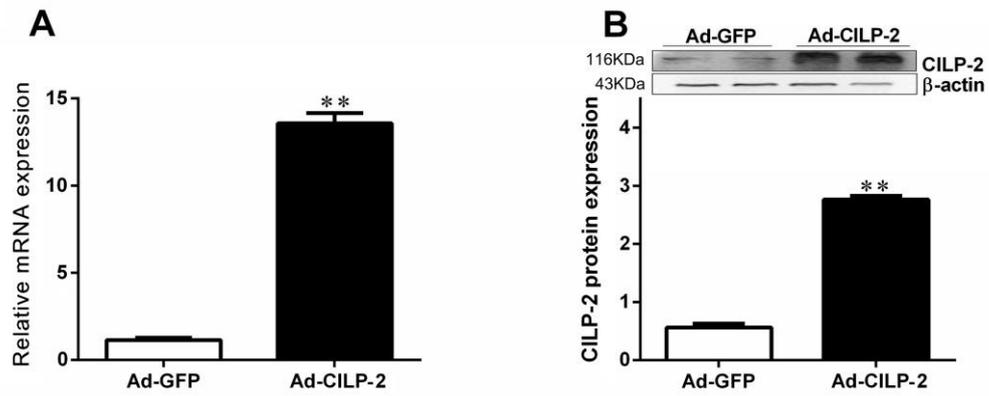
Gene	Forward and reverse primers
$\beta$ -actin	Forward : 5'-GCTGTCCCTGTATGCCTCT-3' Reverse : 5'-GATGTCACGCACGATTTC-3'
CILP-2 (human)	Forward : 5'-GGATGTGAGCCGCGTGA-3' Reverse : 5'-CAGCCGTCCCTGTCACCCTC-3'
CILP-2 (mouse)	Forward : 5'-GAATTCATGAAGAGTAAAAAGCCCCTG-3' Reverse: 5'-GTCGACCTACAGCAG GACCTTGGTG-3'
FLAG	GATTACAAGGACGACGATGACAAG

**Supplementary Table S6** Primers used for PEPCK promoter recombinant plasmids.

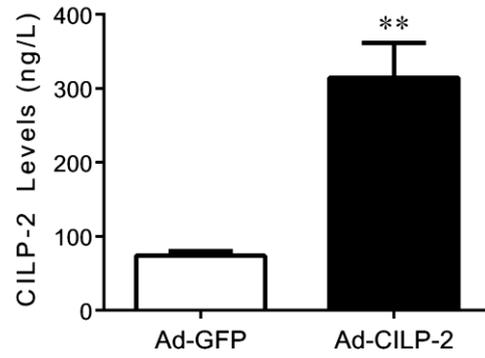
Promoter regions		Primers
-2112/+391	F	5'-GGAAGATCTGAATCATTACCGTCCTTCCA-3'
	R	5'-CCCAAGCTTCCAGTTGTCATACTTCTTCAG-3'
-1257/+391	F	5'-GGAAGATCTTCACCCTGTGTTCTCCAAAC-3'
	R	5'-CCCAAGCTTCCAGTTGTCATACTTCTTCAG-3'
-1097/+391	F	5'-GGAAGATCTAACTCTAAGACTTGCCAGG-3'
	R	5'-CCCAAGCTTCCAGTTGTCATACTTCTTCAG-3'
-857/+391	F	5'-GGAAGATCTTGTTTCATAGCCTCCACCTCAG-3'
	R	5'-CCCAAGCTTCCAGTTGTCATACTTCTTCAG-3'
-457/+391	F	5'-GGAAGATCTTGACCCACCTGCCTGTAAAG-3'
	R	5'-CCCAAGCTTCCAGTTGTCATACTTCTTCAG-3'
-217/+391	F	5'-GGAAGATCTTGCGAGCCTCCCTGGGTG-3'
	R	5'-CCCAAGCTTCCAGTTGTCATACTTCTTCAG-3'
-57/+391	F	5'-GGAAGATCTTCCAAAGAGAAGAAAGGTAAG-3'
	R	5'-CCCAAGCTTCCAGTTGTCATACTTCTTCAG-3'



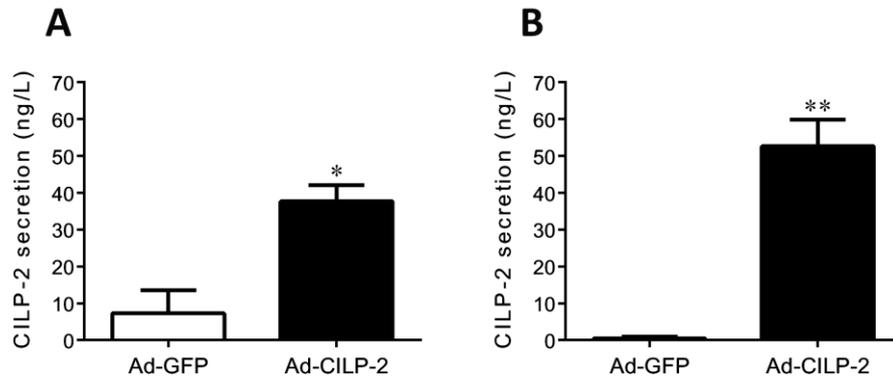
**Supplementary Figure S1** Tissue distribution of CILP-2 expression in mice. **(A)** CILP-2 mRNA expression levels in different tissues. **(B)** Protein expression in muscle, liver and adipose tissues. Values are mean  $\pm$  SEM (n=3).



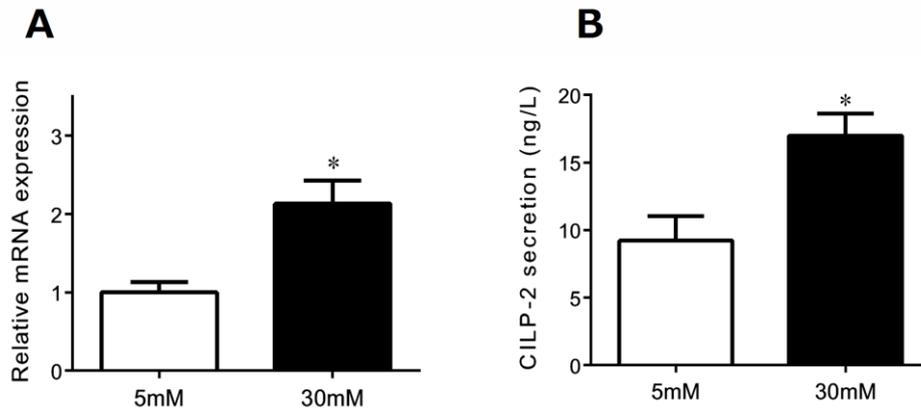
**Supplementary Figure S2** CILP-2 expression in the liver of mice. Male C57BL/6J mice were injected with Ad-*CILP-2* or Ad-*GFP* *via* tail vein and sacrificed 10 days later. The expression of CILP-2 mRNA (**A**) and protein (**B**) in the liver. Values are mean  $\pm$  SEM (n=3). \*\* $P < 0.01$  vs. Ad-*GFP*.



**Supplementary Figure S3** Circulating CILP-2 levels in mice. Male C57BL/6J mice were injected with Ad-CILP-2 or Ad-GFP *via* tail vein and sacrificed 10 days later. Circulating CILP-2 levels were measured by ELISA. Values are mean  $\pm$  SEM (n=3). \*\* $P < 0.01$  vs. Ad-GFP.



**Supplementary Figure S4** CILP-2 protein secretion in cell medium. HepG2 cells (**A**) and MPHs (**B**) were transfected with Ad-*CILP-2* or Ad-*GFP*. The CILP-2 contents in cell medium were determined by an ELISA kit. MPHs, mouse primary hepatocytes. Values are mean  $\pm$  SEM (n=3). \* $P < 0.05$ , \*\* $P < 0.01$  vs. Ad-*GFP*.



**Supplementary Figure S5** The effects of high glucose on CILP-2 mRNA expression and protein secretion in HepG2 cells. HepG2 cells were cultured as indicated in Methods and treated with 5 mM or 30 mM glucose for 24 h. **(A)** CILP-2 mRNA expression in cell lysates. **(B)** The protein concentrations of CILP-2 in the conditioned medium. Values are mean  $\pm$  SEM (n=3). \* $P < 0.05$  vs. 5 mM.