

Supplemental Table S1. HR and 95% CI for the Incidence of Type 2 Diabetes According to Body Size Phenotype and Metabolic Stability: Sensitivity Analysis Excluding All Subjects with Fasting Plasma Glucose ≥ 100 mg/dL

Variable	Total	Events	Follow-up duration, person-yr	Incidence rate, /1,000 person-yr	Adjusted HR (95% CI)
Stable MHNW	1,426,280	3,556	5,548,024	0.64	1 (reference)
Unstable MHNW	85,594	1,052	334,267	3.15	2.85 (2.66–3.06)
Stable MHO	298,323	1,447	1,162,931	1.24	1.73 (1.63-1.84)
Unstable MHO	72,221	1,080	281,312	3.84	4.23 (3.95-4.53)

Adjusted for age, sex, smoking, alcohol consumption, regular exercise, family history of type 2 diabetes, and mean fasting plasma glucose. HR, hazard ratio; CI, confidence interval; MHNW, metabolically healthy normal weight; MHO, metabolically healthy obese.