**ISCI, Volume 23** 

# **Supplemental Information**

## **Three-Dimensional Hierarchical Porous Nanotubes**

### **Derived from Metal-Organic Frameworks**

### for Highly Efficient Overall Water Splitting

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Figure S1. XRD patterns of NiMoO<sub>4</sub>, NiMoO<sub>4</sub>@PBA-10 min, NiMoO<sub>4</sub>@PBA-30 min, NiMoO<sub>4</sub>@PBA-1 h and NiMoO<sub>4</sub>@PBA-2 h, related to Figure 1.



Figure S2. SEM images of NiMoO<sub>4</sub>@PBA-10 min (a, b), NiMoO<sub>4</sub>@PBA-30 min (c, d), NiMoO<sub>4</sub>@PBA-1 h (e, f) and NiMoO<sub>4</sub>@PBA-2 h (g, h), related to Figure 1.



**Figure S3.** XRD patterns of Ni-Fe-P@NC/NF, NiMoO<sub>4</sub>/NF, NF after phosphidation and original NF, related to **Figure 2**.



Figure S4. Line scan of Ni-Fe-P@NC nanotube and the elemental distribution on a radial direction, related to Figure 2.



Figure S5. (a)  $N_2$  adsorption-desorption isotherms and (b) corresponding pore size distribution plots of Ni-Fe-P@NC, related to Figure 2.



**Figure S6.** Linear sweep voltammetry (LSV) for HER comparison among Ni-Fe-P@NC/NF,  $Ni_5P_4$  and FeP, related to **Figure 3**.

#### **Faradaic efficiency**

The Faradaic efficiency of hydrogen evolution reaction (FE<sub>HER</sub>) was calculated based on the equation: FE<sub>HER</sub>=  $n_{H2}$  \*2\*F/ Q\*100%

where  $n_{H2}$  was the amount of  $H_2$  generated from HER, F was Faradaic constant and Q was the total charge applied on the working electrode.



Figure S7. Chronoamperometric curves of Ni-Fe-P@NC/NF obtained at -0.1 V vs RHE for quantification of hydrogen, related to Figure 3.

When 5C of charge passed through the working electrode, the amount of obtained  $H_2$  was detected by GC, which was 25.2 µmol. As there is systematic error including the relatively sealed electrochemical cell which might release  $H_2$  during the transport to the GC, the error bar is around ± 3%.

 $FE_{HER}$  = (25.2\*10<sup>-6</sup> mol\*2\*96485 C·mol<sup>-1</sup>)/5C\*100% = 97.3% ± 3%



Figure S8. EIS Nyquist plots of Ni-Fe-P@NC/NF; inset: the corresponding equivalent circuit diagram, related to Figure 3.

 $R_s$  is the uncompensated solution resistance,  $\mathsf{CPE}_c$  and  $R_c$  are the constant element and resistance reflecting electron transport at the interface between Ni-Fe-P@NC and NF, respectively.  $\mathsf{CPE}_{ct}$  and  $R_{ct}$  are the constant phase element and charge transfer resistance at the Ni-Fe-P/electrolyte interface, respectively.



**Figure S9.** Plot showing the extraction of the double-layer capacitance ( $C_{dl}$ ) for NF, NiMoO<sub>4</sub>/NF, NF-P and Ni-Fe-P@NC/NF at -0.85 V vs Hg/HgO, related to **Figure 3**.

Normally, the specific capacitance for 1 cm<sup>2</sup> of a flat surface is around 20-60  $\mu$ F·cm<sup>-2</sup> and the average value of 40  $\mu$ F·cm<sup>-2</sup> is generally used for calculations. The specific capacitance can be obtained from geometric current density collected from the rectangular CV plots at a certain potential of -0.85 V *vs* Hg/HgO with a sweep rate from 0.5 to 2.5 mV s<sup>-1</sup>.



**Figure S10.** Linear sweep voltammetry (LSV) for OER comparison among Ni-Fe-P@NC/NF, Ni<sub>5</sub>P<sub>4</sub> and FeP, related to **Figure 4**.



**Figure S11.** Plot showing the extraction of the double-layer capacitance ( $C_{dl}$ ) for NF, NiMoO<sub>4</sub>/NF, NF-P and Ni-Fe-P@NC/NF at 0.15 V vs Hg/HgO based on the CV curves at different scan rates with a potential range of 0.1~ 0.2 V vs Hg/HgO, related to **Figure 4**.



**Figure S12.** Linear sweep voltammetry (LSV) of Ni-Fe-P@NC/NF at higher potential LSV (500 mA cm<sup>-2</sup> at 296 mV), related to **Figure 4**.



Figure S13. Raman spectra of Ni foam, NiMoO<sub>4</sub>/NF, KNi[Fe(CN)<sub>6</sub>]/NF, Ni-Fe-P@NC/NF, Ni-Fe-P@NC/NF after HER and Ni-Fe-P@NC/NF after OER, related to Figure 2, 3 & 4.



**Figure S14.** BF\_DF (a), HAADF (b) and elemental mapping of each element (c-h) along the Ni-Fe-P@NC nanotube after HER at -50 mA cm<sup>-2</sup> for 24 h. Scale bars are 100 nm, related to **Figure 3**.



**Figure S15.** BF\_DF (a), HAADF (b) and elemental mapping of each elements (c-h) along the Ni-Fe-P@NC nanotube after OER at 100 mA cm<sup>-2</sup> for 24 h. Scale bars are 200 nm, related to **Figure 4**.



**Figure S16.** The XPS patterns of as-prepared Ni-Fe-P@NC sample, showing the signals of (a) Ni 2p, (b) Fe 2p, (c) P 2p and (d) O 1s, related to **Figure 2, 3 & 4**.



**Figure S17.** Current-voltage curve of a commercial silicon solar cell under simulated sunlight (1-sun illumination), related to **Figure 5**.



**Figure S18.** (a) Schematic diagram cell for photo water splitting. (b) Current density-time curve of the PV-EC device (1.0 M KOH) without external bias under chopped simulated AM 1.5 G  $100 \text{ mW cm}^{-2}$  illumination, related to **Figure 5**.

Analyte	Mean	Calib.	Std. Dev.	Sample	Std. Dev.	RSD		
	Corrected	Conc.		Conc.				
	Intensity	Units		Units				
Мо	2493.3	0.044	0.0004	0.044	0.0004	0.81%		
202.031		mg/L		mg/L				

Table S1. ICP-MS result of Mo in Ni-Fe-P@NC, related to Figure 1.

As the concentration of the solution was 5 mg/L, the mass concentration of Mo in the solution or the sample was: w (Mo)= 0.044/5 = 0.88% which demonstrates the total conversion from NiMoO<sub>4</sub> to KNiFe(CN)<sub>6</sub>.

Table S2. Values of elements circuit (Fig. S8) resulted from fitting the EIS data at -0.2 V vs RHE, related to Figure 3.

R <sub>s</sub> (Ω)	Q <sub>c</sub> (F·s <sup>(a-1)</sup> )	a <sub>c</sub>	R <sub>c</sub>	Q <sub>ct</sub> (F·s <sup>(a-1)</sup> )	n <sub>ct</sub>	R <sub>ct</sub> (Ω)
0.7201	0.4107	0.5521	0.1093	0.2093	0.8502	0.6887

**Table S3.** Comparison of HER activity for Ni-Fe-P@NC/NF and well-known Ni/Fe-based catalysts in 1.0 M KOH, related to **Figure 3**.

Catalysts	Substrate	η @ -10 mA cm <sup>-2</sup> (mV)	Tafel slope (mV dec <sup>-1</sup> )	References
Ni-Fe-P@NC	Ni-Fe-P@NC Ni foam (		81.0	This work
Ni <sub>2</sub> P@FePO <sub>x</sub>	Ni foam	75	67	Chem. Sci., <b>2018</b> , 9, 1375
NiFe NTAs	Ni foam	181	147.0	ACS Appl. Energy Mater. <b>2018</b> , 1, 3, 1210-1217
Ni/NiFe (oxy)hydroxide	Ni foam	210	71	ACS Appl. Mater. Interfaces <b>2018</b> , 10, 8585–8593
FePO <sub>4</sub> NW	Ni foam	42.7	104.5	<i>Adv. Mater.</i> <b>2017</b> , 29, 1704574
Mesoporous FeS <sub>2</sub> <sup>[b]</sup>	Ni foam	96	78	<i>J. Am. Chem. Soc.</i> <b>2017</b> , 139, 13604
NiS <sub>2</sub> /CoS <sub>2</sub> -O NW	CFP	174	45	<i>Adv. Mater.</i> <b>2017</b> , 29, 1704681
MoS <sub>2</sub> / Fe <sub>5</sub> Ni <sub>4</sub> S <sub>8</sub>	FeNi foam	120	45.1	Adv. Mater. 2018, 30, 1803151
2D NiS <sub>2</sub>	Ni foam	122	86	Nano Energy <b>2017</b> , 41, 148
V-doped NiS <sub>2</sub>	Glass carbon	110	90	ACS Nano <b>2017</b> , 11, 11574
NiFe/NiCo <sub>2</sub> O <sub>4</sub>	Ni foam	105	88	Adv. Funct. Mater. 2016, 26, 3515
Ni <sub>0.33</sub> Co <sub>0.67</sub> S <sub>2</sub> NW	Ti foil	88	118	Adv. Energy Mater. 2015, 5, 1402031
Ni <sub>0.89</sub> Co <sub>0.11</sub> Se <sub>2</sub> MNS	Ni foam	85	52	<i>Adv. Mater.</i> <b>2017</b> , 29, 1606521
Fe-Ni <sub>3</sub> S <sub>2</sub> /NF	Ni foam	47	95	ACS Catal. <b>2018</b> , 8, 5431–5441
Ni <sub>0.33</sub> Co <sub>0.67</sub> Se <sub>2</sub>	CFP	106	60	Adv. Energy Mater., <b>2017</b> , 7, 1602089
V-doped NiS <sub>2</sub>	Glass carbon	110	90	ACS Nano <b>2017</b> , 11, 11574
NF@Ni/C-600	Ni foam	37	57	Energy Environ. Sci., <b>2018</b> ,11, 2363-2371
Ni <sub>0.89</sub> Co <sub>0.11</sub> Se <sub>2</sub> MNS	Ni foam	85	52	<i>Adv. Mater.</i> <b>2017</b> , 29, 1606521
Ni <sub>0.33</sub> Co <sub>0.67</sub> Se <sub>2</sub>	CFP	65	35	Adv. Energy Mater., <b>2017</b> , <b>7</b> , 1602089
Ni <sub>0.8</sub> Co <sub>0.1</sub> Fe <sub>0.1</sub> O <sub>x</sub> H <sub>y</sub>	Ni foam	85	84.5	ACS Catal. <b>2018</b> , 8, 5621–5629
Ni₃FeN/r-GO	Ni foam	94	90	ACS Nano <b>2018</b> , 12, 245–253
Ni@NC-800	Ni foam	70	160	<i>Adv. Mater.</i> <b>2017</b> , 29, 1605957

Note: NT, Nanotube; NTAs, Nanotube Arrays; NW, Nanowire; MNS, Mesoporous nanosheet; NS, Nanosheet; CFP, Carbon fiber paper. [a]: N. A.=Not available.

**Table S4.** Comparison of OER activity for Ni-Fe-P@NC/NF and well-known Ni/Fe-basedcatalysts in 1.0 M KOH, related to Figure 4.

Catalysts	Substrat e	η @ 10 mA cm <sup>-2</sup> (mV)	η @ 50 mA cm <sup>-2</sup> (mV)	η @ 100 mA cm <sup>-2</sup> (mV)	Tafel slope (mV dec <sup>-1</sup> )	References
Ni-Fe-P@NC	Ni foam	140	220	260	84.6	This work
Fe(PO <sub>3</sub> ) <sub>2</sub> /Ni <sub>2</sub> P	Ni foam	177	N.A.	N.A.	51.9	<i>PNAS,</i> <b>2017</b> , 114,5607-5611
$Ni_{3}Fe_{0.5}V_{0.5}$	CFP	200	N.A.	264	39	<i>Nat. Comm.,</i> <b>2018</b> , 9, 2885
Fe-Ni@NC- CNTs	Ni foam	202	N.A.	N.A.	45.5	Angew. Chem. <b>2018</b> , 130, 9059 –9064
$MoS_2/Fe_5Ni_4S_8$	FeNi foam	204	N.A.	N.A.	28.1	<i>Adv. Mater.</i> <b>2018</b> , 30, 1803151
Ni <sub>2</sub> P@FePO <sub>x</sub>	Ni foam	205	N.A.	230	32	Chem. Sci., <b>2018</b> , 9, 1375
Fe-Ni <sub>3</sub> S <sub>2</sub> /NF	Ni foam	214	N.A.	249	42	ACS Catal. <b>2018</b> , 8, 5431–5441
FePO₄ NW	Ni foam	218	N.A.	N.A.	42.72	<i>Adv. Mater.</i> <b>2017</b> , 29, 1704574
Ni:Pi-Fe	Ni foam	220	N.A.	N.A.	37	Chem.Mater. <b>2016</b> ,28,5659-5666
Ni(OH)2-Ce O2	Carbon paper	220	N.A.	N.A.	81.9	ACS <i>Nano</i> <b>2018</b> , 12, 6245–6251
NiS <sub>2</sub> /CoS <sub>2</sub> -O NW	CFP	235	N.A.	N.A.	31	<i>Adv. Mater.</i> <b>2017</b> , 29, 1704681
Ni <sub>0.8</sub> Co <sub>0.1</sub> Fe <sub>0.</sub> <sub>1</sub> O <sub>x</sub> H <sub>y</sub>	Ni foam	239	288	N.A.	45.4	ACS Catal. 2018, 8, 5621–5629
NiFe-MOF	Ni foam	240	N.A.	N.A.	34	<i>Nat. Commun.</i> <b>2017</b> , 8, 15341
Ni <sub>1</sub> Fe <sub>2</sub> -O	GCE	244	N.A.	N.A.	39	Adv. Energy Mater. <b>2018</b> , 8, 1701347
NF@Ni/C- 600	Ni foam	265	353	N.A.	54	<i>Energy Environ.</i> <i>Sci.,</i> <b>2018</b> , 11, 2363-2371
Ni₃FeN/r-GO	Ni foam	270	298	N.A.	54	ACS Nano <b>2018</b> , 12, 245–253

Ni–Co–P HNBs	Ni foam	270	N.A.	N.A.	76	<i>Energy Environ.</i> <i>Sci.,</i> <b>2018,</b> 11, 872-880
Ni <sub>2</sub> P <sub>4</sub> O <sub>12</sub>	carbon cloth	270	N.A.	N.A.	207	<i>Adv. Mater.</i> <b>2018</b> , 30, 1705045
Ni@NC-800	Ni foam	280	N.A.	N.A.	45	<i>Adv. Mater.</i> <b>2017</b> , 29, 1605957
Ni <sub>1-</sub> <sub>x</sub> Fe <sub>x</sub> PS <sub>3</sub> @ MXene	GC	282	N.A.	N.A.	36.5	Adv. Energy Mater. <b>2018</b> , 8, 1801127
V-doped NiS <sub>2</sub>	Glass carbon	290	N.A.	N.A.	45	ACS Nano <b>2017</b> , 11, 11574

CFP: Carbon fiber paper; GCE: glassy carbon electrode

**Table S5**. Summary of overall-water-splitting performance in 1.0 M KOH of various state-of-the-art Ni/Fe based bifunctional electro-catalysts, related to Figure 5.

Bifunctional catalysts	Substrate	E <sub>J=10</sub> (V)	Durability (h)	References
Ni-Fe-P@NC	NF	1.47	100	This work
Ni <sub>2</sub> P@FePO <sub>x</sub>	Ni foam	1.51	100	Chem. Sci., <b>2018</b> , 9, 1375
Fe <sub>0.09</sub> Co <sub>0.13</sub> -NiSe <sub>2</sub> NS	CFC	1.52	30	<i>Adv. Mater.</i> <b>2018</b> , 30, 1802121
NiFe LDH/Cu NW	Cu foam	1.54	48	<i>Energy Environ. Sci.</i> <b>2017</b> , 10, 1820
FePO <sub>4</sub> NW	Ni foam	1.54	15	<i>Adv. Mater.</i> <b>2017</b> , 29, 1704574
Fe-Ni <sub>3</sub> S <sub>2</sub> /NF	Ni foam	1.54	10	ACS Catal. <b>2018</b> , 8, 5431–5441
NiFe-MOF	Ni foam	1.55	20	<i>Nat. Commun.</i> <b>2017</b> , 8, 15341
Holey NiCoP NS	Ni foam	1.56	6	<i>J. Am. Chem. Soc.</i> <b>2018</b> , 140, 5241
V-doped NiS <sub>2</sub>	Ni foam	1.56	20	ACS Nano <b>2017</b> , <u>11, 1157</u>
NC-NiCu-NiCuN	Ni foam	1.56	50	Adv. Funct. Mater. 2018, 28, 1803278
NFN-MOF/NF <sup>a</sup>	Ni foam	1.56	30	Adv. Energy Mater. 2018, 8, 1801065
NiFeSP	Ni foam	1.58	20	ACS Nano <b>2017</b> , <u>11, 10303</u>
IFONFs-45	Fe foil	1.58	8.3	Nat. Commun. <b>2018</b> , 9, 1809
$Ni_{0.8}Co_{0.1}Fe_{0.1}O_xH_y$	Ni foam	1.58	50	ACS Catal. <b>2018</b> , 8, 5621–5629

NiCoP films	Scrap copper wires	1.59	24	Adv. Energy Mater. <b>2018</b> , 1802615
Ni <sub>0.75</sub> Fe <sub>0.125</sub> V <sub>0.125</sub> - LDHs	Ni foam	1.591	15	<i>Small</i> <b>2018</b> , 14, 1703257
Ni₃FeN/r-GO	Ni foam	1.60	100	ACS Nano 2018, 12, 245-253
Se-(NiCo)S <sub>x</sub> /(OH) <sub>x</sub> NS	Ni foam	1.6	66	<i>Adv. Mater.</i> <b>2018</b> , 30, 1705538
Fe-CoP	Ti foil	1.6	40	<i>Adv. Mater.</i> <b>2017</b> , 29, 1602441
Ni@NC-800	Ni foam	1.6	50	<i>Adv. Mater.</i> <b>2017</b> , 29, 1605957
Ni-Co-P HNB	Ni foam	1.62	20	<i>Energy Environ. Sci.,</i> <b>2018</b> ,11, 872
Ni <sub>3</sub> Se <sub>2</sub> /Co <sub>9</sub> S <sub>8</sub>	Exfoliated graphene foil	1.62	10	Nano Lett. <b>2017</b> , 17, 4202
Ni-P	CFP	1.63	100	Adv. Funct. Mater. <b>2016</b> , 26, 4067
NiCo <sub>2</sub> S <sub>4</sub> NW	Ni foam	1.63	50	Adv. Funct. Mater. <b>2016</b> , 26, 4661
Ni₂P NP	Ni foam	1.63	10	<i>Energy Environ. Sci.</i> <b>2015</b> , 8, 2347
Ni <sub>2</sub> Fe <sub>1</sub> -O	Ni foam	1.64	10	Adv. Energy Mater. <b>2018</b> , 8, 1701347
Ni <sub>1-x</sub> Fe <sub>x</sub> PS <sub>3</sub> @ MXene	Ni foam	1.65	50	Adv. Energy Mater. 2018, 8, 1801127
FeS NS	Iron foam	1.65	50	<i>Chem</i> <b>2018</b> , 4, 1139
Hierarchical NiCo <sub>2</sub> O <sub>4</sub>	Ni foam	1.65	15	Angew. Chem. Int. Ed. <b>2016</b> , 55, 6290
Ni- P(Ni <sub>11</sub> (HPO <sub>3</sub> ) <sub>8</sub> (OH) <sub>6</sub>	Ni foam	1.65	100	<i>Energy Environ. Sci.,</i> <b>2018</b> , 11, 1287
Co <sub>0.85</sub> Se/NiFe-LDH	Exfoliated graphene foil	1.67	10	Energy Environ. Sci. <b>2016</b> , 9, 478
NiFe/NiCo <sub>2</sub> O <sub>4</sub>	Ni foam	1.67	10	Adv. Funct. Mater. <b>2016</b> , 26, 3515
Ni <sub>5</sub> P <sub>4</sub>	Ni foil	~1.69	N. A.	Angew. Chem. Int. Ed. <b>2015</b> , 54, 12361
NiSe	Ni foam	1.69	N.A.	Adv. Energy Mater. <b>2018</b> , 8, 1702704
NiFe LDH	Ni foam	1.70	10	<i>Science</i> <b>2014</b> , 345, 1593
FeSe <sub>2</sub>	Ni foam	1.72	24	Angew. Chem. Int. Ed. <b>2017</b> , 56, 10506
NiS <sub>2</sub> /CoS <sub>2</sub> -O	CFP	~1.77	21	<i>Adv. Mater.</i> <b>2017</b> , 29, 1704681

<sup>a</sup>NFN: NH<sub>2</sub>-MIL-88B(Fe<sub>2</sub>Ni) MOF

#### **Transparent Methods**

**Chemicals and synthesis**: NaMoO<sub>4</sub>·2H<sub>2</sub>O, Ni(NO<sub>3</sub>)<sub>2</sub>·6H<sub>2</sub>O, NaH<sub>2</sub>PO<sub>2</sub>, K<sub>3</sub>[Fe(CN)<sub>6</sub>], FeSO<sub>4</sub>·7H<sub>2</sub>O, glycerol, NH<sub>4</sub>F, Pt/C, RuO<sub>2</sub> and Nafion 117 solution were purchased from Sigma Aldrich. KOH pellets were purchased from Merck KGaA. MilliQ water with a resistivity  $\geq$  18 M $\Omega$  was used to prepare all aqueous solutions. All the reagents were used without further purification.

#### Synthesis of NiMoO₄ and NiMoO₄@PBA-XX on nickel foam

NiMoO<sub>4</sub> nanowires were synthesized by a modified hydrothermal method. Firstly, 0.242 g of NaMoO<sub>4</sub>·2H<sub>2</sub>O (1.0 mmol) and 0.291 g of Ni(NO<sub>3</sub>)<sub>2</sub>·6H<sub>2</sub>O (1.0 mmol) were mixed together with 33 ml of MilliQ water and stirred for 20 min to obtain a precursor solution. Meanwhile, Ni foam cut into 1.0\*3.0 cm<sup>2</sup> was sonicated in 3.0 M HCl for 10 min and then put in the Teflon lined autoclave with the above-prepared solution. Then the autoclave was further placed in an oven at 150°C for 4 h. After the reaction, the green powder was grown on Ni foam (denote as NiMoO<sub>4</sub>/NF), rinsed for 3 times with distilled water and ethanol and then oven-dried at 80°C. The prepared NiMoO<sub>4</sub>/NF was weighed before transferred into a 25 mL-via with 16 mL 8.0 mg/mL of freshly prepared K<sub>3</sub>[Fe(CN)<sub>6</sub>] solutions. The via contained NiMoO<sub>4</sub>/NF was put in the oven at 90°C for the different duration (*i.e.* 10, 30, 60 and 120 min) and obtained NiMoO<sub>4</sub>@PBA-10 min/NF, NiMoO<sub>4</sub>@PBA-30 min/NF, NiMoO<sub>4</sub>@PBA-1h/NF and NiMoO<sub>4</sub>@PBA-2h/NF.

#### Synthesis of Ni-Fe-P@NC nanotubes on nickel foam

In the process of phosphidation step, two quartz boats, with 0.5 g of  $NaH_2PO_2$  in the left boat and a piece of  $NiMoO_4$ @PBA-2h/NF (1\*1.5 cm<sup>2</sup>) in the right one, were placed in a stream of nitrogen in the furnace at 350°C for 2 h, where  $NaH_2PO_2$  acted as the phosphorous source (denoted as Ni-Fe-P@NC/NF) and the CN group in PBA served as the C and N sources.

#### Synthesis of Ni<sub>5</sub>P<sub>4</sub> on nickel foam

According to the method reported by Ge and co-workers(Ge et al, 2018), Ni(NO<sub>3</sub>)<sub>2</sub>·6H<sub>2</sub>O (1 mmol, 0.291 g), urea (5 mmol, 0.3 g) and NH<sub>4</sub>F (2 mmol, 0.074 g) were dissolved in water (20 mL) to obtain the precursor solution. Then a piece of clean nickel foam (1.0\*3.0 cm<sup>2</sup>) was palced in a Teflon-lined stainless steel autoclave which was immensed in the precursor solution, followed by heating them at 90°C for 12 h in an electric oven. After rreation, the obtained Ni(OH)<sub>2</sub>/NF was cut into 1.0\*1.5 cm<sup>2</sup> and phosphidated at 350°C for 2 h.

#### Synthesis of FeP

Accordint to the literature (Wang et al, 2019), FeSO<sub>4</sub>·7H<sub>2</sub>O (0.24g) and glycerol (2.5 mL) were dissolved in water (60 mL) which were further stirred for 30 minutes. Then the obtained solution was transferred into Teflon-lined stainless steel autoclaves, followed by heating them at 110°C for 12 h in an electric oven. After heating, the autoclave was turned off and cooled down naturally to room temperature. Then the target products ( $\alpha$ -FeOOH) were collected by centrifugation, followed by drying at 70°C for several hours.

The obtained  $\alpha$ -FeOOH and NaH<sub>2</sub>PO<sub>2</sub> were mixed together and placed in a quatz boat which was palced in the middle of the oven. The atomic ratio for Fe to P is 1:10. Subsequently, the sample was heated at 350°C for 120 min at a heating rate of 5 °C min<sup>-1</sup> in a flow N<sub>2</sub> atmosphere, and then naturally cooled to the room temperature. The obtained products were washed and collected by centrifugation. Finally, the powders were dried at 60°C for 12 h.

*Material characterizations.* Phase fractions were determined using X-ray diffraction (XRD) and the data of all the materials were collected with Co K $\alpha$  radiation on a Bruker D8 Advance eco diffractometer with a Lynxeye XE energy discrimination position-sensitive detector.

The morphologies of as-prepared samples were characterized by Scanning electron microscopy (SEM) using an FEI Nova NanoSEM at 5 kV. Conventional transmission electron microscopy (TEM) was carried out using a Tecnai T20 Twin operated at 200 kV with samples made by evaporating a drop of dispersions of the sub-micron wires in butanol onto holey-carbon-coated Cu grids. A Tecnai F20 SuperTwin operating at 200 kV was used to obtain scanning transmission electron microscopy (STEM) images and energy-dispersive spectrum (EDS) maps. STEM and TEM employed the same sample preparation process.

The Raman measurements were performed on a Renishaw Invia Raman microscope fitted with 488 nm Modulaser triple line argon-ion laser and a Coherent Inc 633 nm (red) HeNe laser.

"100%" power delivery would correspond to about 1mW on a 1  $\mu$ m diameter spot of the sample. Use 5-10% of the power is fairly common to reduce the chance of sample heating damage. X-ray photoelectron spectroscopy (XPS) analysis was performed using either an AXIS Nova or an AXIS Ultra spectrometer (Kratos Analytical Inc., Manchester, UK) with a monochromated AI K $\alpha$  source using the standard aperture (analysis area: 0.3 mm × 0.7 mm).

**Pre-treatments for ICP-MS test**. PerkinElmer Optima 8300 was apllied for testing the content of Mo in Ni-Fe-P@NC. Standard solutions with a series of concentrations of 0.1, 1, 5 and 10 ppm were prepared and tested to obtain the standard curve. Then 1 mg of sample was weighed and placed in a beaker where 4 mL of aqua regia was added to dissolve the sample. The obtained solution was heated and concentrated to 500 µL and diluted to suitable concentrations such as 100 ppm or 200 ppm. Then solution was further diluted to 5 ppm for ICP-MS test.

Electrochemical measurements. A three-electrode system was set up with Ni-Fe-P@NC/NF  $(1.0^{*}1.0 \text{ cm}^2)$  clipped by a platinum clip as the working electrode, a graphite rod and Hg/HgO as the counter electrode and the reference electrode, respectively, in 1.0 M KOH. To prepare Pt/C and RuO<sub>2</sub> electrode, 10 mg of Pt/C or RuO<sub>2</sub> powders with 1 mL of ethanol and 50 uL of Nafion 117 solution were placed in 1.5 mL vial and was then sonicated for 5 minutes. 300 µL of the obtained Pt/C or RuO<sub>2</sub> suspension were dropped on a piece of Ni foam with a mass loading size of 1.0\*1.0 cm<sup>2</sup> and dried in the fume cupboard. The FeP electrode was fabricated by suspending 12 mg of FeP particles in 1 mL of ethonal with 60 µL of Nafion 117 solution by sonication. Then, 0.5 mL of suspension was dropped on the nickel foam (1.0\*1.0 cm<sup>2</sup>) and dried in the fume cupboard. The electrochemical catalytic activity of Ni-Fe-P@NC/NF in 1.0 M KOH was evaluated by the polarization curves from linear sweep voltammetry (LSV) with a scan rate of 5 mV s<sup>-1</sup>. All the potential values presented in this work were *iR*-corrected (aiming to remove the ohmic potential drop;  $C_{correction} = E_{measure} - iR$ ) and referenced to the hydrogen electrode (RHE) unless indicated otherwise. The Frequency range for Electrochemical Impedance Spectroscopy (EIS) is from 100 kHz to 10 mHz on SP 150 (BioLogic). For comparison, the same measurements were performed on NF, NiMoO<sub>4</sub>/NF and NF-P. To study the solar-tohydrogen conversion, Ni-Fe-P@NC/NF acted as both the anode and cathode in the twoelectrode system which connected to a commercial planar silicon photovoltaic (Voc = 6.0 V) working as the power source (illumination by 100 mW cm<sup>-2</sup> simulated sunlight (1.5 G) for solarto-hydrogen generation without external bias (Chen et al, 2010; Cox et al, 2014; Kuang et al, 2016; Luo et al, 2014).

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