

Companion-Integrated Childbirth Preparation study questionnaire

Participant Study Code.....

Date...../...../.....

Part 1:

Demographic Data

Please fill in the personal details and where necessary tick one answer for each question, unless otherwise specified.

1. Age: _____ (in years)
2. Marital status:
 - Married
 - Single
 - Separated
 - Divorced
 - Widowed
3. Tribe _____
4. Education Level:
 - Did not attend school
 - Primary Level
 - Secondary level
 - Tertiary level
5. Your occupation _____
6. Your partner's occupation _____
7. Estimated monthly income in Malawi Kwacha (*750 Malawi Kwacha ≈ \$1 USD*)
 - <10,000
 - 10,000-20,000
 - >20,000-30,000

Part 2: Childbirth Attitude Questionnaire (Adapted from Lowe, 1991). This tool is only available upon request from the developer.

Part 3: Childbirth Self-Efficacy Inventory (CBSEI) (Adapted from Lowe, 1991). This tool is only available upon request from the developer.

Part 4: Birth Companion Support Questionnaire (Adapted from Dunne, Fraser, & Gardner, 2014). This tool is only available upon request from the developer.

Part 5. Checklist for pregnancy outcomes

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Review medical records for labour and delivery between 24-48 hours after childbirth

No	Item	Observed (yes/no) or Values	Missing	Remarks
1	Gestational age			
2	Danger signs			
3	Problems experienced			
4	Duration of the first stage of labour			
5	Duration of the second stage of labour			
6	Duration of the third stage of labour			
7	Perineal trauma sustained			
	• Intact			
	• Laceration			
8	• Degree of tear			
	Apgar score at 1 minute			
	• Normal (7/10 to 10/10)			
9	• Moderate (4/10 to 6/10)			
	• Severe (\leq 3/10)			
10	Apgar's Score baby after birth			
11	Client's cooperation with care			
11	Initiates breastfeeding within 30min after birth			