








Bristol Stool Chart

Type 1		<ul style="list-style-type: none">• Separate hard lumps, like nuts• Often expelled as individual pellets• Hard to pass• No residue left on ground when picked up
Type 2		<ul style="list-style-type: none">• Sausage-shaped but lumpy• Firm but not hard• Should be pliable• Little or no residue left on ground when picked up
Type 3		<ul style="list-style-type: none">• Like a sausage but with cracks on its surface• Moist surface• Leaves residue but holds form when picked up
Type 4		<ul style="list-style-type: none">• Like a sausage or snake, smooth and soft• Leaves residue and loses form when picked up
Type 5		<ul style="list-style-type: none">• Soft blobs or piles with clear-cut edges• Easy to pass• Leaves residue and loses form when picked up
Type 6		<ul style="list-style-type: none">• Fluffy pieces with ragged edges• A mushy stool• No defined shape (piles or spots)• Leaves residue when picked up
Type 7		<ul style="list-style-type: none">• Watery with no solid pieces• Entirely liquid